

SANCTION: These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). These events count for acquisition of IVV achievement awards.

SPONSOR: Virginia Volkssport Association (VVA)

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

AWARD/FEES: Please pay by check. IVV Credit Only and Non-IVV Participant Fee: \$3.00 each event. A Non-IVV Participant is one who is not stamping their IVV walk books. No refunds. There are NO free walkers allowed.

IVV CREDIT: You may enter event credit for each day that you walk the trail into your IVV event book for the trail. You may participate for DISTANCE credit WITHOUT LIMIT. All participants of IVV events are reminded to bring their IVV books to this event. There will be insert cards in the box if you need them.

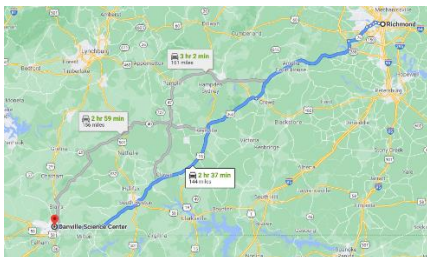
PROCEDURES: At the start point, each participant will register in the log and get their own start card, which must be signed and carried along the trail. The individual start cards will be mailed in after completing the event.

CONDITIONS: Pets are permitted on these walks; however, they must be on a 6-foot leash. No pets will be allowed in the start points. Water and restrooms are available at the start points, and you should carry water on all trails, especially in the summer. Litter must be deposited in designated containers. All walks must be completed during daylight hours only.

FOR FURTHER INFORMATION: For Danville, please call Helen Swanson at (434) 489-2668, email helenswanson2012@yahoo.com. For Winchester, please call Dale Sours at 540-550-4973, email dlsours147@aol.com.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

INFORMATION: Information about volksmarching and location of events is available at www.ava.org and walkvirginia.org. Special programs that are applicable to all events or all walks are not shown to reduce clutter.



Danville

Danville, Virginia

AT 2023 - Y0221 Town & AT 2023 – Y3043

Start Location: Danville Science Center, 677 Craghead Street, Danville, Virginia. Phone: (434) 791-5160. GPS Coordinates: N36° 35.0591', W079° 23.128'

Start and Finish Times: Hours of the Science Center: Wednesday - Saturday: 9:30 a.m. to 5:00 p.m. Sunday 11:30 to 5:00 pm.

Course Description/Rating: The town trail is 05/10 km (3.1/6.2 miles) and is through the town on sidewalks. There is one long hill. This trail is suitable for strollers, but not for wheelchairs. The Riverwalk trail is 10 KM (6.2 miles) is a paved rails-to-trails and follows along the Dan River. Town trail rating: 2A Riverwalk trail rating: 1A

Point of Contact: Helen Swanson, 673 Westridge Drive, Danville, VA 24541, (434) 489-2668, email: helenswanson2012@yahoo.com

Directions: Approaching from the North: Take 29S (Danville Expressway/Bypass). Take the exit for 58W (follow the brown Danville Science Center signs). After approximately 2 miles, take a left at the second stoplight onto the Main Street Bridge. After you cross over the bridge, take a left onto Craghead Street at the stoplight. The Science Center will be approximately 1 mile on the left at the "Crossing at the Dan."

Approaching from the South: Take 29N to Danville to the 29N Expressway (also called the Rte. 265 Bypass). Take the exit for 58W (follow the brown Danville Science Center signs). After approximately 2 miles, take a left at the second stoplight onto the Main Street Bridge. After you cross over the bridge, take a left onto Craghead Street at the stoplight. The Science Center will be approximately 1 mile on the left at the "Crossing at the Dan."

Approaching from the East: Take 58W into Danville (follow the brown Danville Science Center signs). At the second stoplight past the exits for US29, take a left at the second stoplight onto the Main Street Bridge. After you cross over the bridge, take a left onto Craghead Street at the stoplight. The Science Center will be approximately 1 mile on the left at the "Crossing at the Dan."

Approaching from the West: Take 58E to Danville. Then take the exit for Downtown/86S/29S-Business (Central Boulevard). Take the 2nd Exit Memorial Drive. This street will become Craghead Street once you cross over Main Street. After this intersection, the Science Center will be approximately 1 mile on the left at the "Crossing at the Dan."

Special Programs: Town Trail: Rockin' Around the Clock. Riverwalk Trail: Rails – to – Trails. Both trails: Walking with America's Veterans, Virginia Cities - Danville.

Winchester, Virginia
AT 2023 – Y0590

Start: The Winchester-Frederick County Visitor Center, 1400 S. Pleasant Valley Road, Winchester, VA 23601, (540) 542-1326. Toll free number is (877) 871-1326. GPS Coordinates: N39° 10.1555', W078° 9.6982'

Start and Finish Times: The hours of the Winchester-Frederick County Visitor Center: daily 9:00 a.m. to 5:00 p.m. Closed on major holidays.

Course Description/Rating: 5/10 km, Rating 1A. The trail is suitable for strollers and wheelchairs. The trail is along city and residential streets and parks and through many famous historical areas of Winchester.

Point of Contact: Dale Sours, 4973 Middle Rd., Winchester, VA 23602, (540) 550-4973, email: dlsours147@aol.com

Directions: Take I-81 to Exit 313, Route 50 East. At the first light, turn right. Upon entering Winchester, watch for and follow signs to Visitor Center. Park in the Visitor Center parking lot.

Special programs: Rockin' Around the Clock, Town Hall/City Hall, Walking with America's Veterans. Virginia Cities - Winchester.



VIRGINIA VOLKSSPORT ASSOCIATION

YEAR ROUND WALKS

JANUARY 16 - DECEMBER 31, 2023

DANVILLE TOWN

WINCHESTER



FEBRUARY 15 - DECEMBER 30, 2023

DANVILLE RIVERWALK

**CREDIT AND NON-IVV
PARTICIPATION ONLY**

NO FREE WALKERS



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

SANCTIONED EVENT
Eligible for credit towards IVV Achievement Awards

