

AVA Special Programs: Virginia Counties.



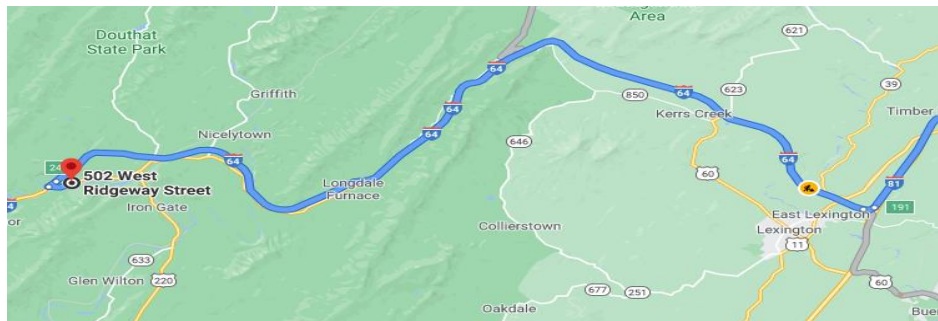
Monday, 6 September—Clifton Forge

Start Point: Hardee's, 502 W Ridgeway St, Clifton Forge, VA. GPS: N 37.8115, W 79.8389

Trail Description: Trail rating: 2A. The walk will be along sidewalks and sides of roads in the town of Clifton Forge.

Directions: Take I-64 to Exit 24 toward Clifton Forge and US 60E BUS to the top of the ramp. Turn LEFT onto Ridgeway St and continue about 0.7 miles to the Hardee's on your left.

AVA Special Programs: Little Free Libraries, Rockin' Around the Clock, Walking with America's Veterans, Walking the USA A-Z, Virginia Cities.



**VIRGINIA VOLKSSPORT ASSOCIATION
LABOR DAY WEEKEND**

4-6 September 2021

IVV Credit Only



City of Covington
(AT 21/115709) - 4 September

Alleghany County
(AT 21/115710) - 5 September

Alleghany County - Clifton Forge
(AT 21/115708) - 6 September



General Event Information

Sanctioned: All events in this brochure are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). These events count toward the acquisition of IVV achievement awards.

Disclaimer: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver.

Sponsor: Virginia Volkssport Association (AVA-VA)

Distances: All events are 5 or 10 kilometers.

Start Times: All walks will start between 9 am and noon, finish by 3 pm.

Start Points: Saturday: Covington; Sunday: Alleghany County (Covington); Monday: Clifton Forge. See below for specific details.

Eligibility: All are welcome. Everyone must register and sign the insurance waiver at the start, fill out and carry a start card, and turn it in upon completing the walk. Children under 12 must be accompanied by an adult.

Fees: There is no charge to participate. Credit only is \$3. There will be no refund of any monies paid.

Conditions: These events will be held regardless of most weather conditions. Carry water regardless of weather conditions. IVV Books and New Walker packets will be available for sale at all events. Pets are welcome on the trail, but not in the registration point. Wheelchairs and strollers may be used on all trails.

Refreshments: Water and candy will be available at the start/finish. Restrooms will be available at all start points but may not be available on the trail. Restaurants are available on the town trails.

Point of Contact: Sandy Croushore, 302 Queens Crescent, Williamsburg, VA. Email: szcroushore@verizon.net. Telephone: (757) 532-3468.

More information about volksmarching and location of events is available at www.walkvirginia.org and www.ava.org.

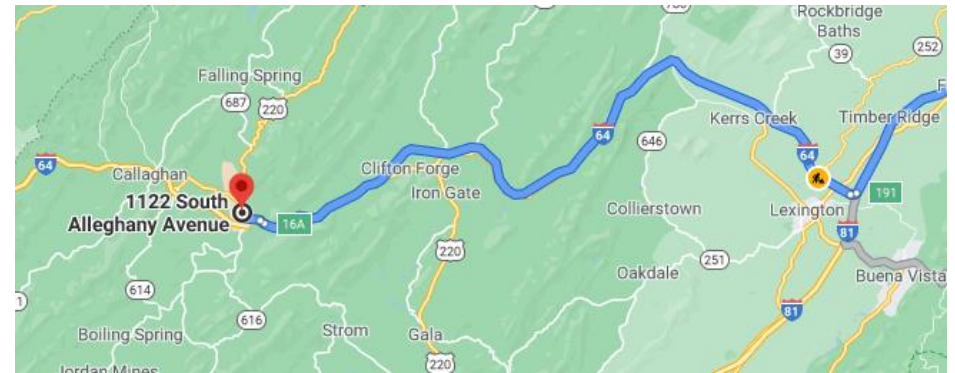
Saturday, 4 September—City of Covington

Start Point: Hardee's, 1122 S Alleghany Ave, Covington, VA. GPS: N 37.7817, W 79.9865

Trail Description: Rated 2A: The walk will be along sidewalks and shoulders of roads in the city of Covington, the third-least populous city in Virginia.

Directions: Take I-64 to Exit 16A toward Covington. Turn LEFT on US 60W/US 220N for about 1.2 miles to S Highland Ave. Turn LEFT onto S Highland Ave and then RIGHT into the Hardee's parking lot.

AVA Special Programs: Rockin' Around the Clock, Walking the USA A – Z, Virginia Cities, Virginia Find the LOVE.



Sunday, 5 September—Alleghany County

Start Point: Jackson River Scenic Trail Intervale parking lot, 1903 Dressler Dr, Covington, VA, GPS: N 37.8199, W 79.987

Trail Description: Rated 1B: This walk is an out-and-back along this popular trail, walking along the Jackson River.

Directions: Take I-64 to Exit 16A toward Covington. Turn LEFT on US 220N and continue for about 4.1 miles to Dressler Dr. Turn LEFT and then immediately sharp LEFT into the gravel parking lot.