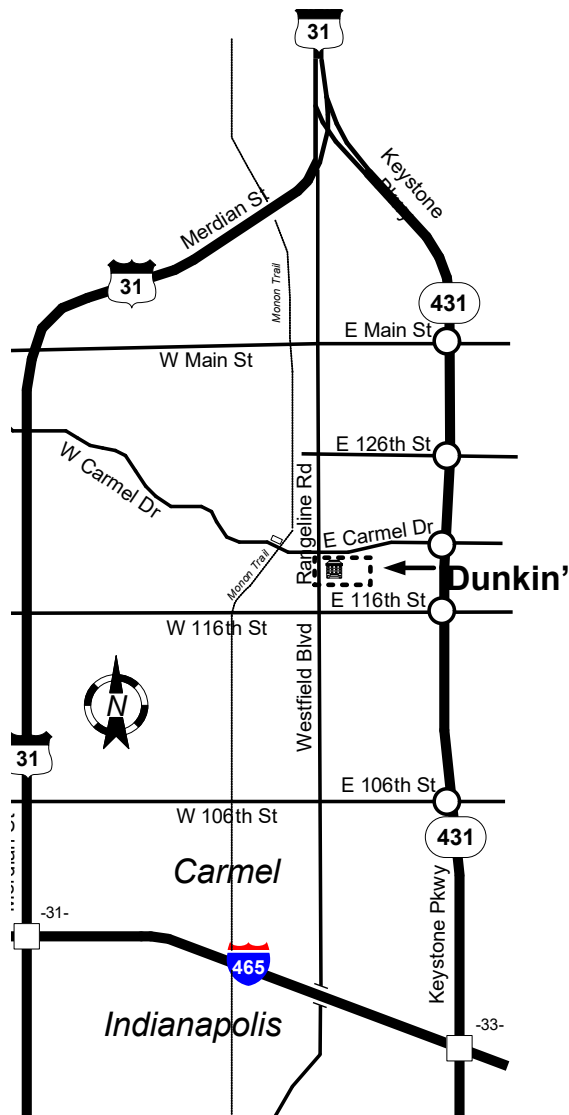


Directions to Carmel, Indiana

Dunkin', 1305 S Rangeline Road, Carmel, IN 46032. From Indianapolis, take I-465 north to Keystone Parkway (exit 33). Exit at 116th Street and go west to Rangeline Road. Right on Rangeline Road and turn right into the Carmel Walk Shopping Center. Drive to the north end of Shopping Center to find Dunkin'.

The Walk/Bike Box is kept inside the restaurant on the floor. Ask at the counter, if you can't find it

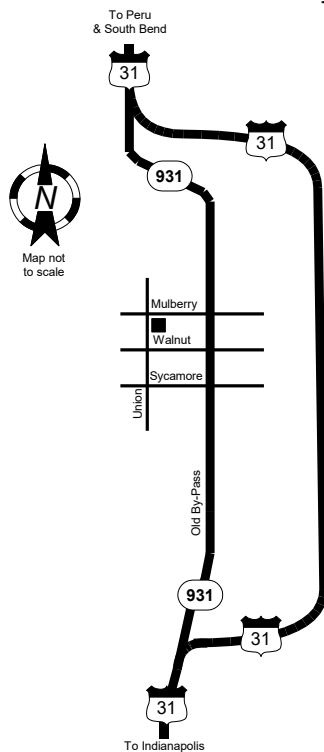


Directions to Kokomo, Indiana

Kokomo-Howard Co. Public Library, 220 N. Union St., Kokomo, IN 46901. Kokomo is located approximately 50 miles north of Indianapolis. Take US 31 north to Kokomo. Exit at IN 931 going north into the city. Turn left on Sycamore Street. Continue 0.8 miles to Union St. Turn right on Union street. The library is on the right.

From the north, take US 31 south to Kokomo exit for IN 931. Follow IN 931 to Sycamore St. Turn right on Sycamore St. Continue 0.8 miles to Union St. Turn right on Union street. The library is on the right.

Parking is in the rear behind the Library.



Also try our Year Round Events in:

Fort Harrison State Park Indianapolis Northeast Side	Zionsville Northwest of Indianapolis
White River State Park Downtown Indianapolis	Eagle Creek Park Indianapolis Northwest Side
Crown Hill Cemetery North of Downtown	Noblesville Northeast of Indianapolis

The Indy "G" Walkers
present
Year Round Volkssport Events
In the Indianapolis area.

Carmel

Indiana - Monon Greenway



10 K Walk Y1662 **25 K Bike/ Y1647**

Walk qualifies for Ice Cream Parlors, Little Free Libraries, Rockin' Around the Clock Walking with America's Veterans special event programs
Bike qualifies for the Rockin' Around the Clock, Little Free Libraries and Walking with America's Veterans special event program

&

Kokomo

Indiana - City of Firsts

10 K Walk Y0090

Qualifies for Great Lakes, Great Fun, Great Fitness, Great Friendships Little Free Libraries
Mayflower - 400th Anniversary Walk
Rockin' Around the Clock
Walking the USA, A - Z
Walking with America's Veterans special programs



January 1 — December 31
These events also have an On-Line Start Box (OSB) at my.ava.org

AMERICA'S WALKING CLUB — ESTABLISHED 1976 —		
Eligible for credit toward IVV Achievement Awards		

Carmel, Indiana

Monon Greenway



START/FINISH LOCATION:

Dunkin' 1305 S Rangeline Road, Carmel, IN 46032. Walk/Bike Box is kept on a table just inside the door. Ask at the counter, if you can't find it

START FINISH TIMES:

Mon-Fri..... 5 a.m. to 9 p.m.

Sat & Sun,6 a.m. to 9 p.m.

Open most holidays but call 317-853-6581 to confirm early closing time on holidays. Excellent donuts and coffee, as well as bottled water are available .

TRAIL DESCRIPTIONS AND RATINGS:

The 10 Km walk trail is on multi-use trails, over natural park paths, and city . The trails are adequate for wheelchairs, strollers or wagons

The 25 Km bike trail is mainly on the Monon Trail Greenway with options for other connecting trails. Riders can combine this event with other trails to increase the distance covered. Riders are advised to wear a helmet

The walking trail is rated a 1B, and the bike trail is rated 1A on the AVA alpha-numeric scale that measures the level of difficulty of elevation and terrain.

The walk passes by the Carmel Civic Center, the Palladium, and the Carmel Arts and Design District, which includes art galleries, sidewalk cafe restaurants, pubs, and trendy boutiques. The walk wanders along a beautiful woodland trail in Central Park, and on the Monon Trail,- an exemplary Midwest rail-trail, which has been recognized as a Rail-Trail Hall of Fame

BIKE RENTAL AND REPAIRS:

Bike rentals (which includes helmets & locks) are available at nearby Carmel Cyclery at 230 West Carmel Drive, Carmel. Bike repairs are also available at this location.

AWARD AND FEES:

This is an IVV credit only event.....\$3.00
Without IVV credit.....Free

POINT OF CONTACT:

Jim Blessing.....(317) 848-7278
E-mail: jasbless@gmail.com

CONDITIONS:

These events are held regardless of weather except the bike event that is controlled by the weather. Children under 12 must be with an adult. All pets must be on a leash and under control. No pets are allowed in the buildings and you must clean up after your pets. There are no refunds for any reason.

PROCEDURES:

These events are open to all. A start card must be filled out and turned in upon completion of the event. A map and instruction are provided when needed. Those who pay the correct fee will be due the award and or IVV Credit. The award will be given at the completion of the event or mailed.

You can walk or bike only during the daylight hours.

DISCLAIMER:

The sponsors of these walks cannot be held responsible for accidents, thefts, material damage and/or injury. Every effort was made to make these events safe and enjoyable. All participants are cautioned to take care and restrain pets and children.. By registering for any of these events, the participant agrees to these conditions.

REFRESHMENTS/RESTROOMS:

Water and restrooms are available at the Start/Finish and along the trail. We suggest you carry water as well.

IVV CREDIT:

IVV Credit will only be entered into IVV Event or Distance Books. Only one credit may be entered in the Event Book per day, Distance credit may be entered in the Distance Book each time you complete the event. There is no charge for a rewalk if

Kokomo, Indiana

City of Firsts

START/FINISH LOCATION:

Kokomo-Howard Co. Public Library, 220 N. Union St., Kokomo, IN 46901. The Walk Box is at the second floor information desk.

START FINISH TIMES:

The event is open Mon.-Thur. from 9:00 am to 8:00 pm; Fri. & Sat. 9:00 am to 5:30 pm & open Sun only between Labor and Memorial Days: 2 pm to 5:30 pm. Closed on major holidays (call 765-457 3242)

TRAIL DESCRIPTIONS AND RATINGS:

The 10 Km walk trail winds through the restored historic downtown, beautiful Foster Park, Victorian Mansions along Sycamore Street, and the Industrial Heritage Trail. It is rated 1A on the AVA scale indicating mostly flat terrain on paved park paths and sidewalks. The trails are adequate for wheelchairs, strollers or wagons.

AWARD AND FEES:

"B" Award and IVV credit...\$5.00
IVV credit only\$3.00
Without IVV credit.....Free

POINT OF CONTACT:

Larry Schwindt.....(765) 461-7512
E-mail: larry.julan@gmail.com

LARGE GROUPS/BUSES:

Please let us know in advance if you plan to walk these events as a group. We will have a club member to meet you and help with the paperwork.

ADDITIONAL INFORMATION:

For more information on these or other events sponsored by the Indy "G" Walkers, send a SAE

to: Indy "G" Walkers
PO Box 269001
Indianapolis, IN 46226-9001

or contact Cliff Terry (317) 776-1848.
E-mail: clifferry@sbcglobal.net