

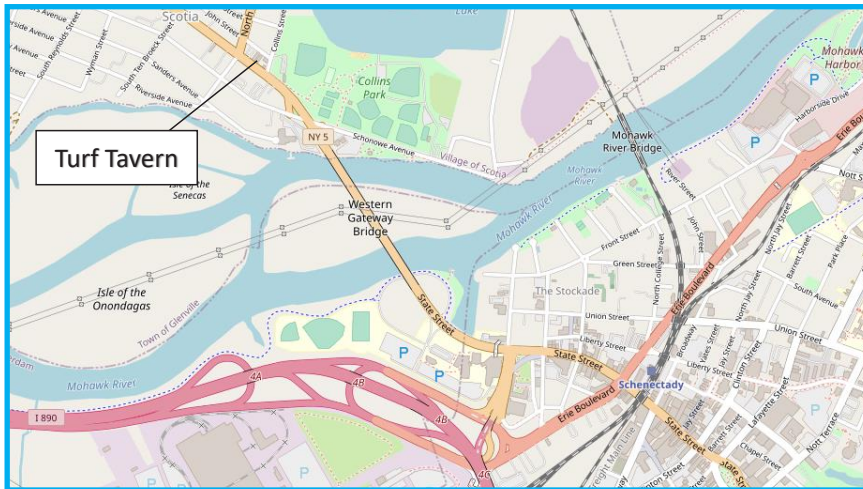
Directions: The Turf Tavern, 40 Mohawk Ave. Scotia, New York; 518-393-3671
This restaurant is located across the Western Gateway Bridge from Schenectady.

From the East: Use Exit 25 of the New York Thruway and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St. (Rt. 5) Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Continue straight for a very short distance on Mohawk Ave. to the second right onto Collins Street which is right after the library and before the Mobil Gas Station. First left on John Street (one way sign there). Left into the Turf parking lot. **Extra parking on the right at Mohawk Valley Carpets.**

From the North: Use I-87 south to Exit 6. Bear right to follow Route 7 west toward Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Rte. 5). Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. **Continue to follow the directions FROM THE EAST..**

OR: Using Route 50 south from Saratoga Springs/Ballston Spa, follow Rt. 50 into the village of Scotia. Left on Church St. right after the First Reformed Church entrance. Right on Collins St. Second right on John St. (One Way sign at this corner). Follow this alley to the Turf parking lot on your left just before STOP sign at Rt. 50.

From the West: Use Exit 26 of the New York State Thruway and follow I-890 East to Exit 4B. Off the ramp, bear to the left and follow the sign to Scotia (Route 5). Left at traffic light at State St, and drive over the Mohawk River on the Western Gateway Bridge. **Continue following FROM THE EAST directions.**



For more information about our Club or AVA, please send your request,
including your name, address & phone:

Empire State Capital Volkssporters

PO Box 5464, Clifton Park NY 12065-5464 or visit our website: www.walkescv.org



EMPIRE STATE CAPITAL VOLKSSPORTERS

ESCV Holiday Party

Turf Tavern - Scotia . NY

10K/5K Walk

December 9, 2023



Special Programs

- Mayflower - 400th Anniversary Walk •
- Rockin' Around the Clock • Walking with American Veterans •
- Town/Halls/City Halls • Par for the Course •

Sanctioned Event #124449

URL/web link: my.ava.org/event-view.php?sn=124449

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AVA Rules and Conditions

Start/Finish: The Turf Tavern, 40 Mohawk Ave. Scotia, NY. 518-393-3671

Time: Registration will be between 9-11:30 AM, Finish by 2:30 PM. Note: Must finish by Noon to attend the Holiday Party.

Trail Rated: 1A The 10k and 5K routes are through the streets of Scotia.

Stipulation: This event is open to everyone. With registration for these events, the participants accept the guidelines for AVA Volkssport events and agree to observe the principles of good sportsmanship. Pets are not allowed into the Start Point but may be leashed on the walk route. There are no refunds if the walk is terminated for any reason. Books will be stamped accordingly. Children under 12 must be accompanied by an adult and watched carefully.

Procedure: Each participant must register and sign a waiver at the "Start" table. A "Start Card" will be issued and carried for checkpoints along the route! The card must be returned to the Start/Finish table so that we know you have completed your walk, and it now becomes the property of ESCV.

Event Fees: All participants pay \$3 for this walk.

IVV Books: Event & Distance books will be available at the Start/Finish for \$6.00 each. Event and Distance Credit may be earned each time the course is completed. Participants who become new members by joining ESCV today will receive New Walker Kits containing both Event & Distance books and three free event coupons! Membership for the remainder of the year is half price, \$6 per individual or \$10 per family.

Event Disclaimer: The American Volkssport Association, ESCV, The Turf Tavern, the Village of Scotia, or any properties associated with this walk cannot be held responsible for any lost or stolen items, damage, accident, or injury of any kind, at any time. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event. An AVA athletic waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

Restrooms/Water: Available at the Start/Finish, at cookie house stop on route, at Stewarts and at Dunkin Donuts.

More Info: POC - Vera Weiss, vweiss@nycap.rr.com 518-399-1798 Party Coordinator: Janice Golden, janice_jaskolka@hotmail.com 518-371-0604

Event Conditions: This event will take place regardless of weather conditions except as noted in the sanction. Please check the website before traveling to the event using the URL on the bottom of the front page. Anything extraordinary will be noted there. There will be no refunds for pre-paid credit fees.

The Early History

The annual holiday party of the Empire State Capital Volkssporters is a long-standing tradition. The day begins with a walk through the streets of Scotia.

The land was purchased by Alexander Lindsay Glen, a native of Scotland, from the Mohawk people in the 17th century. Glen named his estate Scotia (Latin for "Scotland") after his home country. Scotia was the location of a military encampment during both the French and Indian War of 1754 and again during the War of 1812. During the 1800s, Scotia was known for its production of brooms, over 1 million annually for a time! In the 20th century, Scotia became a thriving bedroom community for employees of Schenectady's General Electric. During WW II the Scotia Naval Supply Depot (1942-1971) employed over 2000 workers.



This walk will take you by the Abraham Glen House, known today as the Scotia Library. The white Dutch Frame house has a steeply pitched gambrel roof. The Glen descendants continued to own the house until 1842, when it was sold to Charles and James Collins. The two continued to farm the land and harvest ice from Collins Lake. In 1880 James Collins converted the land around the house into a garden and landscaped park. When the last member of the family died in 1924, the village acquired the property. Six years later a new village library was opened in the house.



The Scotia Post Office at 224 Mohawk Ave. has a 1942 mural inside. It depicts the sparing of the life of Captain Johannes Glen and his family the morning of the Schenectady Massacre, February 9, 1690.

Cookie House is a 180 6th Street, home of Louise Remillard.

Louise has graciously offered to serve as hostess for our traditional "cookie stop"!

Holiday Party: The walk will be followed by ESCV's annual holiday party at the Turf Tavern. Pre-registration for the Holiday Party is necessary. Attendees must make and pay for reservations prior to November 30, 2023, A reservation form with details and cost will be available on the club website; www.walkescv.org. The registration form will also be available in the November newsletter. Plated dinner will start promptly at noon