

**SANCTIONING:** These events are sanctioned through the American Volkssport Association by the Internationaler Volkssport Verbund (IVV) and qualify for credit toward the IVV achievement awards.

**REGISTRATION & COSTS:** ALL participants must register on site, complete a waiver (guardians must do so for anyone under 18 years of age, and pay a participation fee of \$3.00. NO PREREGISTRATION. NO FREE WALKERS. NO REFUNDS.

**WATER:** Upon completing registration participants will receive one bottle of water, which may be refilled at designated points along the walk routes. Upon completion of the walk please dispose of the water bottle in the designated containers for recycling.

**PETS:** Dogs are permitted, but must be leashed and under control of the owner, who is also responsible for cleaning up after their pet.

**COVID-19 INFORMATION:** See insert regarding protocols being followed to prevent the spread of Covid-19 and to keep the event safe. Depending on the local conditions, the protocols may be adjusted accordingly.

**DISCLAIMER:** The American Volkssport Association (DBA: America's Walking Club), its subsidiary clubs and agents, the Cities of Bowling Green and Prestonsburg, their Departments of Parks & Recreation and the Commonwealth of Kentucky Department of Parks are not liable for accidents, theft or material damage. Every reasonable effort will be made to make the events safe and enjoyable.

For additional information regarding America's Walking Club please visit <http://www.ava.org>

For information regarding these events please contact Bob Buzolich via email at [marc@ava.org](mailto:marc@ava.org) or via phone at 574-339-9140.

**AMERICA'S WALKING CLUB  
RECOGNIZES  
THE NATIONAL WEEK OF WALKING  
APRIL 1 TO APRIL 7, 2022**



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

**AND INVITES YOU  
TO ENJOY THREE WALKING EVENTS  
ACROSS KENTUCKY  
ON APRIL 4, 5 AND 6**



**EVENT # 1**  
**MONDAY, APRIL 4, 2022**  
**BOWLING GREEN**  
**AVA Sanction: MA2022/121409**

This event is open to everyone, though registration is required. The event is a guided walk that is intended to be family friendly, though it may not be suitable for strollers or wheelchairs. Guides are volunteers from clubs within the Mid-America Region. Upon completing registration participants will be broken into groups of 10-15 persons based upon distance and ability. Average walkers may complete a trail rated 1-A in about two hours.

**START/FINISH POINT:** Vicinity of Boat Launch at Weldon Peete Park (1708 River Street, Bowling Green, KY 42101)

**START TIME:** 10 am (EDT)/9 am (CDT) to 10:30 am/9:30 am Finish by 1:30 pm/12:30 pm Registration starts at 9:30 am (EDT)/8:30 am (CDT)

**DISTANCES OFFERED:** 5 or 10 Km (3.1 or 6.2 miles)

**TRAIL RATING:** 1-A (Scale 1 to 5 references elevation gain with 5 being the most difficult. Scale A to E references type of trail with E being the most difficult).

**TRAIL DESCRIPTION:** All routes incorporate existing trails and sidewalks on properties administered by the City of Bowling Green and its Department of Parks & Recreation. All routes pass historic and cultural sites within the City of Bowling Green and its Parks. Portions of the routes may not be suitable for strollers or wheelchairs. Dogs are permitted but must be leashed and under the control of the owner, who is also responsible for clean-up after their pet.

**RESTROOMS:** May be available on site at Start/Finish and along the routes. The accessibility of public restrooms is dependent on local pandemic restrictions. So, plan accordingly.

**DIRECTIONS:** From I-65 Exit 28 take Kentucky Highway 446 Westbound, continue onto Louisville Road (US 31 W). At the intersection of Louisville Road and River Street Turn LEFT onto River Street in a Southwesterly direction. After three quarters of a mile, you will see the Weldon Peete Park on your left, which should be identified with a Volksmarch sign, TURN LEFT into the Park and proceed to the Start/Finish Point.

**EVENT #2**  
**TUESDAY, APRIL 5, 2022**  
**CUMBERLAND FALLS STATE RESORT PARK**  
**AVA Sanction: MA2022/121410**

This event is open to everyone, though registration is required. The event is a guided walk that is intended to be family friendly, though it may not be suitable for strollers or wheelchairs. Guides are volunteers from clubs within the Mid-America Region. Upon completing registration participants will be broken into groups of 10-15 persons based upon distance and ability. Average walkers may complete a trail rated 1-A in about two hours.

**START/FINISH POINT:** Vicinity of Visitor Center at Cumberland Falls State Resort Park (7351 Kentucky Highway 90, Corbin, KY 40701)

**START TIME:** 10 am (EDT) to 10:30 am Finish by 1:30 pm  
Registration starts at 9:30 am.

**DISTANCES OFFERED:** 5 or 10 Km (3.2 or 6.2 miles)

**TRAIL RATING:** 2-B (Scale 1 to 5 references elevation gain with 5 being the most gain. Scale A to E references type of trail with E being the most difficult).

**TRAIL DESCRIPTION:** All routes incorporate existing trails on properties administered by the Commonwealth of Kentucky Department of Parks. These trails are ungrouted dirt paths with impediments and moderate inclines through mostly hardwood forest and along the banks of the Cumberland River and some bluffs overlooking the River. Portions of the routes may not be suitable for strollers or wheelchairs. Dogs are permitted but must be leashed and under the control of the owner, who is also responsible for clean-up after their pet.

**RESTROOMS:** May be available on site at Start/Finish and along the routes. The accessibility of public restrooms is dependent on local pandemic restrictions. So, plan accordingly.

**DIRECTIONS:** From I-75 Exit 25 take US 25W Westbound. At the intersection of US 25W and Kentucky Route 90 TURN RIGHT onto KY Route 90 to continue in a Westerly direction. After 7 and a quarter miles you will see signage directing you to the Cumberland Falls State Resort Park Visitor's Center, where you will encounter signage for the Volksmarch.

**EVENT #3**  
**WEDNESDAY, APRIL 6, 2022**  
**PRESTONSBURG PASSAGE RAIL TRAIL**  
**AVA Sanction: MA2022/121411**

This event is open to everyone, though registration is required. The event is a guided walk that is intended to be family friendly, though it may not be suitable for strollers or wheelchairs. Guides are volunteers from clubs within the Mid-America Region. Upon completing registration participants will be broken into groups of 10-15 persons based upon distance and ability. Average walkers may complete a trail rated 1-A in about two hours

**START/FINISH POINT:** Vicinity of Memorial Drive in Archer Park

**START TIME:** 10 am (EDT) to 10:30 am    Finish by 1:30 pm  
Registration starts at 9:30 am.

**DISTANCES OFFERED:** 5 or 10 Km (3.2 or 6.2 miles)

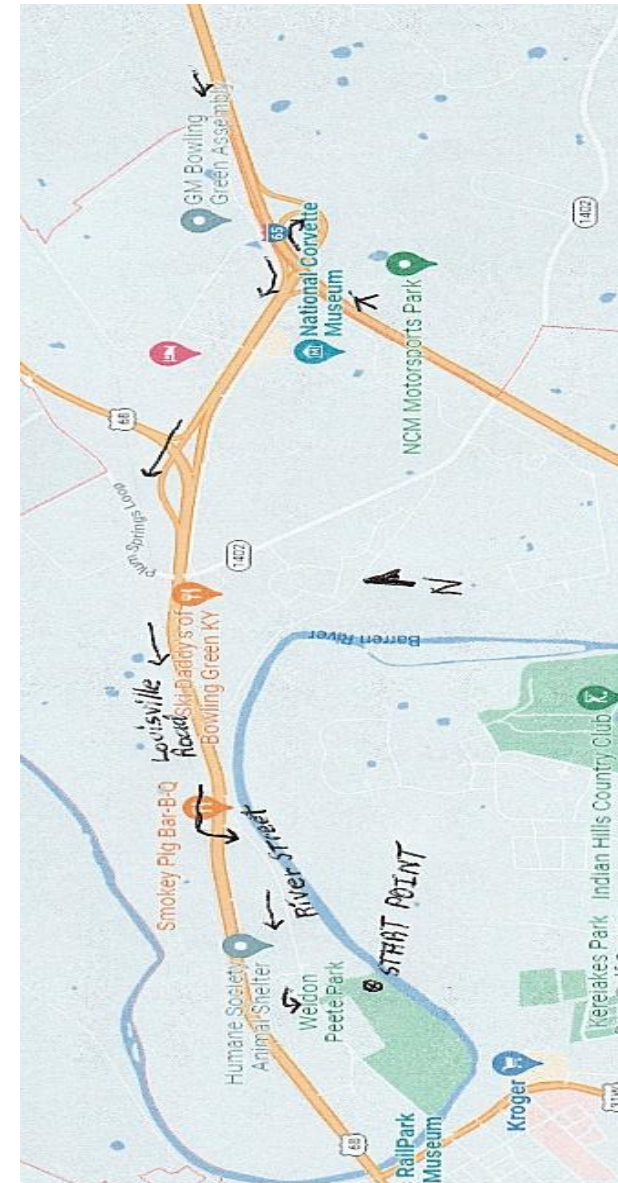
**TRAIL RATING:** 1-B (Scale 1 to 5 references elevation gain with 5 being the most gain. Scale A to E references type of trail with E being the most difficult).

**TRAIL DESCRIPTION:** All routes incorporate existing trail on properties administered by the City of Prestonsburg and its Department of Parks and Recreation. The trail is an improved multi-use path, known as the Prestonsburg Passage Rail Trail.

**RESTROOMS:** May be available on site at Start/Finish and along the routes. The accessibility of public restrooms is dependent on local pandemic restrictions. So, plan accordingly.

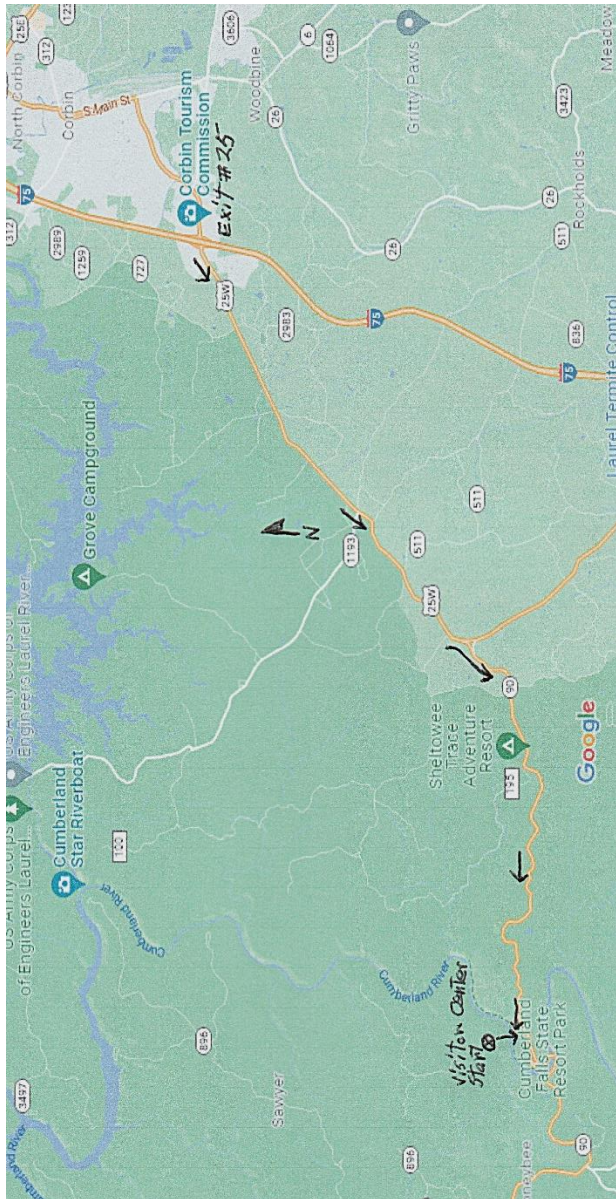
**DIRECTIONS:** Take US 23 (The Country Music Highway) from North or South to Prestonsburg. At the intersection of US 23 and Kentucky Route 114 exit onto KY Route 114 Northbound. After a half mile on KY Route 114 you will see the entrance to Archer Park on your left. TURN LEFT onto Archer Park Road. Follow Archer Park Road to Memorial Drive, where you will encounter signage for the Volksmarch.

**EVENT #1**  
**MAP TO WELDON PEETE PARK IN BOWLING GREEN**



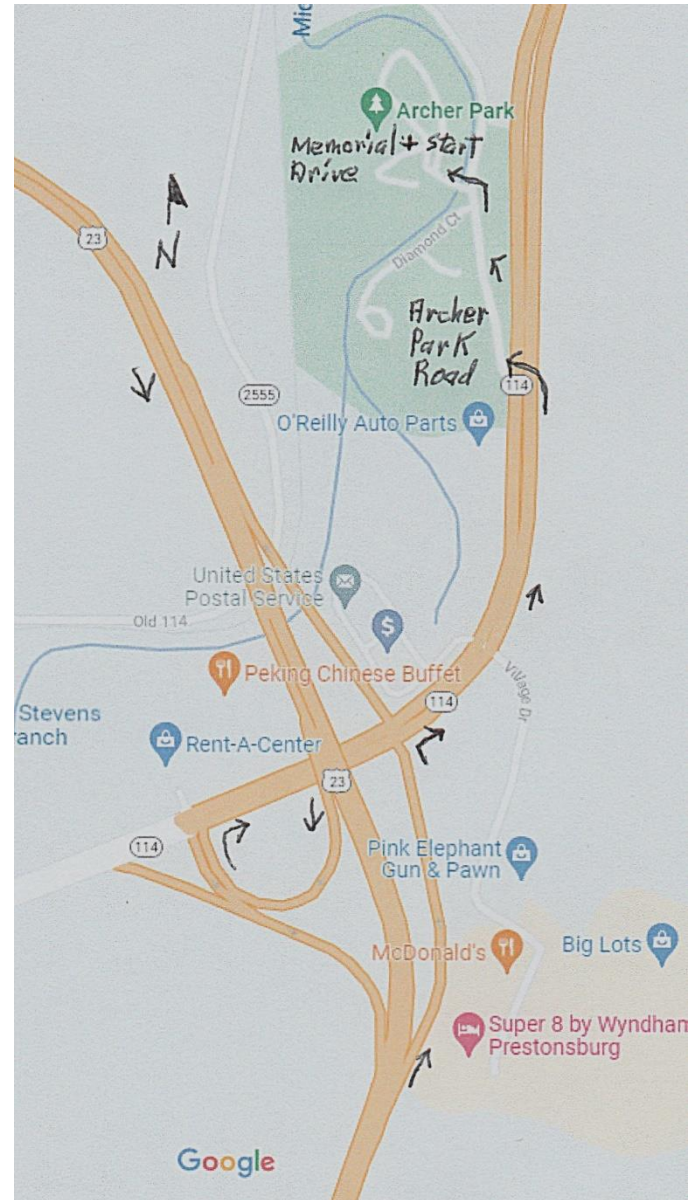
## EVENT #2

### MAP TO CUMBERLAND FALLS STATE RESORT PARK



## EVENT #3

### MAP TO ARCHER PARK IN PRESTONSBURG



## COVID-19 PROCEDURES

As we slowly resume our activities, the corona virus remains active in our communities with a threat of spreading, which is dependent on how we regulate our personal interactions. For the foreseeable future we will need to plan and conduct our events with this in mind. Accordingly, the Mid-America Regional Director recommends participants at our events in the States of IN, MI, KY, OH & IL observe the following:

- 1) Maintain social distancing guidance (6 feet & 360 degrees) at events and other club activities, when indoors.
- 2) Highly recommend participants have available personal masks, hand sanitizer, a pen and potable water, and use as appropriate, especially at the Start/Finish Point.
- 3) Until further notice no self-service, except pre-packaged, snacks or beverages will be provided. Please provide your own.
- 4) Please complete Start Cards for each participant prior to approaching the Start/Finish Point. A Start Card is provided below and may be copied as needed. When approaching the Start/Finish Point, please pay by check for the exact amount, or have the exact amount of cash. **NO CHANGE** will be made on site. **THANK YOU FOR THE DONATION.**
- 5) If you are ill, stay home.
- 6) Event stamps may not be provided on-site. If not, please provide a current, valid, accurate and readable email address in order that cut & paste stamps will be emailed.
- 7) Additional protocol may be used to minimize personal contact.

OFFICIAL EVENT START CARD		Start No.
Name _____		_____
Address _____		
City _____ State _____		Zip _____
E-Mail _____		
Distance _____ km	Paid \$ _____	STAMP # _____
<b>DISCLAIMER OF LIABILITY</b>		
<p>In consideration of being allowed to participate in any way in AWA volunteering programs and related events and activities, the undersigned:</p> <p>1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volunteering program and the related events and activities of such conditions and relate to participants.</p> <p>2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, reactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.</p> <p>3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.</p> <p>4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, centers and leaders of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.</p> <p>5. Member, leader or leader-in-waiting (including, via digital image or otherwise, with AWA, such photos or images become the property of AWA and AWA, its legal representatives and assigns, retain the right and permission to publish, any such photo or image in any written or electronic publication, including Checkpoint or TAVI, on social media, websites, or in audiovisual presentations, promotional literature, advertising or in similar print.</p>		
Signature _____		Date _____
How did you hear about us? <input type="checkbox"/> Social Media <input type="checkbox"/> Friend <input type="checkbox"/> Brochure <input type="checkbox"/> Website		
CK PT	1	2
	3	4
	5	6
	7	8

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Signature _____		Date _____
How did you hear about us? <input type="checkbox"/> Social Media <input type="checkbox"/> Friend <input type="checkbox"/> Brochure <input type="checkbox"/> Website		
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	3	4
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