

Seven TWC Year-Round Walk Events

Walk 1: Bartlesville (50 miles North of Tulsa): Register at Holiday Inn Express & Suites, located at 4016 SE Price Road, Bartlesville, OK 74006. Phone: 918-766-0020 Call to confirm hours. Drive to Start Point listed on map.

Walk 2: Mannford/Lake Keystone: Start/Finish point is the Park Store just inside the entrance to the park. Store hours vary with season. Please call the Park Store, phone: 918/865-4991, to confirm the Store will be open for your visit.

Walk 3: Tulsa/LaFortune Park: Start/Finish point Tandy Family YMCA, 5005 S. Darlington Avenue (East of Yale on 51st Street; the "Y" is on your left). Open 5:00AM to 9:30PM Mon. thru Fri; Sat.7:30 AM to 6:30 PM; Sundays, open 1:00PM to 6:00PM. Phone: 918/280-9622.

Walk 4: Tulsa/Woodland Hills Mall: 71st & Memorial. Mall Walk. The Walkbox is located inside Starbucks on the lower level, near JC Penny. Use the Acorn entrance between Macy's and JC Penney. Hours: M-Th 10-8; Fri/Sat 10-9; Sun 10-8

Walk 5: Tulsa/Utica Square: Start/Finish point Walgreen's Drug Store, 1714 S. Utica Square at 21st St & Utica Ave. Walk dawn to dusk. Store Phone: 918/743-9968.

Walk 6: Tulsa-Jenks/River Parks Trails: Start point address is 2738 E 91st St., located at corner of 91st & Delaware (between Harvard & Riverside) Tulsa, OK. Register at Speedy's t (918/298-4446), and then drive a short distance to trailhead at 96th & Riverside Drive. (Please let business customers go first.)

Walk 7: Tulsa/Historic Downtown: Start/Finish point is Fairfield Inn and Suites, 111 N. Main Street, Tulsa Oklahoma. Ask for Walkbox in the lobby on 2nd floor. Walk dawn to dusk. Phone: 918-879-1800

Find us on [Facebook!](#)



YRE COORDINATOR CONTACTS

1 Bartlesville YRE Walk

Call Cathy Childress at 918/857-4682
email:
catherine.childress4682@gmail.com

2 Mannford Lake Keystone YRE Walk

Call Dan Nerren at 918/798-3629
Email: hatulsa@aol.com

3 Tulsa LaFortune Park YRE Walk

Call Janice Hiatt at 918/812-5887
Email: jkhiatt2@icloud.com

4 Tulsa Woodland Hills Mall YRE Walk

Call Cheryl Hiatt at 918/706-5493
Email: cherylhiatt@att.net

5 Tulsa Utica Square YRE Walk

Call Cynthia Hines at 918/406-6077
Email: vetretiredclh@yahoo.com

6 Tulsa/Jenks RiverWalk YRE Walk

Call Teresa Arnold at 918/630-3206
Email: arnoldtea@hotmail.com

7 Tulsa Historic Downtown YRE Walk

Call Cynthia Hines at 918/406-6077
Email: vetretiredclh@yahoo.com

CONTACT FOR THIS EVENT: For more information on this walk, contact coordinator:

CYNTHIA HINES
918-406-6077
vetretiredclh@yahoo.com

The Tulsa Walking Club welcomes you to this Volkssporting walk. Our goal is to make it a safe, enjoyable experience for you. Walking gives health, energy, and physical fitness to your body, making You a WINNER when you walk.

2024-Event # SC/126752 (Tulsa County)

KAISER YMCA/TURKEY MOUNTAIN

Tulsa, OK

10K AND 5K VOLKSWALK EVENT



Saturday, April 20, 2024

Start Time: 9:00 AM to 11:30 AM

Finish by 2:00 PM

Sponsored by
Green Country Wander-Freunde, Inc.
AVA Club 0291
dba The Tulsa Walking Club



ELIGIBILITY: This event is open to the public and all are welcome to participate. This is an excellent activity for families. Children under age twelve must be accompanied by an adult.

LOCATION OF EVENT: Kaiser YMCA, 5400 S. Olympia Avenue, Tulsa, OK 74107

COURSE DESCRIPTION: The trail, rated 1B, is along rough paths and trails in the park, and is not suitable for wheelchairs or strollers.

START/FINISH TIMES: The start/finish point is the Kaiser YMCA. This event will take place on **Saturday, April 20, 2024**, rain or shine. Start any time from **9:00 AM until 11:30 AM**. Finish by **2:00 PM**. No refund will be available for non-completion.

PROCEDURE: All participants must obtain a start card at the registration (start/finish) point and present this card at all check points along the route. Upon completing the walk, the card is surrendered, and the participant then receives any award or IVV credit earned. Remember to bring your IVV record books to record your credit. Record books are for sale at the event.

AWARDS AND FEES: Walk fee is \$4.00. No "A" Award is offered with this event.

FACILITIES: Water and restrooms will be available at the start point.

DISCLAIMER: Sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep this event safe, enjoyable and memorable.

Special Programs: Walking the USA – A-Z; Par for the Course

What is a Volkssport?

Volkssporting events include walking, biking, swimming and cross-country skiing. A volkswalk or a volks-bike is an organized, leisurely walk or bike

through a scenic, historic or interesting area over a predetermined route. Volkssporting is designed to appeal to people of all ages. The walk, bike, swim or ski is non-competitive. Participants can travel at their own pace, thus making it an excellent recreational activity for the entire family. A volkssporting event is a great way to meet new friends and a fun way for individuals to exercise.

DRIVING DIRECTIONS

From West-bound I-44: Traveling West on I-44, as soon as you cross the Arkansas River, be in the far right-hand lane and take Exit 225 for Elwood. At the intersection, (watch for YMCA signs) turn Right onto Elwood and follow it as it circles around. At the next intersection, turn Left onto W. Skelly Drive (see YMCA sign), and continue to S. Olympia Avenue (see YMCA sign). Turn Left onto S. Olympia Avenue and proceed to the large beige stone building straight ahead. Parking is on the right. Go to the Y door on the east end of the building.

From East-bound I-44: Traveling East on I-44, take Exit 224 for Union/Elwood. Follow signs for Union. Turn Left onto W. Skelly Drive and follow as it passes under Highway 75. Continue to S. Olympia Avenue (see blue Y Welcome sign) and turn Right onto S. Olympia Avenue and proceed to the large beige stone building straight ahead. Parking is on the right. Go to the Y door on the east end of the building.

Herman & Kate Kaiser YMCA

Located in the heart of Tulsa, Oklahoma, the Herman & Kate Kaiser YMCA is a true gem. With its picturesque surroundings and wide range of recreational activities, it has earned the reputation of being "Tulsa's backyard."

So whether you're looking to break a sweat, enjoy some time on the water, or celebrate a special occasion in style, the Herman & Kate Kaiser YMCA has it all. With its wide range of activities and beautiful outdoor spaces, it truly is a hidden oasis in the heart of Tulsa.

Turkey Mountain Urban Wilderness Area

Rising above the west bank of the Arkansas River, River Parks' Turkey Mountain is an untamed oasis in the heart of the city. Encompassing over 750 rugged acres, the park's thick canopy of native trees watch over winding trails, serene ponds and ancient boulders. Secured to remain a public park in perpetuity, the Wilderness is a one-of-a-kind regional destination that continues to grow in popularity.

