

# Sunflower Sod Stompers' Saint Patrick's Day March Madness Walk

"B"  
Awards

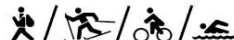


6/10km  
Trails

March 12, 2023  
Lawrence, Kansas  
SC 23/124117



SANCTIONED EVENT  
Eligible for credit towards IVV Achievement Awards



## WHAT IS A VOLKSWALK?

A volkswalk is a leisurely walk through a scenic and/or historic area over a pre-marked route. The walk is non-competitive and the participants can travel at their own pace, thus making this an excellent recreational activity for the entire family. Anyone who completes the course is eligible to receive an award for his or her efforts. A volkswalk is a great way to meet new friends and a fun way for individuals to receive exercise who otherwise get very little.

## MARCH MADNESS!

The Sod Stompers would like to invite all walkers to their "March Madness" event. Due to the IML/Olympiad festivities this February in San Antonio, we moved our event to March just before St. Pat's Day and the start to the college basketball championship tournament. Everyone is invited to walk with us, & enjoy some food at Johnny's Tavern.

## PARTICIPANT INFORMATION

### Walk

### Location:

401 North 2nd Street Johnny's Tavern is on the west side of the street and parking can be found behind the establishment. Coming to Lawrence using I-70, take the Lawrence exit #204. From the toll booth area, turn left (south) on US 59 and go toward Lawrence approximately 1 mile to Locust Street traffic light. Turn right between Johnny's and the Bike shop. Do not cross the Kansas River. Coming from the south, cross the river via Mass/Vermont Streets bridge and make an immediate left turn off of North 2nd & park behind Johnny's.

### Eligibility:

Anyone is welcome to take part. Family participation is encouraged. An adult must accompany children under the legal age. Signing the AVA liability waiver is required of all participants.

### Registration:

IVV Credit Only will be \$3.00 per event. Fun walkers are encouraged to pay \$1.50 to help with operational costs. Past awards will be available at various costs. IVV Record Books may be purchased for \$6.00 each.

### Hours of

### Participation:

Start anytime between 12:00 - 2:00p.m. Please be off the trail by 4:00p.m.

### Course:

Most of the walk will be on cement & brick sidewalks and paved roads in Lawrence. The trail will be fairly flat with a few inclines.

**Snow and/or ice may not be removed from parts of the course.**

### Additional

### Information:

Contact Terri Tyler 785-817-6333 e-mail: [tttyler50@gmail.com](mailto:tttyler50@gmail.com) or John Lehman 785-220-0330

## March Madness Special Programs:

Walking USA A-Z

City Hall

Par for the Course

Walking with America's Veterans

Rails to Trails



The Sunflower Sod Stompers appreciate the cooperation of Johnny's Tavern for allowing us to use their facilities as a start/finish point. Your patronage would be appreciated.

