

Virginia Volkssport Association  
Year Round Walk  
**Lexington**  
**5/10 KM Trail Directions**

**START POINT:** Lexington Visitor Center, 106 E Washington St  
GPS: N 37° 47.0472' W 79° 26.3777  
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	<b>Emergencies or Safety Concerns: Call 911</b> Directions Contact: Sandy Croushore, (757) 532-3468
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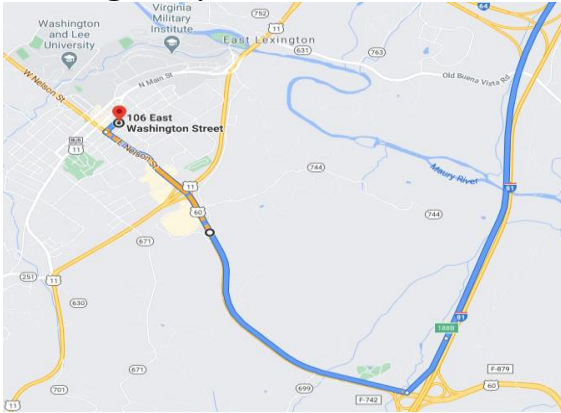
**Table of Contents:**

Section Contents	Pages
Start Information, Table of Contents, Driving Directions	1
Driving Map, Special Programs, History	2
Walk Directions	2-6
Maps	6-7

**Driving Directions:**

1. Take I-81 to Exit 188 and follow Route 60 W to Lexington for about 2.7 miles.
2. Turn RIGHT on S Randolph St just past the Rockingham County District Court building.
3. Turn RIGHT at the next right to E Washington St and go one block to the entrance to the Visitor Center parking lot on the left.
4. Restrooms available in the Visitor Center.

## Driving Map:



## Special Programs:

- Little Free Libraries: #40
- Mayflower - 400<sup>th</sup> Anniversary Walk: #10
- Rockin' Around the Clock: #4
- Virginia Independent Cities: Lexington
- Walking the USA A-Z: "L" for Lexington

*Lexington was named in 1778. It was the first of what would be many American places named after Lexington, Massachusetts, known for being the place at which the first shot was fired in the American Revolution.*

*The Union General David Hunter led a raid on Virginia Military Institute during the Civil War. Robert E. Lee and Thomas "Stonewall" Jackson are buried in the city. It is the site of the only house Jackson ever owned, now open to the public as a museum. Cyrus McCormick invented the horse-drawn mechanical reaper at his family's farm in Rockbridge County, and a statue of McCormick is located on the Washington and Lee University campus. McCormick Farm is now owned by Virginia Tech and is a satellite agricultural research center.*

## Walking Directions:

1. From the Visitor Center parking lot, walk to Washington St.

2. Turn LEFT and continue to the top of the hill, staying on the left side of the street, and continue several blocks to N Lewis St.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

3. Bear RIGHT to continue on S Lewis St (no sign) to the traffic signal at Nelson St.

4. CAREFULLY cross and turn RIGHT on Nelson St and continue over the viaduct into downtown to the traffic signal at Main St.

*The steeple of the Lexington Presbyterian Church at the corner of Nelson and Main Streets has a clock (Rockin Around the Clock Special Program)*

5. Turn LEFT on Main St and continue two and a half blocks to the entrance of the Stonewall Jackson Memorial Cemetery.

6. Turn LEFT into the Cemetery and follow the road to the first road on the right.

7. Turn RIGHT and continue to the Stonewall Jackson Monument.

8. Turn RIGHT at the Monument and go one-quarter of the way around it to the next road.

9. Turn RIGHT and continue out of the cemetery to S Main St.

10. Cross and turn LEFT on S Main St and continue several blocks to Edmondson Ave. When the side

*The Mayflower by American Retirement Homes is on the right (Mayflower Special Program)*

11. Cross and turn RIGHT on Edmondson Ave and continue two blocks to the end of the street at Jackson Ave.

12. Cross and turn RIGHT on Jackson Ave and continue one block on the right to Pendleton Pl.

13. Turn LEFT on Pendleton Pl and continue to the Woods Creek Park Trail on the left just before the curve in the road.

14. Turn LEFT to enter the trail and continue to the Y-intersection.

15. Bear RIGHT at the Y-intersection and continue on the trail for about 0.7 Kilometers to Lime Kiln Rd, just after Woods Creek Park.

## Trail Split

**10 KM Walkers:** continue with Direction #16 below.

### 5 KM Walkers:

A. Turn RIGHT on Lime Kiln Rd and continue to the end of the street at McLaughlin St.

B. Turn LEFT on McLaughlin St and continue to the end of the street at W Nelson St.

C. Turn RIGHT on W Nelson St and continue to the second traffic signal at S Jefferson Ave.

D. Continue with Direction #40.

16. Turn LEFT on Lime Kiln Rd and continue just over the bridge to the crosswalk.

17. Turn RIGHT to continue on the Woods Creek Trail for more than a kilometer through a tunnel to a fork in the trail (apartment buildings on the left).

18. Take the LEFT fork up the hill and continue on this trail to a blacktop road.

19. Bear RIGHT toward the brown "Welcome to Virginia Military Institute" sign and continue as the trail gets wider on a converted railroad bed to the end of the athletic fields at a Y-intersection.

20. Bear LEFT up the hill toward the Firing Range Building and continue on the trail past the Firing Range and then down hill to the road at the end of the trail.

21. Turn RIGHT on the road, cross the bridge, and continue to the next intersection.

**Restrooms** available in the park across the street at Jordan's Park.

22. Bear RIGHT on Stono Dr (no sign), which is a narrow one-way paved street going up a fairly steep hill, and continue to the cannon on the right. Do not take either road leading to the main street.

23. Turn RIGHT (Crozet Hall on the corner) and walk up the hill through the VMI and W&L campuses to the Y-intersection near the Gilliam Admissions House.

24. Bear RIGHT then LEFT to follow the walkway to Lee Chapel.

*Robert E. Lee and family are buried at Lee Chapel.*

25. Turn RIGHT up hill to the campus buildings with columns to the Warren Newcomb Hall.

26. Walk past the columns on Warren Newcomb Hall and continue to the first sidewalk on the right.

27. Turn RIGHT and walk past Huntley Hall to a T-intersection.

28. Turn LEFT and continue past John W. Elrod University Commons and Canaan Green on your right to the end of the sidewalk.

29. Turn LEFT down the stairs to Washington St (no sign).

30. Cross and turn RIGHT on Washington St and continue as it curves LEFT down the hill to the intersection with Nelson St.

31. Cross and turn LEFT on Nelson St and continue a short block to Glasgow St.

32. Turn RIGHT and continue one block to McLaughlin St.

33. Turn LEFT on McLaughlin St and continue one block to Myers St.

34. Turn LEFT on Myers St and continue one block to W Nelson St.

35. Turn RIGHT on W Nelson St and continue one block to the traffic signal at Lee Ave.

36. Turn RIGHT on Lee Ave and continue two blocks to the end of the street at Preston Ave.

37. Cross and turn RIGHT on Preston Ave and continue one block to Jackson Ave.

38. Turn LEFT on Jackson Ave and continue three blocks to White St on your right.

39. Turn LEFT on White St and continue two blocks to Jefferson St.

40. Turn LEFT on Jefferson St and continue five blocks to E Henry St, through the main part of town.

*Little Free Library #20492*

41. Turn RIGHT on E Henry St and continue one block to Main St.

42. Turn RIGHT on Main St and continue one block to the traffic light at Washington St.

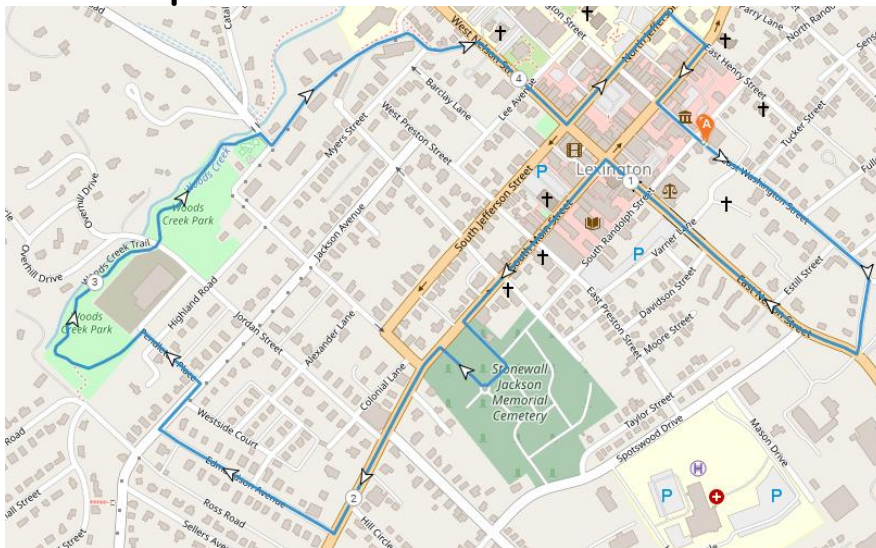
43. Turn LEFT on Washington St and continue one block to the Visitor Center and your vehicle.

*On your left is the Stonewall Jackson House and Museum.*

We hope you enjoyed your walk in the city of Lexington. There are also year-round walks in nearby Harrisonburg, Bridgewater, and Staunton to help round out your day.

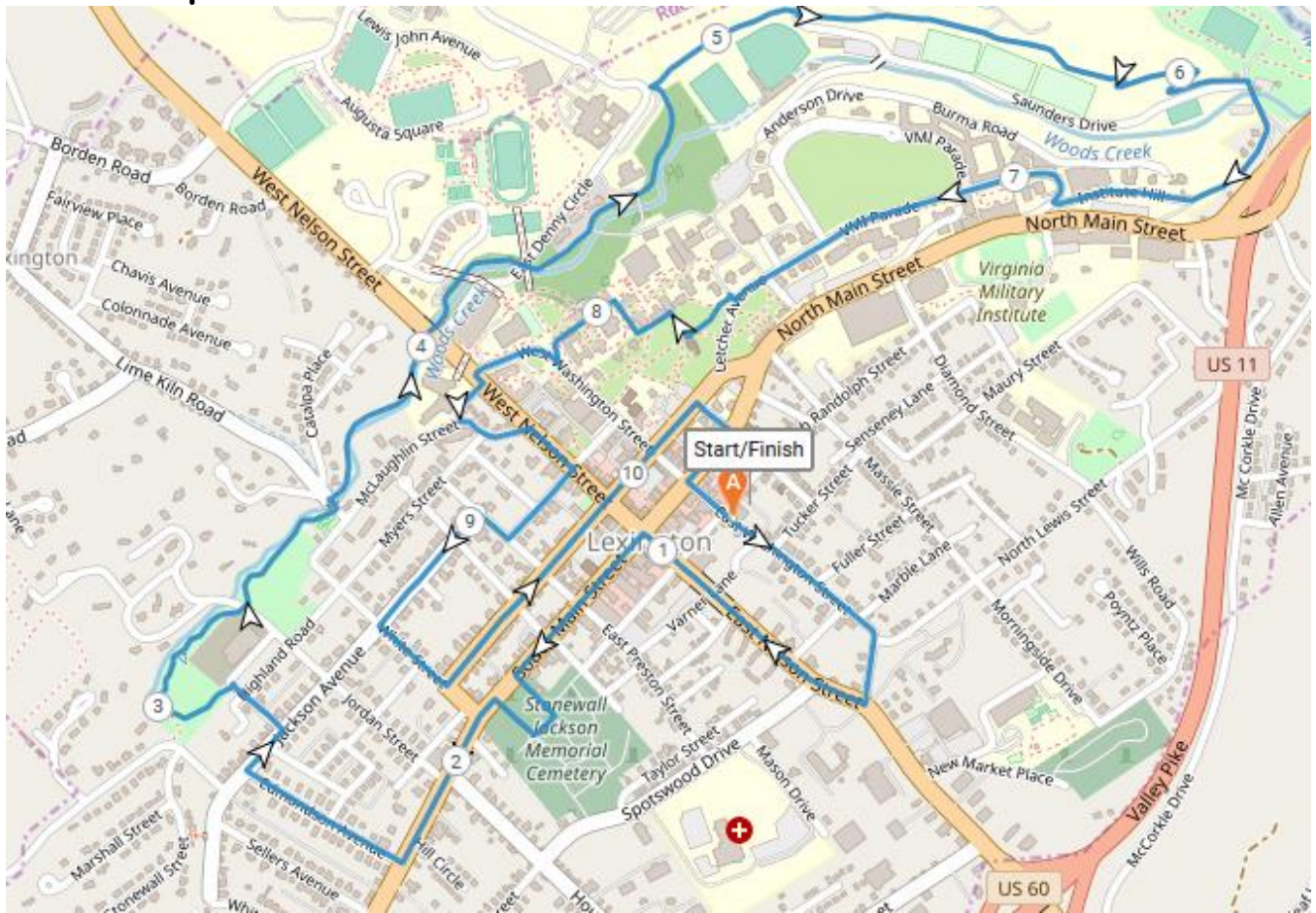
Don't forget to log into the OSB system to complete your walk and the registration process.

### 5 KM Map:



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## 10 KM Map:



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