

**DIRECTIONS TO START/FINISH LOCATION**  
St. Nicholas Catholic Church

**DIRECTIONS FROM I-95 Southbound**

- Take exit 32-31A to Konterra Dr.
- Use right 2 lanes to exit onto Konterra Dr/Sweitzer Ln
- At light turn right onto Konterra Dr
- Turn left onto Contee Rd
- Continue onto Contee Rd for 1.2 mi
- Turn right onto Larchdale Rd
- Turn left into church parking lot.

**DIRECTIONS FROM I-95 Northbound**

- Use right 2 lanes to take exit 31 for MD-200 W
- Keep left at fork to continue on Exit 32, follow signs for Konterra Dr
- Keep right at the fork and merge onto Konterra Dr
- Turn left onto Contee Rd
- Continue onto Contee Rd for 1.2 mi
- Turn right onto Larchdale Rd
- Turn left into church parking lot.

**DIRECTIONS FROM MD-295 Southbound**

- Take the MD-197 exit toward Bowie Laurel
- Turn right on MD-197 N/Laurel Bowie Rd (signs for Laurel)
- Drive 1 mile then turn left onto Contee Rd
- Turn left onto Larchdale Rd
- Turn left into church parking lot.

**DIRECTIONS FROM MD-295 Northbound**

- Take the MD-197 Laurel-Bowie exit
- Stay left and merge onto MD-197 N/Laurel Bowie Rd
- Drive 1 mile then turn left onto Contee Rd
- Turn left onto Larchdale Rd
- Turn left into church parking lot.

**An AUTUMN Walk**  
**With Freestate Happy Wanderers**



In conjunction with

**St. Nicholas Catholic Church**  
**Fall Bazaar**

8603 Contee Road Laurel, MD 20708  
Saturday, October 30, 2021  
10-Km Trail (Two 5-Km Loops)  
AT2021/119116



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —



**SPONSORED BY:**

The Freestate Happy Wanderers AVA-190, a walking club, in cooperation with St. Nicholas Catholic Church and their Fall Bazaar.

**START/FINISH:**

St. Nicholas Catholic Church 8603 Contee Road Laurel, MD 20708. Unvaccinated individuals are requested to wear face masks and practice social distancing.

**TIMES:**

Start anytime between 9:30 AM and 11 PM, finish by 2 PM. Morning Mass will be celebrated 8:30- 9:00 AM, all are welcome. Please be considerate of those attending mass. The Fall Bazaar is open 9 AM to 8 PM (pausing for 5 PM mass).

**TRAIL DESCRIPTION/DISTANCE:**

There is a 10-Km trail consisting of two 5-Km loops, both rated 1A. The trails consist mainly of city streets and sidewalks. Little Free Library on one 5-Km loop.

**ELIGIBILITY:**

Walks are open to the public.

**REGISTRATION:**

The fee for IVV Credit or Non-IVV Credit walkers is \$3.00. Children 12 and under (IVV-Credit included) may walk for free courtesy of Freestate Happy Wanderers. The same trail may be walked for credit twice on the same start card on the same day with no extra charge.

**PROCEDURE:**

Each participant must register at the start and fill out a start card to be carried on the walk and presented at each checkpoint. Participants must turn in start cards at the Finish Table after completing the event.

**CONDITIONS:**

Littering along the trails is prohibited. There are Restrooms available in the church. Prince George's County law requires all pets be leashed and that owners clean up after their pets. The event will be held in all reasonable weather. If weather conditions are uncertain, please call the contact person listed to obtain up-to-date information on event status.

**REFRESHMENTS:**

Hard candy and water will be available at the Start/Finish. Additional refreshments will be available in the bazaar. Please carry your water bottles on the trail.

**DISCLAIMER:**

Every reasonable effort will be made to conduct a safe, enjoyable, and memorable event. The Freestate Happy Wanderers and St. Nicholas Catholic Church shall not be liable for any accidents, theft, or material damage.

**SANCTION:**

The Maryland Volkssport Association and the American Volkssport Association (AVA), member of the International Federation of Popular Sports (IVV), sanctioned this event, AT2021/119116

**INFORMATION:**

Call Rita Goerling 301-919-0465 before 9 PM or email at laurelvolkssyre@gmail.com. Additional information is on the Club webpage <http://www.mdvolks.org/freestate/>.

