

The Illinois Trekkers invite you to A Walk in the Swansea Clinton Hills Conservation Park. Swansea Clinton Hills Conservation Park in Illinois is located on a former golf course site. The old golf cart paths and trails provide a scenic spot to walk with lakes and beautiful homes. The park currently has a disc golf course. Fletcher's Kitchen & Tap Restaurant is located next to the pavilion & has a full menu of food & refreshments available for purchase.



**What is a Volksmarch:** A Volksmarch is literally a “folks walk” or a walk for the people. It is a self-paced walk for all to enjoy. The purpose of a Volksmarch is to encourage physical fitness, promote fellowship and to enjoy the outdoors.

**START LOCATION:** Swansea Clinton Hills Conservation Park.  
1524 Clinton Hills Parkway, Swansea, IL 62226.

**START TIME:** Start between 8:30 a.m. and 11:00 am. Walk at your own pace. You must be finished by 2:00 p.m.

**DISTANCE:** 5k, 10k, 15k & 20k walk will be offered. The first 5k loop is on paved trails & gravel paths. The second 5k loop is on paved trails & across grassy areas. Wheelchairs and strollers wouldn't be able to navigate the grassy areas.

**TRAIL:** The trail is rated 2B with some hills.

**REGISTRATION:** Everyone is welcome to participate in this event for a fee of \$3. An adult must accompany children age 12 and under. All participants must check in at the registration table and receive a start card. The start card must be carried on the walk. Start Cards remain the property of the Illinois Trekkers and must be turned in at the finish point at the end of the walk. There is no refund for monies paid. Event will take place regardless of weather. Pets are welcome but must be kept on a leash and you must pick up after your pet.

**REFRESHMENTS:** Water and restrooms will be provided at the Start/Checkpoint/Finish.

**INFORMATION CONTACT:** The point of contact is Diane Prost, phone 256 527-3377, email [diaprost@sisna.com](mailto:diaprost@sisna.com)

AVA Website is [www.ava.org](http://www.ava.org)

Illinois Trekkers Website is [www.illinois-trekkers.org/](http://www.illinois-trekkers.org/)

**DISCLAIMER:** AVA and the sponsors of this event are not liable for accidents, thefts or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

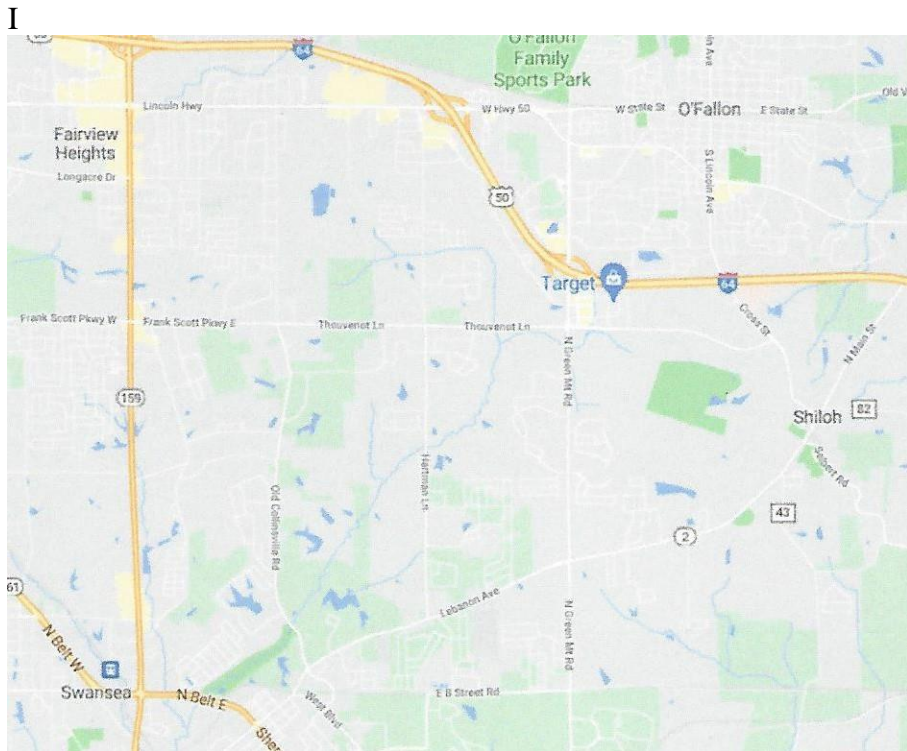
**SPECIAL BOOKS:** Take a Walk In a City Park; & Walking the USA A – Z





*Fun, Fitness, Friendship*

**DIRECTIONS:** From Interstate 64 take exit 14. Head west on Highway 50 for approximately 1.3 miles turn left onto Old Collinsville Rd. Continue for 2.8 miles & turn left onto Clinton Hills Parkway. Continue to the parking area near the pavilion.



# A Walk in Swanssea Clinton Hills Conservation Park

A Non-competitive 5k, 10k & 20k Walk Credit Only



Presented by Illinois Trekkers  
**Saturday October 16, 2021**

AVA Sanction Number: MA21-119027

