

**3-COUNTY FALL FROLIC**

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**10/21/2023: 5K/10K WALK** (Event ID SC/124528) IVV Credit Only  
**Tishomingo, Oklahoma** (Johnston County)

Saturday – 9:00 am to 11:00 am; finish by 1:30 pm

Startpoint: **Pavillion at Pennington Creek Park @ 398 S. Capitol Avenue, Tishomingo, Oklahoma 73460**

Directions: From Tulsa: Take I-44 West to Highway 377 and go South to Tishomingo. Turn Right on Main Street (Highway 78 and turn Left onto Capitol Street and proceed to Pennington Creek Park. Watch for TWC signs.

Tishomingo was named after the Chickasaw Indian Chief who died of smallpox on the Trail of Tears, after the Chickasaw had been removed from their original homelands of Tishomingo, Mississippi. It was the first capital of the Chickasaw Nation, from 1856 until Oklahoma statehood in 1907.

Restrooms and water available at the start table. Trail rating: 1A; medium difficulty for wheelchairs and strollers. Pets are allowed, but must be on a leash.

Be sure and check out Blake Shelton's Ole Red Restaurant for lunch! Opens at 11 am.

**Contact:** Joann Bergt and Judy Miller @ 918/630-7292 or [mjbergt@gmail.com](mailto:mjbergt@gmail.com)

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**10/21/2023: 5K/10K WALK** (Event ID SC/124529) AVV Credit only  
**Atoka, OK** (Atoka County) Tulsa Walking Club

Saturday – 1:00 pm to 3:00 pm; finish by 4:30 pm.

Startpoint: **Atoka County Courthouse @ 200 E. Court Street, in Atoka, Oklahoma 74525.** Driving Directions: From Tishomingo – Go North on Highway 377 and turn Right (East) on Highway 7 to Atoka. Turn Left (North) on Highway 75 which is Mississippi in Atoka. Turn Right on E. 1<sup>st</sup> Street, and Left on N. Delaware Ave to E. Court Street. ( approx.. 41 miles/46 minutes to Atoka

The oldest Catholic Church in Oklahoma; oldest Free Masons/Order of the Evening Star built the building now know as Reba's Place. Atoka was named for Captain Atoka, Choctaw Nation leader, who led the relocation of the Choctaw people from Mississippi to Oklahoma Territory in 1803 on the "Trail of Tears"

A very special feature to this walk will be traversing a tunnel under Highway 75. How many walks can claim that?!

Water will be available at the Startpoint; however, restrooms are NOT. There are some facilities along the walk route. Route is rated: 1A; medium difficulty for wheelchairs and strollers.

**Contact:** Linda/Woody Woodard @918/504-6274 or [lw35818@gmail.com](mailto:lw35818@gmail.com)

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**10/22/2023: 5K/10K WALK** (Event ID SC/124530) AVV Credit only  
**Coalgate, OK** (Coal County) Sunday – 9:00 am to 11:00 am; finish by 1:30 pm.

Startpoint: **Shelter at 45<sup>th</sup> Infantry Memorial Park; located at 100 Plaza, in Coalgate, Oklahoma 73446.** Driving Directions: From Atoka: Proceed to Highway 75 and head in Northerly direction. The Startpoint is on the South end of Coalgate. (approx. 15 miles/21 minute drive).

Coalgate was founded in 1889 as a coal mining camp named Liddle in Atoka County, a territorial-era county in the Pushmataha District of the Choctaw Nation, Indian Territory. It was named for William "Bill" Liddle, a superintendent for the Atoka Coal and Mining Company, who had arrived in the fall of 1888 to locate a site for a new coal mine. The town name changed to Coalgate; the new name was taken from the steel gate or "coal gate" that separated the trains from the coal mines north of town.

Water and restrooms will be available at the Startpoint; there are also some facilities along the walk route. Route is rated: 1A; medium difficulty for wheelchairs and strollers.

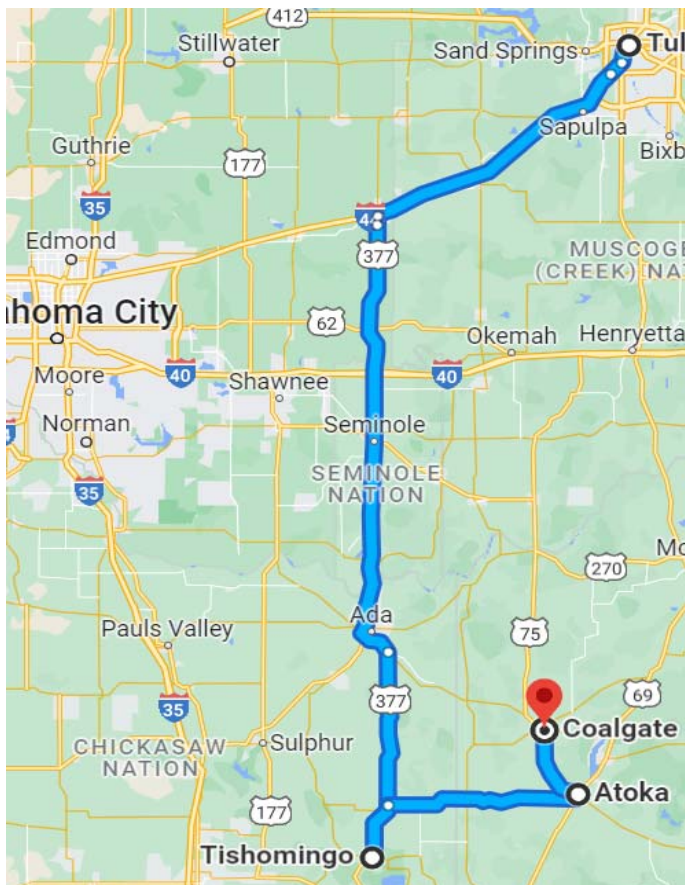
**Contact:** Ralph Axsom @ 918/252-4752 or [ralphax66@gmail.com](mailto:ralphax66@gmail.com)

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Ralph adds: All you walkers out there planning to attend our Fall walks in Southern Oklahoma – our host city will be Atoka Oklahoma. The main attraction in Atoka is Reba McIntyre's new restaurant that opened this year and it's drawing a lot of attention!!! I have secured a block of 20 rooms which are a mixture of King beds for \$115 per night and Double occupancy for \$110 per night at the Comfort Inn Suites on Highway 75 in Atoka. Code: Tulsa Walking Club. Other options may be available, but urge everyone to book your room NOW

Saturday night dinner at Reba's Place!! (Atoka) Plan to join us as we explore a new dining experience at Reba's Place in Atoka! Time: 6:30 pm.

These walks qualify for several Special Programs. See listing at each Start table.



## 3-COUNTY FALL FROLIC

**Saturday & Sunday October 21-22, 2023**

**Tulsa Walking Club is hosting walks in 3 counties in south central Oklahoma.**

**Johnston County (Tishomingo)**

**Atoka County (Atoka)**

**Coal County (Coalgate)**

**Join the Tulsa Walking Club for this fun weekend.**

**DO YOU NEED THESE COUNTIES???**

**Don't miss this opportunity!!**

**MARK YOUR CALENDAR FOR THIS FUN WALKING WEEKEND!!**



**Contact information shown at end of each event in this flyer. More information as well as any updates will be found for each event on the AVA website, under Events.**

**SAT AM –Tishomingo (from Tulsa – 160 miles)**

**SAT PM – Atoka (from Tishomingo – 40 miles)**

**SUN AM – Coalgate (from Atoka – 14 miles)**

**ELIGIBILITY:** These events are open to the public and all are welcome to participate. This is an excellent activity for families. Children under age twelve must be accompanied by an adult.

**PROCEDURE:** All participants must obtain a start card at the registration (start/finish) point. Upon completing the walk, the walker surrenders the card and receives any award or IVV credit earned. Remember your IVV record books to record your credit. Record books are for sale at these events.

**AWARDS AND FEES:** "Credit only" is \$3.00. Read descriptions for more details about each event.

**DISCLAIMER:** Sponsors of these events are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep these events safe, enjoyable and memorable.