

ACKNOWLEDGEMENTS: We appreciate the assistance of Boston Public Library, Roslindale Branch Librarian, Jennifer Hawes in coordinating the start location. Photos used with permission of Arnold Arboretum. Thanks also to all the volunteers and walk participants for contributing to this event's success.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish and Checkpoints.

REFRESHMENTS: Water & candy are provided at the Start/Finish and Checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



ADDITIONAL INFORMATION:

Paul Kelly
C: 617-416-8428
H: 617-323-7420
paul.v.kelly@verizon.net

DIRECTIONS:

From the West:

1. ** Rt. 9 E to Hammond Pond Parkway S.
2. Continue through 4 rotaries to Belgrade Ave.
3. **LEFT** on Belgrade Ave to end at Corinth St.
4. Proceed on Corinth to end at Washington St.
5. * Continue through light at Poplar St and get into leftmost lane.
6. **Sharp LEFT** at end of Adams Park.
7. First **RIGHT** into parking lot.

From the North:

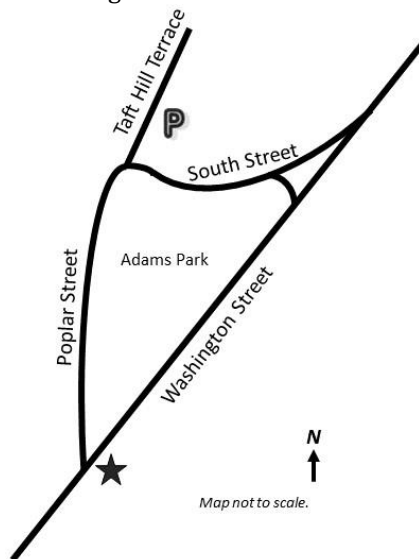
1. Rt. 128 S to Rt. 9 E. Follow from ** above.

From the South:

1. I-95 North (Rt. 128) to Exit 29A.
2. Merge onto Providence Highway N. Continue 1.3 miles N to Dedham Rotary.
3. First exit to Washington St. Continue 3.3 miles to Roslindale Square.
4. Follow from * above in "From the West."

PARKING: In Taft Hill Terrace, just opposite Adams Park.

WALK TO START: Exit parking lot to Poplar St. Continue down Poplar to Washington St. Library across Washington on left.



Roslindale

Massachusetts

Arnold Arboretum Walk

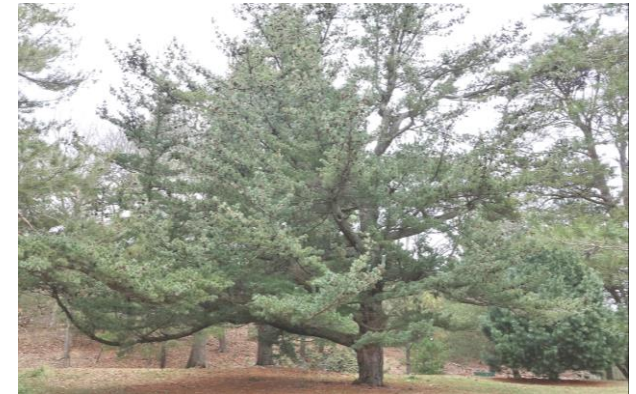
5km and 11km routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs: Mayflower, Walking with America's Veterans

"B" Award Event



Saturday, April 29, 2023

Start: 9:30-11:30 a.m.



Event Number: NE 23/124163



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 11km (6.8 miles) routes in Roslindale, MA and the adjoining Arnold Arboretum.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a map-guided 5km (3.1 miles) or 11km (6.8 miles) route. Children under the age of 12 must be accompanied by an adult. No pets allowed inside the start/finish building; service animals only.

START/FINISH:

Roslindale Branch, Boston Public Library
4246 Washington Street, Roslindale, MA 02131
www.bpl.org

REGISTRATION/START TIMES:

Saturday, April 29, 2023 from 9:30-11:30 a.m.

FINISH TIME: by 2:00 p.m.

Please note this is a **map-guided walk**.

REGISTRATION AND FEES: This event is **FREE** to those who wish to participate without receiving IVV Credit. Registration for IVV Credit is \$3.00. (Ask about this achievement program!)

PROCEDURE: Each participant must register and sign an insurance waiver at the start. Cards are validated at checkpoints along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

AWARD: Limited quantities of B awards from prior events will be available on a first-come, first-served basis; cost \$4.00 (includes IVV Credit).

Cover photo courtesy of Arnold Arboretum of Harvard University, photo by William (Ned) Friedman.



**Arnold Arboretum of Harvard University,
photo by Nancy Rose**

TRAIL DESCRIPTIONS: The 5km and 11km routes are on paved paths through the Arnold Arboretum (highest elevation 259 feet) and on city sidewalks in Adams Square and residential streets in Roslindale.

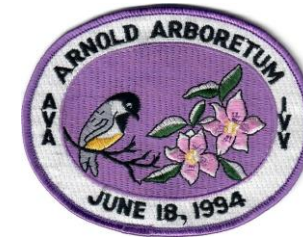
The 5km loop through the south half of Arnold Arboretum includes Peters Hill for a fine view of the Boston skyline, and then passes through a residential area to the Roslindale Wetlands, which supports a number of species of birds, reptiles, and mammals. The Wetlands is one of 29 properties maintained by the City of Boston. Work is ongoing to remove invasive plant species.

Those completing the 11km distance break from the 5km route for a loop through the north (Bussey Hill) section of the Arboretum, featuring views of rhododendrons, azaleas, and lilacs coming into bloom, and continues to the rose garden, Hunnewell Visitor Center, and the Arborway Gate before reconnecting with the 5km route.

The AVA rating for both routes is 2A and would be doable for strollers, but not wheelchairs. Routes are mostly on paved surfaces with three, somewhat steep, inclines and short sections on wood chip paths.

**More information on walk events
and Walk 'n Mass Volkssport Club at:**

www.walknmass.org



Two possible "B" award patches



**Arnold Arboretum of Harvard University,
photo by Kyle Port**