

**WELCOME:** The Year 2021 is the 30<sup>th</sup> Anniversary Year for the Hoosier Hikers. To celebrate the occasion, the Club is hosting an Anniversary Event in Warsaw, Indiana, during National Volkssporting Month, offering a walk and bike event. The routes for both the walk and bike will allow Volkssporters and members of the community to experience the thrills of historic Warsaw and the serene settings along the shores of Center and Pike Lakes. So, come on out to enjoy the fun.

**WHAT ARE VOLKSSPORTS?** A Volksmarch is a non-competitive walking event. The walk is generally ten kilometers or 6.2 miles in length. Other Volkssporting events include swimming, biking, and skiing. These events are hosted by clubs in more than 25 nations worldwide. The purpose of Volkssporting events is to encourage physical fitness, promote fellowship, and to enjoy the outdoors. Because these events are not contests of speed or endurance, you may participate at a pace that is safe, comfortable, and enjoyable. When Volkssporting events are sanctioned by the International Volkssport Verbund (IVV), individuals may receive credit for event participation and/or distance. This credit is recorded in IVV Record Books, which presently cost \$6.00 each. After completing a pre-determined number of events and/or distance, your achievement will be recognized with a pin, patch, and certificate by the IVV. Further information will be available at the start/finish point.

**SPONSOR:** The Hoosier Hikers (AVA Club #723) of South Bend, Indiana.

**START/FINISH:** The start/finish point is located on the grounds of Warsaw's Central Park. The approximate address is 120 East Canal Street, Warsaw, Indiana 46580. The specific location will be identified with Volkssporting signage and banners. You may start the event any time between 9 a.m. and 1 p.m. (EDT), and must complete the event by 4 p.m. The average walker can complete a ten kilometer trail in about two hours.

**FEES:** Everyone is welcome and may participate in the events for FREE. However, the fee for the "A" award, which includes IVV Credit, is \$8.00 after the close of pre-registration. During pre-registration, the "A" is discounted to \$7.00. The fee for a "B" medal (an award from a prior event) with IVV credit is \$5.00, if available. The fee for IVV Credit Only is \$3.00.

**PROCEDURE:** At the start point obtain a start card with a number and sign-in on the register. Walk the Volksmarch route at your own pace. The event is marked with engineer tape and signs. Along the way have your card stamped at each checkpoint. After completing the route, turn-in your card at the finish point to receive your medal and/or IVV Credit, as appropriate. NOTE: ALL participants must register at the start point and return the card at the finish point, even if participating for free.

**IVV CREDIT:** Participants completing this event are eligible for IVV event and distance credits.

**"A" AWARD:** For this event, an "A" Award may be available, if offered by the AVA. It may be a multicolor embroidered patch commemorating October 2021, as National Volkssporting Month. Completion of the trail and payment of the registration fee is required to receive the award. **There will be only a limited quantity of "A" Awards available. Pre-registration is recommended.**

**TRAIL DESCRIPTION:** The Volksmarch routes makes use of the park's existing trail system, city sidewalks and local roads. The park's trails and city's sidewalks are improved (paved) and meander through mostly flat unforested areas (not much overhead cover). The trail is rated 1-A due to minor inclines and improved paths with few obstacles. The route is of moderate difficulty for wheelchairs or strollers.

**TRAIL RATING:** 1-A for Walk and Bike

**SPECIAL EVENT STAMPS:** Walking the USA A-Z, Walking with America's Veterans and Rock'n Around the Clock.

**SPECIAL NEEDS:** A special needs trail will be available upon request.

**REFRESHMENT:** Water will be available at the start/finish and at all checkpoints. Restrooms will only be available at the Start/Finish.

**PRE-REGISTRATION:** Pre-registration for the events is not mandatory. A pre-registration form is provided on the back page. **The deadline for pre-registration is October 9, 2021,** by which date pre-registration with payment must be received.

**REFUND POLICY:** NO refunds given. However, if you pre-register, and the AVA decides not to offer the patch, you will receive a refund of \$4 and your registration will be adjusted accordingly.

**WEATHER:** This event will be held rain, shine, or snow.

**DISCLAIMER:** The Hoosier Hikers, INVA (Indiana Volkssport Association), the State of Indiana, the City of Warsaw & its Park Department, the Indiana Departments of Transportation and Natural Resources, and the Kosciusko County Highway Department are not liable for accidents, theft, or material damage. Every reasonable effort will be made to make the events safe and enjoyable. Children under the age of 12 must be accompanied by an adult, and pets must be kept on leashes.

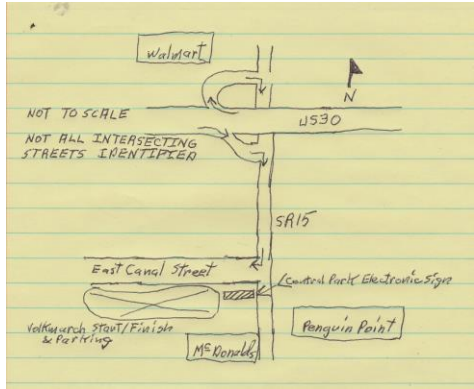
**NOTE:** The Covid-19 Protocols accompanying this Flyer are the same as last year because it is difficult to predict what to expect in the future. However, less strict protocols may be practiced at the time of the event, if local Covid-19 conditions may warrant. You will not be questioned regarding your vaccination status.

**POINT OF CONTACT:** Bob Buzolich at (574) 339-9140, or via email at [sonofbuzz@prodigy.net](mailto:sonofbuzz@prodigy.net).

For information on other Volkssporting activities checkout the website for the American Volkssport Association at <http://www.ava.org>.

## DIRECTIONS

Central Park is approximately 3.6 miles South of the intersection of Indiana State Road 15 and U.S. Highway 30. From this intersection turn South onto State Road 15. At the intersection of SR 15 and East Canal Street you will see an electronic sign for Central Park just ahead and to your right. Turn Right onto East Canal Street. After turning onto Canal Street look for Volkssporting signage and banners on your left to identify the specific location and parking.



### PRE-REGISTRATION FORM

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

	A-AWD W/CREDIT	CREDIT ONLY	FREE WALKER
NAME: _____	\$7.00	\$3.00	FREE
NAME: _____	\$7.00	\$3.00	FREE
NAME: _____	\$7.00	\$3.00	FREE
NAME: _____	\$7.00	\$3.00	FREE

PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO THE HOOSIER HIKERS AND MAIL TO HOOSIER HIKERS, PO BOX 11101, SOUTH BEND, IN 46634

## THE HOOSIER HIKERS INVITE YOU TO CELEBRATE THEIR 30<sup>TH</sup> ANNIVERSARY & NATIONAL VOLKSSPORTING MONTH



AWARD AVAILABILITY IS LIMITED

**OCTOBER 16, 2021**

**START: 9:00 A.M. TO 1:00 P.M.**

**CENTRAL PARK  
WARSAW, INDIANA**

**5 & 10 KM VOLKSMARCH  
& 12 KM BIKE**

**AVA MA21/118978 (WALK)**

**AVA MA21/118979 (BIKE)**

INVA # 853



## COVID-19 PROCEDURES

As we slowly resume our activities, the corona virus remains active in our communities with a threat of spreading, which is dependent on how we regulate our personal interactions. For the foreseeable future we will need to plan and conduct our events with this in mind. Accordingly, the Hoosier Hikers request participants at our events observe the following:

- 1) Maintain social distancing guidance (6 feet & 360 degrees) at events and other club activities.
- 2) Highly recommend participants have available personal masks, hand sanitizer, a pen and potable water, and use as appropriate, especially at the Start/Finish Point.
- 3) Until further notice no self-service snacks or beverages will be provided. Please provide your own.
- 4) Please complete Start Cards for each participant prior to approaching the Start/Finish Point. A Start Card is provided below and may be copied as needed. When approaching the Start/Finish Point, please pay by check for the exact amount, or have the exact amount of cash. **NO CHANGE** will be made on site. **THANK YOU FOR THE DONATION.**
- 5) If you are ill, stay home.
- 6) Events stamps will not be provided on-site. Please provide a current, valid, accurate and readable email address in order that cut & paste stamps may be emailed.
- 7) Additional protocols may be used to minimize personal contact.

OFFICIAL EVENT START CARD		Start No.
Name _____		_____
Address _____		
City _____	State _____	Zip _____
E-Mail _____		
Distance _____ km	Paid \$ _____	STAMP # _____
<p><b>DISCLAIMER OF LIABILITY</b></p> <p>In consideration of being allowed to participate in any way in AIA volunteering programs and related events and activities, the undersigned:</p> <p>1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volunteering program and the related events and activities of such conditions and refuse to participate.</p> <p>2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence or others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.</p> <p>3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.</p> <p>4. Release, waive, discharge and promise not to sue the American Volkspost Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.</p> <p>5. Members, please be aware that when you share photos, via digital image or otherwise, with AIA, such photos or images become the property of AIA. AIA, its legal representatives and assigns, retain the right and permission to publish, in any written or electronic publication, including Chocipoint or Trail, on social media, websites, or in audiovisual presentations, promotional literature, advertising or in similar ways.</p>		
Signature _____		Date _____
<p>How did you hear about us? <input type="checkbox"/> Social Media <input type="checkbox"/> Friend <input type="checkbox"/> Brochure <input type="checkbox"/> Website</p> <p>CK PT 1 2 3 4 5 6 7 8</p>		

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Signature _____		Date _____
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