



Quantico Marine Corps Museum
 The Wood and Dale Wanderers Volkssport Club
 Welcomes You to
The 2020 Big "Q" Quantico Walk
 An AVA Sanctioned Year Round Event



This walk offers a 5 km and a 10 km trail. The 5 km walk is about half on sidewalk and half on park trail. The 10 km walk is about three-quarters on park trail. Both are rated 2B. Insect repellent recommended. Carry adequate water. Sturdy shoes and walking stick(s) recommended for both trails, although there is an option to avoid more rugged trail on the 5K.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Starting Point Location: Quantico Marine Corps Museum, 18900 Jefferson Davis Hwy, Triangle, VA 22172.
 GPS: LAT: 38 32 24 N, LONG: 77 20 26 W. Start outside the entrance of the museum.

Driving Directions:

From North I-95 in Virginia, take exit 150A to US Route 1. Turn right (south) about 1/4 mile to museum entrance.
From South on I-95, take exit 150 to US Route 1. Turn right (south) about 1/4 mile to museum entrance.

Semper Fidelis Park: Download map at

https://www.usmcmuseum.com/uploads/6/0/3/6/60364049/nmmc_sfmp_map_-_2018_updated_version.pdf

Fees: None. If you choose to visit the museum, entrance is free, but they always appreciate donations. Parking is free.

Special Programs: Mayflower - 400th Anniversary. The word Quantico is a derivation of the name a Doeg village recorded by English colonists as Pamacocack.

Restrooms: Available at the museum, the museum chapel, and in Locust Shade Park, though some are seasonal. As of Nov. 2020, both restroom locations at the museum were open.

Note: This event also has a Physical Start Box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

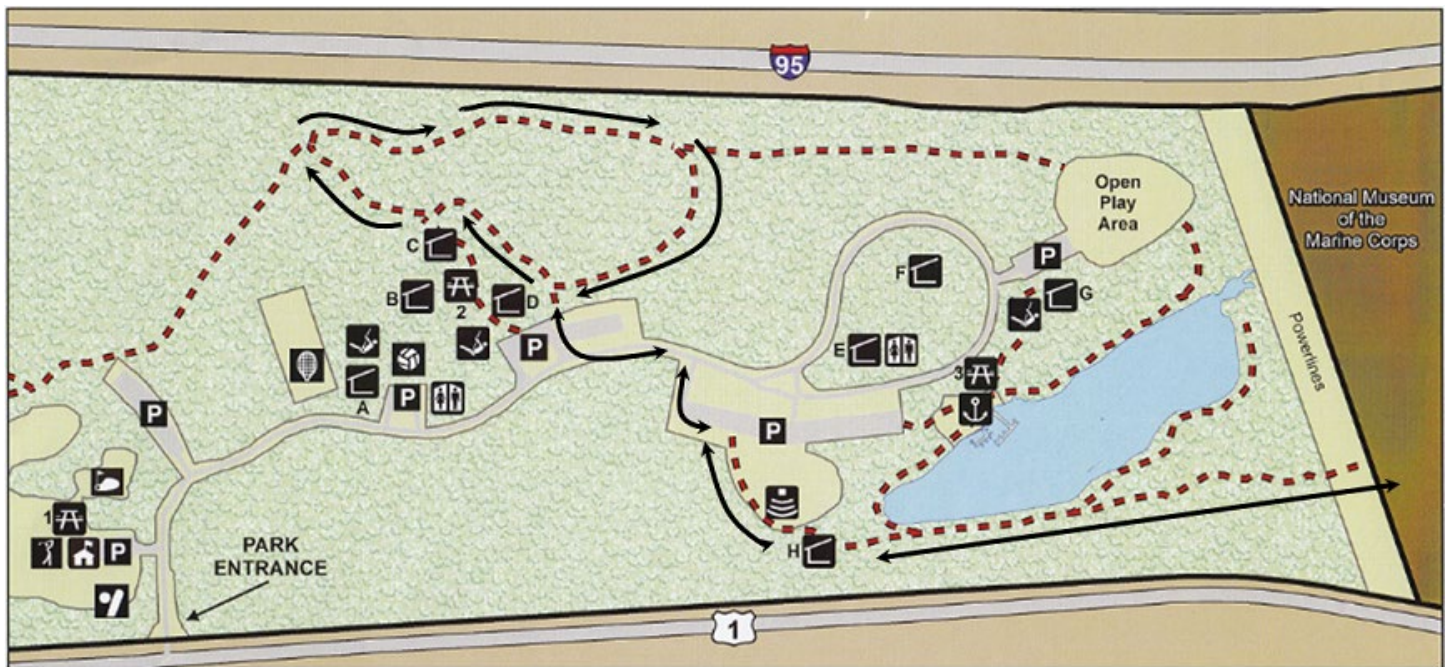
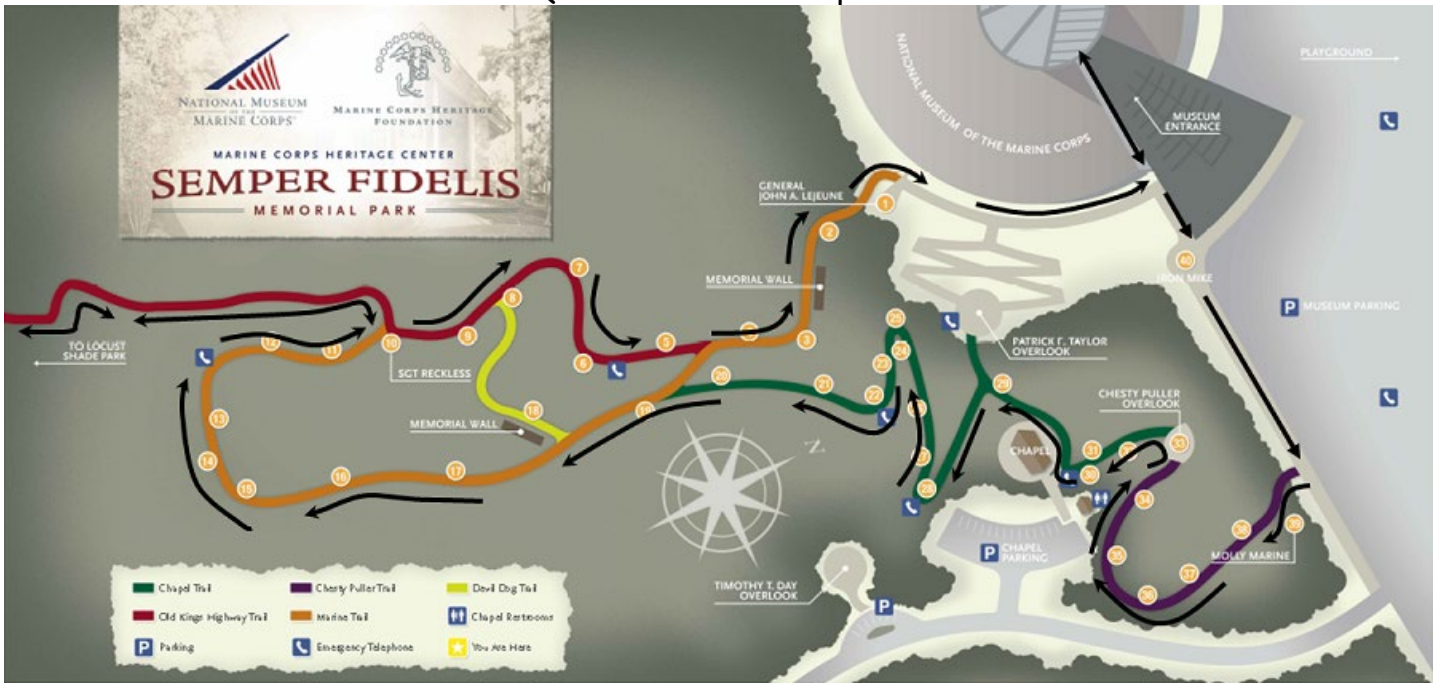
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2020 Quantico Marine Corps Museum 5K

1. With your back to the museum entrance, walk straight to the first driveway. → **RIGHT** on the sidewalk as it curves left past the Iron Mike statue (#40 on the museum map).
2. At the next intersection, → **RIGHT** to enter Semper Fidelis Memorial Park and pass the Molly Marine statue (#39). Continue on the path as it winds right to Chesty Puller Overlook (#33)
3. ← **LEFT** on the path to the chapel (*restrooms*). Turn → **RIGHT** on the path with chapel on your left.
4. Bear ← **LEFT** at the Y (*War Dog statue #29 to your right*). At the next intersection (low marker New Providence Bahamas 1776), turn ← **LEFT** and follow the path as it winds downhill.
5. At the Y-intersection after the Officers Basic School 1-57 Memorial (#20), continue straight passing the 291 Mustangs Memorial (#19). Bear ← **LEFT** at the stone wall bearing plaques for the Marine Corps Musicians and other groups, passing the Marine Corps Engineers Memorial (#17, 1K).
6. Turn ← **LEFT** onto the gravel path at the next intersection (low marker for Eniwetok on left, Staff Sergeant Reckless statue (#10) on right). Pass the Road to Yorktown information sign. Switch to the Locust Shade map.
7. Continue straight, cross under the power lines and enter Locust Shade Park (*information kiosk on right*). The gravel path will parallel a small lake (ignore path to right) and cross a small earthen dam.
8. At the end of the lake (2K), ignore paths to right and left (steps) and continue on the main path as it curves left. Continue straight past the rear of the amphitheater and continue onto an asphalt road to the parking lot.
9. Turn ← **LEFT** in the parking lot to the end and then → **RIGHT** up the parking lot entrance to the main road. **DECISION POINT:** *The next section of trail (instructions 10-13) involves some rocky trail and a long hill. If you need to avoid this part, turn right out of the parking lot onto the park road and follow it around the loop back to the Amphitheater (consult the map), then continue with instruction 14 (turning Left into the parking lot instead of Right) to retrace your steps behind the Amphitheater.*
10. Turn ← **LEFT** on the road. Turn → **RIGHT** into the next parking lot and walk straight across the lot to enter a gravel Fitness Trail (YCC Project). *Note: Restrooms (seasonal) are at the far end of this parking lot*. At exercise station #1, turn ← **LEFT**, passing exercise stations #2, 3.
11. At the picnic pavilion entrance turn → **RIGHT** past exercise stations #4, 5. At stations #6, 7, turn → **RIGHT**.
12. Pass stations #8, 9. Cross wooden footbridge and continue past stations #10 – 16 (long uphill, some stations not numbered).
13. At Y-intersection, bear → **RIGHT**, passing Eagles Landing and Nature Trail signs on your right. Continue past station #18 back to the parking lot (3.25K). Go straight across the parking lot, and turn ← **LEFT** on the road.
14. Turn → **RIGHT** into the next parking lot toward the Amphitheater, then → **RIGHT** on the asphalt path (*water fountain in season, restrooms farther down the parking lot*). At the short boardwalk, bear ← **LEFT** on the gravel path to walk with the Amphitheater to your left. Pass the picnic pavilion entrance and continue toward the lake.
15. Re-cross the earthen dam (3.9K at end). Continue on the crushed gravel path past the Locust Shade information kiosk and under the power lines. Pass the Potomac Path information sign.
16. At the sidewalk facing the Staff Sergeant Reckless statue, you will reenter the Semper Fidelis Memorial Park. Turn ← **LEFT** on the sidewalk.
17. At the next intersection (The Tank Infantry Team Memorial, #8), continue straight, passing the Marine Veterans Memorial (#7) and the HMM-364 Memorial (#6, The Warriors of Hill 881 South Khe Sanh).
18. At the Fallen Warrior Memorial (#4, helmet on rifle), continue straight. Cross the bridge, and pass the low wall and the Osprey Memorial (#2).
19. Continue with the museum on the left through the opening in the wall to the finish (4.97K)

Thank you for walking with us. Take time to enjoy the museum and perhaps have a snack in the Devil Dog Diner or a pint in Tun Tavern. Please check out our other YREs in Historic Manassas, Manassas Battlefield Park, Leesylvania State Park, Prince William Forest Park, Potomac Mills Mall, Dumfries/ Montclair, and Dale City.



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 IS FOR
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In case of Emergency: Dial 911
 Event related assistance:
 Celia Miner, 571-212-0329

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

2020 Quantico 10K

1. With your back to the museum entrance, walk straight to the first driveway. Turn → **RIGHT** on the sidewalk as it curves left past the Iron Mike statue (#40 on the museum map).

2. At the next intersection, turn → **RIGHT** to enter Semper Fidelis Memorial Park and pass the Molly Marine statue (#39). Continue on the path as it winds right to Chesty Puller Overlook (#33)

3. ← **LEFT** on the path to the chapel (*restrooms*). Turn → **RIGHT** on the path with the chapel on your left.

4. Bear ← **LEFT** at the Y (*War Dog statue #29 to your right*). At the next intersection (low marker New Providence Bahamas 1776), turn ← **LEFT** and follow the path as it winds downhill.

5. At the Y-intersection after the Officers Basic School 1-57 Memorial (#20), continue straight passing the 291 Mustangs Memorial (#19). Bear ← **LEFT** at the stone wall bearing plaques for the Marine Corps Musicians and other groups, passing the Marine Corps Engineers Memorial (#17, 1K).

6. Turn ← **LEFT** onto the gravel path at the next intersection (low marker for Eniwetok on left, Staff Sergeant Reckless statue (#10) on right). Pass the Road to Yorktown information sign. Switch to the Locust Shade Park.

7. Continue straight, cross under the power lines and enter Locust Shade Park (*information kiosk on right*). The gravel path will parallel a small lake (ignore path to right) and cross a small earthen dam

8. At the end of the lake (2K), ignore paths to right and left (steps) and continue on the main path as it curves left. Continue straight past the rear of the amphitheater and continue onto an asphalt road to the parking lot.

9. Turn ← **LEFT** in the parking lot to the end and then → **RIGHT** up the parking lot entrance to the main road. Turn ← **LEFT** on the road.

10. Turn → **RIGHT** into the next parking lot and walk straight across the lot to continue straight onto the gravel Fitness Trail (YCC Project). **NOTE: Restroom (seasonal) at far end of parking lot is the last one until the second 5K loop is completed.**

11. At the picnic pavilion entrance turn → **RIGHT** past exercise stations #4, 5. At stations #6, 7, turn ← **LEFT** (2.7K).

12. Just before a parking lot, turn → **RIGHT** to enter The John Palmer Trail. The trail will turn right to cross a small wooden footbridge (3.1K).

13. This part of the trail follows red blazes and is an out-and-back section because the other branch of the trail is too dangerous.

14. Continue to follow red blazes for about 0.8K watching for rocks and exposed tree roots until you come to a steep downhill toward a stream and a post with a silver top and red blaze. Ignore the trail to the left just before the stream.

15. **Carefully** cross the stream on rocks toward the post with the light blue blaze. You will now follow a trail that has a mix of light blue and greenish blue (teal) blazes. At the Y (2 trees with light blue blazes), turn ← **LEFT**.

16. At a tree with 2 blue blazes (3.9K), turn ← **LEFT** uphill. Pass a trail to the right and walk toward the green All Purpose Trail sign (4.2K). Cross under the power lines toward the next green All Purpose Trail sign.

17. There is a tree straight ahead with a blue blaze at the trail intersection. Turn ← **LEFT** toward a tree with a blue blaze.

18. The trail will initially parallel the power lines, then curve several times, at one point parallel to a road (Russell Road on Quantico, if you're following on your GPS, 5K), and then

will curve right again away from the road downhill. A stream will be to your left.

19. The trail will follow busy I-95, then curve around before heading back toward I-95. Tricky! Watch for blue/teal blazes!

20. The trail curves right with the power lines on the left. At the trail intersection (green All Purpose Trail sign and powerlines to left, 6K), turn **← LEFT** to cross back under the power lines toward the other green All Purpose Trail sign.

21. In about 20 meters past the second All Purpose Trail sign, turn **← LEFT** downhill on the trail (blue/teal blazes).

22. There will be several trees with two blue or teal blazes indicating the trail will curve right or left. Watch for blazes! At the trail intersection near the stream turn **← LEFT** toward the stream.

23. At a post with a silver top and blue blaze (6.4K), carefully re-cross the stream on the rocks toward the post with a silver top and red blaze. Bear slightly **← LEFT** up a steep hill with the red-blazed post to your right.

24. Ignore the red arrow on the tree, and follow red blazes again along this rocky trail uphill and then downhill toward a stream. Cross the wooden footbridge again (7K) and bear **← LEFT**.

25. Continue curving **← LEFT** onto the dirt road and exit The John Palmer Trail. Turn **← LEFT** onto the crushed gravel path. Continue straight at Exercise Station #7 (7.5K).

26. Pass stations #8, 9. Cross wooden footbridge and continue past stations #10 – 16 (long uphill, some stations not numbered).

27. At Y-intersection, bear **→ RIGHT**, passing Eagles Landing and Nature Trail signs on your right (8K). Continue past station #18 back to the parking lot. Go straight across the parking lot, and turn **← LEFT** on the road.

28. Turn **→ RIGHT** into the next parking lot toward the Amphitheater, then **→ RIGHT** on the asphalt path (*water fountain in season, restrooms farther down the parking lot*). At the short boardwalk, bear **← LEFT** on the gravel path to walk with the Amphitheater to your left. Pass the picnic pavilion entrance and continue toward the lake.

29. Re-cross the earthen dam (8.7K at end). Continue on the crushed gravel path past the Locust Shade information kiosk and under the power lines. Pass the Potomac Path information sign.

30. At the sidewalk facing the Staff Sergeant Reckless statue, you will reenter the Semper Fidelis Memorial Park. Turn **← LEFT** on the sidewalk.

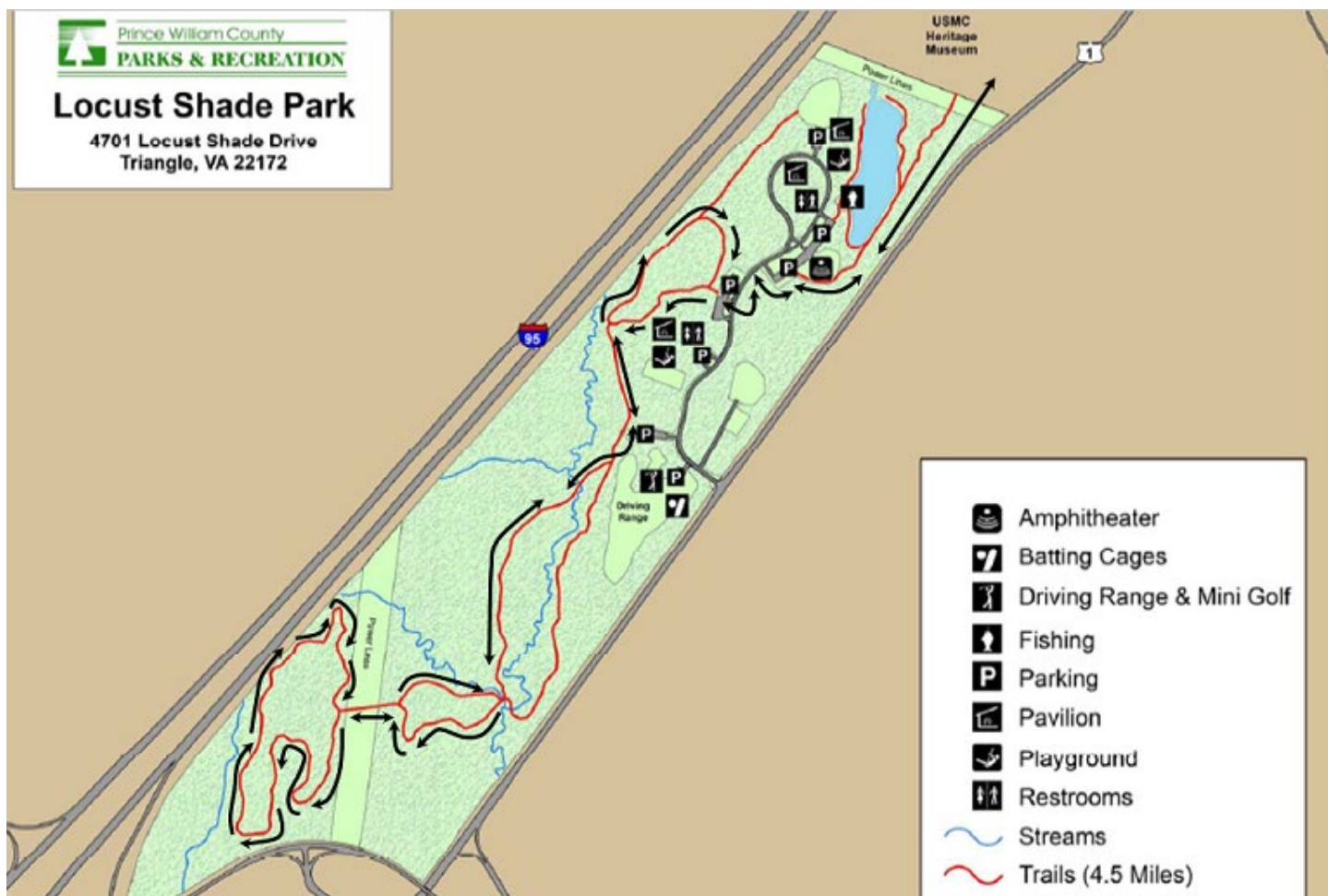
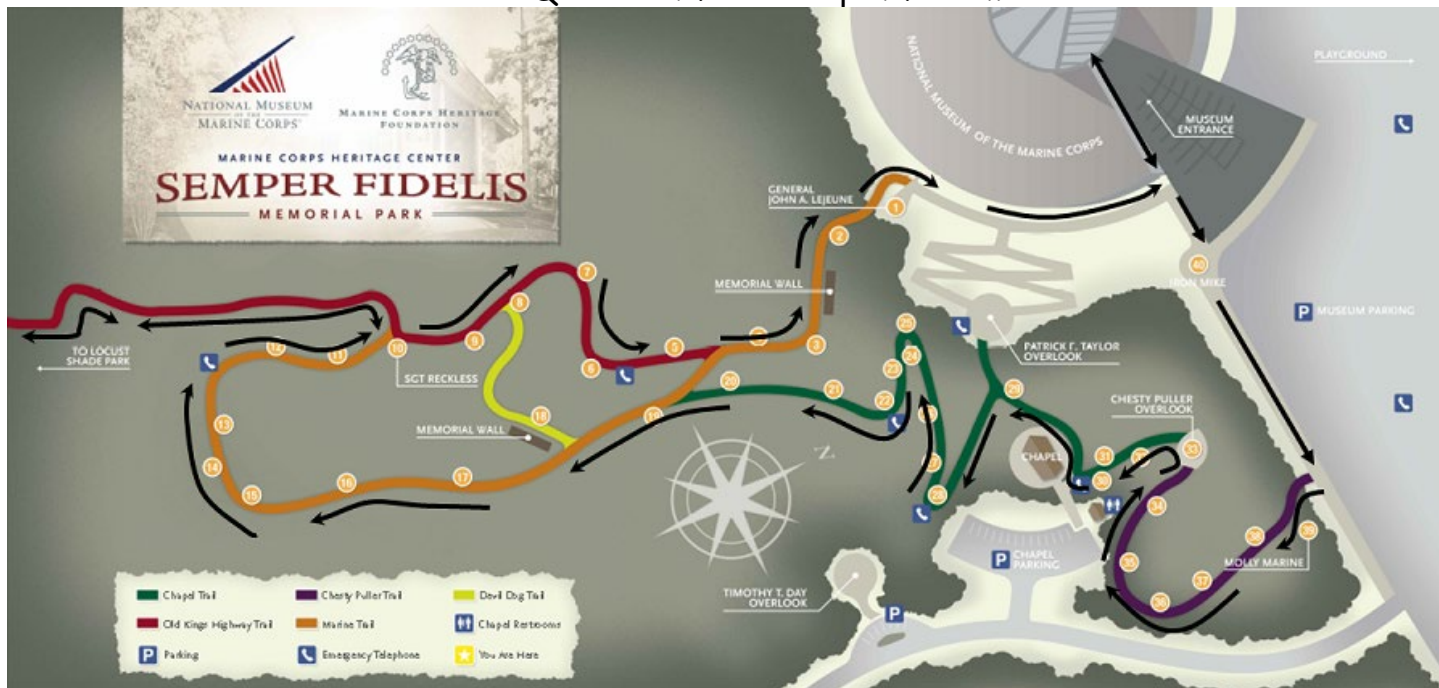
31. At the next intersection (The Tank Infantry Team Memorial, #8), continue straight, passing the Marine Veterans Memorial (#7) and the HMM-364 Memorial (#6, The Warriors of Hill 881 South Khe Sanh).


32. At the Fallen Warrior Memorial (#4, helmet on rifle), continue straight. Cross the bridge, pass the low wall and the Osprey Memorial (#2).

33. Continue with the museum on the left through the opening in the wall to the finish (9.9K)

Thank you for walking with us. Take time to enjoy the museum and perhaps have a snack in the Devil Dog Diner or a pint in Tun Tavern. Please check out our other YREs in Historic Manassas, Manassas Battlefield Park, Leesylvania State Park, Prince William Forest Park, Potomac Mills Mall, Dumfries/ Montclair, and Dale City.

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