

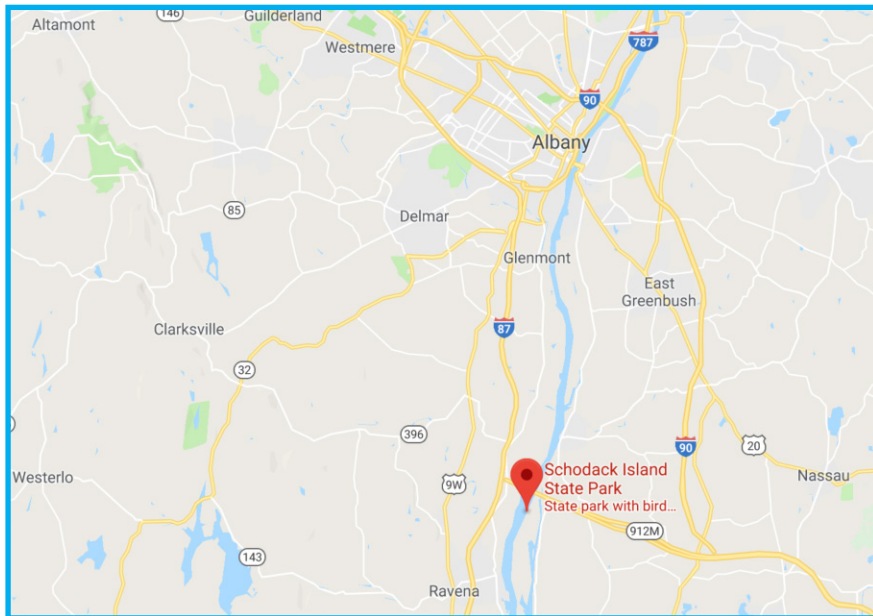
Directions:

From the North: take the Northway south to 787 to Exit 3A to Rensselaer Route 20 to 9J. Go about 8 miles to Park entrance.

From the South: Exit 23 to 787N Route 20 east after crossing the Hudson River to 9 and 20 continue to 9J.

From the West: 890 to Thruway Exit 23 toward Albany-Rensselaer Exit 3 for US 9-20. Right on 9J.

From the East Route: Route 20 West to 9J. About 8 miles to Park entrance.



ESCV is only one of over 250 clubs affiliated with the American Volkssport Association (AVA). There are over 3,000 walking events, bikes, occasional swims and snowshoes every year in most of our 50 states. All events are open to the public. For more information about our Club or AVA, please send your request, including your name, address & phone:

Empire State Capital Volkssporters

PO Box 5464, Clifton Park NY 12065-5464

or visit our website:
www.walkescv.org

A colorful event poster for the Schodack Island State Park Oktoberfest. The background features a scenic view of the park with a bridge over the water and autumn foliage. A blue and white bird is perched on a tree branch in the foreground. The text is overlaid on the image.

Schodack Island State Park

Oktoberfest

10k/5k Walk

Saturday, October 8, 2022

Sponsored By
Empire State Capital Volkssporters

Special Programs:
* Walking the USA A-Z ("S" Schodack Landing) •

Eligible for credit towards IVV Achievement Awards

Sanctioned Event #
121691

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AVA Rules & Conditions

- Start/Finish:** Schodack Island State Park
1 Schodack Island Way, Schodack Landing, NY 12156
- Time:** Start anytime between 9:00 am and Noon. Finish by 2:00 pm. Finish by Noon to join us for Oktoberfest. Must pre-register to eat. No pre-registration needed to walk.
- Trail Rated:** The walk is rated 1c no strollers mainly on wooded trails. Dogs are allowed on 6 ft leash plus proof of vaccinations.
- Stipulation:** At time of registration each participant accepts the guidelines for AVA events and must sign a waiver. A "Start Card" is issued to record "Checkpoints" along the trail and must be returned to the registration table. Pets allowed but must be leashed.
- Procedure:** Each participant must register and sign a waiver at the "Start" table. A "Start Card" must also be filled out & carried in order to record "Checkpoints" along the route. The card is then returned to the "Finish" table and becomes the property of ESCV.
- Event Fees:** All Participants \$ 3.00
- IVV Books:** Event & Distance books will be available at the Start/Finish for \$6.00 each. You may receive (1) Event Credit for this trail, and Distance Credit may be earned each time the course is completed.

Disclaimer: AVA: America's Walking Club, ESCV, the Schodack Island State Park, or any properties associated with this walk, cannot be held responsible for any lost or stolen items, damage, accident or injury of any kind, at any time. Every effort has been made to make this a safe and enjoyable event.

Restrooms/Water: Available at the Start/Finish

**For further information regarding this event please call or e-mail POC
Mary Sorell — xcmama3@aol.com
518-272-2298**



Schodack Island State Park sits off the eastern shore of the Hudson River just south of Albany. Approximately seven miles of Hudson River and Schodack Creek shoreline bound the 1,052-acre site.

The park has been designated a State Estuary, and a portion of the park shelters a Bird Conservation Area (BCA) that is home to bald eagles, cerulean warblers and blue herons that nest in the cottonwood trees.

Join us for an Oktoberfest celebration after the walk.

Registration for lunch is necessary. See registration form in the September newsletter. Fill out and send in registration form with \$6 fee. We will enjoy grilled bratwurst, sauerkraut, rolls, water and condiments. Please bring your favorite dish to share and other beverage if you so desire. Plasticware, cups, paper plates and napkins will be provided. Electrical outlets are available in the pavilion.

~ Buffet will start at noon.~