

2-COUNTY SPRING FLING

05/18/2024: 5K/10K WALK (Event ID SC/126753) IVV
Credit only

Okemah, Oklahoma (Okfuskee County)

Saturday, May 18 – 9:00 to 11:00 am; finish by 1:00 pm

Startpoint: City Park at corner of S. 3rd Street and W. Birch Street in Okemah, Oklahoma 74859

Driving Directions: From Tulsa: Take I-44 West to OK-48/U.S. Rt. 66 in Bristow. Take exit 196 from I-44. Follow State Hwy 48 S to US-62 E in Okfuskee County. Turn left onto US-62 E and continue on US-62 as it turns South. Once in town, turn right onto Second Street and the park will be on your right after several blocks. Watch for TWC signs. Okemah is the home of musician, Woody Guthrie. Okemah was named after Chief Okemah, a Kickapoo Indian chief who originally built a bark house in his tribe's traditional fashion in 1902. In the Kickapoo language, Okemah means "things up high", such as a highly placed person in leadership.

Restrooms and water available at the start table. Trail rating: 2A; medium difficulty for wheelchairs and strollers. Pets are allowed, but must be on a leash.

Contact: Ralph Axsom @ 918-252-4752 or
ralphax66@gmail.com

These walks qualify for several Special Programs. See listing at each Start table. More information as well as any updates will be found for each event on the AVA website, under Events

05/18/2024: 5K/10K WALK (Event ID SC/126858) IVV
Credit only

Lake Eufaula State Park (McIntosh County)

Saturday, May 18 – 1:00 to 2:30 pm; finish by 4:00 pm.

Startpoint: Visitor Center/Park Office at 111563 Highway 150, Checotah, Oklahoma 74426

Driving Directions: From Okemah –Proceed to I-40 and travel East. Take the Exit for State Highway 150 and turn South. Continue to the Visitor Center/Park Office. **NOTE:** This is a small parking lot – PLEASE ride-share if at all possible. (approx. 43 miles/45 minutes to State Park) Watch for TWC signs.

Lake Eufaula State Park is surrounded on three sides by the largest manmade lake in Oklahoma, Lake Eufaula.

The trail is a wide dirt and grass trail that twists and turns through the forest area. Some of the trail may have wet areas, and there may also be tree debris, as well as open grassland and shaded areas. This is a fun trail with only a few slight rises.

Water and restrooms will be available at the start table; Trail rating 1B; not suitable for wheelchairs and strollers. Pets are allowed, but must be on a leash.

If you have not done so, make sure and register your tag number for parking in state parks. Anyone 62 and above can park for free in Oklahoma State Parks, but you must register your tag number in the Park Office.

Contact: Cathy Childress @918-857-4682 or
catherine.childress4682@gmail.com

Tulsa Walking Club

AVA Club 0291

2-COUNTY SPRING FLING

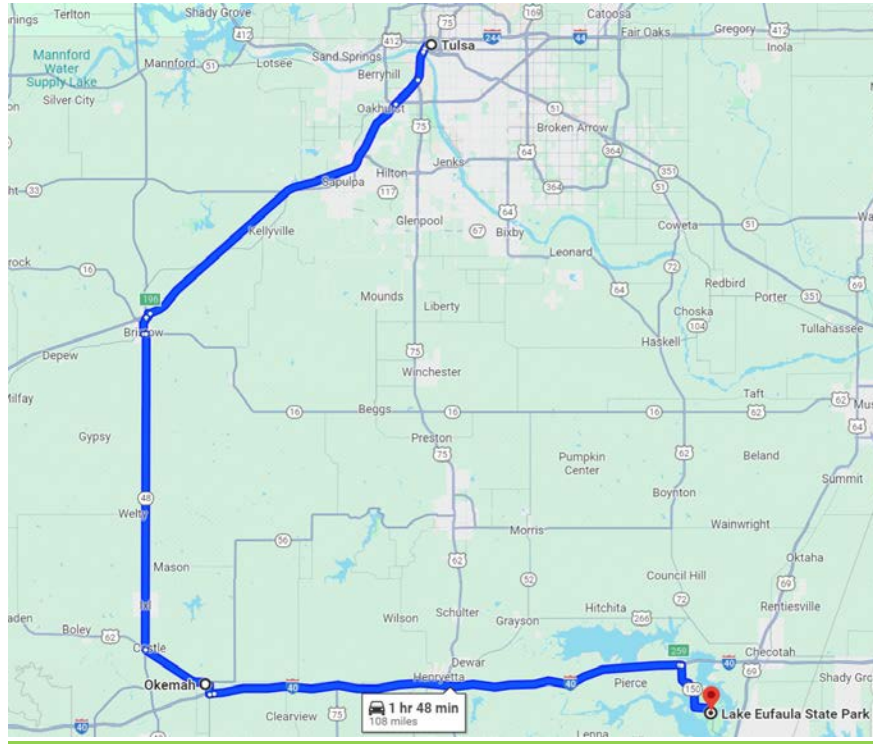
Saturday May 18, 2024

**Tulsa Walking Club will be hosting walks in 2 counties in far southern Green Country, Oklahoma, along I-40
Okfuskee County (Okemah)
McIntosh County (Lake Eufaula State Park)**

Join the Tulsa Walking Club for these fun walks!

**DO YOU NEED THESE COUNTIES???
Do Not miss this opportunity!!**

**MARK YOUR CALENDAR FOR
THESE
FUN WALKING EVENTS!!**



Tulsa to Okemah: 64 miles, approximately 1 hour (via I-44 - tolls apply)

Okemah to Lake Eufaula State Park: 43 miles, approximately 45 minutes; via I-40 to State Highway 150

ELIGIBILITY: These events are open to the public and all are welcome to participate. This is an excellent activity for families. Children under age twelve must be accompanied by an adult.

PROCEDURE: All participants must obtain a start card at the registration (start/finish) point. Upon completing the walk, the walker surrenders the card and receives any award or IVV credit earned. Remember your IVV record books to record your credit. Record books are for sale at these events.

AWARDS AND FEES: Walk fee is \$4.00. Read descriptions for more details about each event.

DISCLAIMER: Sponsors of these events are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep these events safe, enjoyable and memorable.

