

# Second Annual Alpine Helen Volkswanderung 5-10k WALK

**EVENT DATE: 4-27-2024**

**PRESENTED BY:** Alpine Helen Volksmarch Club (AHVC), Helen Rotary Club, Perdido Key Volksmarch & Walking Club (PKVC), the Bodensee Restaurant and the Helen Welcome Center.

Many thanks to our Helen Promotional Sponsors for helping to fund the Volkswanderung WALK:

- Helen Chamber of Commerce
- Alpine Helen Resort Adventures
- Helendorf Hotel
- Heidelberg Restaurant
- Loreley Timeshare Resort
- Valhalla Resort & Golf
- Faschingsverein Club
- Fulton Chalet

*This annual “Bavarian Biergarten Style” marquee hiking-walking event in beautiful Helen, Georgia, is held in Alpine Helen on the fourth Saturday of April every year.*

## **START LOCATION:**

Bodensee German Restaurant  
Biergarten - Registration  
64 Munich Strasse  
Helen, Georgia 30545

*\*Dogs: Friendly dogs on a leash are allowed on walk with registered walkers. Please pick up your pet's waste along the way.*

## **START TIME:**

Register and start walking anytime between 8:00– 10:00 a.m., Saturday, April 27, 2024

## **FINISH TIME:**

12:00-2:00 p.m. Bodensee Biergarten (start and finish point).

## **DISTANCES:**

Choose either the 5k (3.1) or 10k (6.2 miles) HIKING TRAIL distance from Helen to Unicoi Lodge via Unicoi Trail, **OR** a 5k walking trail on flat surfaces from Helen to Hardman Farm and return.

The **5K or 10K HIKE** is on established trails in hilly terrain and accessible for walkers and leashed dogs. The Trail rating is **3C**. All trails will be well marked with a water stop and directional signs on the trail and along Helen's main street up to the City Park where the Unicoi trail begins. See the beautiful trout streams and spectacular views along the foothills in Unicoi State Park. *Water and restrooms are available at the Unicoi Lodge checkpoint* before returning on the marked walking trails back to BODENSEE BIERGARTEN IN HELEN.

**An alternate 5k walk on sidewalks and paved walkways** from Helen to Hardman Farm and return. The path is flat (**1A Rating**) and suitable for strollers. Restroom facilities and water are available at the Hardman Visitor Center (5k mid-point turnaround).

**REGISTRATION FEES (cash or check only!)**

**Cost for WALK + "A" AWARD: \$8.00.**

**Includes “Alpine Village Volkswanderung 2024” COMMEMORATIVE PIN, walk registration, a FREE ticket for gift drawing at 2:00 pm, at Bodensee Biergarten ticket for bier & food.**

**Cost for IVV/AVV CREDIT ONLY: \$3.00.**

Does not include commemorative pin or tickets listed above. Children under 12 walk free but must be accompanied by an adult.

## **PRE-REGISTRATION:**

There will not be any pre-registration. All registration will be on site at Bodensee Biergarten on the day of the walk. Look for the AVA banner, AHVC WALK Registration, and the Helen Rotary signs for the HUGE gift drawings at 2:00 pm at the Biergarten. **Must show a matching ticket to win.**

## **STIPULATIONS:**

The event is open to everyone. Should the event be canceled due to severe weather, it will be rescheduled for April 28, 2024, same time and place.

## **DISCLAIMER:**

The presenters and sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made to make this a safe, enjoyable, and memorable event. Neither the AVA nor its subsidiary clubs are responsible for theft or loss of personal belongings or property.

*All participants must sign the AVA Waiver on the registration form prior to participation in the walk event.*

#### **MISCELLANEOUS:**

Water will be free at the start/finish and checkpoint(s). Refreshments, beer (21 or over), and Bavarian food and music will be available at the finish for walkers from 12:00-2:00pm at the famous Bodensee Restaurant. ***Please wear your lederhosen or Dirndls to help celebrate this great event!***

#### **Door Prizes & Raffle:**

Walkers finishing the ALPINE GERMAN-STYLE walk will be provided an opportunity to receive one (1) free ticket for prizes at a drawing in the finish area following the walk. Additional prize tickets can be purchased from AHVC volunteers for \$1.00 each or 6 tickets for \$5.00. ***Drawings will be at approximately 2:00 pm, and you must have your ticket to win. At this time, we have over \$3,000.00 worth of donated items for the drawing. Net proceeds from the prize drawings go to local non-profits/charities.***

#### **DIRECTIONS:**

Just northeast of Atlanta, off Interstate 985—365, and southwest of Greenville, SC, off I—85, Helen provides visitors a unique place to relax and enjoy the Alpine village, mountains, trout streams, waterfalls, and more than 200 specialty and import shops and restaurants. Lodging is supported by over 1,100 quality rooms located in Helen, GA, 30545.

Helen, GA has now earned the position as one of the top tourist attractions in not only Georgia but in the southeastern USA. For a list of all the fabulous shops, entertainment venues, water, and mountain venues, etc., please contact Helen Visitors Center:

#### **Alpine Helen Visitors Center**

726 Bruckenstrasse  
Helen, GA 30545  
WEB Site: <https://helenga.org>  
PH (800)858.8027

#### **Helen Chamber Information:**

1074 Edelweiss Strasse  
Helen, GA 30545  
WEB Site:  
<https://helenchamber.com/>

**Perdido Key Volksmarch Club (PKVC #0964)** is a 501(c)3 charity and a local AVA walking club affiliated with the Helen Rotary and is dedicated to promoting family wellness by sponsoring healthy walking & biking events for the community.

**Alpine Helen Volksmarch Club (AHVC)** is a new AVA Chartered Club in Helen, GA.

**Helen Rotary Club** is a nonprofit service organization affiliated with Rotary International USA. Website: <https://helenrotary.com>

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports.  
<https://www.AVA.ORG>

**WALK INFORMATION:** Contact Rod Powell, President, PKVC, for information: PKVC & AHVC.  
[Roderick.2002@yahoo.com](mailto:Roderick.2002@yahoo.com) or 850-637-1876.



“A” AWARD

## ALPINE HELEN VOLKSWANDERUNG SECOND ANNUAL 5K or 10K WALK /HIKE EVENT

Helen, GA  
April 27, 2024  
(AVA SANCTION #: SE24/126395)

