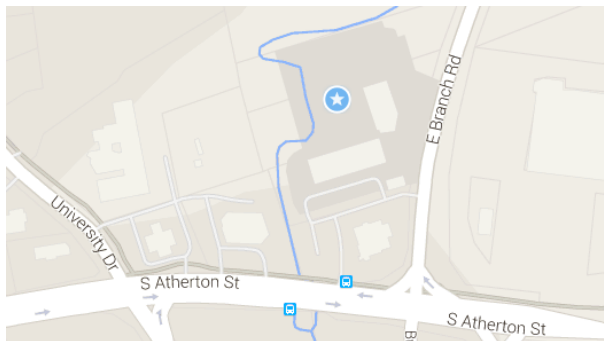


DIRECTIONS TO: Super 8 Motel, 1663 S. Atherton St. State College, PA 16801
- **From I-80:** Take Exit 161, Route 26 South to Bus Rt. 322, two miles east, on left.

- **From Pittsburgh:** Route 22 East to I-99 North to Route 322 East on Business Route 322.

- **From Harrisburg:** Route 322 West to Business Route 322. Turn right at the Branch Road. (in back of IHOP).



DIRECTIONS TO: Victory Park, S Juniata St, Lewistown, PA 17044. ***From Harrisburg take Rte. 22/322. Take the "West Business 22 Lewistown" Exit. Follow Business 22 for about 3 miles. Cross the railroad tracks and then turn Left into Victory Park. ***From State College take Rte. 322 to Lewistown. Take the "East Charles St" Exit. On Charles Street, go through 2 traffic lights and then bear Right on to Business 22. Cross the railroad tracks and then turn left into Victory Park.



Join us for a "Pizza Party" on Friday, October 6 at 6 pm in the Super 8 Motel Meeting Room. Pizza, sides, soda and water will be provided. The cost will be \$6 per person and space is limited to 85.

Join us for a "Meet & Greet" on Saturday, October 7, at 6 pm in the Super 8 Motel Meeting Room. Sandwiches, sides, soda and water will be provided. The cost will be \$12 per person and space is limited to 85.

You are welcome to bring your own alcoholic beverages to these events. Make a reservation by sending a check, payable to "YWRW" to Bill Lore, 425 Quaker Dr, York, PA 17402.

Hotel Reservations can be made at the Super 8 State College at the rate of \$109.00 plus tax for up to 4 people. A continental breakfast is included. Reservations must be made by Aug 14, 2023. Call (814) 237-8005, wait until the end for the front desk to answer, and request the "Keystone State Volkssport Association" rate.

State College Pennsylvania

Fall Foliage Festival of Walks



"A" Award is a 1" hat pin

Centre, Mifflin, & Huntingdon Counties

Five Volkswalks

Thursday, Friday, Saturday, Sunday
October 5-8, 2023

Sponsored by the
Susquehanna Rovers
&

Keystone State Volkssport Association
with assistance from the
Pennsylvania Volkssport Clubs



Fall Foliage Festival of Walks

Five Walks

(Also available nearby – Three Year-Round Walks)

DATE: Thursday, October 5 – Sunday, October 8, 2021. (Only Lewistown and the Treasures of the Seven Mountains are sanctioned for Thursday.)

SPONSOR: Susquehanna Rovers and Keystone State Volkssport Association with assistance from the Pennsylvania Volkssport Clubs.

SANCTIONED BY: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement awards.

PROCEDURE: AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be walked a second time on the same day using the same start card at no additional cost.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace. Runners are welcome!

REGISTRATION and FEES: This event is free to those who wish to participate without IVV credit. IVV credit is \$3.00. IVV credit with “A” Award is \$7.00. There is no pre-registration. There will be no refunds.

CONDITIONS: The event will be held regardless of the weather. There will be no littering. Wildlife and plant life are not to be disturbed. No refunds. Pets must be on a leash at all times and are not permitted in any buildings.

AWARD: The “A” Award is a 1” hat pin which features a sign with fall leaves. We have one hundred pins; there will not be a reorder.

RESTROOMS: Restrooms are available at the start and at least one other location on each 10K trail.

REFRESHMENTS: Water and hard candy will be available at the start/finish.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

FOR MORE INFORMATION: Tom Jackson, cell (717) 309-6088, or thomasjackson@embarqmail.com

WEB SITE: <https://my.ava.org/find-a-fest.php?name=Fall%20Foliage%20Weekend%20State%20College>

Nearby Year Round Events sponsored by the Susquehanna Rovers (Start Box for all three events is at the Super 8): Boalsburg, State College – Arboretum, and State College - Town and Campus

Start Location: Victory Park, S Juniata St, Lewistown, PA 17044

Registration on Thursday between 9 am – 1 pm only for Lewistown and the Treasures of the Seven Mountains events. Payments and stamping of IVV books must be done at the Super 8 starting on Friday.

Start Location: Super 8 State College, 1663 S Atherton St, State College, PA 16801

Registration on Friday between 9 am – 5 pm, Saturday between 8 am – 4 pm, and Sunday between 8 am – 1 pm. Participants must finish by 4 pm on Sunday.

AVA Event # AT23/124218 5K & 10K Trails, Rated 1A

Town & Gown Walk (Centre County) – New route for 2023. After registering at the Super 8, participants must drive about 3.3 miles to the start at Sunset Park. The walk goes from the Park, through a residential area, and around the Penn State Campus and downtown. The walk passes the All-Sports Museum, The Creamery, the PSU Veteran’s Monument, and the Nittany Lion Shrine.

Special Programs: Par-for-the-Course, Clocks, Veterans

AVA Event # AT23/124299 5K & 10K Trails, Rated 2B

State College-Tudek Park (Centre) – New route for 2023. After registering at the Super 8, participants must drive about 4 miles to the start at Tudek Park. The walk goes past the Snetsinger Butterfly Garden, through the Park to a residential area, and then into the Penn State Golf Courses. It then continues to the PSU West Campus and back to Tudek Park.

Special Programs: Par-for-the-Course, Clocks

AVA Event # AT23/124298 5K to 21K Trails, Rated 2C

Treasures of the Seven Mountains (Centre, Mifflin, and Huntingdon Counties)– After registering, participants must drive to the walks in the Seven Mountains Area which is south and southeast of State College. Walks are at Reedsville (4K), Milroy (4K), Seven Mountains Wine Cellars (2K), Colyer Lake (4K), Musser Gap (3K), Pine Grove Mills (4K), Whipple Dam State Park (SP) (4K), Greenwood Furnace SP (2K, 3K, 5K), Alan Seeger Natural Area (3K), and Penn-Roosevelt SP (2K). There is no expectation that anyone will do all ten walks. Participants can do the walks they choose and take IVV event credit for each day they walk and distance credit for the distance walked. The AVA insurance policy does not cover participants while they are driving between towns. Walks are on sidewalks, road shoulders, and hiking trails. None of the walks are suitable for wheelchairs or strollers.

Special Programs: Par-for-the-Course, Town Halls, Veterans

AVA Event # AT23/124217 5K & 10K Trails, Rated 2C

Stone Valley Recreation Area (Centre County)– After registering at the Super 8, you must drive 17 miles to the start. The route starts at the Park Office and goes around Lake Perez. The walk passes facilities used by the Forestry, Civil Engineering, and Environmental Science before visiting the Shaver’s Creek Environmental Center.

Special Programs: None

AVA Event # AT23/124349 5K & 10K Trails, Rated 1A

Lewistown (Mifflin County) - The walk goes along the Juniata River before going through downtown Lewistown. As you walk along the recently extended S.H. Rothermel Walking Trail you will have views of the Juniata River and the surrounding mountains. Entering town, you will walk by some of the historic buildings listed on Lewistown’s Self-Guided Tour of Historic Buildings. You will also see some of the fiberglass geese statues painted and designed by local artists and sponsored by local businesses. If you walk on Thursday or Saturday, you will pass by the Lewistown Farmer’s Market where you can find local produce and food.

Special Programs: Clocks, Par-for-the-Course, Town Halls, Veterans