

WALK EVENT DATE: 4-22-2023

PRESENTED BY: Helen Rotary Club, Perdido Key Volksmarch & Walking Club (PKVC), and the Helen Welcome Center.

START LOCATION:

City Band Shell - Downtown
21 River Street at Main St
Helen, Georgia 30545

START TIME:

Register 12:00– 1:00 p.m.,
Start 1:00 p.m. and finish by 4:00 pm
Saturday, April 22, 2023

Walk registration and start at front of PKVC AVA registration table, north of the main bridge and return on the left side of roadway. The 10K walk continues past the mid-point on the Unicoi State Park walking trail up to the lodge at the top of the trail, the official check point, with restrooms/water available.

FINISH AREA:

City Band Shell (start/finish/activity point)

DISTANCES:

Choose between 5K (3.1 miles halfway) or 10K (6.2 miles) distances.

TRAIL:

The **5K/10K walk** is on established trails in hilly terrain and accessible for walkers and leashed dogs. The Trail rating is **3C**. All trails will be well marked with a water stop and direction signs on the trail and also along Helen's main street up to the City Park where the Unicoi trail begins. See the beautiful trout streams and spectacular views along the foothills in Unicoi State Park. Water and restrooms are available at the Unicoi Lodge checkpoint before returning on the walking trails back to Helen.

REGISTRATION FEES (Cash or Check only):

CREDIT ONLY: Basic Registration for IVV/AVA **credit (only) is \$3.00**. Children under 12 walk free but must be accompanied by an adult.

WALK + "A" AWARD: “**Alpine Village Volkswanderung**” **COMMORATIVE PIN plus walk registration is only \$8.00 total.**

This special Alpine Village Volkswanderung Award pin (5K or 10K finishers) commemorates the legacy of the annual Alpine 10 K walks formally held for more than 15 years in Helen, Georgia. We will again celebrate spring in the beautiful North Georgia foothills.

It is our intention to again make this an annual marquee event in beautiful Helen, Georgia, every April.

PRE-REGISTRATION:

Pre-registration is not required. All registration will be on site day of walk at table under the bandstand. Look for the AVA banner, PKVC WALK Registradtion, and the Helen Rotary signs, our major sponsor, on the registration stage.

Dogs: ***Friendly dogs on a leash are allowed on the walk with registered walkers. Please pick up your pet's waste.***

STIPULATIONS:

The event is open to everyone. Should the event be cancelled due to severe weather, it will be rescheduled for April 23, 2023, same time, and same place.

DISCLAIMER:

The sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. Neither the AVA nor its subsidiary clubs are responsible for theft or loss of personal belongings or property.

All participants must sign the AVA Waiver on the registration form prior to participation in the walk event.

MISCELLANEOUS:

Water will be free at the start/finish and checkpoint(s). Refreshments and dining will be available at the many cafes and German restaurants in downtown Helen.

Door Prizes & Vehicle Raffle:

Walkers finishing the ALPINE GERMAN-STYLE walk will be provided an opportunity to receive one (1) drawing ticket for gifts donated by local merchants at a drawing in the bandstand area following the walk. Additional prize tickets can be purchased from PKVC volunteers for \$1.00 each or 6 for \$5.00.

A 2004 Ford Mustang convertible will be on display in the start area and raffle tickets will also be available from the Helen Rotary volunteers for drawing following the volksmarch. All proceeds will go to local Rotary charities. Tickets will be sold for \$20.00 each or 6 tickets for \$100.00. **The drawing for the car will be held at 5:00 pm in the bandstand area.**

DIRECTIONS:

Just northeast of Atlanta, off Interstate 985–365, and southwest of Greenville, SC, off I–85, Helen provides visitors a unique place to relax and enjoy the Alpine village, mountains, trout streams, waterfalls, and more than 200 specialty and import shops and restaurants. Lodging is supported by over 1,100 quality rooms located in Helen, GA 30545.

Helen, GA has now earned the position as one of the top tourist attractions in not only Georgia, but in the southeast USA. For a list of all the fabulous shops, entertainment venues, water, and mountain venues, etc., please contact or go to Helen Visitors Center website below:

Alpine Helen Visitors Center
726 Bruckenstrasse
Helen, GA 30545
WEB Site: <https://helenga.org>
PH (800)858.8027

Perdido Key Volksmarch Club (PKVC #0964) is a 501(c)3 charity and a local AVA walking club affiliated with the Helen Rotary and is dedicated to promoting family wellness by sponsoring healthy walking & biking events for the community.

Helen Rotary Club is a 501(c)3 nonprofit service organization affiliated with Rotary International USA.

Website: <https://helenrotary.com>

Facebook:
<https://www.facebook.com/rotaryclubofhelen>

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. WALK INFORMATION: Contact Rod Powell, Pressident, PKVC, for information: Roderick.2002@yahoo.com or 850-637-1876.

ALPINE VILLAGE VOLKSWANDERUNG FIRST ANNUAL 5K or 10K WALK EVENT

Helen, GA
April 22, 2023
(AVA SANCTION #: SE23/123850)

NEW “A” AWARD PIN



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