

# Hoofin' in America's Heartland

Walkers, from near and far, are invited to the "Heartland of America" for the "Hoofin' It on Halloween" extended weekend. The Sunflower Sod Stompers of Topeka will be sponsoring this volkssporting weekend as part of club's 40<sup>th</sup> anniversary. This celebratory weekend will also be the 12<sup>th</sup> Biennial South Central Regional Roundup. This traditional weekend is being continued now for 24 years!

Six sanctioned walking events will be located in 5 different counties of central Kansas, around the I-135 corridor. The elusive Marion county event in Hillsboro is finally on the schedule for those who pursue counties. Four other counties, Harvey, Reno, Rice, and Saline will also be on the agenda. These counties were walked years ago, long before the "Walking the Kansas Counties" program was established. Now, we will walk again in Newton, Hutchinson, and Salina along with events in Sterling and the Dillon's Nature Center. Participants will be happy to read that ALL of these courses will be fairly flat; the Nature Center event being the only route on natural terrain.

Kansas in October should be enjoyable walking weather but come prepared for the extremes. There should be some fall foliage and of course, Halloween decorations found along the town trails.

Three swims have also been sanctioned for those who enjoy the water. Come and cool-off in the indoor pool and earn more IVV events! Water walking is acceptable. There will certainly be qualifiers for some of the AVA Special Programs. Each town has a different history and things to see and to enjoy. Friday afternoon has been left open so walkers can visit 2 well-known attractions in Hutchinson: Cosmosphere – a highly acclaimed international science education center & space museum, and Strataca – an underground salt museum filled with unique experiences and decades of history that you can only get 650 feet below this Kansas town. And for those not interested in some "sightseeing", there are several unique and interesting YREs within driving distance of our scheduled traditional walks.

Motel rooms are blocked; meals and restaurants have been arranged. Speakers will be on the agenda! One speaker will be updating us on the activities of the 2025 AVA Convention. Pre-registration with payment is highly recommended and helps in the planning of all of the special event activities. There definitely will be fun, fitness, friendship and food on the agenda, so come enjoy the pre-Halloween weekend in Kansas!



# Sunflower Sod Stompers'

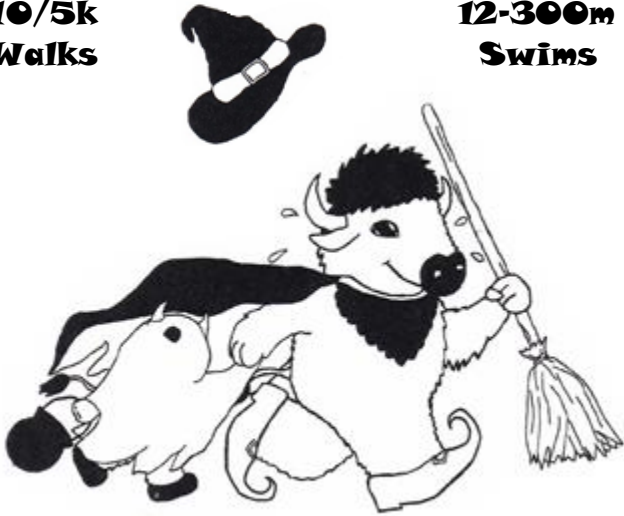
# Hoofin' It On Halloween

## Aka South Central Regional Roundup

Walks in the Kansas Counties of  
Harvey, Marion, Reno, Rice, & Saline

6-10/5k  
Walks

12-300m  
Swims



**October 23, 24, 25, 26 & 27,  
2024**



**AMERICA'S WALKING CLUB**  
ESTABLISHED 1976

SANCTIONED EVENT  
Eligible for credit towards IVV Achievement Awards




**More Information:**

Publicity Chair: Trudy Duffman 618-670-6920  
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785-233-4385 ttyler50@gmail.com  
Sarah Gregory-Long 785-271-1056  
sarahslong@gmail.com

Sunflower Sod Stompers  
P.O. Box 2576  
Topeka, Kansas 66601-2576



## TRAVEL INFORMATION

Most events are located in the central area of Kansas along the Interstate 135 corridor. Our first 3 days of activities will be centered around the town of Hutchinson aka "Hutch". Hutchinson is located 52 miles northwest of Wichita; 460 miles east of Denver; 225 west of Kansas City, 210 miles north of Oklahoma City, and Dallas is 420 miles to the south.



**CAUTION** Some walk event towns have no sewer systems. There will be dips for water runoff at street intersections which could damage your vehicles. Drive carefully. **CAUTION**

**Please allow the Sod Stompers sufficient time to prepare for their events and to pack-up when finished. We will get you on the trails as soon as we are ready, and safe for walking.**

## SWIMS INFORMATION



### Hutchinson, Kansas

October 23-26

3 Traditional Swims

Location: Holiday Inn Express 911 Porter Street

Location: The swims will be conducted at the indoor pool of the Holiday Inn Express of Hutchinson. Several highways lead into Hutchinson: US 50, Ks-96, and Ks-61. Coming into Hutch on Ks-61 from the north or south, turn east on East 11<sup>th</sup> Street for 0.2 mile. Turn Right onto Porter Street for 400 feet then another Right turn. You may also go north on Airport Road from US 50 for 3.9 mile then go west on East 11<sup>th</sup> Street 2.5 mile. A Left turn onto Porter Street.

Start/Finish: Swims may be done during the pool hours established by the motel. IVV Registration and waiver must be completed before swimming. IVV Credit will be available each day for a total of 12 swim events.

Course: Participants will swim or water walk and may rest at the ends of the pool but cannot leave the pool area during the swim events. Bring your own towels and appropriate swim attire. Swimming facilities will also be available Saturday evening at the Holiday Inn Express & Suites in Salina, 755 West Diamond Drive, just north of I-70 and Ks. 143, Exit 252.

POC: Terri Tyler 785-817-6333 (day of event only) [ttyler50@gmail.com](mailto:ttyler50@gmail.com) - Sarah Gregory-Long sarahslong@gmail.com 785-271-1056 - Same for ALL events

### Reno County

S C-127160, 161, 162

Distance: 300 meters @

## WALKING EVENTS INFORMATION



### Sterling, Kansas

Thursday, October 24

Traditional Walk - Map Guided Distance: **5km/10km**

Location: Cross Point Church 109 West Garfield Avenue

Location: The Cross Point Church, 109 West Garfield, will be our start/finish place. From Ks-14/Ks-96, turn left on Broadway Avenue and travel 2.2 mile through Sterling to West Garfield. Right on West Garfield for 400 feet, the church will be on the left side. From Hutchinson: From the Holiday Inn Express parking area, turn Right on Porter 0.4 mile to East 4<sup>th</sup> Avenue. Turn Right on East 4<sup>th</sup> 4.7 mile, then merge on to Ks-14N/Ks-96 W for 17 miles to the Sterling exit.

Start/Finish: Start between 8:30 am. – 10:15 a.m.; finish by 12:00 p.m.

Course: The routes will lead through residential areas of Sterling, the main business district, and Sterling College. The Warrior Trail - a new walking trail on the College campus - will be used. Fairly flat surfaces will be varied to include streets & roads and sidewalks where available. Areas of full sun and wind exposure on the trails. Trail Rating 1-A

POC: Terri Tyler 785-817-6333 (day of event only) [ttyler50@gmail.com](mailto:ttyler50@gmail.com) - Sarah Gregory-Long sarahslong@gmail.com 785-271-1056 - Same for ALL events



### Hutchinson, Kansas

Thursday, October 24

Traditional Walk - Map Guided Distance: 5km-15km

Location: Dillon Nature Center 3002 East 30<sup>th</sup> Avenue

REMOTE START LOCATION: If not pre-registered, walk registration & financial transactions will take place inside the Cross Point Church, 109 W. Garfield in Sterling. The walk event will take place at the Dillon Nature Center, 3002 East 30<sup>th</sup> Street. The Center is 26 miles southeast of Sterling. From the Sterling interchange, go southeast on Ks 14/Ks 96 12.8 miles to W. 56<sup>th</sup> Ave. in Medora. Go east on West 56<sup>th</sup> 8.6 miles to Ks-61 South. Go south on Ks-61 2.0

### Reno County

SC-127154



Water stops will be available for the walkers on the trails. Feel free to bring your water containers. Pets are welcomed to take part with their masters but please consider the weather conditions of Kansas  
**Limited restroom availability in these smaller communities!**



**Please patronize our start points and the businesses who have agreed to be check points and to provide restroom facilities.**

mile to East 30<sup>th</sup> Avenue. Turn Left on E. 30<sup>th</sup> 0.2 mile then Left into the entrance and follow to parking area for Dillon Nature Center.

Start/Finish: Registration will start after 10:30am & ends at 12:45p.m. in Sterling - off trails by 4:45 p.m. at the Nature Center. The finish table for IVV credentialing will be in the foyer of the entrance lobby.

Course: The Nature Center has 1 looped cement trail, 2 looped crushed rock, grass, dirt trails, and 1 out & back through natural prairie with some sand. Additional distance would be on paved roads through a residential area. You may choose the trails, surfaces & distance you want to do. Walking sticks are recommended. Trail Rating 1-B

POC: Terri Tyler 785-817-6333 tlyler50@gmail.com - Sarah Gregory-Long sarahslong@gmail.com 785-271-1056



Hutchinson, Kansas  
Friday, October 25

Reno County  
SC-127155

Traditional Walk - Map Guided Distance: 5km/10km

Location: The walk event will start/finish inside the Reno County Museum, 100 South Walnut Street. From the Holiday Inn Express parking area, turn Right on Porter 0.4 mile to East 4<sup>th</sup> Avenue. Turn Right on East 4<sup>th</sup> 1.7 mile, then turn Left on North Walnut Street for 0.3mile. Turn Right on E. 1<sup>st</sup> Avenue for 350 feet; the Museum will be on the left side. Main entrance faces towards the south.

Start/Finish: Start from 8:30a.m. - 10:30a.m.; finish by 12:30 p.m.

Course: The routes will lead through tree-lined, residential areas of Hutchinson, the main business district, & will include the Hutchinson Community College & Kansas State Fairgrounds on the longer trail. Surfaces will vary from paved roads to streets and sidewalks. Trail Rating: 1-A



*These Year Round walks are within 100 miles of Hutchinson:*



Abilene Council Grove

Lindsborg Wichita

Tallgrass Prairie National Preserve

## FREE TIME FRIDAY AFTERNOON

2 amazing experiences; 1 place on earth!



Purchase a Cosmosphere ALL ACCESS MISSION PASS or a Strataca BLAST PASS & save \$5.00

Call STRATACA to reserve your tour time – a limited number of visitors per tour!



Newton, Kansas  
Saturday, October 26, 2024

Harvey County  
SC-12756

Traditional Walk - Map Guided Distance: 6km/10km

Location: The walk event will start/finish inside The Breadbasket-restaurant & bakery, located at 219 North Main Street – in the “meeting” room. Go right when entering via the parking lot door. From Hutchinson, go east on US 50 35 miles to the Kansas Avenue exit. Turn Left at the light on to Kansas for 0.3 mile. Veer Left near the Pizza Hut, Kansas Ave. becomes Washington for 0.8 mile then straightens & becomes South Main Street. Go 0.4 mile & the eatery will be on the left. **Do Not** cross the train tracks – you have gone too far! Please park in the back lot, to the west.

Start/Finish: Start between 8:00a.m. - 9:30 a.m.; finish by 12 noon.

Course: The Newton courses will go through tree-lined residential areas, along Main Street, and portions of the Sand Creek Walking Trails. Surfaces will vary from paved roads to streets & sidewalks. The routes will have some areas of full sun. Trail Rating: 1-A



Hillsboro, Kansas  
Saturday, October 26, 2024

Marion County  
SC-127157

Traditional Walk - Map Guided Distance: 5km/10km

Location: The walk event will start/finish inside the American Legion Post #366, 405 Floral Drive. From Newton, go north on Ks – 15 for 22 miles, then Right on US 56 for 7 miles. At Bomgaars, turn Right on to Ash Street for 1.0 mile. Right on “A” Street 0.2 mile to Legion.

Start/Finish: Start from 1:30p.m. -- 2:30p.m.; finish by 4:45 p.m.

Course: The routes will lead through residential areas of Hillsboro, Tabor College & the business area. Courses will include the cemented-surface Hillsboro Trail, gravel & paved roads, streets & sidewalks. Areas of full sun and wind. Trail Rating: 1-A



Salina, Kansas  
Sunday, October 27, 2024

Saline County  
SC-127158

Traditional Walk - Map Guided Distance: 6km/10km

Location: The walk event will start/finish inside the Salina Fieldhouse, 140 North 5<sup>th</sup> Street in downtown Salina. From the Holiday Inn Express & Suites, follow Diamond Drive to Ks – 143/North 9<sup>th</sup> Street. Turn Right and go 2.5 mile to Ash Street. Turn Left on Ash Street for 0.2 mile then turn Right onto North 5<sup>th</sup> Street. The Fieldhouse will be on the left.

Start/Finish: Start between 9:00a.m. – 10:30a.m.; finish by 12 noon.


Course: The routes will lead through older, residential areas of Salina, the downtown business district, and Kansas Wesleyan University. Fairly flat surfaces will be varied to include streets & roads and sidewalks where available. Areas of full sun and wind exposure on the trails. Trail Rating 1-A





**All of the walking and swim events are sanctioned for the 4-day weekend. Each walk is featured a certain day as listed & will have assisted registration that day. Walk-up event registration is available on site except the Dillon Nature Center. Pre-registration is highly encouraged. Inclusive payment for ALL walks will only be accepted at the Sterling walk event Thursday morning.**





## THINGS YOU NEED TO KNOW


 **Walking Events:** These walking events will be map guided. Participants will be given directions with written descriptions and a map. Walk & swim events are CANCELLED if there is severe weather and/or dangerous conditions in the area. Return to the start/finish area ASAP. Event credit will be stamped into your IVV Record Books

 **Swims:** Water walk or swim at your pace. Limited dressing facilities. Appropriate swim attire. The pool will be shared with the motel guests.

 **Registration:** IVV Credit will be \$4.00 per event. Signing the AVA liability waiver is required of all participants. No free walkers. IVV Record Books may be purchased for \$6.00 each.

 **Event Comments:** Be prepared for walking in fall weather with gusty winds and blowing leaves, in some open spaces, hopefully with sun.

 **Weather:** Weather conditions can quickly change in this part of the U.S. Be aware of the county that you are in as weather warnings are issued by counties.

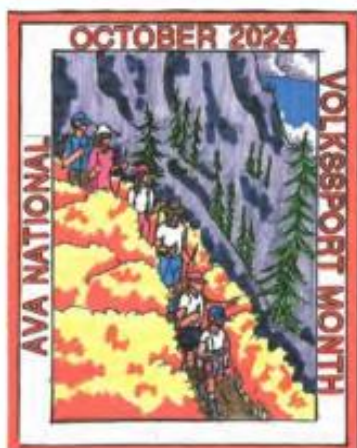
 **Disclaimer:** The American Volkssport Association, Sunflower Sod Stompers, and their officers, members, and agents shall not be liable or responsible for, and shall be saved and held harmless for and against any and all claims and damages of every kind, for injury to or death of any person or persons and for damage to or loss of property arising out of or attributable to the operators or events conducted by the AVA.



**More Information:** Co-POCs: Sarah Gregory-Long sarahslong@gmail.com 785-271-1056 or Terri Tyler 785-233-4385 tlyler50@gmail.com E-mails are preferred due to the numerous "spam" calls



## IVV AWARD



The 2024 award, designed by Dorm Batson for the AVA's National Volkssporting Month, is a 100% embroidered patch. The sketch version of the patch is shown here. FIFTEEN patches are available for pre-registered walkers. No re-orders by the Sod Stompers. You only need to complete one of the Round Up events to earn the award.



## LODGING ACCOMMODATIONS

Overnight accommodations in Hutchinson & Salina are numerous. Rooms blocked for our volkssporting friends at the following establishments:

**October 23-27**



**Holiday Inn Express of Hutchinson**

911 Porter Street  
620-259-8656

\$139.94 inclusive; Rate available throughout the weekend  
Code: Sunflower Sod Stompers ----- Cutoff October 5

*An alternative location in Newton with limited breakfast*

105 Manchester Avenue  
Newton, Kansas  
316-283-3330  
\$68.74 w/ taxes

Code: Sunflower Sod Stompers

*Near I-135 & 1<sup>st</sup> Street; entrance is across from KFC*



**October 26 - Salina**

**Holiday Inn Express & Suites**

755 West Diamond Drive  
Just north of I-70 & 9<sup>th</sup> Street  
785-404-3300



\$153.58/day with taxes included  
*Room block held until October 7*



## FOOD -- DRINK SOCIAL TIME

Some Kansas towns cannot handle larger groups. Group meals have been arranged for us at the following establishments:

 **Meet & Greet** 

Wednesday Night – October 14  
6:30p.m. – 8:30p.m.

**Holiday Inn Express in Hutchinson**  
Conference Room & Breakfast Area  
Variety of Pizza Pies -- Veggie Bites  
Soda Pop -- Bottled Beer  
Dessert





**FOOD & DRINK ON TAP**  
THURSDAY EVENING AT:  
6:30 pm – Upstairs area



**514 Main Street in downtown Hutch**  
Choice of burgers or chicken, potato salad, vegetable side & non-alcoholic beverage



**FRIDAY NIGHT – 5:30 P.M.**

**THE BARN**

307 W. DEAN STREET  
U.S. 50  
BURRTON, KANSAS  
NORTH 40 BANQUET ROOM



CHICKEN FRIED STEAK OR GRILLED CHICKEN, SIDES, & BEVERAGE  
SOD STOMPERS 40<sup>TH</sup> ANNIVERSARY BIRTHDAY CAKE

*1 more meal at a Kansas Culinary Wonder-*

# KANSAS LEGACY RESTAURANT

(The former Brookville Hotel)



105 East Lafayette Avenue  
Abilene, Kansas

Fried chicken (or chicken fried steak) dinners served family style with all of the trimmings & homemade ice cream and beverage - serving since 1915

**Saturday evening at 6:15pm**

## Roundup Shirts

Our Roundup shirts will feature "Buffie" our buffalo with little ghost as featured on the brochure cover. The tombstone gray long-sleeved T's, and T-shirts will be available and they should be ordered with your mail-in registration prior to October 1. Some extras shirts might be available on site. Any re-orders will result in an additional cost for postage and handling!



Mail the filled-in registration form along with your check made payable to **Sunflower Sod Stompers** to the address below. Please remember to retain the brochure for event directions and information.



Terri Tyler  
c/o Sunflower Sod Stompers  
P.O. Box 2576  
Topeka, Kansas 66601-2576

Name tags, merchandise will be available at the "Meet & Greet"

**2025**

**Huffin' & Puffin'  
On The High Plains of  
Kansas Weekend**

**Tentative Dates: May 8, 9, 10, & 11  
6 counties in southwest Kansas**



# Registration Form



**12<sup>th</sup> Biennial South Central Regional Round Up  
Central Kansas**

**October 23, 24, 25, 26, & 27, 2024**

**Please copy this form for mail-in registration.**  
**Use a separate sheet for each person.**

Registration Information – Please print

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Emergency contact person: \_\_\_\_\_

Phone &/or e-mail: \_\_\_\_\_



## Registration Category



Roundup Package includes:

- IVV Credit for 6 walks
- Meet & Greet
- Salt City Brewing Company Meal & Speaker
- The Barn Restaurant Dinner & Speaker
- Kansas Legacy

Total Roundup Package cost @ person is: \$125.00 \_\_\_\_\_

\*\*\*\*\*

If you do not want the total Roundup Package and/or want additional items, register for the activities you wish to take part in the next section. Please indicate with a check mark on the line by that activity.

**Payments must be received by OCTOBER 1**

Note: All meal prices include taxes & 20% gratuity



## Extras

Wednesday Swims: IVV Credit: \$4.00@ #1\_\_\_\_ #2\_\_\_\_ #3\_\_\_\_

Thursday Swims: IVV Credit: \$4.00@ #1\_\_\_\_ #2\_\_\_\_ #3\_\_\_\_

Friday Swims: IVV Credit: \$4.00@ #1\_\_\_\_ #2\_\_\_\_ #3\_\_\_\_

Saturday Swims: IVV Credit: \$4.00@ #1\_\_\_\_ #2\_\_\_\_ #3\_\_\_\_

IVV Credit for 6 Walks \$24.00 \_\_\_\_\_

Sterling: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Nature Center: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Hutchinson: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Newton: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Hillsboro: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Salina: Award \$10.00 \_\_\_\_\_ Credit \$4.00 \_\_\_\_\_

Meet & Greet \$16.00 \_\_\_\_\_

Salt City Brewing \$24.00 \_\_\_\_\_

The Barn \$28.00 \_\_\_\_\_

Kansas Legacy \$36.50 \_\_\_\_\_

Roundup Shirt: T-shirt: \$20.00 Long sleeve: \$25.00

Preferred Style: \_\_\_\_\_ Size: \_\_\_\_\_ \$ \_\_\_\_\_

XX or larger for any style, add \$3.00

Total enclosed: \$ \_\_\_\_\_

**NO REFUNDS AFTER OCTOBER 10, 2024**



**The Sod Stompers would truly appreciate your support  
by attending the 2024 Regional Roundup.**

**Safe travels to wherever you venture!**

