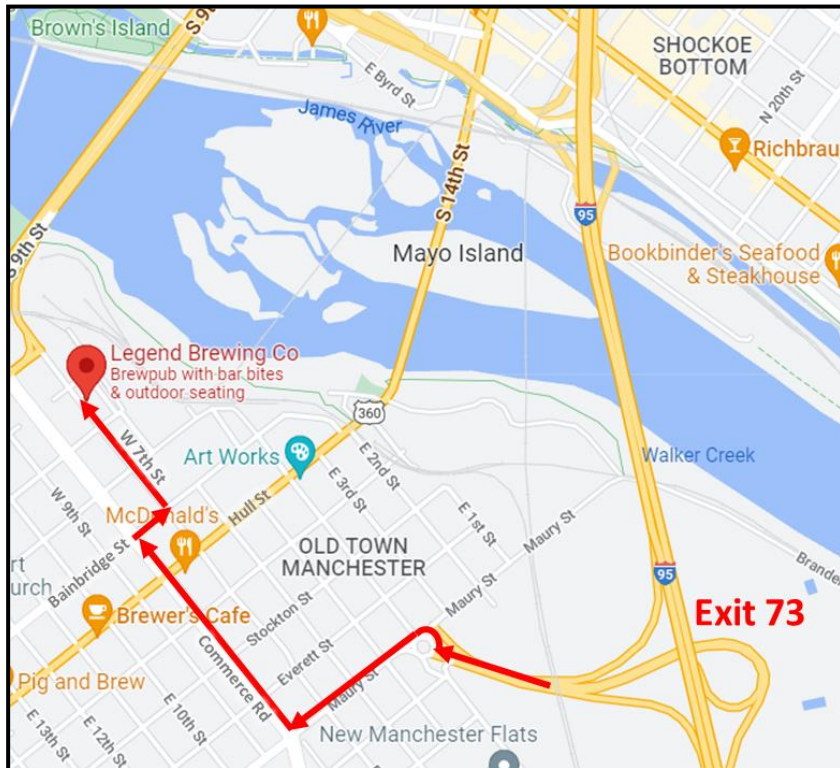


Directions to Legend Brewing Co.,
321 W 7th St, Richmond, VA 23224

N 37.52664, W 77.44304

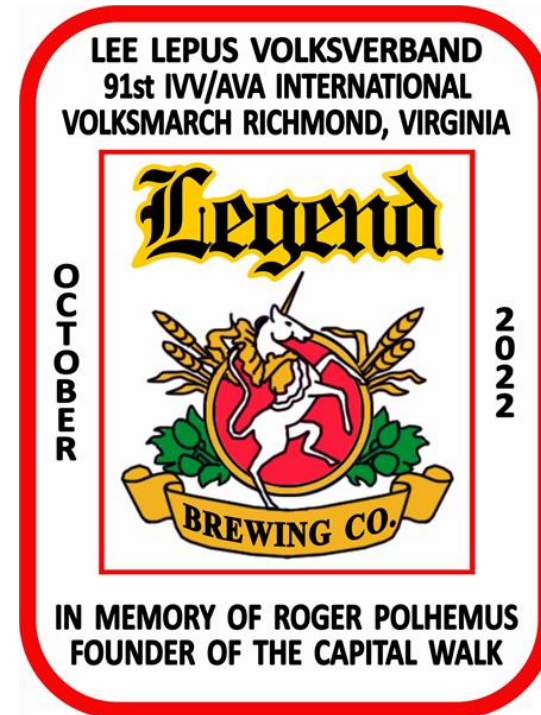
DIRECTIONS: From I-95: Exit 73 (Maury Street).
Follow exit ramp, keep left to traffic circle, take third exit from circle onto Maury Street.
At traffic light, turn right onto E. Commerce Rd.
At the fourth traffic light, Bainbridge Street, turn right.
Drive 1 block to 7th Street, turn left.
Drive 2 ½ blocks to Legend Brewing which is on the right.



LEE LEPUS VOLKSVERBAND

(Walking Club)

91ST IVV/AVA INTERNATIONAL VOLKSMARCH WALK EVENT



October 8, 2022

Richmond, VA

Legend Brewing to Hollywood Cemetery

WALK: 121117 6 and 10 KM TRAIL RATING 3B



START/FINISH: Legend Brewing Co., 321 W 7th St, Richmond, VA 23224. 804-232-3446

START: Start between 9:00 am and 12:00 noon.

FINISH TIME: 3:00 p.m.

DISTANCE: WALK: 6 and 10k trail (3.7 & 6.2 miles). 10k route can be repeated one time at no additional fee.

TRAIL DESCRIPTION/RATING: WALK: Rated 3B – Cross the James River on the T. Tyler Potterfield pedestrian bridge to Brown’s Island where the **Richmond Folk Festival** will be taking place. Pass the American Civil War Museum and walk through the Virginia War Memorial and the Oregon Hill community. The 10K trail also includes Hollywood Cemetery.

AWARD: The award is a patch as depicted on the brochure cover honoring the memory of long-time club member Roger Polhemus. There are 20 patches available, and we will reorder as necessary. Size 3” x 4”.

FEES/AWARDS: Award patch and IVV credit is \$12.00. IVV credit only is \$3.00. Participants may walk for a “B” award for an additional \$2.00 each. Free walkers welcome, but all participants must register at the Start.

PRE-REGISTRATION: Must be received by October 1, 2022.

SANCTIONED: This event is sanctioned by American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Additional events can be located at the AVA website, www.ava.org.

SPECIAL PROGRAMS: Walking with America’s Veterans, Walking the USA A-Z (R), City of Richmond (Virginia Cities Program)

PRE-REGISTRATION FORM (Must be received by October 1, 2022)

Send to: Gin Armacost, 3530 Rock Creek Villa Dr., Quinton, VA 23141

Name _____ Phone () _____

Address: _____

NAME (LAST, FIRST)	AWARD (\$12.00)	CREDIT (\$3.00)	FREE	TOTAL

REFRESHMENTS: Please bring your own bottled water. Restrooms are available at the start point. Legend Pub & Restaurant opens at 11:30 am.

CONDITIONS: The walk will be held regardless of most weather conditions. Participants are requested to observe all traffic laws and to place all litter in proper receptacles. **PETS MUST BE LEASHED!**

ELIGIBILITY: This event is open to all; everyone is welcome regardless of sex, creed, race, or nationality. An adult must accompany children under the age of twelve.

IVV BOOKS: This event counts toward acquisition of IVV Achievement Awards. IVV event/distance books and New Walker Packets are available at the finish point at a cost of \$6.00 each.

DISCLAIMER: The American Volkssport Association and its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver. Every reasonable effort will be expended by the sponsors to make the event safe, enjoyable, and memorable.

FOR FURTHER INFORMATION: Gin Armacost 703-201-1987
armacostg@cox.net

The Richmond Folk Festival is one of Virginia's largest events, drawing visitors from all over the country to downtown Richmond's historic riverfront. The Festival is a FREE three-day event that got its start as the National Council for the Traditional Arts' National Folk Festival, held in Richmond from 2005-2007. The Richmond Folk Festival features performing groups representing a diverse array of cultural traditions on seven stages.

LEE LEPUS VOLKSVERBAND sponsors four Year Round Events in Richmond. We also sponsor Year Round Events at Pocahontas State Park, Petersburg National Battlefield Park, and at Farmville, VA.

All YRE trails are 5 and 10 km. Pick up our brochure at the walk or contact Mary Guarnieri, 443-803-3456, or email mtg1250@gmail.com for additional information.

What is Volkssporting?

Volkssporting started in Germany and simply defined, is a personal fitness sports and recreation program offering noncompetitive walks, hikes, bike rides, swims, and in some regions cross-country skiing. You may choose your time to start within the start/finish “window” and participate in the sport at your own pace. Walking – also called “volksmarching” – is the most popular of all the volkssporting activities.

Volkssporting in the United States is sponsored by the American Volkssport Association (AVA) which has a nationwide, grassroots network of about 300 active clubs presenting more than 3,000 volkssporting events each year. Founded in 1976, AVA is an educational nonprofit 501(c)3 corporation dedicated to promoting fun, fitness and friendship.