

The Happy Wanderers is one of the most active Volksmarch clubs in the southeastern United States.

We sponsor the following in Florida:

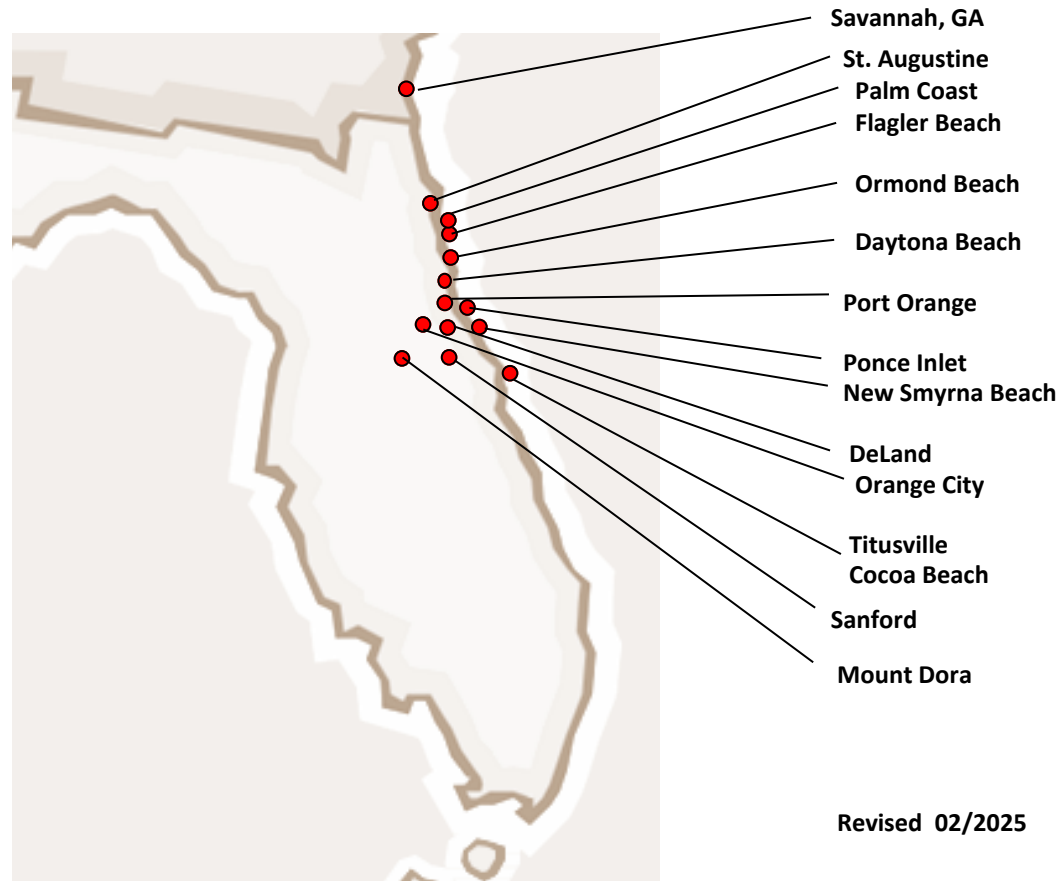
- Special Events
- Wednesday Night Fun Walks
- Sunday YRE Walks

2025 Year-Round Events In Florida & Georgia

Sponsored by

The Happy Wanderers Walking Club, Inc.

- | | |
|------------------------|---------------|
| Cocoa Beach | Palm Coast |
| Daytona Beach | Ponce Inlet |
| DeLand (2) | Port Orange |
| Flagler Beach | Sanford |
| Mount Dora | Savannah, GA |
| New Smyrna Beach | St. Augustine |
| Orange City (Seasonal) | Titusville |
| Ormond Beach | |



Revised 02/2025



For more
call, write or e-mail:

information

The Happy Wanderers Walking Club, Inc.
P.O. Box 290153
Port Orange, FL 32129-0153

Visit our website: www.happywanderersfl.org

John McClellan, President
781-686-0660
john.mcclellan86@gmail.com

**Sandy McArthur, Vice President
& YRE Coordinator**
248-882-7999
sandym225@yahoo.com

WE WELCOME YOUR PARTICIPATION IN OUR EVENTS

This organization is a member of the American Volkssport Association, (AVA.org.), America's walking club.

What is a Year-Round Event? Unlike regular Volksmarch Events which have fixed Start/Finish times and are offered only on certain weekends, a **Year-Round Event** may be enjoyed any day of the year. It is a non-competitive walk through a scenic and/or historic area that participants travel at their own pace.

Eligibility: Anyone may participate. Volkssporting is a family activity. Children under 12 must be accompanied by an adult. Pets **must** be leashed, **are not allowed** in buildings, on the beach, boardwalks or campgrounds.

Wheelchairs/Strollers: Not suitable on trails and beaches.

Waivers: **ALL** walkers **MUST** sign waivers for **each** event. **PARENTS** must sign for walkers under 18 years of age.

Procedure: **At the start of each event**, each participant will register in the log book and fill out a Start Card with name and full address for **each walker**. **This card is carried and Checkpoints are noted along the route.** *All cards remain the property of The Happy Wanderers and must be turned in at the Finish.* Please use sidewalks where available and **follow all traffic signs and signals**

Payment: There is a \$4.00 fee for each walker. Make check payable to The Happy Wanderers and mail along with completed start card(s) in the envelope provided. We do NOT have FREE walkers.

Anyone who finishes an event is eligible for IVV credit. AVA BOOKS are NOT available in the Volkboxes. *Insert cards are always available.*

Refreshments: Water and restrooms are available on all routes, however, it is wise to carry water and keep hydrated. **This is Florida!** Sunscreen, bug repellent, hats are recommended.

Hosts: We **encourage** you to patronize and **thank** our hosts. They are generous in allowing us to use their facilities as a start point. Kindly wait until other customers have been waited on. Process your paperwork away from the business part of the establishment.

Disclaimer: The sponsors are not liable for accidents, thefts, and/or material damage. Every effort has been made by the sponsors to make this a safe, enjoyable and memorable event.

Special Programs: An AVA Special Program is a specific program approved by the AVA. These programs include a booklet which volkssporters purchase and complete by entering AVA stamp numbers from qualified events and submitting as required to recognize completion of the special event. For additional information log on to www.ava.org; at the top of the main page >Programs>National Programs>AVA Special Programs.

Find Happy Wanderers membership applications, year-round and special events, Facebook page, other Florida walking clubs, AVA and more on our website. www.happywanderersfl.org

Savannah, Georgia –Downtown 5K/10K Walk Event Y1366

AVA Special Programs: IVV-Americas, Step to the Beat, Walking the USA A-Z (S) and Walking with America's Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

ONLINE START BOX ONLY

Trail Description: Rated 1B, moderately easy. All sidewalks shaded by live oak trees. While accessible to wheelchairs and strollers, *the cobblestones can cause difficulties.* Restrooms at the Visitor Information Center.

Highlights: Walk through one of the oldest, most charming cities in the United States. The Historic District, twenty city squares, is alive with culture, art, historic homes, monuments and parks. It is the largest National Historic Landmark District in the USA.

DIRECTIONS:

The detailed location of and driving directions to the event starting point are included in the walk directions, downloaded from the AVA online Start Box. The POC does not provide event directions nor accept alternate payment methods.

Point of Contact:

John McClellan 781-686-0660
john.mcclellan86@gmail.com

Titusville 5K/10K Walk Event Y3565

AVA Special Programs: IVV-Americas, Par-For-The-Course, Rails-to-Trails, Walking the USA A-Z (C) and Walking with America's Veterans. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Titusville Welcome Center

419 S Hopkins Ave.
Titusville, FL 32780

TIMES: Tuesday thru Saturday 9AM—5PM
ONLINE START BOX ALSO AVAILABLE

TRAIL DESCRIPTION: Rated 1A; moderately easy. Walk on pavement, hard packed and soft sand. Walk is along beach and river with few shady places. Use of water, sunscreen and protective clothing is encouraged.

HISTORY: Titusville is a city in and the county seat of Brevard County. It is located along the Indian River on Florida's Space Coast. Indigenous peoples had inhabited this area for thousands of years. At the time of European encounter, this area was inhabited by the Ais Indians, who gathered palmetto, cocoplum and sea grape berries. They also fished the Indian River, called the *Rio de Ais* by Spanish explorers. By 1760, however, the tribe had disappeared due largely to infectious disease, slave raids, and the disruptive effects of rum.

This community was originally called Sand Point. Henry T. Titus arrive in 1867, intending to build a town on land owned by his wife, Mary Hopkins Titus, daughter of a prominent planter from Darien, Georgia. He laid out roads and, in 1870, erected the Titus House, a large, one-story hotel next to a saloon.

LOCAL ATTRACTIONS: Space View Park, Sand Point Park, Kennedy Space Center, Windover Archeological Site, Canaveral National Seashore.

DIRECTIONS: From I-95:Take Exit 220 for FL406 (Garden St.) toward Titusville Historic District. Drive 2.8 miles into Titusville to South Hopkins Ave. (US Rt 1 South). Turn Right on South Hopkins/US 1 for 0.3 miles (4 blocks) to Julia St. Turn Left on Julia, then Turn Right into the Welcome Center parking lot. Ask for Walk Box in the Welcome Center

POINT OF CONTACT:

Fred Sheets 321-480-7999
fsheets@cfl.rr.com

St. Augustine - 6K/11K Walk Event Y1128

AVA Special Programs: A-MAZE-ing Labyrinths, IVV-Americas, Lighthouses II, Par-For-The-Course, Step to the Beat, Walking the USA A-Z (S) and Walking with America's Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Double Tree By Hilton

116 San Marco Ave.
St. Augustine, FL 32084

TIMES: Dawn to Dusk—Daily

TRAIL DESCRIPTION: Rated 1B; mostly well-maintained sidewalks and cobblestone streets. Suitable for most strollers. Wheelchairs may have difficulty.

HISTORY: Founded in 1565, the City is the oldest permanent European settlement in North America. A city made for walking. Remarkably preserved, this old city is filled with architectural landmarks, beautiful gardens, quaint shops and galleries. The narrow brick streets and walkways, stone walls and over hanging balconies reflect the European influence.

LOCAL ATTRACTIONS: The Castillo de San Marco, Sebastian Winery, Flagler College, Lightner Museum, Alligator Farm, St Augustine Lighthouse and more.

DIRECTIONS: From I-95 take Exit-311 to SR -207 traveling East toward St. Augustine. Drive 5.7 miles to US Hwy 1; Turn Left, drive 1.4 miles to West Castillo Dr.; Turn Right, drive 0.3 mile to San Marco Ave.; Turn Left, drive 0.4 mile to The Double Tree By Hilton at 116 San Marco Ave.

POINT OF CONTACT:

Gloria Pratt 386-214-3890
gloriajpratt@gmail.com

Sanford - 5K/10K Walk Event Y1510

AVA Special Programs: IVV-Americas, Par-For-The-Course, Rails-to-Trails, Step to the Beat, Walking the USA A-Z (S) and Walking with America's Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Sanford Main Street

Located in the Sanford Welcome Center
230 E 1st Street
Sanford, FL 32771

TIMES: Mon-Th: 10AM-5PM; Fri-Sat: 10AM-8PM;
Sun: 12PM-5PM
Closed on major holidays.

ONLINE START BOX ALSO AVAILABLE

TRAIL DESCRIPTION: Rated 1A, it is on sidewalks through the Historic District. Suitable for wheelchairs/strollers. Pets are allowed but must be leashed and picked up after.

LOCAL ATTRACTIONS: Veteran's Memorial Park, waterfront, historic buildings, Central Florida Zoo & Botanical Gardens.

DIRECTIONS: From I-4, take Exit 101C and drive approx. 4 miles eastbound on SR46 (1st St.) to the Sanford Historic District. After crossing French Ave. (Rte. 17-92), continue to the second traffic light at S. Palmetto Ave. and Turn Left. Parking is available in the lot on the Right. The Welcome Center is on the corner, directly across S. Palmetto Ave.

POINT OF CONTACT:

Teresa Saltzer 386-479-1984
teresasaltzer@gmail.com

Cocoa Beach 5K/10K Walk Event Y0634

AVA Special Programs: IVV-Americas, Par-For-The-Course, Walking the USA A-Z (C) and Walking with America's Veterans.

START/FINISH: Courtyard by Marriott

3435 North Atlantic Ave. (A1A)
Cocoa Beach, FL 32931

TIMES: Dawn to Dusk - Daily

ONLINE START BOX ALSO AVAILABLE

TRAIL DESCRIPTION: Rated 1C; moderately easy. Walk on pavement, hard packed and soft sand. Walk is along beach and river with few shady places. Use of water, sunscreen and protective clothing is encouraged.

HISTORY: Cocoa Beach, where you can enjoy the beauty of the Atlantic Ocean. Walk a nature trail and river front residential area. Route follows park trails, beach and town sidewalks. Located on the Central East Coast of Florida, along Florida's scenic and historic Space Coast.

LOCAL ATTRACTIONS: Cocoa Beach Pier, Lori Wilson Park, Hammock Nature Trail, and a variety of eateries, shops, hotels and motels are available.

DIRECTIONS: From I-95: *North Exit 205A, turn Left onto SR528. Travel East on SR528 which turns into A1A to start point. From South, take Exit 201 East onto SR520 to A1A. Turn Right (South) on A1A.* Courtyard by Marriott is on the Left side (ocean side) of A1A, approximately 0.5 Miles South of A1A and SR520 intersection. Ask for Walk Box at the Registration Desk.

POINT OF CONTACT:

Fred Sheets 321-480-7999
fsheets@cfl.rr.com

Daytona Beach 6K/11K/15/20K Walk Event Y1134

AVA Special Programs: IVV-Americas, Rails-to-Trails, Step to the Beat, Walking the USA A-Z (D) and Walking with America's Veterans.

START/FINISH: Silver Beach Club

1025 S. Atlantic Ave
Daytona Beach, FL 32118

TIMES: Dawn to Dusk-Daily

ONLINE START BOX ALSO AVAILABLE

TRAIL DESCRIPTION: Rated 1C; moderately easy. Walk on pavement, hard packed and soft sand. Walk is along beach and river with few shady places. Use of water, sunscreen and protective clothing is needed.

HISTORY: From 1902-1935 some 13 speed records were set on the 23 mile long beach at Daytona. Today, cars drive on the hard packed sand along the water's edge, intermittently, from Ponce Inlet to Ormond Beach. Stephen Crane outlined his story, "The Open Boat" while recovering at Lilian Place.

LOCAL ATTRACTIONS: Speedway, Southeast Museum of Photography, Museum of Arts & Sciences, Halifax Society Museum, old Coliseum Theater, Downtown shops, Famous Main Street, Peabody Auditorium, Ocean Walk Shoppes, Historic Band- shell, Boardwalk and the World's Most Famous Beach.

DIRECTIONS: I-95 Exit 261 US-92 (International Speedway Blvd). Drive East on ISB crossing Intra-coastal Waterway to A1A, Right on A1A to Silver Beach Ave. Turn Left on Silver Beach Ave. and turn Left into the parking lot of the Silver Beach Club. Ask cashier for Walk Box at the Registration Desk.

POINTS OF CONTACT:

Joe Heffernan 805-279-2751 autopilotheff@aol.com
Tere Albanese 818-424-1564 tere@animalip.com

DeLand—Hontoon Island State Park 5K/10K Walk Event Y0549

AVA Special Programs: IVV-Americas, and Walking the USA A-Z (D)

START/FINISH: Hontoon Island State Park

Admin. Bldg.
2309 River Ridge Rd.
DeLand, NY 32720

TIMES: 8 AM to Dusk, Daily

TRAIL DESCRIPTION: Trail rated 2B; not suitable for strollers and wheelchairs. On park trails that are 40% shaded.

HISTORY: The hills on the nature trail are shell mounds left by the Park's first inhabitants, the Timucuan Indians.

LOCAL ATTRACTIONS: Ed Stone Park, River Cruises, downtown DeLand, Stetson University, Stetson Mansion.

DIRECTIONS: From I-4 take Exit 118 to SR 44 West about 7 miles through DeLand; bear left on CR 4110 for 1.9 miles; left on CR 4125 for 3.4 miles. Turn left into Hontoon Island State Park parking lot.

There is no fee for the short ferry ride, or for entry into the state park. Walk to nearby boat dock. Captain will pilot ferry to pickup waiting passengers. Inform the boat captain or a ranger that you are a Volksmarcher that needs the walk box. Upon exiting the ferry, walk to the buildings near the landing. The box is located in the office to the right of the park store but the park staff requests that walkers ask for the box before entering the door.

POINT OF CONTACT:

John McClellan 781-686-0660
john.mcclellan86@gmail.com

DeLand - Courtyard by Marriott DeLand Historic Downtown 6K/11K Walk Event Y0440

AVA Special Programs: IVV-Americas, Par-For-The-Course, Rails-to-Trails, Step to the Beat, Walking the USA A-Z (D) and Walking with America's Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH:

Courtyard Marriott DeLand Historic Downtown

308 North Woodland Boulevard
DeLand, FL 32720

TIMES: Dawn to Dusk—Daily

HISTORY: The stately oaks are the result of the interests and endeavors of Henry DeLand who founded the city in 1876. In 1883 he established DeLand Academy, Florida's first private college. When Henry DeLand lost most of his personal fortune because two consecutive freezes destroyed most of the citrus groves, he entrusted the academy to friend and one of the institutions trustees John B Stetson. Now known as Stetson University the institute was renamed after the hat magnate in 1889.

TRAIL DESCRIPTION: Rated 1A, moderately easy; mostly sidewalks, some dirt paths and grass. Some difficulties for strollers and wheelchairs.

LOCAL ATTRACTIONS: Beautiful murals, Athens Theater, the gingerbread house, DeLand Memorial Hospital Museum, Bill Dreggors Park and the DeLand Museum of Art highlight this charming town.

DIRECTIONS: From I-4, Take Exit 118 to 44 West

Ask for Walk Box at the Registration Desk.

POINT OF CONTACT:

Alice Partlow 386-717-6153
alicepartlow53@gmail.com

Port Orange Walk, Bike & Swim Events *** TRIATHALON ***

START/FINISH: Port Orange YMCA

4701 City Center Parkway
Port Orange, FL 32129

TIMES: Call 386-760-9622 to get current hours of operation.

HISTORY: Established early 1800's when 20 families from the Bahamas settled on a grant from the Spanish Government.

LOCAL ATTRACTIONS: Sugar Mill Botanical Garden where you can view beautiful flora, fauna and butter-

flies. Trails lead past the preserved, 19th century, Dunlawton Plantation Sugar Mill Ruins includes the coquina and brick ruins and dinosaur statues. Lovely city parks, pass by the Palmer College of Chiropractic.

DIRECTIONS: I-95 Exit 256 Drive East on Dunlawton Ave. (SR421) to traffic signal at City Center Parkway. Turn left onto City Center Pkwy and drive about 0.5 mile to YMCA parking lot on the right. WE THANK THE YMCA FOR THEIR HELP AND ENCOURAGE USE OF THE FACILITY.

Port Orange 5K/10/12K Walk Event Y1132

AVA Special Programs: IVV-Americas, Par-For-The-Course, Walking the USA A-Z (P) and Walking with America's Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

TRAIL DESCRIPTION: Rated 1B, 12K walk mostly on well-maintained sidewalks, a portion is on wide grass shoulder. Not suitable for wheelchairs. Strollers may have difficulty.

POINT OF CONTACT:

Dan Spink 386-212-2898
dspink2@cfl.rr.com

Port Orange 13K/26K Bike Event Y1853

AVA Special Programs: IVV-Americas, Walking the USA A-Z (P) and Walking with America's Veterans. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

Look for the notebook and hanging folder marked "BIKE" in the Walk Box. Children under age 16 are required to wear helmets.

TRAIL DESCRIPTION: Route is on roadways and sidewalks and bike paths shared by walkers.

POINT OF CONTACT:

Dan Spink 386-212-2898
dspink2@cfl.rr.com

Port Orange 300m Swim Event Y1351

Look for the notebook and hanging folder marked "SWIM" in the Walk Box.

TIMES: YMCA members may swim at the times listed for YMCA hours. Non-members may take advantage of their Community Swim hours on Saturdays 2 to 4 PM. There is a \$3.00 fee for non-members.

SWIM at the YMCA pool. Wear appropriate attire and follow all posted rules.

Swim events are recorded in your IVV/AVA Events Book. There is NO separate DISTANCE Book available for swimming; event credit only. You must complete 300m (6 laps, up and back, at this pool) for a swim IVV/AVA Event credit.

POINT OF CONTACT:

John McClellan 781-686-0660
john.mcclellan86@gmail.com

New Smyrna Beach - 5K/11K/20K Walk Event Y1129

AVA Special Programs: IVV-Americas, Lighthouses II, Par-For-The-Course, Step to the Beat, Walking the USA A-Z, and Walking with America's Veterans. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Publix Supermarket

709 E. 3rd Ave.
New Smyrna Beach, FL 32169

TIMES: 7AM to Dusk—Daily

Closed Thanksgiving and Christmas

HISTORY: First settled by Greeks and Minorcans in 1768 who moved to St. Augustine in 1776. Founded in 1877, New Smyrna Beach is at the mouth of Ponce de Leon Inlet. The US Coast Guard Station is located at the northern point of the beach across from the Ponce Inlet Lighthouse on the opposite side of the Jetty.

TRAIL DESCRIPTION: Walk the waterside loop. Rated 1C; soft and packed sand, paved surface. Not suitable for wheelchairs or strollers.

DIRECTIONS: From I-95 (either north or south): Take Exit 249 (State Road 44) and drive East for approximately 5.8 miles. Just past the SunTrust Bank turn Right into the shopping center and drive to Publix Supermarket. Ask for the Walk Box at the Customer Service Counter.

LOCAL ATTRACTIONS: Nice beach, structure from first settlement in 1770's, Riverside Park, Indian River, New Smyrna Museum of History, shops on Canal Street & Flagler Ave., and the Marine Discovery Center.

POINT OF CONTACT:

Lori McCole, 970-343-2004
loralimc63@gmail.com

Orange City - Blue Spring State Park 5K/10K 1/01 to 3/31 Seasonal Walk Event Y0581

AVA Special Programs: IVV-America, Par-For-The-Course, Walking the USA A-Z (O)

START/FINISH: Blue Spring State Park

2100 West French Ave
Orange City, FL 32763

Entrance Gate

ONLINE START BOX ALSO AVAILABLE

TIMES: 8 AM to Dusk—Daily
January 1 to March 31 ONLY

TRAIL DESCRIPTION: Rated 1B is 60% shaded. Walk on service road, hiking trail, Blue Run and Spring Boil Boardwalk. Not suitable for strollers and wheelchairs.

HISTORY: This is the largest spring on the St. Johns River and is a designated Manatee Refuge during the winter; home to a growing population of West

Indian Manatee. Pets not allowed in campgrounds, concessions, on beaches and boardwalks.

DIRECTIONS:

From I-4 W, Exit 114, SR 472 W 3.1 miles; US 17-92 S 1.7 miles; Right on West French 2 miles; left into Park.

From I-4 E, Exit 111B, W on Saxon 1.3 miles; Right on Enterprise 1 mile; Right on US 17-92 2 miles; left on West French 2 miles; left into Park.

Must pay Park entrance fee. Ask for Volkssport Box. Park Attendant will advise where to park.

POINT OF CONTACT:

Alice Partlow 386-717-6153
alicepartlow53@gmail.com

Ormond Beach - Historic Beach 6K/11K Walk Event Y0977

AVA Special Programs: A-MAZE-ing Labyrinths, IVV-America, Par-For-The-Course, Rails-to-Trails, Step to the Beat, Walk the USA A-Z (O) and Walking with America's Veterans. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Granada Pier Bait & Tackle Shop

1 South Beach St
Ormond Beach, FL 32174

TIMES: Open Daily 7AM-7PM

TRAIL DESCRIPTION: Rated 1C; Walk over the Granada Bridge. Mostly sidewalks and hard packed sand beach. Some beach approaches are soft sand and therefore not suitable for wheelchairs/strollers.

HISTORY: Haven for vacationers for over 100 years. Settled in 1873 as a health resort attracting millionaires such as John D. Rockefeller. Some of the first automobile races were held on the beach from Ormond to Daytona Beach in the early 1900's.

LOCAL ATTRACTIONS: Tomoka State Park, The Case-ments, Ormond Memorial Art Museum and Gardens, Birthplace of Speed Park

DIRECTIONS: I-95 Exit 268 (Rte. 40) Granada Blvd; go East and cross US-1 to So. Beach St. Turn Right on So. Beach Street, then Left into Cassen Park. Ask for the Walk Box in the Bait & Tackle Shop

Going fishing? Try the Bait & Tackle Shop.

POINT OF CONTACT:

Sandy McArthur 248-882-7999
Sandym225@yahoo.com

Ponce Inlet - 5K/11K Walk Event Y0725

AVA Special Programs: IVV-Americas, Lighthouses II, Par-For-The-Course, Rails-to-Trails, Walking the USA A-Z(P) and Walking with America's Veterans

START/FINISH:

Ponce DeLeon Inlet Lighthouse Gift Shop

4931 S. Peninsula Dr.
Ponce Inlet, FL 32127

TIMES:

Daily: Memorial Day to Labor Day 10AM-9PM

Labor Day to Memorial Day 10AM-6PM

Closed Thanksgiving & Christmas

TRAIL DESCRIPTION: Rated 1C; soft sand, paved surface and boardwalk. Beach and residential area therefore not suitable for wheelchairs/strollers.

HISTORY: Step back into history. Visit the 175-foot-high lighthouse, said to be the tallest open to the public. In 1982 the light was reactivated.

LOCATION ATTRACTIONS: Beach, picnic area, historic lighthouse and museum, Marine Science Center, Ponce Preserve.

DIRECTIONS: From I-95, Exit 256, go East on Dunlawton Ave, (SR421), continue across the Intracoastal Waterway to So. Atlantic Ave. (A1A). Turn Right on A1A to Beach St. (about 5.2 miles). Turn Right to Peninsula Drive. Left to Lighthouse Gift Shop. Ask for Walk Box at the register. WHILE THERE, CHECK OUT THEIR UNIQUE MERCHANDISE.

POINT OF CONTACT:

Mark & Suzanne Mino, 561-213-3592
MEMino@attglobal.net

Palm Coast Walk & Bike Events

START/FINISH: Publix Supermarket
250 Palm Coast Parkway, NE
Palm Coast, FL 32137-8217

TIMES: 7AM to Dusk – Daily
Closed Thanksgiving and Christmas

LOCAL ATTRACTIONS: St. Joe Parkway, Linear Park, Matanzas River, “European Village”.

DIRECTIONS: From I-95 take Exit 289, drive east .6 miles on Palm Coast Parkway to Florida Park Drive. Turn left onto Florida Park Drive and then left into Island Walk at Palm Coast Shopping Center. Ask for the Volkssport or Walk Box at the Customer Service Counter.

Palm Coast - 5K/10K Walk Event Y1885

AVA Special Programs: IVV-Americas, Par-For-The-Course and Walking the USA A-Z (P)

Look for the notebook and hanging folders marked “Walk Event” in the Walk Box.

TRAIL DESCRIPTION: Rated 1A and suitable for strollers/wheelchairs. Takes you through shaded residential areas and along the St. Joe Walkway and Linear Park. Goes through woods and along the Matanzas River as well the shopping/residential district known as “European Village”.

POINT OF CONTACT:

Gail Martorana 321-795-1056
gjmekm@hotmail.com

Palm Coast - 13K/31K Bike Event Y1874

AVA Special Programs: IVV-Americas, Rails-to-Trails, Walking the USA A-Z (P)

Look for the notebook and hanging folders marked “Bike Event” in the Walk Box. Children under age 16 are required to wear helmets.

TRAIL DESCRIPTION: Route is on bike paths along local roads and terrific park trails including the St. Joe Parkway along the canal and Matanzas River to Waterfront Park and the Lehigh Trail through the Graham Swamp Forest Preserve. It is flat and all

hard (paved) surfaces.

POINT OF CONTACT:

Gail Martorana 321-795-1056
gjmekm@hotmail.com

Flagler Beach - 5K/11K Walk Event Y1904

AVA Special Programs: IVV-Americas, Par-For-The-Course, Step to the Beat, Walking the USA A-Z (F) and Walking with America’s Veterans. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: Big Al’s Bait & Tackle
323 North 2nd Street
Flagler Beach, FL 32136

TIMES:
Nov-Feb: Sun-Thurs 6AM-5PM
Fri & Sat 6AM-6PM
Mar-Oct: 6AM-7PM Daily

HIGHLIGHTS: The Flagler Beach Event offers a view of the Atlantic Ocean and Intracoastal Waterway. Walking the Betty Steflik Memorial Preserve trails and boardwalk offers views of the salt marsh and coastal scrub communities. Enjoy bird watching, fish from the pier, picnic, walk the beach.

TRAIL DESCRIPTION: Rated 1C; paved surface, boardwalk, and hard packed sand beach. Not suitable for wheelchairs or strollers.

DIRECTIONS: I-95 take Exit 284 Drive East toward Flagler Beach approximately 3.5 miles to traffic signal at the east end of the bridge, N. Flagler Ave. Turn left onto N. Flagler Ave; Big Al’s is on the right. Ask for the Walk Box at the counter. **PLEASE DO NOT PARK IN HIS LOT; USE NEARBY PARKING.**

Going Fishing? Try Big Al’s Bait & Tackle.

POINT OF CONTACT:

Gail Martorana 321-795-1056
gjmekm@hotmail.com

Mount Dora - 5K/10K Walk Event Y0726

AVA Special Programs: IVV-Americas, Par-For-The-Course, Step to the Beat, Walking the USA A-Z (M) and Walking with America’s Veterans, Walking With the Wild Things. *Town Halls/City Halls continues through December 2025 for current participants ONLY.*

START/FINISH: The Lakeside Inn
100 N. Alexander Street
Mt. Dora, FL 32757

TIMES: Dawn to Dusk—Daily

TRAIL DESCRIPTION: Rated 1C; moderately easy; uncut curbs and hilly streets with no sidewalks make route unsuitable for wheelchairs/strollers.

HISTORY: Rising on wooded terraces to a height of 184 feet above sea level. Mount Dora overlooks Lake Dora. A city of lovely historic buildings, antique shops, historic train ride, boat rides, festivals, parks and unique shops & restaurants.

LOCAL ATTRACTIONS: Lake Dora, Palm Island Nature Trail, numerous downtown restaurants and shops.

DIRECTIONS: From 1-4 take Exit 101c (SR46) Drive West approximately 18.5 miles to North Highland St. in Mt. Dora. Turn Left onto N. Highland and drive 4 blocks to traffic signal at East 5th Ave. Turn Left onto East 5th and drive about 0.5 mile to Donnelly St. Turn Left on Donnelly and park in the public parking garage located just before crossing the railroad tracks. Parking is free. **PLEASE DO NOT PARK IN THE LAKESIDE INN PARKING LOT WHICH IS RESERVED FOR REGISTERED GUESTS ONLY.**

Ask for Walk Box at the Registration Desk.

POINT OF CONTACT:

Paul Erickson 801-554-7132
rperickson25@gmail.com