

PSB

Bedford, MA

April 1 - December 31, 2023

49, 36, 25, or 13km Bike on the Minuteman Trail

START/FINISH:

Bikeway Source
111 South Road,
Bedford, MA 01730
Tel: 781-275-7799
www.bikewaysource.com

TIMES: Tues-Sat: 10-6, Closed Sun/Mon
Call or check Bikeway Source website to verify; hours subject to change!

Seasonal restroom at Freight House
near head of Trail.

SPECIAL CONDITIONS: Helmets mandatory. *Trail not plowed or shoveled after snowfalls; do not use when ice or snow may be present.*

TRAIL DESCRIPTION: Route on Minuteman Commuter Bikeway (paved & fairly flat) and Reformatory Branch Trail (flat, packed dirt). Four distance options offered. Trail eastward (Minuteman) parallels Paul Revere's famous ride on April 18, 1775 and passes through historic Lexington (13km), Arlington (Uncle Sam Memorial; 25km), & ends in eclectic Davis Square in Somerville (36km). Added 13km trail westward (Reformatory Branch) passes Great Meadows National Wildlife Refuge and turns around just outside historic Concord Center.

RATING: Paved and flat Minuteman trail has an AVA rating of 1A; flat, dirt portion on Reformatory Branch rated 1B.

AWARD: This is an IVV Credit Only event.

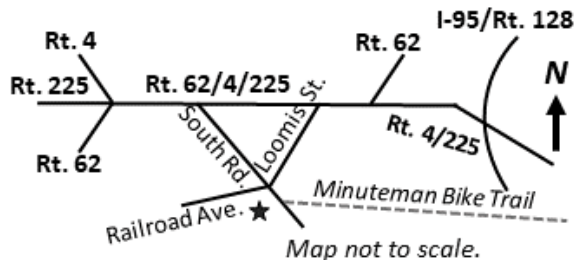
AVA SPECIAL PROGRAMS: Mayflower, Rails-to-Trails, Rockin' Around the Clock, Town Halls/City Halls, Walking with America's Veterans

DIRECTIONS: From Rt. 95/128: Exit 49B (Rt. 4/225 West) to Bedford for approximately 1.5 miles. **LEFT** onto Loomis St. to end at South Road. Bikeway Source is across the street at the start of the bike trail.

From North or West: Take Rt. 62, 4 or 225 East toward Bedford. Turn **RIGHT** onto South Road to junction of Loomis St. and Railroad Avenue. Bikeway Source on right.

POC:

Joanne Izbicki
25 Frances Road
Lexington, MA 02421
Tel: 781-402-0058
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OSB Provincetown, MA

April 1 - December 31, 2023

*10 and 6km Walks in the Birthplace
of American Liberty*

START/FINISH:

MacMillan Pier
Parking Lot



TIMES: Daily sunrise to sunset.

Complete event within 30 days of
initiating online registration.

REGISTER ONLINE ONLY: my.ava.org

REGISTRATION: Use the AVA's Online Start Box (my.ava.org). Follow the instructions to sign waiver & register for this event. Payment for event credit and directions uses secure online system. Walk directions and insert cards are PDFs that you download and print as needed. **POC does not provide event directions or accept alternate payment methods.** The entire online process should take less than 10 minutes for a first time user.

TRAIL DESCRIPTIONS: Come walk in historic Provincetown nestled on the very tip of Cape Cod, site of the Pilgrims' first landing (before Plymouth) and currently home to a vibrant arts community. Walk route accessible whether you arrive by car or by ferry.

RATING: Route is on paved surfaces with some hills and has an AVA rating of 2A. **These trails are NOT suitable for wheelchairs.**

AVA SPECIAL PROGRAMS: Lighthouses, Mayflower, Par for the Course, Rockin' Around the Clock, Town Halls/City Halls, and Walking with America's Veterans

AWARD: This is an IVV Credit Only event; ***the online system does not allow Free participants, a minimal charge is incurred for directions.***

DIRECTIONS TO START: Driving directions, parking details, and start point location received **AFTER** completing Online Start Box event registration and payment. Specific walk instructions included in that packet.

POC: Pat Damiani
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Sagamore Beach, MA 02562
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