

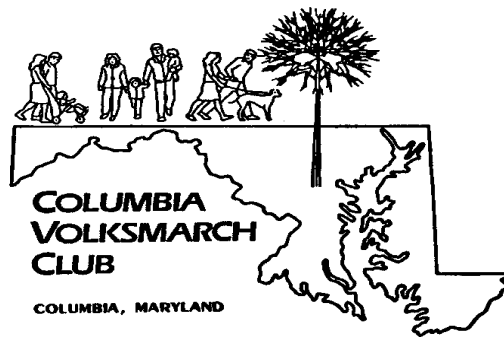
**DIRECTIONS:**

*Spring Walk in Maple Lawn*

**Sidamo Coffee**

8180 Maple Lawn Blvd  
Fulton, MD 20759

From I95, take MD-216 W; cross US-29.  
From US-29, take Exit MD-216W.  
At the traffic circle, take exit on MD-216 W.  
At the traffic circle, take the first exit onto Maple Lawn Blvd.  
Turn left onto E Market Pl. Turn left.  
Turn left to Sidamo Coffee.



**AVA-264**

*Presents a Spring Morning Walk*

**In Fulton, Howard County, Maryland**

**April 1 Maple Lawn Neighborhood**



AT2023/123902; Two 5 km trails; Trail Rating 2A



**SPONSORED BY:** The Columbia Volksmarch Club (AVA 264).



A proud member of the  
**MARYLAND VOLKSSPORT ASSOCIATION**

**SANCTIONED BY:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), promoting leisure sports in the interest of family health, recreation, fun, and companionship.

**COURSE DESCRIPTIONS:** There is one event for this walk: There will be two (2) 5 km trails on sidewalks and paved paths in Howard County's Maple Lawn neighborhood. Trails will go through commercial and residential areas as well as schools. Strollers should have little difficulty. TR 2A.

**PROCEDURE:** Each participant will be issued a start card. It must be carried on the walk and presented for validation at each checkpoint. Only one start card will be validated per participant. Start cards must be turned in at the Finish Table after completing the event. Only those participants with a properly validated start card will be eligible for IVV credit. The trail may be walked two times per start card on the same day at no additional cost.

**AMENITIES:** Restrooms will be located at the start point.

**PARTICIPATION FEES:**

- The participation fee for IVV Credit Only is \$3. (Maximum \$10 for families with minor children living together).
- *There is no fee to walk the trail without receiving the IVV credit.*

**START/FINISH** (see directions on back cover):

- **Saturday April 1 Sidamo Coffee**  
8180 Maple Lawn Blvd, Fulton, MD 20759.  
Trail Distances: Two (2) 5 km; Trail Rating 2A  
Start anytime from 8:00 am to 11:00 am.;  
finish by 2:00 pm.

**CONDITIONS:** The events are open to all. The events will be held during all reasonable weather conditions, including rain. Littering along the trails is prohibited. Dogs are permitted on the trail but not inside buildings.

**DISCLAIMER:** Neither the Columbia Volksmarch Club, nor Sidamo Coffee shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make these safe, enjoyable, and memorable events.

**INFORMATION:** call (410) 290-6510 or e-mail [johnndye@comcast.net](mailto:johnndye@comcast.net)  
**CVC Web Page:** <http://www.mdvolks.org/CVC/>  
New Walker Packets and record books will be available for sale.

Our Seven **Year Round Events** are open dawn to dusk.  
All have Physical Start Box (PSB) and Online Start Box (OSB)  
From French Twist Cafe  
Historic Sykesville  
From Roger Carter Center  
Two events: Ellicott City/Oella & Centennial Lake  
From Feet First Wilde Lake Village Center  
Wilde Lake Village  
Columbia Mall Walk indoor and outdoor alternative.  
From McDonalds in Owen Brown  
Two events: Lake Elkhorn and Owen Brown