

Kentlands East/West Walks

EAST – 5km (3.1 miles) AVA trail rating 1A

WEST – 5 km (3.1 miles) AVA trail rating 1A

MUDDY BRANCH/LAKELANDS – 5 km (3.1 miles) trail rating 2B

Saturday, October 29, 2022

Credit only event #121340

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Sanctioned by: The Maryland Volkssport Association and the American Volkssport Association, a member of the International Volkssport Verband, to promote leisure sports in the interest of family health, recreation, fun, and companionship.

Start/Finish: Kenaki Sushi Counter, 706 Center Point Way, Gaithersburg, MD 20878. Parking is available in several Kentlands public parking lots.

Start Time: Registration 8-11:00 am; finish by 2:00.

Registration Fees/Awards: All walkers over 12 years pay the \$3.00 participation fee. Children under 12 may earn IVV credit for no charge at all events sponsored by the Seneca Valley Sugarloafers. Record books and New Walker packets will be available for sale.

Trails: East and West walks are on sidewalks and asphalt trails with some moderate hills. The Muddy Branch/Lakelands walk is on sidewalks, asphalt trails, and natural trails and not suitable for wheelchairs or strollers. You may walk one, two, or all three trails for the total distance of your choice. All start/end points are at Kenaki Sushi.

AVA Special Programs: Little Free Libraries, Walking the United States, Walking the USA A-Z.

Event Information: For information about this event, please contact: Dave Fenster, 301-520-6507, rockpic001@gmail.com.



Conditions: Water is available at the Start Point. Restrooms are available at nearby Michaels and Whole Foods. You may walk with a group or alone. Pets are allowed but must be leashed at all times during the walk. You must clean up after them. Pets are not allowed in the shops or other buildings unless otherwise noted. This event will be held regardless of the weather unless conditions cause the sponsors to close the trails for safety reasons.

Eligibility: We welcome everyone to walk with us. All participants must register and sign a waiver of liability. An adult must accompany children 12 and under throughout the entire walk. Parents of minor children must sign a waiver of liability for the children.

Disclaimer: The Seneca Valley Sugarloafers Volksmarch Club will not be liable for accidents, theft, or material damage. Every reasonable effort will be taken to conduct a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers is open to everyone interested in walking. For questions about membership, contact Carolyn Thurber, 301-926-0915, cbthurber@verizon.net.

Web sites: www.ava.org; www.mdvolks.org; www.sugarloafers.org

Directions to Start Point:

GPS Coordinates: 39.12211, -77.23530

Google Plus Code: 4QC7+RV Gaithersburg, Md.

Directions from the North via (I-270):

- Take Exit 11 for MD-124/Quince Orchard Rd.
- **Bear Right** onto MD-124/Quince Orchard Rd.
- **Left** onto MD-119 S/Great Seneca Hwy.
- **Right** onto Kentlands Blvd.

At the traffic circle, take the 3rd exit onto Market Street. Kenaki Sushi Counter is on the right at the intersection with Center Point Way. Parking lots are available 1 block away, either to the left or right along Center Point Way.

Directions from the South via (I-270):

- Take Exit 9B toward I-370W/Sam Eig Hwy
- **Right** onto MD-119 N/Great Seneca Hwy
- **Left** onto Kentlands Blvd.

At the traffic circle, take the 3rd exit onto Market Street. Kenaki Sushi Counter is on the right at the intersection with Center Point Way. Parking lots are available 1 block away, either to the left or right along Center Point Way.

