

## DIRECTIONS

From either Maryland or Virginia on the Capital Beltway (I-95/I-495): Drive toward Alexandria and take exit 177A (US-1 South; Fort Belvoir). Merge to the left within about 0.2 miles and turn left at Huntington Ave. Turn left to drive on Huntington for one block to Fort Hunt Road. Turn right to drive south on Fort Hunt Road for about one mile to the second traffic light, which is Belle View Blvd. Turn left to drive east on Belle View Blvd. for about two blocks. Bread and Water Company is at the far end of the shopping center on the left.

## WHAT'S A VOLKSMARCH?

*A volksmarch is a non-competitive walk. You may choose your time to start within the start/finish "window" and walk at your own pace. You can walk for free or pay a small amount to earn credits that provide a tangible record of your participation. If you want to combine fun, fitness, and fellowship, join us for one of these events! For more information, check out our club web site at [www.NorthernVirginiaVolksmarchers.club](http://www.NorthernVirginiaVolksmarchers.club) or the national website at [www.ava.org](http://www.ava.org).*

*"I see my path  
but I don't know  
where it leads.  
Not knowing where  
I'm going is what inspires  
me to travel it."*

## Northern Virginia Volksmarchers

# Alexandria, VA Waterfront 2021 Seasonal Event April 25 – December 31

10KM (6.2 Mile) Walk  
or  
6KM (3.7 Mile) Walk

Both Distances Are Rated 1A

**Register IN PERSON:** Bread and Water Company, Belle View Shopping Center, 1512 Belle View Blvd., Alexandria, VA 22307  
or **ONLINE**



This event is sanctioned by the American Volkssports Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts towards the acquisition of IVV achievement awards.

AT 21/118757



# AMERICA'S WALKING CLUB

— ESTABLISHED 1976 —

**DATES:** April 25 – December 31, 2021

**SANCTION NUMBER:** 118757

**TWO REGISTRATION CHOICES:**

In Person: Bread and Water Company, 1512 Belle View Blvd., (Belle View Shopping Center), Alexandria, VA 22307. GPS: N 38° 46' 32.124" W 77° 3' 34.128" Ask for walk box and consider a purchase as a thank you. NOTE: AFTER REGISTERING, THERE IS AN APPROXIMATELY TWO-MILE DRIVE TO THE START POINT (JONES POINT).

OnLine: Go to [my.ava.org](http://my.ava.org).

**BREAD AND WATER COMPANY HOURS OF**

**OPERATION:** Monday – Saturday 7 a.m. to 5:30 p.m., Sunday 7 a.m. to 2:30 p.m. Call for hours on major holidays.

**DISTANCES/TRAILS:** Walkers have a choice between 6KM (3.7 miles) and 10 KM (6.2 miles). Both trails are rated 1A and have limited elevation gain. Walkers of both distances will enjoy scenic views of the Alexandria Waterfront and several waterfront parks. Participants will also enjoy a half-mile pedestrian bridge over Great Hunting Creek. Both distances take walkers into the memorial in the Contrabands and Freedmen Cemetery which served as the burial place for 1,800 African Americans who fled to Alexandria during the Civil War. The longer trail includes additional footage along the Alexandria waterfront. Trails are suitable for strollers and wheelchairs with medium difficulty.

**FACILITIES:** Restrooms are available at the start point. Food, beverages, and restrooms are available at several restaurants along the trail.

**SPECIAL PROGRAMS:** Rockin' Around the Clock, Little Free Libraries

**FEES:** There is no charge to participate in these events. The fee for IVV credit is \$3.

**INFORMATION CONTACT:** Helen Garamone (703) 360-5692 (H) or (571) 243-2573 (C)  
[hkgaramone@hotmail.com](mailto:hkgaramone@hotmail.com)

**STIPULATIONS:** Everyone is welcome. Children under 12 must be accompanied by an adult.

**DISCLAIMER:** The American Volkssport Association or its branch clubs are not responsible for theft or loss of personal belongings or property. Every reasonable effort will be made by the sponsor to make this a safe, enjoyable, and memorable walk. All walkers must sign a waiver.

**WALK THE DYKE MARSH ALEXANDRIA YEAR-ROUND  
EVENT WHILE YOU'RE HERE**

The Bread and Water Company also serves as the start point for another great walking event. Use the same start box to sign up for the Dyke Marsh YearRound Event and explore wetlands along the Potomac River.