

DATE(S): Saturday, August 14, 2021
SANCTION NO: 118938 © PAW
SPONSOR(S): The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) Princeton Area Walkers.
LOCATION: Clarion Hotel/Palmer Inn-3499 Rte 1 South, Princeton, NJ
START TIME: Meet 10:15AM for 10:30 departure
FINISH TIME: Guided Walk
DISTANCE(S): 5K/7K/11K Walk

TRAIL: Rating 1B. Delaware Raritan Towpath. Walk begins at the Clarion/Palmer Inn. Towpath is mainly packed sand/clay. Stollers easy. Pets leashed. Restrooms available at the start point. Port pots available at Turning Baskin Park, 3.5 K from start point.

AWARD: There is no special Award for this event. Einstein key chain available for purchase.

FEES: Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering our expenses.

PRE-REGISTRATION: There is no preregistration.

INFORMATION CONTACT: Maureen Penta, 908.309.8398 or Diane Glace, 609.658.7724

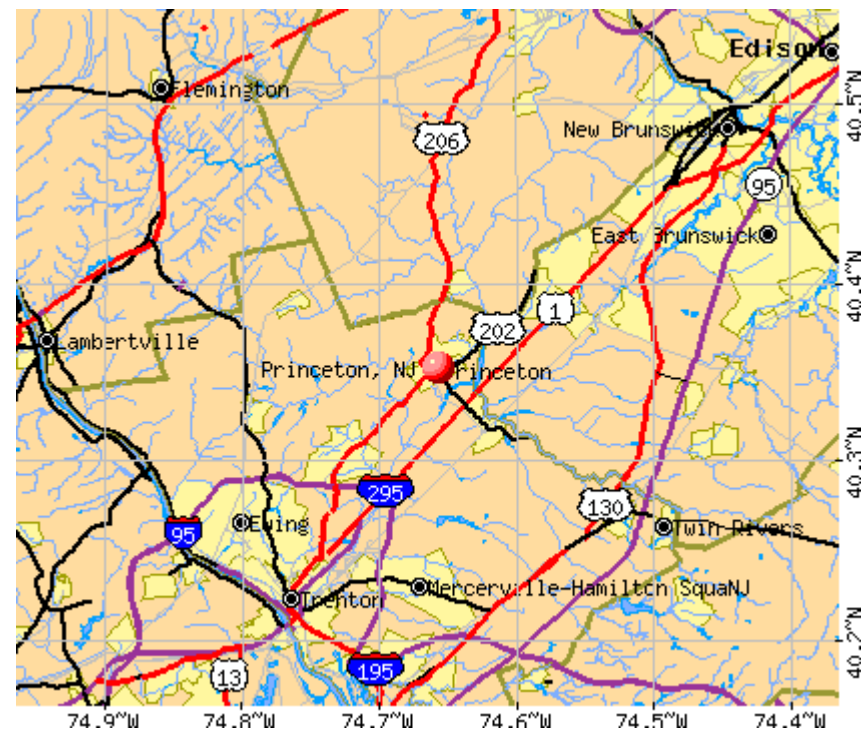
STIPULATIONS: Anyone is welcome to participate in the walk. Children under 12 must be accompanied by an adult along the trail.

The event will be held regardless of weather conditions, but keep in mind that severe weather will increase the trail difficulty. Pets are permitted if leashed. There will be no refunds.

DISCLAIMER: The sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable, and memorable event.

MISCELLANEOUS: Water must be carried. While food and refreshments are not available on the trail, there are many such places accessible by car along Rt 1 AND in the center of Princeton.

DIRECTIONS AND MAP: Clarion Hotel/Palmer Inn-3499 Rt. 1 South. Start is on Rt. 1south, 2.8 miles north of JCT 1-295 & I-95 with Rt. 1. From the east take I-195 to 295 north. 295 Exit 67 to 1 north. Make a U-turn at Alexander Rd overpass onto Rt. 1 South. Clarion is just beyond Pep Boys. GPS 40.309673, -74.665235



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

From Wikipedia:

“The **Delaware and Raritan Canal (D&R Canal)** is a [canal](#) in [central New Jersey](#), United States, built in the 1830s, that served to connect the [Delaware River](#) to the [Raritan River](#). It was an efficient and reliable means of transportation of freight between [Philadelphia](#) and [New York City](#), especially coal from the [anthracite](#) fields in eastern Pennsylvania, during much of the 19th and early 20th centuries....

The idea of a canal between the Raritan and Delaware Rivers had a long history, going back to [William Penn](#), the founder of Pennsylvania, who suggested it in the 1690s. Such a canal would shorten the journey from Philadelphia to New York by 100 miles, and relieve the need for boats to venture into the [Atlantic Ocean](#)....

The canal system was dug mostly by hand tools, mostly by Irish immigrants. Work began in 1830 and was completed in 1834, at an estimated cost of \$2,830,000. When the canal first opened, teams of mules were used to tow canal boats through it (the [steam engine](#) was not yet applied to such uses)....

The canal's greatest usage occurred during the 1860s and 1870s, when it was used primarily to transport coal from Pennsylvania to New York City, which had entered the [Industrial Revolution](#). ...Over time, the importance of the D&R Canal waned as [railroads](#) were used to perform, more rapidly, the same function as canals, but it remained in operation until 1932....

In 1974, most of the canal system was declared a New Jersey state park. It remains one today, and is used for canoeing, kayaking, and fishing. [A graded natural-surface trail](#) along the side of the canal, which was the tow path that mules used to tow barges on the canal before steam powered barges, is now used for hiking, jogging, bicycling, and horseback riding. ...The park is operated and maintained by the [New Jersey Division of Parks and Forestry](#). “

East Coast



Greenway.
ALLIANCE

Of the 100 miles in NJ on the East Coast Greenway, 36.3 miles are part of the D&R Canal Towpath, part of which we are walking today.

The Princeton Towpath

Saturday, August 14, 2021

5K/7K/11K Walk

Mercer County



U.S. National Register of Historic Places

U.S. Historic District

N.J. Register of Historic Places

Special Event Program
Walking the USA A-Z