



Traville Gateway & Fallsgrove

10 km (6.2 miles) or 5 km (3.1 miles) Walk

SATURDAY, June 1, 2024
Rockville MD

Credit only event # 12041 -- AVA trail rating 2A

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Sanctioned by: The Maryland Volkssport Association and The American Volkssport Association, a member of the International Volkssport Verband, to promote leisure sports in the interest of family health, recreation, fun, and companionship.

Start/Finish: 9748 Traville Gateway Dr., Rockville MD 20906

Start Time: Registration 8:00 am – 11:00 am. Must finish walk by 2 pm.

Trails: The trail is on sidewalks and a short natural trail

AVA Special Programs: Walking the United States, Walking the USA A-Z.

Eligibility: We welcome everyone to walk with us. All participants must register and sign a waiver of liability. Each participant must carry a start card throughout the walk. Please turn the card in at the end of your walk so we know that you are safely off the trail. An adult must accompany children 12 and under throughout the entire walk. Parents of minor children must sign a waiver of liability for the children.

Event Information:

Tony Laing: 301-980-8932 or laingat@gmail.com

Tom Peto: 954-304-5674 or tpetocsprings@gmail.com



Volksmarch Information: www.ava.org; www.mdvolks.org; www.sugarloafers.org

Theme: This walk consists of two 5K walks: The Fallsgrove 5k goes past residential and commercial areas as well as the campus of the Universities at Shady Grove. This walk meanders through a lovely park and follows part of the Carl Henn Millennium Trail. The trail is all paved and has some hills. The Traville Gateway 5k goes through a large vaccine research complex, a short walk on natural surface through woods, an urban subdivision and other parts of the campus of the Universities at Shady Grove.

Fees/Awards: All Walkers over 12 years pay the \$4.00 participation fee. Children under 12 may earn IVV credit for no charge at all events sponsored by the Seneca Valley Sugarloafers. Record books and New Walker packets will be available for sale.

Conditions:

** Water is available at the Start Point.

** Pets are allowed but must be leashed at all times.

** Restrooms are available at the nearby Giant Supermarket and in local eating establishments

** This walk will be held regardless of the weather, unless conditions cause the sponsors to close the trail for safety reasons.

Disclaimer: The Seneca Valley Sugarloafers Volksmarch Club, Inc. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers is open to everyone interested in walking. For questions about membership, contact Darla Fera at 301-651-1875 or dmfera@rcn.com. Other information is found at our website: www.sugarloafers.org

Directions to Start Point

9748 Traville Gateway Dr., Rockville MD 20906

GPS Coordinates: 39.09249,-77.20374

From I270 take Exit 8 Shady Grove Road. Drive 1.8 miles to Traville Gateway Drive. Turn right at entrance to parking lot.