

## AVA Rules & Conditions

**Start/Finish:** The Turf Tavern, 40 Mohawk Ave. Scotia, NY. 518-393-3671

**Time:** Registration will be between 9-11:30 am, Finish\* by 2:30 pm. **Note: \*Must finish by Noon to attend the Holiday Party.**

**Trail Rated:** 1A - The 10k and 5K route is throughout the streets of Scotia.

**Stipulation:** There is no walk preregistration and this walk will take place regardless of weather. At time of registration, each participant accepts the guidelines for AVA Volkssport events. There are no refunds if the walk is terminated for any reason. Books will be stamped accordingly. Pets are not allowed into the Start Point but may be leashed on the walk route. Children under 11 must be accompanied by an adult and watched carefully.

**Procedure:** Each participant must register and sign a waiver at the "Start" table. A "Start Card" must also be filled out but there will be no checkpoints along the route! This card is then returned to the "Finish" table so that we know you have completed your walk, and it now becomes the property of ESCV.

**Event Fees:** All participants will now pay \$3.

**IVV Books:** Event & Distance books will be available at the Start/Finish for \$6.00 each. Event and Distance Credit may be earned each time the course is completed. Participants that become new members by joining ESCV today receive New Walker Kits containing both Event & Distance books and three free event coupons! Membership for the remainder of the year is half price, \$6 per individual or \$10 per family.

**Disclaimer:** The American Volkssport Association, ESCV, The Turf Tavern, the Village of Scotia, or any properties associated with this walk, cannot be held responsible for any lost or stolen items, damage, accident or injury of any kind, at any time. Every effort has been made to make this a safe and enjoyable event.

**Restrooms/Water:** Available at the Start/Finish, at cookie house stop on route, at Stewarts and at Dunkin Donuts.

Walk POC: Vera Weiss, [vweiss@nycap.rr.com](mailto:vweiss@nycap.rr.com)  
518-399-1798

## The Early History of Scotia

The annual holiday party of the Empire State Capital Volkssporters is a long standing tradition. The day begins with a walk through the streets of Scotia.

The land was purchased by Alexander Lindsay Glen, a native of Scotland, from the Mohawk people in the 17<sup>th</sup> century. Glen named his estate *Scotia* (Latin for "Scotland") after his home country. Scotia was the location of a military encampment during both the French and Indian War of 1754 and again during the War of 1812. During the 1800s, Scotia was known for its production of brooms, over 1 million annually for a time! In the 20<sup>th</sup> century, Scotia became a thriving bedroom community for employees of Schenectady's General Electric. During WW II the Scotia Naval Supply Depot (1942-1971) employed over 2000 workers.

This walk will take you by the **Abraham Glen House**, known today as the Scotia Library. The white Dutch Frame house has a steeply-pitched gambrel roof. The Glen descendants continued to own the house until 1842, when it was sold to Charles and James Collins. The two continued to farm the land and harvest ice from Collins Lake. In 1880 James Collins converted the land around the house into a garden and landscaped park. When the last member of the family died in 1924, the village acquired the property. Six years later a new village library was opened in the house.

The **Scotia Post Office** at 224 Mohawk Ave. has a 1942 mural inside. It depicts the sparing of the life of Captain Johannes Glen and his family the morning of the Schenectady Massacre, February 9, 1690.

**COOKIE HOUSE IS AT 180 6<sup>TH</sup> Street**, home of Louise Remillard. Louise has graciously offered to serve as hostess for our traditional "cookie stop"!

**Holiday Party:** The walk will be followed by ESCV's annual holiday party at the Turf Tavern. Attendees must make and pay for reservations prior to November **XXX** A reservation form with details and cost will be available on the club website. [www.walkescv.org](http://www.walkescv.org).

Lunch POC: Janice Golden  
[Janice\\_jaskolka@hotmail.com](mailto:Janice_jaskolka@hotmail.com)

**Directions:** The Turf Tavern, 40 Mohawk Ave. Scotia, New York; 518-393-3671

This restaurant/hotel is located across the Western Gateway Bridge from Schenectady.

**From the East:** Use Exit 25 of the New York Thruway and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St. (Rt. 5) Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Continue straight for a very short distance on Mohawk Ave. to the intersection of Mohawk and N. Ballston Ave. Right into the parking lot.

**From the North:** Use I-87 south to Exit 6. Bear right to follow Route 7 west toward Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Rte. 5). Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Continue straight on Mohawk Ave. to the intersection of Mohawk and N. Ballston Ave. Right into parking lot.

**OR:** Using Route 50 south from Saratoga Springs/Ballston Spa, continue to the end at Mohawk Ave/Route 5. At this intersection is the entrance to the parking lot on your left.

**From the West:** Use Exit 26 of the New York State Thruway and follow I-890 East to Exit 4B. Off the ramp, bear to the left and follow the sign to Scotia (Route 5). Left at traffic light at State St, and drive over the Mohawk River on the Western Gateway Bridge. Continue straight on Mohawk Ave. to the intersection of Mohawk and N. Ballston Ave. Bear right into the parking lot.

ESCV is only one of over 250 clubs affiliated with the American Volkssport Association (AVA). There are over 3,000 walking events, bikes, occasional swims and snowshoes every year in most of our 50 states. All events are open to the public. For more information about our Club or AVA, please send your request, including your name, address & phone:

**Empire State Capital Volkssporters**

PO Box 5464, Clifton Park NY 12065-5464

or visit our website:

[www.walkescv.org](http://www.walkescv.org)