



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

Yosemite National Park – Clouds Rest

22K/13K/5K Rated: 5E Y0734

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MAY 1, 2020 to OCTOBER 31, 2020 ONLY!

WHY CLOUDS REST? Clouds Rest, a massive granite formation just northeast of Half Dome in Yosemite Valley, is one of the defining hikes in Yosemite National Park (YNP). For casual visitors, it ranks with Half Dome and North Dome as one of the most recommended hikes in the valley and for viewing the valley. Geographically, Clouds Rest lies in the center of nearly every interesting feature in Yosemite. Great views are to be had of Half Dome, the Clark Range in the south, nearly all of Cathedral Range, and even out to Matterhorn Peak and the Sawtooth Range.

COVID-19 NOTICE

This route is subject to all restrictions and safety guidelines by government and Park directives in effect at time of visit including but not limited to:

- 1. Park (or portions thereof) closed or limited hours**
- 2. Capacity limits – reservations required even if you have season pass**
- 3. Closure of one or more sections of this route**
- 4. Pedestrian direction (one way) restrictions**
- 5. No Valley shuttle bus operations in 2020**
- 6. Wearing face protection**
- 7. Enforced social distancing**
- 8. Any other mitigation measures that would prevent you from completing this route or require you to make on the spot adjustments/changes**

Refer to <https://www.nps.gov/yose/planyourvisit/covid19.htm> for information on current restrictions or visit requirements prior to your intended visit.

Special Programs – None

Start: Yosemite National Park, CA. *GPS units do not always provide accurate directions for Park. If you do use a GPS unit, just keep in mind that if there's a conflict between what the road sign says and what your GPS unit says, the road sign is correct (and your GPS unit isn't).*

Directions: Coming from Mariposa, CA Drive EAST on CA-140, to Yosemite National Park (40 miles). Page 4 has various mileages to CA and NV cities. **Gas is not available in Yosemite Valley! Fill up before arrival.**

Note: You will need to pay an entry fee or have a National Parks pass to enter Yosemite National Park.

Get the latest NPS Hiking Trails map from the entry gate Ranger.

CA-140 East becomes Southside Drive once inside the park. Turn LEFT onto CA-140/El Capitan Cross-Over. Continue to follow CA-140 West, 3.2 miles. Turn RIGHT onto Big Oak Flat Rd. (9.5 miles). Turn Right onto CA-120/Tioga Pass Rd (25.4 miles) Park at Tenaya Lake Trailhead at the southwest end of the lake.

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In case of EMERGENCY, call 911

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. www.ava.org



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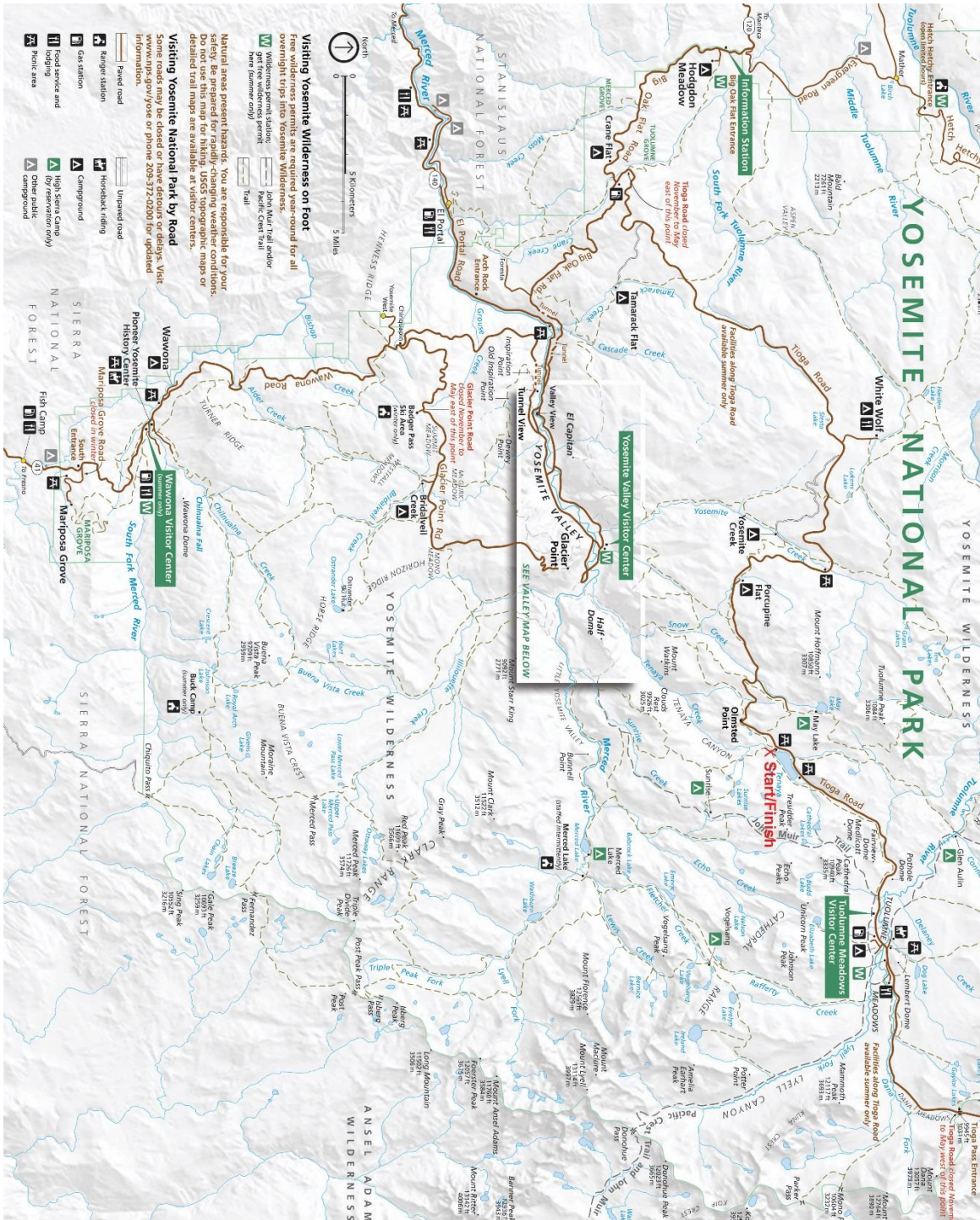
1. Start at the Sunrise Lake Trailhead near the restrooms (the only ones on the route).
2. Cross the Tenaya Lake outlet stream. Enjoy relatively level terrain through the meadow.
3. **5 km option (longer trails, skip to #4):** stroll the loop around the lake. If it's hot, take a swim. The beach is a prime stop to watch rock climbers on the many domes in the area.
4. At just beyond 2k, the grade increases and reaches a ridgeline at 4k. Shortly you'll come to a trail junction.
5. **13 km option (22 km trail, skip to #6):** Go left at the trail junction and climb another 3k to Lower Sunrise Lake, 100 yards farther to Middle Sunrise Lake, the most secluded, sprinkled with small rock islands. 10 minutes from there continue to Upper Sunrise Lake, the final destination. Reverse course and return to the start.
6. To get to Cloud's Rest, go right at the trail junction. Descend steeply for 1k into an alpine meadow.
7. At 8k you'll reach Clouds Rest trail junction. Bear right and take in the sights of the park's major mountains as you constantly ascend.
8. At 11k you'll reach the base of the summit. After 300 yards of scrambling, arrive at the top of Clouds Rest, the largest granite face in the park. From the nearly 10,000 ft. summit the entire valley unfolds like a panorama.
9. After a well-deserved rest at the top, reverse course and return. If time allows, consider that dip in Tenaya Lake!

Event related assistance or suggestions for improvement please contact:

Carl Cordes (702) 540-6632 or email:

pa_rd@ava.org

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (NOTE: The \$2 fee for event PDF Download is deducted from the user's Event Bank when the pdf is downloaded. This prepaid fee is applied against the credit fee(s) at the OSB "Finish Table" when you submit the walk completion info. However, the \$2 "coupon" for the downloaded PDF expires 60 days from download.)





Mileage and Driving Time from Yosemite Valley Visitor Center

Estimated times vary depending on road and weather conditions

Destination	Time	Distance	Destination	Time	Distance
Ancient Bristlecone Pine Forest (Schulman Grove)	4 h 15 m	180 mi/288 km	Hetch Hetchy parking	1 h 15 m	38 mi/61 km
Arch Rock Entrance Station	20 m	11 mi/18 km	<i>Kings Canyon National Park</i>		
Badger Pass	45 m	20 mi/32 km	Grant Grove via Highway 41	3 h 30 m	150 mi/242 km
Bakersfield via Highway 41	4 h	201 mi/324 km	Cedar Grove via Highway 41	4 h	180 mi/290 km
Bakersfield via Highway 140	4 h 15 m		Lake Tahoe via Highways 120 and 49	5 h 15 m	200 mi/322 km
Bass Lake	1 h 30 m	57 mi/98 km	Lake Tahoe via Highway 140 and Sacramento	5 h 45 m	265 mi/426 km
Big Oak Flat Entrance Station	45 m	25 mi/40 km	Lake Tahoe via Tioga Road	4 h 30 m	198 mi/319 km
Big Oak Flat/El Portal Roads junction	10 m	6 mi/10 km	Las Vegas via Tioga Road and Highway 95	8 h	399 mi/642 km
Bishop via Tioga Road	3 h 15 m	146 mi/235 km	Las Vegas via Bakersfield and Highway 15	8 h 30 m	475 mi/764 km
Bishop via Bakersfield	7 h 30 m	428 mi/685 km	Lee Vining via Tioga Road	2 h	74 mi/119 km
Bodie SHP	2 h 45 m	107 mi/171 km	Lee Vining via Highways 88 and 395	6 h 15 m	276 mi/444 km
Bridalveil Creek Campground	45 m	25 mi/40 km	Lone Pine	4 h 30 m	200 mi/322 km
Bridalveil Fall parking	10 m	6 mi/10 km	Los Angeles via Highway 41	6 h	313 mi/504 km
Carson City via Tioga Road	3 h 30 m	188 mi/303 km	Los Angeles via Highway 140	6 h 15 m	276 mi/444 km
Chinquapiin	30 m	14 mi/23 km	Los Angeles via Tioga Road	8 h	410 mi/670 km
Crane Flat	30 m	16 mi/26 km	Mammoth Lakes via Tioga Road	2 h 30 m	106 mi/161 km
Crescent City	10 h 30 m	536 mi/863 km	Mammoth Lakes via Highways 58 and 14	9 h	464 mi/747 km
Death Valley via Tioga Road	6 h 15 m	270 mi/435 km	Mammoth Lakes via Highways 88 and 395	7 h	340 mi/547 km
Death Valley via Highways 58 and 14	8 h 30 m	447 mi/715 km	Manteca via Highway 120	2 h 45 m	117 mi/188 km
Devils Postpile National Monument	3 h	112 mi/180 km	Manteca via Highway 140	2 h 45 m	133 mi/214 km
El Portal	30 m	14 mi/23 km	Mariposa (town)	1 h 15 m	44 mi/71 km
Eureka via Highway 101	9 h	451 mi/726 km	Mariposa Grove	1 h 15 m	37 mi/60 km
Fish Camp	1 h 15 m	39 mi/63 km	May Lake parking	1 h 20 m	43 mi/69 km
Fresno via Highway 41	2 h 15 m	94 mi/151 km	Merced	2 h	81 mi/130 km
Fresno via Highway 140	3 h	136 mi/219 km	Merced Grove	40 m	21 mi/34 km
Glacier Point	1 h	30 mi/48 km	Modesto via Highway 120	2 h 30 m	112 mi/180 km
<i>Grand Canyon National Park</i>			Modesto via Highway 140	2 h 30 m	117 mi/188 km
North Entrance via Highways 120 & 6	12 h 15 m	636 mi/1024 km	Mono Lake (South Tufa)	2 h 15 m	78 mi/125 km
South Entrance via Highways 120 & 95	13 h	718 mi/1155 km	Monterey via Highway 140	4 h 30 m	204 mi/328 km
South Entrance via Bakersfield	11 h 30 m	705 mi/1135 km	Napa	4 h 30 m	204 mi/328 km
Groveland	1 h 15 m	49 mi/79 km			
Oakdale	2 h 15 m	96 mi/155 km			
Oakhurst via Highway 41	1 h 30 m	55 mi/89 km			
Oakhurst via Highways 140 and 49	2 h	70 mi/113 km			
Oakland via Highway 120	3 h 45 m	186 mi/300 km			
Oakland via Highway 140	3 h 45 m	202 mi/325 km			
Placerville via Highways 120 and 49	3 h 30 m	153 mi/246 km			
Porcupine Flat Campground	1 h 10 m	38 mi/61 km			
Redwood National Park (Orick)	12 h	493 mi/789 km			
Reno via Highways 140 and 80	6 h	322 mi/515 km			
Reno via Tioga Road	4 h	218 mi/351 km			
Sacramento via Highway 120	4 h	160 mi/257 km			
Sacramento via Highway 140	4 h	195 mi/314 km			
San Diego via Highway 41	8 h	441 mi/710 km			
San Diego via Highway 140	8 h 15 m	484 mi/779 km			
San Francisco via Highway 120	4 h	195 mi/314 km			
San Francisco via Highway 140	4 h	211 mi/340 km			
San Jose via Highway 120	4 h	182 mi/293 km			
San Jose via Highway Highways 140 & 152	4 h 15 m	196 mi/315 km			
Santa Cruz via Highway 140	4 h 30 m	200 mi/322 km			
<i>Sequoia National Park</i>					
Lodgepole/Giant Forest via Highways 41 & 180	4 h	175 mi/282 km			
Lodgepole/Giant Forest via Visalia	4 h	185 mi/298 km			
Sonora	2 h	76 mi/122 km			
South Entrance	1 h	35 mi/56 km			
Stockton via Highway 120	3 h 15 m	115 mi/185 km			
Stockton via Highway 140	3 h 15 m	146 mi/235 km			
Tamarack Flat Campground	45 m	23 mi/37 km			
Tenaya Lake	1 h 15 m	47 mi/76 km			
Tioga Pass	1 h 45 m	62 mi/100 km			
Tunnel View	15 m	8 mi/13 km			
Tuolumne Meadows	1 h 30 m	55 mi/89 km			
Tuolumne Grove	30 m	17 mi/27 km			
Wawona	45 m	27 mi/44 km			
White Wolf	1 h	31 mi/50 km			
Yosemite Creek Campground	1 h 15 m	34 mi/55 km			



September 2007