

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards. Event number 124098-2023

SPONSOR: US FreedomWalk Festival® Club, Inc. (AVA 901)

DATE: Saturday, May 13, 2023

START POINT: Starbucks, 1501 Connecticut Ave, NW, Washington, DC. (At Dupont Circle, between 19th St and Connecticut Ave)
38.910545, -77.043672

DISTANCE: There are 5 km (3.1 mile), 7 km (4.3 mile) and a 10 km (6.2 mile) trails. The walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 16 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: 9:30 a.m. to 1 p.m., finish by 4:30 p.m. No early starts. (All embassies open at 10 a.m. and close at 4 p.m.)

WALK FEES: The A-Award fee is \$8 at the walk. The credit only fee is \$3.00. There will be no free walkers or refund of any monies paid.

A-AWARD: The A-Award is a 4-inch, 100% embroidered patch shown on the front of the brochure. 100 will be available the day of the walk. Reorders will take approximately three weeks.

PROCEDURES: At the start point, each participant will be issued a start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

CONDITIONS: Pets are permitted on this event; however, they must be on a 6-foot leash and are not permitted in the start point or in any embassy. Water and restrooms will be available at the start point and at the checkpoints. Litter must be deposited in the designated containers. This event will be held regardless of most weather conditions.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the event.

SPECIAL PROGRAMS: AVA Special Programs (SP): Border Crossings (on entering or leaving any embassy grounds), Bridges – Spanning the USA (BR), National Park Centennial (NP), United States Post Offices ((PO, 12k only), State Street Sashay/Walk the USA- Street by Street (ST – MA (all), CA (all), CT (12k only))

INFORMATION: Phone: Dolores @ 703-209-0174;
Email: usfwf@yahoo.com; www.usfreedomwalk.org
www.ava.org>events

COURSE DESCRIPTION: Trail rating 1A. The tradition continues! Walk the Embassies of the European Union, as these embassies open their doors for public exhibition. Fun, food, music, and some interesting beverages may be found at the embassies that open their doors for this year's event. The walk route will include Embassy Row and other hills and points of interest in Washington, DC. Both trails are suitable for strollers and wheelchairs.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

WHAT IS A VOLKSMARCH? A non-competitive outdoor event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp," rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants or using strollers or wagons.

EVERYONE IS A WINNER! When awards are available, each participant who purchases a start card and pays the award fee receives an attractive commemorative award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. Upon completion of a record book, the owner receives a certificate, a hatpin, and a patch, in recognition of reaching a certain milestone.

THANKS: Each year the USFWF alternates between the Around the World & European Union embassies open houses taking place during the two-week celebration in our nation's capital city called **Passport DC**. Each walk will feature a specific continent. This is an annual Volksmarch!

UPCOMING EVENTS: **October 20-22, 2023**
22nd Annual U.S. FreedomWalk Festival®
Arlington, Virginia

YEAR-ROUND EVENTS: Beautiful Arlington Highlights 5/10/15 KM walk and Beautiful Arlington 27 km Bike, Ballston 5/10 KM Walk, Leesburg Downtown Historic District 5/10 KM Walk, Leesburg East & Historic Highlights 5/10 KM walk, and Leesburg WO&D 13/25,25KM Bike

DIRECTIONS Metro is recommended as parking is along streets and is limited.

USING THE METRO: Take the METRO to DuPont Circle Station. Exit station using CONN AV & 19TH ST NW - DUPONT CIRCLE SOUTH exit. Exit onto street level. Walk a short distance on Q to Connecticut Ave NW. Cross and turn right onto Connecticut Ave NW walk about 1 block SE. Start at Starbucks will be on your left.

FROM VIRGINIA AND POINTS SOUTH: From I-395 N, take exit 8B to merge onto VA-27 N/Washington Blvd toward Arlington Cemetery/Rosslyn/Pentagon; Continue to follow Washington Blvd; Entering District of Columbia; Take the exit toward US-50 W; At the traffic circle, take the 1st exit onto Arlington Memorial Bridge; Slight left at Lincoln Memorial Circle SW; Turn left at 23rd St NW; At Washington Circle, take 3rd right on New Hampshire Ave to Dupont Circle. Turn right and right again to start/finish on Connecticut Ave.

FROM POINTS NORTH: Take I-95 South to New York Ave/US-50 W toward Washington; Entering District of Columbia; Turn right on Mount Vernon Place, bear right onto Massachusetts Ave NW; At Dupont Circle, take outer lane to go around circle and turn right on Connecticut Ave to start/finish.

PREREGISTRATION: Must be in the mail by April 21, 2023

Mail pre-registration to: US FreedomWalk Festival® Club,
PO Box 17208,
Arlington, Virginia 22216
Award \$8.00, Credit only \$3.00

Name _____

ADDRESS: _____

EMAIL: _____

U.S. FreedomWalk Festival® Club, Inc.
“Walking Diplomacy, One Step At A Time™”

PASSPORT DC 2023
Washington, DC

“Shortcut to Europe”
MAY 13, 2023



124098-2323

5 Kilometer Walk (+/-) (3.1 miles) Trail Rating: 1A
7 Kilometer Walk (+/-) (4.3 miles) Trail Rating: 1A
12 Kilometer Walk (+/-) (7.4 miles) Trail Rating: 1A

