

SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards.

SPONSOR: Peninsula Pathfinders of Virginia (AVA 142)

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

COURSE DESCRIPTION: Trail Rating 2A. This trail is along the Virginia Capital Trail, which is a paved trail that runs alongside Route 5 between Williamsburg and Richmond. There are several hills. This is an out-and-back trail.

WALK FEES: Please pay by check. The IVV Credit Only and Non-IVV Participant fees are \$3.00. There will be no refund of any monies paid. There are no free bikers allowed. A Non-IVV participant is one who not stamping their IVV walk books.

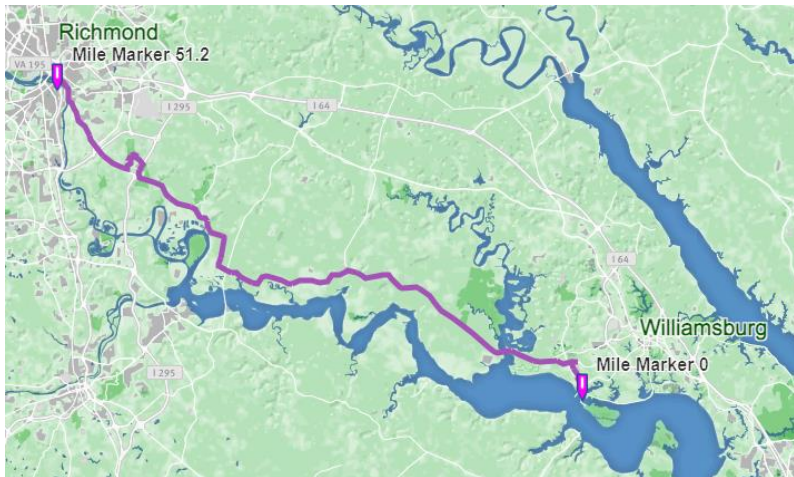
POINT OF CONTACT: Sandy Croushore at (757) 532-3468 or email szcroushore@verizon.net.

PROCEDURES: **Pre-registration is required.** Mail the pre-registration form and fees to 302 Queens Crescent, Williamsburg VA 23185 OR register with the Online Start Box through my.ava.org. Start cards, driving and biking maps, and bike directions will be sent by email or return mail for mailed registrations. Stamped insert card will be mailed to the participant after the completed start card is received.

CONDITIONS: The trail must be completed during daylight hours. With registration for this event, the participant accepts the guidelines for AVA Volkssport events and agrees to observe the principles of good sportsmanship. Water may not be available along the trail, so it is recommended that you carry water with you. Restrooms are available at the trailheads. Litter must be deposited in the designated containers.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary club are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

COMMENTS: Participants must wear bike helmets.



PENINSULA PATHFINDERS

VIRGINIA CAPITAL TRAIL SEASONAL BIKE EVENT



REGISTRATION:

Mail pre-registration to: Peninsula Pathfinders, c/o Sandy Croushore,
302 Queens Crescent, Williamsburg, VA 23185, by April 28, 2019.

Name	Credit only \$3.00	Non-IVV \$3.00

ADDRESS: _____

CITY, STATE AND ZIP CODE: _____

May we email the directions? Yes No

Email address:

15 February to 31 December 2022
10 to 64.5 Kilometers (6.2 to 102.4 miles)

Trail Rating: 2A
Event Number: AT22-121215

