

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards. Event number AT 21-Y2779.

SPONSOR: Virginia Vagabonds (AVA 365)

START POINT: Private Residence, 214 Sprigg Lane, Charlottesville, VA. GPS Coordinates: 38° 2' 20.7974" N, 78° 30' 35.2818" W

DISTANCE: There is a 5-kilometer (3.1 mile) and you can walk it a second time for 10 kilometers.

START AND FINISH TIMES: Only go to the start point during daylight hours. Walk during daylight hours only.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

FEES: . Fee: \$3.00. All walkers must pay the \$3.00 fee and carry a start card. Please pay by check. There will be no refund of any monies paid. Free commemorative medallion available.

IVV CREDIT: The event stamp may be entered into your IVV Event Book for the trail each day you walk the event. You may participate for DISTANCE credit without limit. The 10-kilometer trail may be completed no more than twice on the same day on one start card at no additional fee. All participants of IVV events are reminded to bring their IVV books to this event.

COURSE DESCRIPTION: Trail Rating is 2B. This walk explores an historic housing area and parts of the University of Virginia that are not included in the Charlottesville YRE. This walk features the new St. Thomas Aquinas church, Chabad House, lovely old faculty homes, the new Memorial to Enslaved Laborers, a section of the Berlin Wall; the nature trail around the Dell Pond, and an outdoor statuary exhibit. Two strenuous hills, many stairs, some dirt trail.

CONDITIONS: Restrooms may be available if restaurants and University buildings are open. Pets MUST be on a leash. There is

limited water available along the trail, so you should carry water with you. Litter must be deposited in designated containers. The trail is suitable for wheelchairs, strollers, and wagons.

FOR FURTHER INFORMATION: Please call Terry Sullivan, (434) 987-8231, email lemon2pie@yahoo.com. Information about volksmarching and location of events is available at www.my.ava.org.

SPECIAL PROGRAMS: Rockin' Round the Clock, Walking the USA A-Z, Walking with America's Veterans, City of Charlottesville for the VVA Cities Program, and Albemarle County for the VVA Counties Program.

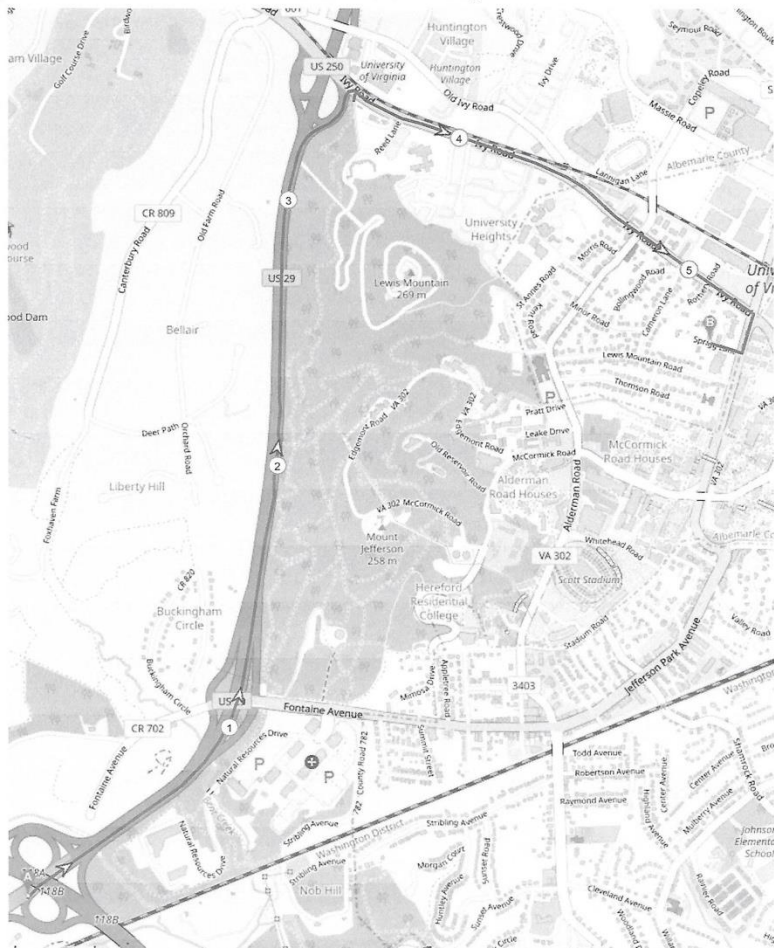
DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

WHAT IS A VOLKSMARCH? A non-competitive outdoor event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). More information about volksmarching and location of events is available at www.my.ava.org

EVERYONE IS A WINNER! When awards are available, each participant who purchases a start card and pays the award fee receives an attractive commemorative award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. Upon completion of a record book, the owner receives a certificate, a hatpin, and a patch, in recognition of reaching a certain milestone.

DIRECTIONS: From I-64 going east or west, take Exit 118B and go north on US 29 Bypass. At US 250 exit right (this is Ivy Road) and drive 1.5 miles to Emmet. Turn right on Emmet and go one block to

Sprigg Lane. Turn right and drive one block to the large house at the dead end of the street. Street parking may be available, or you may park in the driveway of the house. Physical start box is located in a covered brick walkway just north of the front door.



VIRGINIA VAGABONDS

LEWIS MOUNTAIN CHARLOTTESVILLE, VIRGINIA SEASONAL WALK

JANUARY 1 THRU JUNE 30,
2021

CREDIT ONLY

5 AND 10 KILOMETERS

