

National Zoo/Adams Morgan Y0552

Washington D.C.

20k, 10k, 5k Walks

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In Case of Emergency: Dial 911
For Event Assistance: Jone Parr 301-926-8580

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National Zoo/Adams Morgan Y0552

YRE Description

There are two trails;

- The National Zoo/National Cathedral trail is 10k or 5k Zoo only.
- The Adams Morgan trail is 10k.

The National Zoo/National Cathedral 10k trail tours the National Zoo, some of the finest neighborhoods in Washington, DC, and the grounds of the National Cathedral. The trail is mostly on paved surfaces.

The Adams Morgan 10k trail includes the U St. areas of DC. Highlights of this walk are great building architecture, an abundance of musical history, many ethnic restaurants, Ben's Chili Bowl and the Greater U Street, African American Heritage Trail Markers.

The two 10k trails can be combined to complete a 20k walk.

AVA Special Programs

| Trail | Special Program(s) |
|-------------------------------------|--|
| National Zoo/National Cathedral 5k | Carousels Across America, Rockin' Around The Clock, Walking the United States (51 Capitals) |
| National Zoo/National Cathedral 10k | Carousels Across America, Little Free Libraries, Mayflower - 400th Anniversary Walk, Rockin' Around The Clock, Walking the United States (51 Capitals) |
| Adams Morgan 10k | Little Free Libraries, Rockin' Around The Clock, Walking the United States (51 Capitals) |

Parallel Registration

The Sugarloafers maintain a physical walk box for this event as well as OSB event registration. AVA permits the use of these parallel registration methods. You may choose to use either the walk box or the OSB but NOT a combination of both.

Registering for the walk

The Seneca Valley Sugarloafers Volksmarch club charges all participants over 12 a \$3 fee. When you register for your walk event, please DO NOT check the "No Credit" checkbox for any participant over 12 years of age.



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When you register for the walk you can download the PDF file with walk information. The PDF includes directions to the walk start and walk instructions. The fee for the download is \$2. You will be credited for this fee if you complete the walk and pay the walk participant fee within 60 days.

After you have completed the walk

Please remember to log back into the OSB's "Finish Table" after completing the walk. Completion information includes the date the event was walked, the distance walked and applicable special programs

Directions to Trail Start

Address: Woodley Park-Zoo/Adams Morgan Metro Station Entrance, 2700 Connecticut Ave NW, Washington, DC 20008

GPS Coordinates of the Start Point are **38.9246336,-77.0518565**

Plus code is **WWFX+R2 Washington, District of Columbia**

Plus codes are based on latitude and longitude. By using a simpler code system, they are intended to be shorter and easier to use than traditional global coordinates.

Metrorail Directions:

Metrorail Line to use: **Red**

Destination Station: **Woodley Park-Zoo/Adams Morgan**

Take the escalator from the station to the surface.

Driving Directions:

Drive if you must, but we prefer that you use the Metrorail to the walk start!

From Washington Beltway (I-495)

Take Exit 33, MD-185 South (Connecticut Ave.) for 2.7 miles

Enter/Exit traffic circle onto Connecticut Ave. NW for 1.2 miles

Metro station entrance will be on the right.

Free Parking is limited to residential streets on the weekends ONLY!

Paid Parking is available at the OMNI Shoreham Hotel on Calvert St. NW.



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Adams Morgan Trail 10k (6.2 miles) AVA rating 2A

There are restrooms at the McDonalds and the Starbucks (across Connecticut Ave). There are other restrooms along this trail.

NOTE: You will cross and pass streets which are not listed in these instructions. Please check the map often.

We have noted Special AVA programs and many Historical Markers along this walk for your enjoyment. The trail does NOT go to every marker you can see.

This walk is a treasure trove of décor, murals, colors, trim, and the unusual. There are surprises everywhere! Look up, down, right, and left on the trail.

1. From the Metro station exit, **RIGHT** on Connecticut Ave.

2. **Cross and LEFT** onto Calvert St NW.

You are crossing the Duke Ellington Memorial Bridge over Rock Creek Park. It was built in 1935 in the neoclassical style.

a. Cross Biltmore St.

Look across the street for the Presidents Mural.

b. Cross Cliffbourne Pl.

c. Becomes Adams Mill Rd.

At the curve, look across the street to see the Modern Art Mural.

d. Cross Columbia Rd.

e. Becomes 18th St.

At 2461 18th St. "Madam's Organ" painting on the side of the building is a famous logo! "State of Play" filmed this painting.

At 2446 18th St., Historical Marker "The Artistic Life". (1k)

f. Cross Belmont Rd.

g. Cross Kalorama Rd.

At 2228 18th St., Historical Marker "Urban Renewal Era".

h. Cross Wyoming Ave.

At 18th St. & California St., Historical Marker "Building a Better Neighborhood"

3. **RIGHT** onto California St.

4. **RIGHT** onto 19th St.

5. **LEFT** onto Wyoming Ave.

6. **LEFT** onto Columbia Rd. (2k)

7. **LEFT** onto T St., the Washington Hilton Hotel on left.

The attempted assassination of President Reagan by John Hinckley, Jr. occurred here. Note the small covered drive-through made of stones. It was built after Reagan's shooting and is used by presidents now. The limousine pulls into the structure, and the president can enter the building protected.

8. **LEFT** onto Florida Ave.

9. **LEFT** onto 19th St.

At Vernon St., Historical Marker "The Changing Faces of Adams Morgan"

10. **RIGHT** onto the left side of Vernon St.

a. Cross 18th St., becomes U St.

b. Cross Florida Ave.

11. At 17th St., **Cross to the right side** of U St., continuing in the same direction. (3k)

a. Cross New Hampshire Ave.

b. Cross 16th St.



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Adams Morgan - 10k

At 1530 U St., stop and look left to see St. Augustine Catholic Church spires in the distance....a nice view!

12. **RIGHT** onto 15th St.

At 15th St. and T St., Historical Marker – “Strong Families and Eminent Citizens”

13. **LEFT** onto T St.

14. **RIGHT** onto 14th St.

15. **Cross and RIGHT** onto S St.

At 1426 S St., Little Free Library #44146.

a. Cross 15th St.

On left, behind The House of the Temple is a sculpture of George Washington, a Freemason.

16. **LEFT** onto 16th St.

At 1733 16th St. is The House of the Temple which serves as the headquarters of the Scottish Rite of Freemasonry. It contains a museum devoted to Albert Pike, who rewrote a number of the Scottish Rite rituals and headed its Supreme Council from 1859 until his death in 1891, and whose remains are buried in the House of the Temple. The building was started in 1911, and it was dedicated four years later on October 18, 1915. It was modeled after the tomb of Mausolus at Halicarnassus, one of the Seven Wonders of the Ancient World.

17. **LEFT** onto R St.

a. Cross 15th St.

b. Cross 14th St.

At R St. and 14th St., there is a clock on the Mission Bldg.

c. Cross 13th St.

18. **LEFT** onto Vermont Ave.

19. **Cross and LEFT** onto S St.

20. **Cross and RIGHT** onto 12th St.

At 1816 12th St. is the Twelfth St YMCA, a National Historic Landmark. This was the 1st African American YMCA in the US. President Theodore Roosevelt laid the cornerstone in 1908.

Historical Marker – “A Home Away from Home”

21. **RIGHT** onto T St. (5k)

a. Cross 11th street.

22. **LEFT** at the traffic light onto Vermont Ave.

The house on the left at 1910 Vermont Ave. is the Evans-Tibbs House. It was the residence of Lillian Evans-Tibbs from 1904 to 1967. Performing under the stage name Madame Lillian Evanti, she was one of the first internationally acclaimed African American opera singers.

Across street at 1925 Vermont Ave. is the African American Civil War Memorial Museum. The African American Civil War Memorial is on your left.

23. **LEFT** onto U St.

24. At 11th St., **Cross to the right side** of U St. and continue in the same direction.

At 2001 11th St., Historical Marker – “We Had Everything We Needed Right Here”

At 1100 U St., there is a clock on the Industrial Bank building sign.

a. Cross 12th St.

At 1203 U St., Historical Marker – “The True Reformer Building”

Just after 1209 U St. look to the right in the alley for a mural. On left is Ben with his wife Virginia, who established Ben’s Chili Bowl restaurant.

At 1213 U St. is Ben’s Chili Bowl Restaurant, a DC landmark. “State of Play” filmed Ben’s Chili Bowl Restaurant. True Washingtonians have a chili half smoke and/or an order of chili cheese fries here!

At 1215 U St., the Historic Lincoln Theater was built in 1922. It was once a center of African American culture in the nation’s capital.

b. Cross 13th St.

c. Cross 14th St. (6k)

At 2000 14 St., Historical Marker – “Riots to Renaissance”

d. Cross 15th St.

At 1501 U ST., Historical Marker – “A Shared Neighborhood”

25. **RIGHT** onto New Hampshire Ave., just before 16th St.

At 15th St and New Hampshire Ave., Historical Marker – “Meridian Hill Park”

26. **LEFT** onto 15th St. (no sign)

a. Cross W St.



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Adams Morgan - 10k

***** Decision Point *****

For wheelchairs and strollers OR the park is under construction:

27. Continue up 15th St NW to Euclid St.
28. LEFT on Euclid St.
29. Skip to instruction #34.

30. Go up steps and turn **LEFT** to enter Meridian Hill Park.
31. In the park, after a long bench on the right, turn **RIGHT** at steps. Go up 4 short sets of steps and CONTINUE STRAIGHT to the upper end of the park.
 - a. Pass the the James Buchanan Memorial (on right).
 - b. Continue straight up the steps past the fountain to the second level of the park.
 - c. Continue straight on the right side of the water feature.
 - d. Pass the Jean d'Arc statue.
 - e. Continue up the steps to the third level of the park.
 - f. Continue on the right side of the lawn area.
 - g. Pass the **restrooms** (on right).
32. **LEFT** to exit the park.
33. **RIGHT** onto 16th St. (7k)
34. At Euclid St., **Cross to the other side** of 16th St. and continue in the same direction.

At #2622 – Embassy of the Republic of Lithuania.

At #2630 – Embassy of Cuba

At #2640 – Embassy of the Republic of Poland

At #2800 – Scottish Rite Temple (tours available) – Scottish Rite is a fraternity whose purpose is to take good men and make them better. The moral teachings are organized into degrees, numbered 1 – 33.

At #2827 16th St. – Consulate of Mexico

At 16th St and Harvard St., Historical Marker – “Ambassadors of Faith”

At corner of 16th St. & Harvard St., there are three Historic Churches; (1) on your left was the Unification Church (now it's the Washington Family Church, National Cathedral), (2) across 16th St. – red brick – is the All Souls Church (clock tower), and (3) further down

across 16th St. – round rotund building – is National Baptist Memorial Church.

35. **Bear LEFT** onto Harvard St. next to the Washington Family Church
36. **Cross and LEFT** onto Columbia Rd. (8k)
 - a. Cross Quarry Rd.
 - b. Cross Ontario Rd.

At 1767 Columbia Rd., Historical Marker – “Serving the Neighborhood”

37. **RIGHT** onto Adams Mill Rd.

At 1813 Adams Mill Rd., Historical Marker – “Tragedy at 18th and Columbia”

At 1817 Adams Mill Rd. is a Latino modern art mural “A People Without Murals is a Demuralized People”.

Just before Lanier Pl., Historical Marker – “Suburban Development”

- a. Cross Lanier Pl., Adams Mill Rd becomes Calvert St.

At 1967 Calvert St., on the side of the building is a mural showing U.S. Presidents and the restaurant owner, Mama Ayesha.

- b. Cross Duke Ellington bridge over Rock Creek.

At 2309 Calvert St. (Afghan Grill), look ahead — across Conn Ave. and above Chipotle Mexican Grill to see the Marilyn Monroe mural.

38. **Cross and RIGHT** onto Connecticut Ave. to RETURN to our start/finish point.

Thank you for walking our Sugarloafer year-round today!

We hope you enjoyed this trail.




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Adams Morgan - 10k



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National Zoo/National Cathedral Trail 10k, 5k (6.2, 3.1 miles) AVA rating 2A

We developed this event to enrich your visit to the nation's capital. The main focus of this event is the National Zoo. You will also visit the National Cathedral and some of the finest Washington neighborhoods: Massachusetts Heights, Washington Heights, & Woodley Park. Commentary is provided in italicized blocks for those who wish a narrated walk.

Water & restrooms are available at McDonalds, the Zoo, and the Cathedral when open. NO PETS allowed in Zoo or on Cathedral grounds.

1. From the Metro station exit, **LEFT** on Connecticut Ave.
 - a. Cross 24th St.
 - b. Cross Woodley Rd.
 - c. Cross Garfield St.
 - d. Cross Cathedral Ave.
2. **RIGHT** into the main Zoo entrance. The Visitor Center will be on the left. (Restrooms, information & zoo maps available.)
3. **RIGHT** onto the Asia Trail, directly across from the Visitor Center.

The Four "Waterfowl Ponds" on this Asia Trail were built by the WPA.

4. **LEFT** to follow the trail downhill in a winding fashion.

Look for zoo volunteers giving talks & demos about the animals & their habitats.

- a. Pass the Sloth Bear exhibit
- b. Pass the Clouded Leopards exhibit
- c. Pass the Fishing Cats exhibit (1k).
- d. Pass the Clawed Otter exhibit
- e. Pass the Red Panda exhibit
- f. Pass the Asian Elephant exhibit.

There is a bridge (across from the Giant Panda sculpture) to the Birdhouse that is an excellent view point for the elephants.

- g. Pass the Giant Panda exhibit.

Note: water fountain and emergency call box on the left.

Further along is an excellent view of the Giant Panda exhibit. Notice that each of the Pandas has its own enclosure. Pandas are loners in the wild, except during a short mating period or while nursing.

If you see a panda vigorously rubbing its behind against a tree or wall, it's not an itch; it's marking its territory.

5. **LEFT** at first side trail on the left.
 - a. Pass through the lower level outdoor giant panda viewing area and view the red pandas.
 - b. Pass through the giant panda exhibit house.
6. **LEFT** onto the Asia Trail.
7. **RIGHT** at "T" intersection onto the Olmsted Walk (with hexagonal pavers) downhill passing the Elephant House on the right.
 - a. Pass the Small Mammal House.

The Small Mammal House was a WPA project. Inside are 2 metal artworks of the "Pied Piper", one at the entrance, and one at the exit.

- b. Pass the Great Ape House.
- c. Pass the Gibbon Exhibit.
- d. Pass the Reptile House.

You are crossing under an overhead exercise course for orangutans. Which occasionally and to the delight of the public, swing from tower to tower on their way from the Great Ape House to the Think Tank. There they participate in computer testing to see how smart they are.

- e. Pass the Think Tank.



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National Zoo/National Cathedral - 10k, 5k

- f. Pass Lemur Island.
- g. Pass the Conservation Carousel.
- 8. **LEFT** onto the "Lion-Tiger Hill" trail, just past the Carousel.
 - a. Pass under the bamboo arch, and walk to the left to view tigers and lions.
 - b. Continue completely around the "Lion-Tiger Hill".
- 9. **LEFT** to exit "Lion-Tiger Hill".
- 10. **LEFT** onto Olmsted walk.
 - a. Pass the Prairie Dog exhibit.
 - b. Pass the Mane Grill and picnic pavilion.

For a clock for Rockin' Around the Clock SP book, continue on Olmsted walk to end. There is a free-standing clock with animal sculptures. Retrace steps and turn left into the Kid's Farm.

- 11. **RIGHT** at the sign to the Kid's Farm/Restrooms as you approach the end of Olmsted Walk.
 - a. Pass through the Kid's Farm, passing cows, goats, llamas, and donkeys.
- 12. **Bear RIGHT** onto the path to the Amazonia Exhibit, a most unusual exhibit about sea life and tropical rainforests.
- 13. **RIGHT** after passing Amazonia onto the American Trail, passing sea lions, seals, eagles, wolves, and beavers, until you arrive at the Elephant Outpost (restrooms available).
- 14. **RIGHT** to follow the Elephant footprints on Elephant Trail to the Olmsted Walk.
- 15. **LEFT** onto Olmsted Walk.
 - a. Pass the Panda Café.
 - b. Pass the Zebra exhibit.
 - c. Pass the Cheetah exhibit.
 - d. Pass the Visitor Center (restrooms)
 - e. Pass the Zoo's gate to exit the zoo.
 - f. Cross Connecticut Ave. with the traffic light.

***** **Decision Point**

** **5k walkers:**

- 16. **LEFT** on Connecticut Ave.
 - a. Cross Cathedral Ave
 - b. Cross Garfield St.
 - c. Cross Woodley Rd.

- d. Cross 24th St. to return to our start/finish point.

** **10k walkers:**

- 17. **RIGHT** onto Connecticut Ave.
- 18. **LEFT** onto Devonshire Pl.
- 19. **LEFT** onto Cortland Pl.

At the corner of 29th St. and Cortland Pl. look for an old call box next to a lamppost. This call box serves to memorialize the accomplishments in this community of an immigrant Turkish architect, Mihran Mesrobian.

- 20. **LEFT** onto 29th St.
- 21. **RIGHT** onto Cathedral Ave.

You have been walking in Woodley Park, named for the Woodley Mansion at 3000 Cathedral Ave., once the summer home of four 19th century presidents: Van Buren, Tyler, Buchanan, and Cleveland. The Woodley Mansion is now part of Maret School, an independent co-ed K-12 college prep day school established in 1911.

- 22. **RIGHT** onto Woodley Rd.
 - a. Cross Klinge Rd. (see National Cathedral spires to left in distance)
 - b. Cross 34th St. with the traffic light.
- 23. At 35th St., **Cross to the left side** of Woodley Rd. and continue in the same direction.

Historic Call Box #10, Washington National Cathedral "Art on Call."

- 24. **LEFT** at second road (North Rd.) to enter the National Cathedral grounds.

Repairs being done to the National Cathedral are due to the damage from the 5.8 magnitude earthquake on August 23, 2011.

There is a FEE to enter the Cathedral (\$12/adult; \$8/senior or child). Tours may be available.

There is an Organ Demonstration at 12:30 pm on Mon. & Wed.

Restroom (no fee) on the Gift Shop level (B-2) of the underground parking garage. Take the stairs or the elevator outside near the corner of the Cathedral.

- 25. **CONTINUE** counter-clockwise around the Cathedral past the front entrance.



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National Zoo/National Cathedral - 10k, 5k

26. Use the crosswalk to **CROSS** the road (South Rd.) and continue on the sidewalk on the left side of Church House Lane (no sign).

***** **Decision Point**

To avoid the steps in the Bishop's Garden, continue on the sidewalk and turn **LEFT** at Pilgrim Rd. going downhill to exit the Cathedral grounds at Garfield St. Turn **LEFT** and skip to instruction 40.

**

27. **LEFT** to enter the Bishop's Garden through an arched door in the stone wall.

The Bishop's Garden was planned by Frederick Law Olmsted Jr. It contains two herb gardens, a rose garden, two perennial borders, a Shadow House, and winding stone paths.

28. **Go DOWN steps** and across the lawn to the Stone Gazebo.

The stone gazebo (garden house) at the edge of the lawn in front of you was built in 1927 with stones from President Cleveland's summer home on Newark Street. It is called Shadow House, a place for the bishop to sit in the shade.

29. **Go DOWN steps** on the left side of gazebo on the stone path, and then **immediately turn LEFT**.

30. **RIGHT** to pass an ancient Carolinian baptismal font on your right, surrounded by boxwood. Walk around the font to the brick walk at the rose garden.

31. **CONTINUE** through the rose garden to a "T" with a stone path.

32. **RIGHT** on the stone path and **immediately turn LEFT** to exit the Garden through the gate.

33. **RIGHT** to go down the Pilgrim Steps to Pilgrim Rd.

The steps were laid in 1930, and the sandstone came from a quarry once owned by George Washington in Aquia, Virginia.

34. **CROSS** Pilgrim Rd.

The bronze equestrian statue of George Washington is now in front of you.

35. **RIGHT** on flagstone path to enter woods.

Olmsted Woods is one of few old growth forests still standing in Washington.

36. **Bear LEFT** at "Y," and then **bear LEFT** again at next "Y" in path. Ignore paths on right and left. **CONTINUE** downhill on serpentine path to Pilgrim Rd. (no sign).

37. **RIGHT** on Pilgrim Rd. to the exit gate at Garfield St. (sign on left).

38. **LEFT** on Garfield St.

39. At 34th St., **Cross to the right side of Garfield St.** and continue in the same direction.

40. **RIGHT** onto Woodland Dr.

a. Cross 32nd St.

41. At 31st St., **Cross to the left side of Woodland Dr.** and continue in the same direction.

a. Cross 30th St.

b. At 29th St. Woodland Dr. will turn right.

42. **STRAIGHT** onto 29th St.

At 2901 Cleveland Ave is Little Free Library #19473.

43. **Cross** Cleveland Ave. **and RIGHT** onto Calvert St.

a. Cross 24th St.

44. **LEFT** on Connecticut Ave. to our start/finish.

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National Zoo - 5k



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Internet Resources

Washington Metro: <https://www.wmata.com/>

Woodley Park: [https://en.wikipedia.org/wiki/Woodley_Park_\(Washington,_D.C.\)](https://en.wikipedia.org/wiki/Woodley_Park_(Washington,_D.C.))

Adams Morgan Neighborhood: <https://washington.org/dc-neighborhoods/adams-morgan>

Greater U Street, African American Heritage Trail:
<https://www.culturaltourismdc.org/portal/greater-u-street-african-american-heritage-trail>

DC Scottish Rite: <https://www.dcsr.org/>

DC Call Boxes:
<https://www.vox.com/videos/2017/8/24/16125850/dc-fire-police-call-boxes-emergency-services>

National Zoo: <https://nationalzoo.si.edu/>

National Cathedral: <https://cathedral.org/about-the-cathedral/mission-and-vision>

Geographic region: https://en.wikipedia.org/wiki/Atlantic_Seaboard_Fall_Line

Club Information: [Seneca Valley Sugarloafers Volksmarch Club](#)



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