

**WELCOME TO THE  
EAST WENATCHEE RIVER - SEASONAL WALK Y1974**

In Douglas and Chelan Counties, Washington

6K and 10K rated 1A

Central Washington Sun Striders

This On-line Start Box packet contains the following 7 pages of information:

1. This Welcome page.
2. Driving Directions and Supplemental Info (one page).
3. Walk directions for both 6K and 10K (one page).
4. A map for both the 6K and 10K (one page).
5. Current ESVA and AVA Challenges for this event (one page).
6. A CWSS brochure of club sponsored walks in Central Washington (2 pages).

Sponsored by the Central Washington Sun Striders

POC: J. Blazek 509-899-6535

Copyright: 2021 Central Washington Sun Striders

## **East Wenatchee Driving Directions and Supplemental Information**

### **Driving Directions to the Walk Start**

This walk starts at the 19th Street Trailhead parking lot for the Applie Capital Recreation Loop Trail

**Coordinates: 47.2602.44 N 120.1806.38 W**

From Quincy, take SR 28 to East Wenatchee. In East Wenatchee, continue straight (north) on SR 28 West through the Grant Rd intersection and also the roundabout. Turn left on 19th Street NW and just after a small brown sign that says Loop Trail Parking, turn left on an unsigned street that leads to the parking lot on your right.

From Wenatchee, take US2 East across the Columbia River bridge to the stop light. Turn right on SR 28 East toward East Wenatchee. Turn right on 19th Street NW and just after a small brown sign that says Loop Trail Parking, turn left on an unsigned street that leads to the parking lot on your right.

When you are driving on 19th Street NW, **if** you get to where the road curves to the right, you have missed the unsigned street that takes you to the Loop Trail parking lot.

### **Restroom Information**

Restrooms are available at the starting point in the Russell Congdon Recognition Plaza area. There are no other restrooms along the route.

**EAST WENATCHEE, WA. 6K and 10K SEASONAL WALKS Y0258  
CENTRAL WASHINGTON SUN STRIDERS - RATING 1A**

**Restrooms at the Start Point Plaza**

**(Both 6K and 10K walkers do 1 - 9)**

1. From the corner of the parking lot, **follow** the paved trail through the small park and plaza to a "T" at the paved Apple Capital Rec Loop trail. *(Restrooms and water fountain at the plaza area and there is a Bavarian Volkssport Club brick below the list of Power Walkers to the right of the center)*
  2. Turn **LEFT** on the paved Apple Capital Rec Loop trail. *(The river will be on your right).*
  3. **CURVE LEFT** up a small rise to the 9th Street intersection and the pedestrian bridge that goes over the Columbia River.
  4. Turn **RIGHT** and **CROSS** the pedestrian bridge over the river. *(This was the first highway bridge over the Columbia River).*
  5. After crossing the river to the "T" at the river trail, turn **LEFT** on the paved river trail and go a short distance to the bridge information sign. *(This portion of the walk is in Chelan County).*
  6. Turn **AROUND** and go back on the river trail the way you came.
  7. Turn **RIGHT** and **CROSS** back over the river on the pedestrian bridge.
  8. Turn **LEFT** back onto the river trail.
  9. **Follow** the paved trail back to the Russell Congdon Recognition Plaza sign and paved trail junction.
- 6K walkers do 10. 10K walkers do 11-14.**
10. Turn **RIGHT** on the paved trail back through the plaza to the parking lot and your vehicle.

**In Case of Emergency: call 911**

11. Continue **STRAIGHT** ahead on the paved Apple Capital Rec Loop trail *(with the river on your left).*
12. At the next junction with a paved access trail to your right, continue **STRAIGHT** on the paved river trail.
13. At the next junction with a paved access trail to your right *(trail accesses 27th Street)* and a bench on your left, turn **AROUND** and go back on the paved river trail the way you came *(now with the river on your right).*
14. At the trail junction with the Russell Congdon Recognition Plaza sign, turn **LEFT** on the paved trail back through the plaza to the parking lot and your vehicle.

POC: J. Blazek 509 - 899 - 6535

*Thank you for walking our East Wenatchee walk. There is another On-line Start Box AVA walk across the river in Wenatchee that goes through the downtown area and along a different part of the paved Apple Capital Rec Loop river trail.*

*The walk directions and maps may only be used in conjunction with a signed AVA athletic waiver. All other uses are prohibited.*

Be sure to log back into the OSB system ([my.ava.org](http://my.ava.org)) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion info as a paying for credit walker.) The \$2 "coupon" for the downloaded PDF expires in 60 days.

Copyright 2021 Central Washington Sun Striders





**WALLA WALLA - City and Parks - Walla Walla Co. Y1922 6K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions.  
4/1 - 11/15. Rated 1A. Walk through downtown with its many winery tasting rooms, through Whitman College and city parks and historic homes.

**WENATCHEE - City Art and River - Chelan Co. Y0503 5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions.  
4/1 - 10/31. Rated 1A. Walk through downtown and on a paved trail through parks along the Columbia River with lots of artwork along the trail.

**YAKIMA - Chesterley Park/Canal Path - Yakima Co. Y0993 5K & 10K**  
Powerhouse Grill, 3807 River Rd, Yakima, 509-469-9900. 4/1 - 11/15. Rated 1A.  
Walk paved Powerhouse Canal path and through residential areas.

**YAKIMA - Yakima River Greenway Trail - Yakima Co. Y0574 5K & 10K**  
Baymont by Wyndham Hotel, 1603 E. Yakima Ave, Yakima, 509-654-9168. 4/1 - 11/15.  
Rated 1A. Walk a paved trail along the Yakima River and through the city's Arboretum.

**YAKIMA - Historic Downtown - Yakima Co. Y2734 5K & 10K**  
Baymont by Wyndham Hotel, 1603 E. Yakima Ave, Yakima, 509-654-9168. 4/1 - 11/15.  
Rated 1A. Walk through historic downtown, residential areas and through several parks.  
**NEW EVENT for 2021.**

**ZILLAH - Town and Canal - Yakima Co. Y1951 5K & 10K**  
Best Western Plus, 911 Vintage Valley Parkway, Zillah, 833-448-0904. 4/1 - 11/15.  
5K rated 1A, 10K rated 1C. Walk through the town past historic "Teapot Dome" gas station, a Veteran's Memorial, and through residential areas. 10K follows a gravel road along the Sunnyside Canal.

**Web registration address: [my.ava.org](http://my.ava.org).** You will need to establish an account on the site before being able to register for events.  
**POC contact for email registration: [joelblazek1@gmail.com](mailto:joelblazek1@gmail.com)**

**Central Washington Sun Striders**  
is a non-profit organization dedicated to promoting public health, fun, recreation and fellowship through non-competitive walking/hiking events.

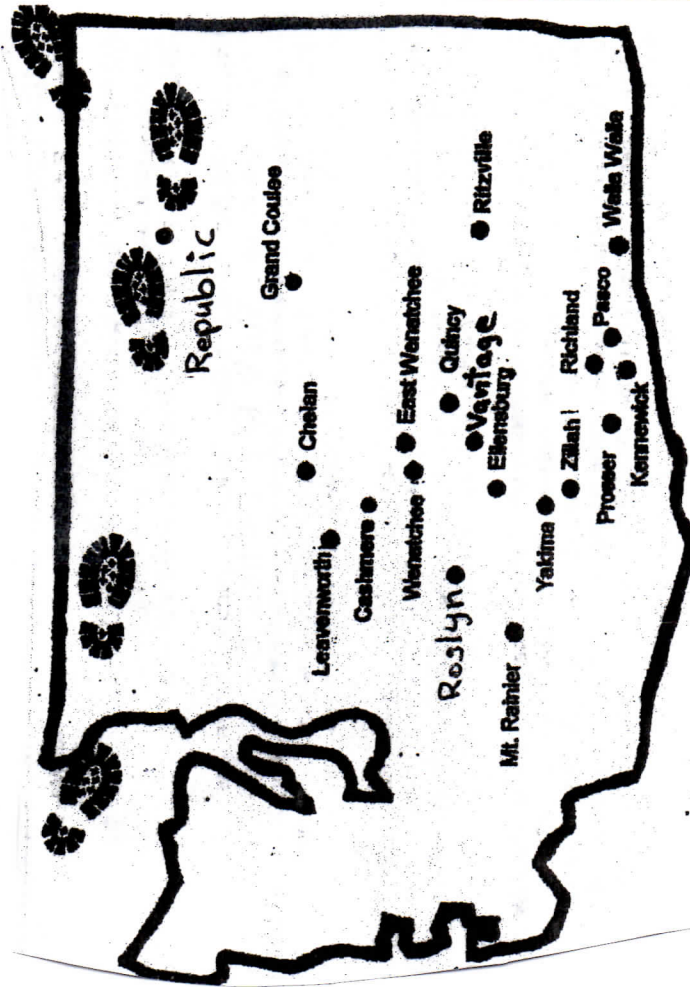
Comments can be sent to Central Washington Sun Striders,  
PO Box 10523, Yakima WA 98909; or our email address:  
[centralwasunstriders@gmail.com](mailto:centralwasunstriders@gmail.com)

**For further information on walk events:**  
For events in Washington State: [www.esva.org](http://www.esva.org) (Events tab)  
For events across the USA: [www.ava.org](http://www.ava.org) (Events tab)  
Copyright 2021 Central Washington Sun Striders

# CENTRAL WASHINGTON SUN STRIDERS

2021

## 1 YEAR ROUND WALK 24 SEASONAL WALKS IN CENTRAL WASHINGTON



**CASHMERE - Town and River - Chelan Co. Y0319 5K & 10K**  
Martin's Market Place, 130 Tichenal Way, Cashmere, 509-782-3801. 4/1 - 11/15. 5K Rated 1A, 10K Rated 2A. Walk through downtown which includes the Aplets and Collets factory, through residential areas, along the Wenatchee River, and by a 9/11 and Veteran's Memorial.

**CHELAN - Town and Lake - Chelan Co. Y1974 5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. Rated 2A. Walk through residential and business areas, through three parks, and along Lake Chelan and the Chelan River.

**EAST WENATCHEE - Columbia River Bridge and Trail - Chelan/Douglas Cos. Y0258 6K/10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. Rated 1A. Walk across the Columbia River on a pedestrian bridge. Then walk on a paved recreation trail along the river with views of Wenatchee and surrounding hills.

**ELLENSBURG - City and CWU - Kittitas Co. Y0320 5K/6K/10K & 15K**  
Best Western Plus Hotel, 211 W. Umplanum Rd, Ellensburg, 509-925-4244. 1/2 - 12/31. Rated 1A. Walk through historic neighborhoods, downtown and CWU campus.

**ELLENSBURG - Yakima River and Parks - Kittitas Co. Y1151 6K & 10K**  
Best Western Plus Hotel, 211 W. Umpplanum Rd, Ellensburg, 509-925-4244. 4/1 - 12/31. Rated 1B. Walk in three city parks and along the Yakima River.

**GRAND COULEE - Town and Dam - Douglas/Grant/Okanogan Cos. Y1921 5K and 10K.**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. Upper 5K rated 2B, lower 5K rated 1B. Walk on paved trails and city streets with great views of the river and reservoir from above and below Grand Coulee Dam.

**KENNEWICK - River and Carousel - Benton Co. Y1015 1K/5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 11/15. Rated 1A. Walk 5K or 10K on paved Sacajawea Trail along the Columbia River and through Columbia Park. You then drive 5 1/2 miles to the 1K carousel walk.

**LEAVENWORTH - Bavarian Town - Chelan Co. Y0452 5K & 10K**  
Icicle Village Resort - Icicle Inn, 505 US2, Leavenworth, 800-961-0162. 4/1 - 11/15. Rated 2B. Walk through the Bavarian themed downtown, residential areas and along the Wenatchee River crossing bridges to Blackbird Island and a city park.

**LEAVENWORTH - Icicle Gorge/Chatter Crk Trails - Chelan Co. Y1675 7K & 3K**  
Icicle Village Resort - Icicle Inn, 505 US2, Leavenworth, 800-961-0162. 5/1 - 10/31. 7K Icicle Gorge Trail rated 1B, 3K Chatter Creek Trail rated 2B. Register and drive 13 miles to hike the Icicle Gorge loop trail along both sides of the creek. Then drive a short distance and hike the Chatter Creek Trail to a small waterfall. Federal land's parking pass required.

**MT. RAINIER NAT'L PK - Ohanapecosh River Trail - Lewis Co. Y0789 5K & 10K**  
Info Center, Ohanapecosh Campground, Mt. Rainier Nat'l Park, 360-569-2211, open 7/3 - 9/6. From 9/7 - 9/30 use the AVA On-Line Start Box for registration or email joelblazek1@gmail.com for directions. Rated 3C. Hike a loop trail through the forest along the river to Silver Falls and the big trees in the Grove of the Patriarchs. Federal land's parking pass required.

**PASCO - Sacajawea River Trail - Franklin Co. Y0148 5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 11/15. Rated 1A. Walk on a paved trail along the Columbia River.

**PROSSER - City and Wineries - Benton Co. Y2092 5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 11/15. Rated 1A. Walk through Vintner's Village - an area of many wineries. Cross the Yakima River and walk through the downtown and residential areas.

**QUINCY - Agricultural Town - Grant Co. Y1543 5K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. Rated 1B. Walk through downtown and residential areas of this agricultural town.

**REPUBLIC - Old Mining Town and Rail Trail - Ferry Co. Y2591 4K & 6K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. 4K is rated 2B, 6K is rated 1A. Walk 4K to a fossil dig site and around town on sidewalks and road shoulders. Then drive a short distance to the 6K Golden Tiger Rail Trail.

**RICHLAND - Columbia River Trail - Benton Co. Y1012 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 11/15. Rated 1A. Walk on a paved path through parks along the Columbia River.

**RITZVILLE - Historic Agricultural Town - Adams Co. Y1011 6K & 10K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. 6K is rated 1B, 10K is rated 2B. Walk through the historic downtown district, residential areas and through the county fair grounds.

**ROSLYN - Historic Town & Coal Mine Rail Trail - Kittitas Co. Y1565 5K & 11K**  
The Lodge at Suncadia, Suncadia Resort, 3600 Suncadia Trail, Cle Elum, 509-649-6400. 4/1 - 9/30. Rated 2B. You will drive 4 miles after you register at the Lodge to Roslyn. Walk through the Nat'l Historic area and the historic cemetery with its 23 separate ethnic and fraternal sections and on the gravel Coal Mine Rail Trail.

**ROSLYN - Suncadia Resort Trails - Kittitas Co. Y1599 5K & 11K**  
The Lodge at Suncadia, Suncadia Resort, 3600 Suncadia Trail, Cle Elum, 509-649-6400. 4/1 - 9/30. 5K is rated 1A, 11K is rated 2B. Walk on paved trails through forests, golf courses and residential areas of this planned resort community.

**VANTAGE - Town and Ginkgo State Park - Kittitas Co. Y2184 7K & 3K**  
WEB REGISTRATION utilizing the Online Start Box or contact POC by email for directions. 4/1 - 10/31. 7K is rated 2A, 3K is 2C. Walk 7K along the Columbia River, through the community and to the state park visitor center with its petrified logs and petroglyphs. Then drive a short distance to hike the 3K "Trees of Stone" trail with petrified logs and views of the river and area.