

**TWO TOWN WALKING CLUB
VOLKSSPORTERS**

YEAR-ROUND EVENTS 2022

January 1, 2022 – December 31, 2022*

April 1, 2022 – December 31, 2022**

*Beverly, MA SN: 119738-2022/Y1656 6k/10k	*Danvers, MA (Salem Village) SN: 119734-2022/Y0299 6k/10k
*Salem, MA SN: 119735-2022/Y0809 5k/10k	*Ipswich, MA SN: 119737-2022/Y1964 5k/10
*Gloucester, MA SN: 119736-2022/Y1249 6k/11k	**Rockport, MA (Online Start Box) SN: 120730-2022/Y3031 5k/10k

**AVA: America's Walking Club
American Volkssport Association**
America's Premier Non-Competitive Sports Organization
www.ava.org



A Volksmarch (“people’s walk”) is a non-competitive walk done at one’s own pace. “Year-Round Events (YRE)” are established walk routes that can be walked throughout the year or seasonally at the participant’s personal convenience, either alone or with family or friends. Distances range from 5K/6K – 10K/11K (3.1/3.7 – 6.2/6.8 miles).

Two Town Walking Club (TTWC)
c/o 56 Ledgewood Drive
Danvers, MA 01923-1651

Who We Are

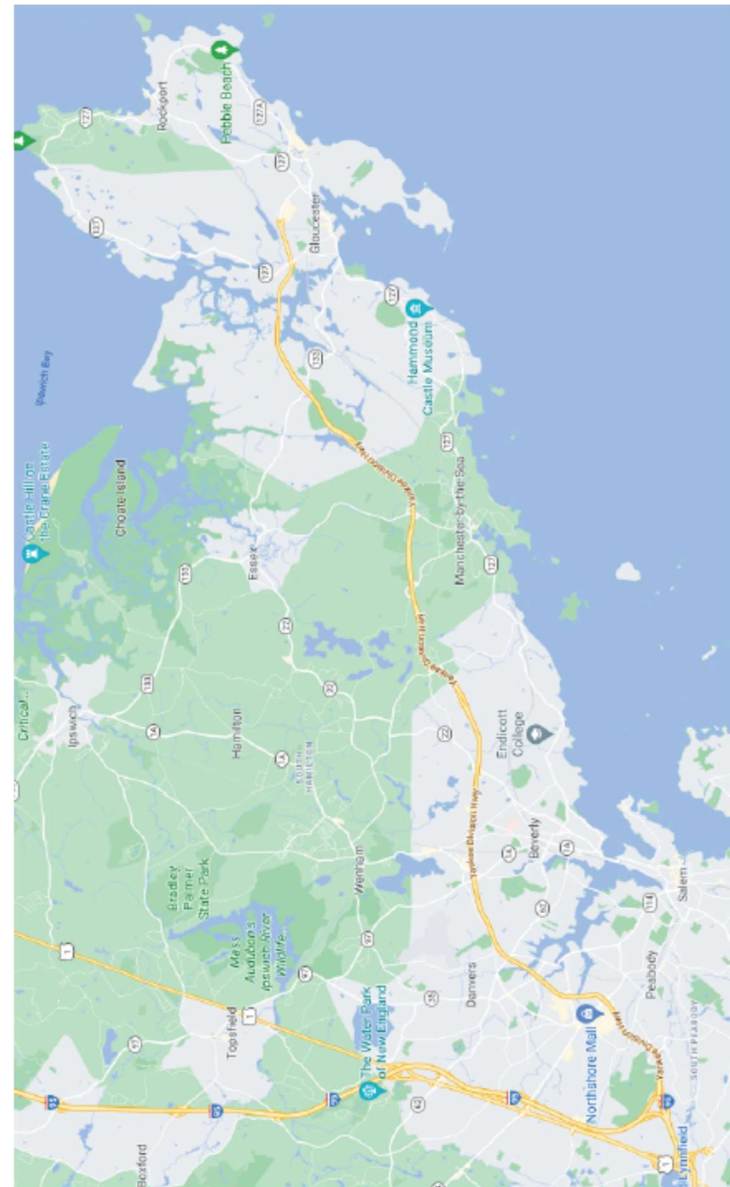
The Two Town Walking Club (TTWC) is located in Northeastern Massachusetts, with events primarily on the North Shore and Cape Ann. The TTWC hosts Year-Round Events and occasional Traditional Events (one-day events). The TTWC is a chartered sports club of the AVA: America's Walking Club (American Volkssport Association) and is administered under the auspices of its Northeast Region.

The AVA: America's Walking Club (American Volkssport Association) is a 501(c)(3) nonprofit organization dedicated to promoting regular physical fitness activity for Americans as an essential component of overall good health. AVA is America's premier noncompetitive sports organization and administers the nation's largest noncompetitive sports program from its national headquarters in San Antonio, Texas. Since its inaugural U.S. event in 1976, AVA now boasts of more than 250 chartered sports clubs nationwide, whose activities are monitored by ten Regional Directors who are elected by the clubs in their region.

The AVA is the national organization of the Internationaler Volkssportverband (IVV) (International Federation of Popular Sports), the international non-competitive sports organization with its headquarters in Germany. The global Volkssporting movement began in Germany in 1968 – now in more than 40 countries worldwide.

Volkssporting is an international sports phenomenon that promotes personal physical fitness and good health by providing fun-filled, safe exercise in a stress-free environment through self-paced walks and hikes, bike rides, swims, and in some regions cross-country skiing and snowshoeing.

AVA – America's Walking Club, Copyright 2021.
K.A. Piffat, Copyright 2021.



©Google Maps



Beverly, MA



Top: Rockport SE (5k/10k trails). Motif #1, the most painted and photographed building in the USA.

Left: Gloucester YRE (6k/11k trails). The Man at the Wheel memorial to the Gloucester fishermen lost at sea.

Bottom: Ipswich YRE (5k/10k trails). The Whipple House, one of the oldest homes in the USA.



Dates:	1/1/2022 – 12/31/2022
Event ID:	SN: 119738-2022/Y1656
Distance-Trail Ratings:	6k & 10k –1B
Description:	Settled 1626, waterfront community with rich history; links to birth of American Navy. In its growing years, incorporated progress of American Industrialization & construction of beautifully landscaped summer estates. In 1900's, Pres. William Howard Taft's Summer White House. Today, "Garden City" boasts one of country's finest mixed use restoration projects, The Cummings Center, a transformation of former United Shoe Machinery Complex. 10k route also includes Lynch Park & Rose Garden. 6k route has a few stairs so rated 1B. 10k includes stairs and short stretch on beach. Daily Dawn to Dusk. Closed Major Holidays.
Amenities:	Strollers: Medium Wheelchairs: No Pets: Yes Restrooms: Yes
Special Programs:	Mayflower-400 th Anniversary, Rockin' Around the Clock, Walking the USA A-Z, Walking the USA (50 States), Centurion Achievement Challenge
Start Times:	Daily to dusk. See below. Call ahead to confirm. Closed Major Holidays.
Location:	Stop & Shop
Start Point/Driving Directions:	224 Elliott St, Beverly MA 01915; (978) 232-9359. Hours: M-Sat: 7:30 am-10 pm; Sun.: 7:30 am-9 pm. CLOSED: Major holidays. From I-95: Exit 64 in Peabody onto Rt 128 North towards Gloucester. In Beverly, Exit 45B, Rt 1A. At bottom of ramp, Turn Right; follow Rt 1A. NOTE: About 1.4 mi, Rt 1A turns right at traffic light & railroad crossing; Burger King on corner. At intersection of Rantoul & Elliott Sts (62W), Turn Right. At 4th traffic light, turn left into Stop & Shop parking lot.
Restrooms:	Start/Finish; 10k only: Seasonal in Lynch Park
Awards/Fees:	IVV Credit Only
Contact:	Mary Saratora (978) 777-0148
E-Mail:	mesara6@aol.com
Nearby Walks:	Salem YRE, Danvers YRE

Danvers, MA (Salem Village)

Dates:	1/1/2022 – 12/31/2022
Event ID:	SN: 119734-2022/Y0299 - Danvers Historical Walk
Distance-Trail Ratings:	6k & 10k – 1B
Description:	Danvers, once called Salem Village, settled by Puritans 1626 to provide farm products and lumber to Salem port; 1692 epicenter of Witchcraft Hysteria (19 persons executed); 1752 separated from Salem and named Danvers. Did shipbuilding, brickmaking and later carpet weaving, leather tanning & shoemaking. Now, headquarters of tech companies. Both trails pass Witchcraft Hysteria Victims Memorial, Rebecca Nurse House (victim), and Judge Samuel Holten House (Revolutionary statesman). 10k trail also passes Glen Magna Estate & Gardens and foundations of minister's house where the Witchcraft Hysteria began.
Amenities:	Strollers: Medium Wheelchairs: No Pets: Yes Restrooms: Yes
Special Programs:	Mayflower-400 th Anniversary, Rockin' Around the Clock, Town Halls/City Halls, Walking the USA A - Z, Walking the USA (50 States), Centurion Achievement Challenge
Start Times:	Daily to dusk. See below. Call ahead to confirm.
Location:	Peabody Institute Library, 15 Sylvan St, Danvers, MA; (978) 774-0554; www.danverslibrary.org ; Open M-Th 9a-9p; Fr-Sat 9p-5p; Sun 1p-5p <u>mid Sept - mid May</u> . <u>Call ahead holiday wknds</u> . CLOSED: Holidays & Suns. mid May-mid Sept.
Start Point/Driving Directions:	<u>From North:</u> I-95 South to exit 68; left on Centre St; bear left at fork onto Holten St straight thru lights to 4-way stop, right onto Sylvan St and right into library parking across from Holy Trinity Church. <u>From South:</u> I-95 North bearing left onto Rte 128 at exit 64; Continue to exit 41. Right onto Endicott St; Straight to Sylvan Street; Turn right onto Sylvan and after passing pond take 2nd left into library parking. <u>Additional parking available on other side of lot along Peabody & Pond Sts.</u>
Restrooms:	Start/Finish; 10k: Endicott Park
Awards/Fees:	B Award
Contact:	Joseph/Kathryn Piffat (978) 777-4619
E-Mail:	jpiffat@aol.com / kapiffat@aol.com
Nearby Walks:	Salem YRE, Beverly YRE



Top: Danvers YRE (6k/10k trails). Tercentenary Memorial to the Victims of the Witchcraft Hysteria of 1692.



Left: Beverly YRE (10k trail). The Falconer with ocean view from Lynch Park.

Bottom: Salem YRE (5k/10k trails). The House of the Seven Gables, made famous by Nathaniel Hawthorne's masterpiece.



Ipswich, MA

Dates:	1/1/2022 – 12/31/2022
Event ID:	SN: 119737-2022/Y1964
Distance-Trail Ratings:	5K & 10K – 2B
Description:	On roads, sidewalks, & paths through town of Ipswich. Settled 1630, here the cry "no taxation without representation" was first heard. "Birthplace of American Independence" boasts more 17th century buildings than any other place in America.
Amenities:	Strollers: Medium Wheelchairs: Hard Pets: Yes Restrooms: Yes
Special Programs:	Mayflower-400 th Anniversary, Rockin' Around the Clock, Walking the USA A – Z, Walking the USA (50 States), Centurion Achievement Challenge. 10k only: Town Halls/City Halls
Start Times:	Daily to dusk. See below. Call ahead to confirm.
Location:	Ipswich Family YMCA
Start Point/Driving Directions:	110 County Rd, Ipswich, MA 01938; (978) 356-9622; Hrs: M-F 5:30 am-9:00 pm, Sat 6:30 am-6:00 pm, Sun 8:00 am-5:00 pm. From I-95 North or South: Exit 78 onto Rt 133 East toward Rowley. Follow Rts 1A & 133 through center of Ipswich. At traffic light, turn left into YMCA parking lot, back from road. From Rt 128 North or South: Exit 45A Rt 1A North to Ipswich. In Ipswich, pass Whittier Motel on right. Turn right at traffic light to YMCA parking lot, back from road.
Restrooms:	Start/Finish, but variable (YMCA sometimes limits to members only)
Awards/Fees:	IVV Credit Only
Contact:	Mary Saratora (978) 777-0148
E-Mail:	mesara6@aol.com

Salem, MA

Dates:	1/1/2022 – 12/31/2022
Event ID:	SN: 119735-2022/Y0809
Distance-Trail Ratings:	5k& 10k- 1A
Description:	A very bewitching city, settled 1626. Historic Salem is noted for 1692 Witchcraft Hysteria, its maritime tradition, and architectural splendor of its McIntire Era Federal homes. Salem frigates opened Far East trade & provided wealth which produced America's first millionaires. Trail passes Derby Wharf Lighthouse & Maritime Nat'l Historic Site, Nathaniel Hawthorne's House of the Seven Gables, and the world-renowned Peabody Essex Museum (PEM; www.pem.org).
Amenities:	Strollers: Medium Wheelchairs: Medium Pets: Yes Restrooms: Yes
Special Programs:	Mayflower-400 th Anniversary, Rockin' Around the Clock, Town Halls/City Halls, Walking the USA A - Z, Walking the USA (50 States), Centurion Achievement Challenge
Start Times:	Sun-M & W-Sat to dusk. See below. Call ahead to confirm, as schedule changes frequently. CLOSED TUESDAYS.
Location:	Brothers Taverna
Start Point/Driving Directions:	283 Derby St, Salem, MA 01970; 978-741-4648; www.mybrotherstaverna.com ; Sun-M & W-Th: 7:00 am to 8:00 pm; F-Sat: 7:00 am to 8:30 pm. Closed Tuesdays. Holiday Hrs may vary. Please call to confirm. From I-95 North or South: Exit 64 onto Rt 128 towards Beverly & Gloucester. Exit 40A to Rt 114 & follow US National Park signs through Peabody into Salem until Rt 1A. Take Rt 1A, passing Salem Common & Hotel Hawthorne on left. Take right onto Derby St; Brothers Taverna is short distance on left.
Restrooms:	~1k from start at Natl. Park Service (Custom House) and later at Natl. Park Service (downtown)
Awards/Fees:	IVV Credit Only
Contact:	Mary Saratora (978) 777-0148
E-Mail:	mesara6@aol.com
Nearby Walks:	Danvers YRE (Salem Village), Beverly YRE

Gloucester, MA

Dates:	1/1/2022 – 12/31/2022
Event ID:	SN: 119736-2022/Y1249
Distance-Trail Ratings:	6k & 11k – 2A
Description:	Welcome to Gloucester, America’s oldest seaport, still an authentic working waterfront community. Many museums (incl. Cape Ann Museum; www.capeannmuseum.org), scenic vistas, shops & restaurants along route, along with Fishermen’s Memorial and Fishermen’s Wives’ Memorial. 10k trail visits Stage Fort Park. Steep hill at beginning & end.
Amenities:	Strollers: Medium Wheelchairs: Hard/No Pets: Yes Restrooms: Yes
Special Programs:	Mayflower-400 th Anniversary, Rockin’ Around the Clock, Walking the USA A – Z, Walking the USA (50 States), Centurion Achievement Challenge. 11k only: Town Halls/City Halls
Start Times:	Daily to dusk. See below. Call ahead to confirm.
Location:	Market Basket at Gloucester Crossing
Start Point/Driving Directions:	101 Gloucester Crossing, Gloucester, MA 01930; (978) 283-0103; Hrs: M-S 7a-9p, Sun 7a-7p. CLOSED: Holiday hrs may vary. From I-95: Exit 64 in Peabody onto Rt 128 North towards Gloucester. After driving over a bridge, you will come to a first rotary (Grant Circle). Take 2 nd rotary exit to stay on Route 128 North. At second rotary (Blackburn Circle), take 2 nd rotary exit to stay on Route 128 North and stay in right lane . Just after 2nd traffic circle, turn right into Gloucester Crossing. Market Basket is at back right of center.
Restrooms:	Start/Finish; 10k: seasonal at Stage Fort Park
Awards/Fees:	IVV Credit Only
Contact:	Joseph/Kathryn Piffat (978) 777-4619
E-Mail:	jpiffat@aol.com / kapiffat@aol.com
Nearby Walks:	Rockport SE (Seasonal only; OSB only)

Rockport, MA (Online Seasonal)

Dates:	4/1/2022 – 12/31/2022 (seasonal, online start box)
Event ID:	SN: 120730-2022/Y3031
Distance-Trail Ratings:	5k & 10k – 2B
Description:	Both the 5k and the 10k courses are along the streets and rocky public footpaths of the Town of Rockport. Highlights include scenic views of the ocean, the harbor, buildings constructed with granite from the local quarries, shops, restaurants, art galleries, and the famous Motif #1 on Bearskin Neck. Hill at end.
Amenities:	Strollers: No Wheelchairs: No Pets: Yes Restrooms: Yes (BUT NOT near Start/Finish)
Special Programs:	Mayflower-400 th Anniversary, Rockin’ Around the Clock, Walking the USA A – Z, Walking the USA (50 States), Centurion Achievement Challenge. 10k only: Town Halls/City Halls
Start Times:	Daily dawn to dusk.
Location:	2 Dean Rd (intersection of South St/Dean Rd), Rockport, MA 01966 NOTE: NO RESTROOMS NEAR START/FINISH.
Start Point/Driving Directions:	2 Dean Rd (intersection of South St/Dean Rd). From I-95: Exit 64 in Peabody onto Rt 128 North towards Gloucester. After driving over a bridge, you will come to a first rotary (Grant Circle). Take 2 nd rotary exit to stay on Route 128 North. At second rotary (Blackburn Circle), take 2 nd rotary exit to stay on Route 128 North and stay in the left lane after you exit. Turn LEFT at traffic light onto Route 127 North to Rockport. At a five-street intersection, proceed STRAIGHT onto Route 127A South – Bearskin Neck. At the small lighthouse monument at end of street, turn RIGHT onto Mt. Pleasant Street (becomes South St). Drive approximately ½ mile to Dean Rd. LEFT on Dean Rd & park.
Start Point/Public Transit Directions:	10k trail ONLY; 5k trail does NOT pass station. Limited commuter rail trains travel to Rockport from NORTH Station only in Boston (Rockport Line; https://www.mbta.com). <u>Confirm with conductor BEFORE boarding train & check return. Subject to change.</u> Exit Rockport Station & turn LEFT onto Railroad Ave. <u>Start with #45 on 10k route.</u>
Restrooms:	<u>NONE at Start/Finish.</u> T Wharf (5k trail: 2k&4.5k; 10k trail: 3.5k&9.5k; 10k train trail: 4k&9k).
Awards/Fees:	IVV Credit Only
Contact:	Joseph/Kathryn Piffat (978) 777-4619
E-Mail:	jpiffat@aol.com / kapiffat@aol.com
Nearby Walks:	Gloucester YRE (restrooms at Start/Finish)