

40th Anniversary Volksmarch

Saturday April 22nd 2023



- What:** Walk scenic 5 or 10 kilometers (3 or 6 miles)
- Where:** 6050 Burke Commons Road in Burke, Virginia
- When:** Start 10 km from 9-11 am or 5 km from 9-noon
- Who:** Hosted by Northern Virginia Volksmarchers Club
- Why:** *“Walking for Fun, Fitness and Friendship”*



This walk #AT 124076 - 2023 is sanctioned by the American Volkssport Association (AVA) a member of the International Federation of Popular Sports (IVV) and counts towards the acquisition of IVV achievement awards.



Volksmarch April 22nd

Villa Bella Italian Restaurant
6050 Burke Commons Road
Burke, Virginia



Trail: Paved paths, sidewalks and natural-surfaces. Weaves through scenic parks, woodland and around a small lake. May be suitable for large wheel 'off-road' strollers but not wheelchairs (AVA rating 2B).

Directions: Capital Beltway (I-495), exit # 54A towards Fairfax, west on Braddock Road (VA- 620) 5 miles and turn left onto Roberts Road. Follow Roberts Road/Parkway 2.8 miles, turn left into Burke Town Center and park near Villa Bella. [GPS 38.78829 N, -77.30080 W.]

Food: Free 40th Anniversary **cake from 1:30 to 2 pm** at Villa Bella.

Restrooms and water: Available adjacent to the start/finish point.

Pets: Welcome outdoors if leashed and cleaned up after.



Participation: Everyone is welcome and event will be held in most weather conditions. An adult must accompany children under 12.

Fees: No charge or preregistration. AVA credit is \$3. No refunds.

Award: **Unique 40th Anniversary token** was created for event and items from previous NVV events may be available for a nominal cost.

Disclaimer: The AVA or its subsidiary clubs are not responsible for theft or belongings/property loss. Participants sign waiver at start.

Contact: Sandy Koontz at shkrk@gmail.com or (703) 867-1073

More Walks: NorthernVirginiaVolksmarchers.club or www.ava.org