



AVA-264

Presents a Saturday

Spring Walk

Western Regional Park
Howard County, Maryland

April 2, 2022

AT2022/121276; 5km & 10km

Trail Rated 2A & 2C

Start anytime from 8:00 a.m. to 11:00 a.m.; finish by 2:00 p.m.

INFORMATION: call (410) 290-6510 or e-mail johndye@comcast.net

CVC Web Page: mdvolks.org/CVC/

DISCLAIMER: Neither the Columbia Volksmarch Club nor Howard County Recreation & Parks shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make these safe, enjoyable, and memorable events.

DIRECTIONS to Western Regional Park:

Start: Gary J. Arthur Community Center

Address: 2400 MD-97, Cooksville, MD 21723

From I-70, take exit 76 for MD-97 S toward Olney; Go approximately 2 miles on MD-97; Community Center/Library will be on your right.

COURSE DESCRIPTIONS: There is only one event with two trail choices. The basic 5-km trail will be on hard surfaces through Western Regional Park. The 10-km will extend into nature surface trails. Wheelchairs and strollers should not have difficulty on the 5km trail.

SANCTIONED BY: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), promoting leisure sports in the interest of family health, recreation, fun and companionship.

PARTICIPATION FEES:

- The participation fee for IVV Credit Only is \$3. (maximum \$10 for families with minor children living together).
- *There is no fee to walk the trail without receiving the IVV credit.*

CONDITIONS: The non-competitive walking events are open to all. The events will be held during all reasonable weather conditions, including rain. Littering along the trails is prohibited. Dogs are permitted on the trail but not inside buildings.

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SPONSORED BY: The Columbia Volksmarch Club (AVA 264).



A proud member of the
**MARYLAND VOLKSSPORT
ASSOCIATION**