

MARYLAND HEIGHTS, MISSOURI – YRE 0530 (OSB)
CREVE COEUR PARK 6K & 10K WALK DIRECTIONS (Rated 1A)

COPYRIGHT © 2021 – South Central Region, AVA: America's Walking Club

This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited. In case of emergency: Dial 911

DRIVING DIRECTIONS TO THE START POINT IN CREVE COEUR PARK: From I-70 Exit 232 go South on I-270 to Exit 17 (Dorsett Rd.), OR from either I-64 Exit 25 or I-44 Exit 276 go North on I-270 to Exit 17 (Dorsett Rd.). Go WEST on Dorsett Rd. approximately 1.5 miles to its end at Marine Ave. At the end of Dorsett Rd. turn right on Marine Ave. for approximately 0.5 mile. At the bottom of the hill, turn left on the park road, toward the lake. Bear left on the park road to its end (approximately 0.3 mile) and park in the Taco Bell Shelter/Dripping Springs parking area. ***This is the walk start point.*** Porta-potty near shelter, rest rooms on trail. (for GPS: 13450 Marine Ave., 63146; 38.7123302,-90.4797163)

NOTE: Please use EITHER the Online Start Box (OSB) OR the Physical Start Box (PSB) to register and complete this event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB and/or signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

OSB COMPLETION AND CREDIT: Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

Special Programs: Walk Like an Olympian (Site of 1904 Olympics rowing event); Walk Missouri Counties (St. Louis County); Walking the USA – A to Z (“M” for Maryland Heights)

1. **BOTH 6K & 10K:** Exit the Taco Bell Shelter/Dripping Springs parking area and turn left on the paved bike/walk path, walking clockwise around Creve Coeur Lake, with the lake on your right. **NOTE:** This walk is mostly on a shared bike/walk path, with a yellow center line. Please walk to the right of the yellow center line at all times.
2. As you leave the parking area, **Dripping Springs Falls** is on your left.
3. Continue on the paved path with the lake on your right.
4. After walking under the Hwy. 364 bridge (big bridge), turn left on the walking only gravel path.
5. As you emerge from the woods, the gravel path ends at another paved bike/walk path.
6. Turn right on the paved path, cross the bridge over Creve Coeur Creek, continue on the paved path with Mallard Lake now on your right, and pass the Creve Coeur Lakehouse Bar & Grill on your left.
7. Continue on the paved path to the “roundabout” (traffic circle) in the bike/walk path. Turn right at the roundabout and continue with the lake on your right.
8. When you come to the intersection just before the Hwy. 364 bridge:
10K walkers: Continue straight, going under the bridge, and jump ahead to

instruction #10.

6K walkers: Turn right and cross the small bridge over Creve Coeur Creek, continuing on the paved path with the Hwy. 364 bridge on your left.

9. **6K:** Continue on the paved path as it goes under the bridge, with Creve Coeur Lake now on your left, and continue to the Finish at the Taco Bell Shelter/Dripping Springs parking area.

10. **10K:** Continue clockwise around Creve Coeur Lake, bearing right or turning right at every intersection, until you reach the Finish at the Taco Bell Shelter/Dripping Springs parking area.

Please refer any questions or comments on this walk to the walk POCs – DeAnne & Gordon Brown.

(D) deeebee333@gmail.com

(G) brownstl@swbell.net

Phone: 314-878-8647

The St. Louis Stuttgart Volksmarch Club hopes you have enjoyed our Creve Coeur Park Volksmarch. Please visit our web-site, www.saintlouiswalkers.com

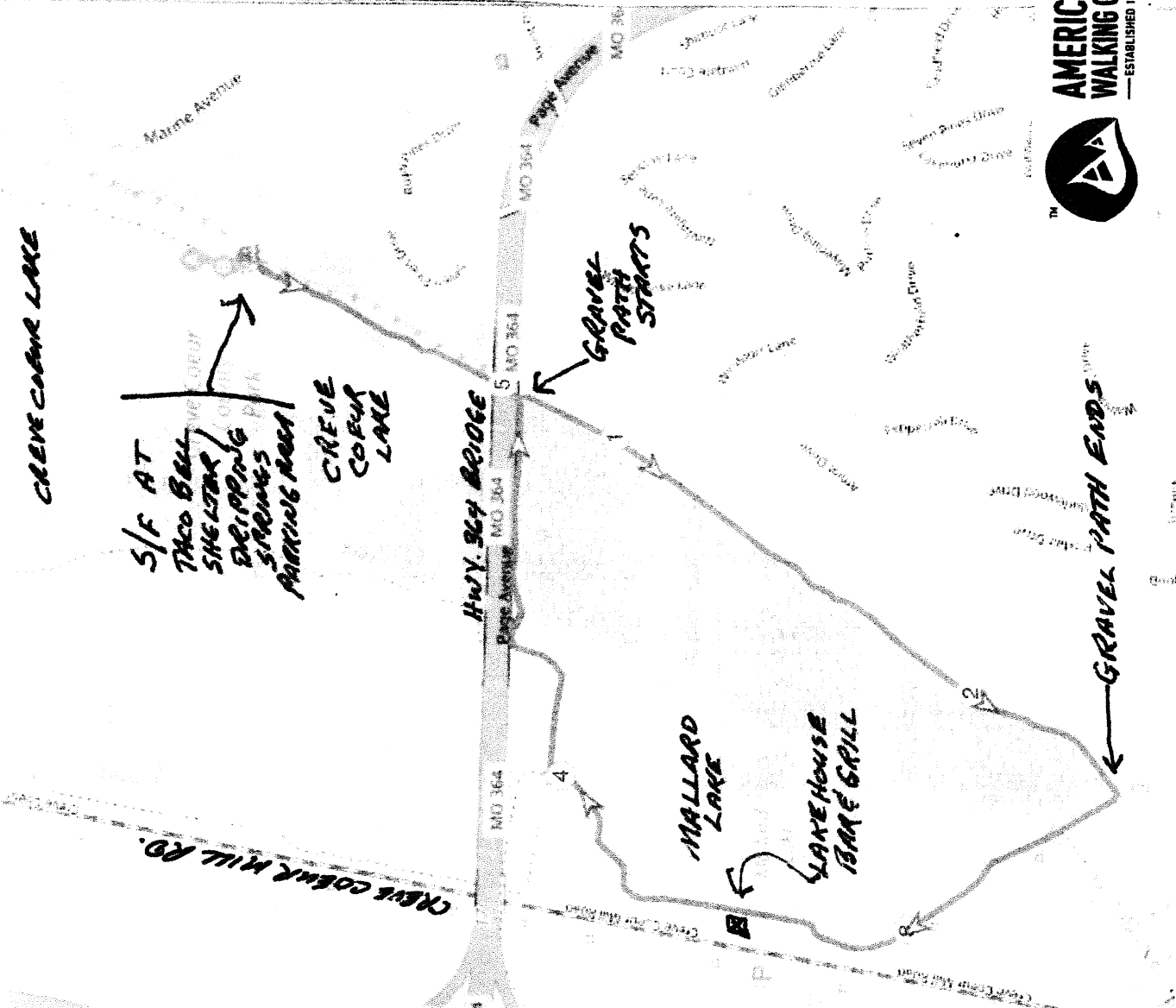
for information on other walks in the St. Louis Metro area.



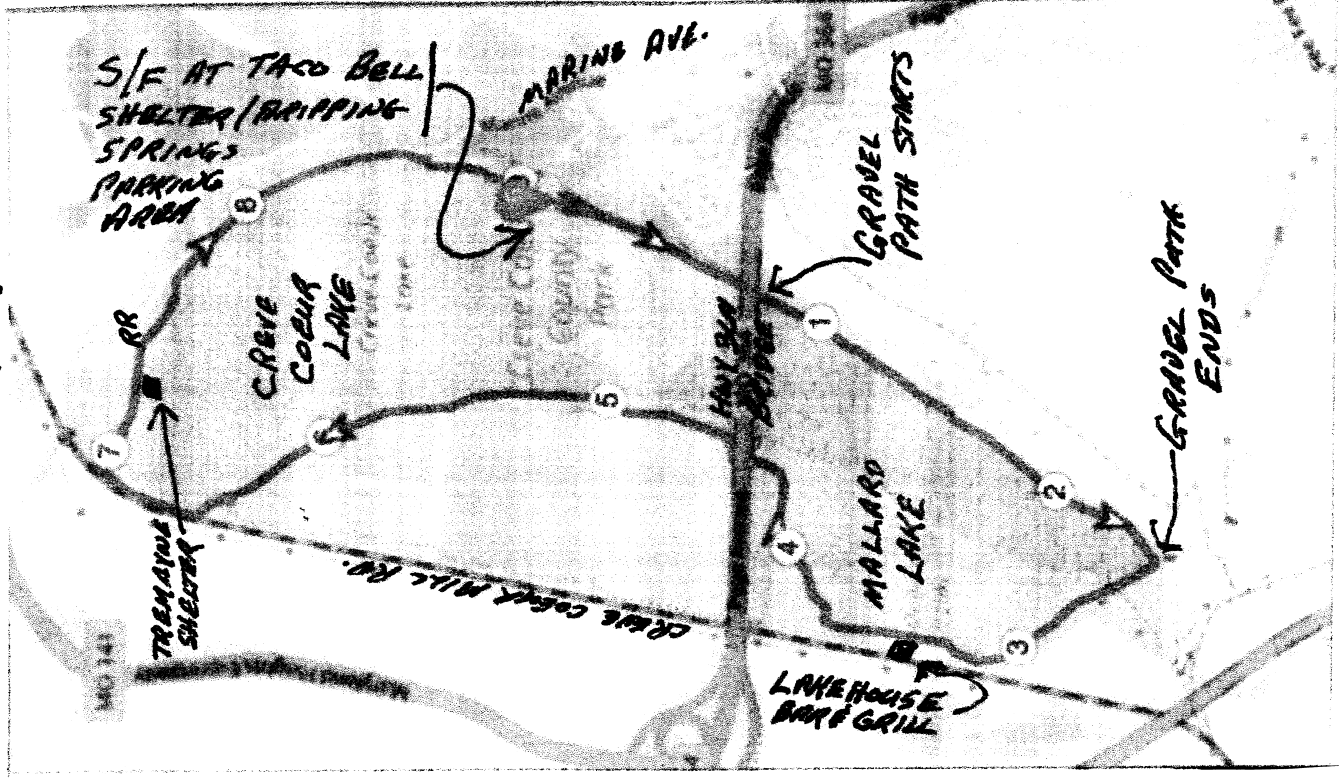
**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

CREVE COEUR LAKE YRE 0530

6K WALK ROUTE



10K WALK ROUTE



MARYLAND HEIGHTS, MISSOURI – YRE 0530 (OSB)

CREVE COEUR PARK 5K WALK DIRECTIONS (Rated 1A)

COPYRIGHT © 2021 – South Central Region, AVA: America's Walking Club

This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited. In case of emergency: Dial 911

DRIVING DIRECTIONS TO THE START POINT IN CREVE COEUR PARK: From I-70 Exit 232 go South on I-270 to Exit 17 (Dorsett Rd.), OR from either I-64 Exit 25 or I-44 Exit 276 go North on I-270 to Exit 17 (Dorsett Rd.). Go WEST on Dorsett Rd. approximately 1.5 miles to its end at Marine Ave. At the end of Dorsett Rd. turn right on Marine Ave. for approx. 1.6 miles to the traffic light at Maryland Heights Expy. Turn left on Maryland Heights Expy. to Creve Coeur Mill Rd. (2nd traffic light). Turn left on Creve Coeur Mill Rd. for approx. 1.7 miles to the Lakehouse Restaurant on your left. If the restaurant is not open, you may still park in the restaurant parking lot during all daylight hours. *The parking lot is the walk start point.* Rest rooms in restaurant, and porta-potties on trail. (for GPS: 2160 Creve Coeur Mill Rd., 63146; 38.700954,-90.497364)

NOTE: Please use EITHER the Online Start Box (OSB) OR the Physical Start Box (PSB) to register and complete this event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB and/or signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

OSB COMPLETION AND CREDIT: Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

Special Programs: Walk Like an Olympian (Site of 1904 Olympics rowing event); Walk Missouri Counties (St. Louis County); Walking the USA – A to Z (“M” for Maryland Heights)

1. Exit the Lakehouse parking lot, turn left on paved bike/walk path, and continue clockwise around Mallard Lake, with the lake on your right. **NOTE:** This walk is partly on a shared bike/walk path, with a yellow center line. Please walk to the right of the yellow center line at all times.
2. Continue on the paved path to the “roundabout” (traffic circle) in the bike/walk path. Turn right at the roundabout and continue with the lake on your right.
3. When you come to the intersection just before the Hwy. 364 bridge, turn right and cross the small bridge over Creve Coeur Creek, continuing on the paved path with the Hwy. 364 bridge on your left.
4. Just before you reach the point where the paved bike/walk path curves left and goes under the Hwy. 364 bridge, turn right on the gravel walking only path.
5. As you emerge from the woods, the gravel path ends at another paved bike/walk path.
6. Turn left on the paved path, and continue with Creve Coeur Creek on your right.
7. After curving to the left, the paved bike/walk path ends, but continue a few yards farther on the concrete sidewalk to the intersection of Amiot Dr. and Creve Coeur Mill Road. At this point, TURN AROUND, and retrace your steps back to the intersection of the gravel walk path and the paved bike/walk path.
8. Bear left on the paved path, cross the bridge over Creve Coeur Creek, and continue on the paved path back to the start/finish at the Lakehouse parking lot.

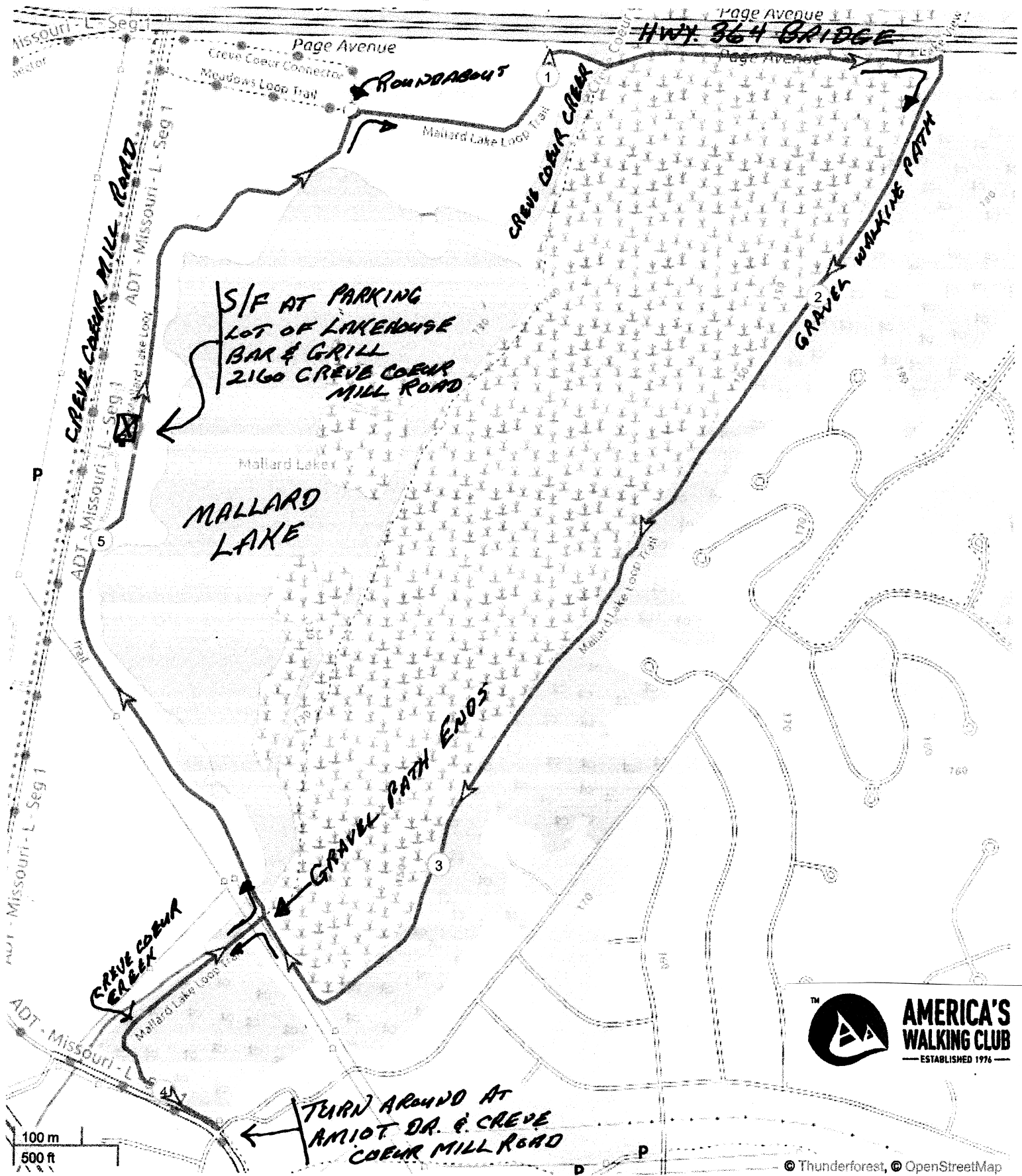
Please refer any questions or comments on this walk to the walk POCs – DeAnne & Gordon Brown.

(D) deeebee333@gmail.com

(G) brownstl@swbell.net

Phone: 314-878-864

The St. Louis Stuttgart Volksmarch Club hopes you have enjoyed our Creve Coeur Park Volksmarch. Please visit our web-site, www.saintlouiswalkers.com for information on other walks in the St. Louis Metro area.



**CREVE COEUR LAKE YRE 0530
5K WALK ROUTE**