

Virginia Volkssport Association
Year Round Walk
Charlottesville
6/10 KM Trail Directions

START POINT: McIntire Park near Brooks Family YMCA, 151 McIntire Park Drive
GPS: 38° 02' 58.0" N, 78° 28' 42.2" W
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	Emergencies or Safety Concerns: Call 911 Directions Contact: Sandy Croushore, (757) 532-3468
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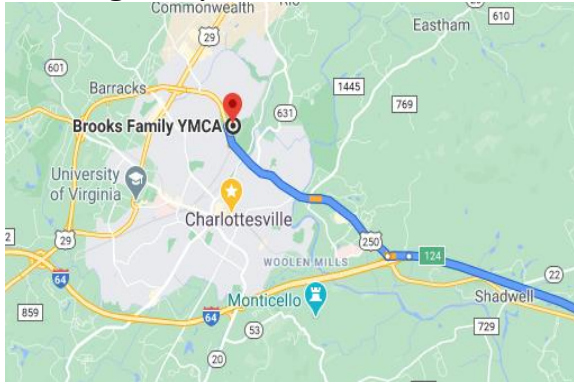
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Driving Directions:

1. Take I-64 to Exit 124 and turn toward Charlottesville (RIGHT if coming from Richmond, LEFT if coming from the west) on US 250 Bypass
2. Continue about 3.5 miles to the Rugby Ave exit.
3. Exit RIGHT and continue to the STOP sign.
4. Turn LEFT onto Rugby Ave and continue to the second parking lot.
5. Turn RIGHT into the parking lot and park near the playground and Y.
(Restrooms next to playground)

Driving Map:



Special Programs:

- Carousels Across America: #13 (10 KM only)
- Mayflower—400th Anniversary Walk: #15 (10 KM only)
- Rockin' Around the Clock: #16 (10 KM only)
- Virginia Independent Cities: Charlottesville
- Walking with America's Veterans: #6
- Walking the USA A-Z: "C" for Charlottesville

Charlottesville is named after the British Queen Consort Charlotte of Mecklenburg-Strelitz, who was the wife of King George III and was Virginia's last Queen. It was the home of two presidents, Thomas Jefferson and James Monroe.

Charlottesville was established in 1762 along a trade route called Three Notched Road (present day US Route 250), which led from Richmond to the Great Valley.

During the American Revolutionary War, Congress imprisoned the Convention Army in Charlottesville at the Albemarle Barracks between 1779 and 1781. Charlottesville was spared the brunt of the Civil War. The only battle was the skirmish at Rio Hill, an encounter in which George Armstrong Custer briefly engaged local Confederate Home Guards before retreating.

In 2017, Charlottesville became infamous because of the "Unite the Right" rally held here during which a protestor was killed. The Robert E. Lee statue that was the root cause of the trouble is still standing in the park, and this walk goes by it. (NOTE: At the time you walk, the statue may have been removed.)

Walking Directions:

1. Head toward the sidewalk next to the ballfields, turn **RIGHT**, and continue to the entry road.
2. Turn **LEFT** and follow the sidewalk to the pedestrian bridge on the left. The sidewalk becomes asphalt at the small parking lot on the left.
3. Bear a little **LEFT** to the pedestrian bridge and cross over the railroad tracks to the intersection.
4. Keep straight, bypassing the two skateparks on your right, all the way down the hill to the traffic signal (Route 250 Bypass and McIntire Rd).
5. Turn **LEFT** to continue on the asphalt path up the hill to the Dogwood Vietnam Memorial.

The Charlottesville Dogwood Vietnam Memorial was the first civic/public memorial in the US dedicated to those who served and sacrificed their lives in service to their country. There are individual plaques for each veteran killed

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during the Vietnam war who were residents of Charlottesville. This Memorial qualifies for the Walking with America's Veterans special program.

7. Return back down the hill to the traffic signal.
8. Turn **RIGHT** and use the pedestrian crossing lights to cross both parts of Route 250 Bypass, going under the bridge, and continue on the asphalt path alongside McIntire Rd to the second crosswalk at Nelson Dr.
9. Turn **LEFT** and use the crosswalk to cross McIntire Rd, then turn **RIGHT** to continue along the left side of McIntire Rd for a little more than a half kilometer to the traffic signals at Preston Ave/Market St.
10. Turn **LEFT** on Route 250/Market St and continue to Fourth St NE.

Trail Split

10 KM walkers: Continue with Direction #11 on the next page.

6 KM walkers:

Continue with Direction #27 on page 6.

11. Continue on Market St to the traffic signal at Seventh St NE.

12. Turn RIGHT and cross Market St and continue on the right side of Seventh St NE one block to the Downtown Mall area with the amphitheater on the left.

(Restrooms in the Downtown Transit Station at 610)

13. Turn RIGHT and continue down the Mall to the end.

Kiddie Carousel near the beginning of the Mall counts for the Carousel Special Program.

14. Bear LEFT up the ramp and up the steps to the street (Water St—no sign, but US Courthouse on your right).

15. Turn RIGHT on Water St and continue to Madison St, crossing Ridge St using the pedestrian signal, just past St Paul's Episcopal Church and across from the campus of the University of Virginia (UVA). Water St becomes Main St at Ridge St.

Statue of Lewis and Clark and Sacajewea in the middle of the street at Ridge St and Water/Main St for Mayflower Special Program.

16. After crossing Madison St, turn LEFT and cross, using the crosswalk, onto the UVA campus, continuing on the brick sidewalk and follow as it veers RIGHT to the next intersection.

There is a clock at the top of the Rotunda (Rockin' Around the Clock Special Program)

17. Turn LEFT under the portico, up two sets of steps, and continue down four sets of steps and then sidewalk to the end.

The University of Virginia, often called Mr. Jefferson's university, was founded by Thomas Jefferson in 1819. The original governing Board of Visitors included Jefferson, James Madison, and James Monroe. One notable attendee was Edgar Allen Poe, and his original room, 13 West Range, is maintained by the Raven Society. Jefferson designed ranges of small student rooms that would be, in his words, "advantageous to morals, to order, and to uninterrupted study." He placed the student quarters beside those of their professors to encourage academic engagement outside the classroom. Today, fourth-year students are selected by their peers to live in these student rooms on the Lawn based on their academic record and their service to the University. Being awarded a Lawn room is one of the University's highest honors. It is also an honor for a faculty member or administrator to occupy one of the two-story houses, called Pavilions, on the Lawn.

18. Turn RIGHT and continue past Old Cabell Hall for a short distance to the end of the sidewalk at Cocke Hall, passing the statue of Homer.

19. Turn RIGHT and continue up four sets of steps (several have ramps) and then down one set of steps to the next intersection.

20. Turn LEFT and then RIGHT down the ramp, then LEFT on the brick sidewalk and continue to the street (no sign—McCormick Rd), keeping the chapel to your right.

21. Turn RIGHT and continue with the chapel on your right on McCormick Rd to the Y-intersection.

22. Veer RIGHT and continue to the to the first crosswalk at Rugby Rd.

23. Turn LEFT and cross University Ave, then immediately RIGHT to cross Rugby Rd, and then immediately LEFT to continue on the right side of Rugby Rd for about a kilometer and a half to the end of the road at Preston Ave.

24. Turn LEFT on Rugby Rd for one short block to Rugby Ave.

25. Turn RIGHT on Rugby Ave and continue about a kilometer and then along the blocked-off road past the pedestrian bridge you took earlier and the small parking lot to the larger parking lot on your right.

26. Turn RIGHT and continue back to your vehicle.

5 KM Walkers: Continue here

27. Turn RIGHT on Fourth St NE and continue one block to the Downtown Mall area.

28. Turn LEFT on the Mall area and continue to the end of the Mall.

29. Veer RIGHT onto Preston Ave and continue to the street (Market St).

30. Cross and turn LEFT on Market St/Preston Ave and continue to the traffic signal at McIntire Rd.

31. Bear RIGHT on McIntire Rd and continue about 0.6 kilometers to Nelson Dr.

32. Turn LEFT at the crosswalk, cross McIntire Rd and then RIGHT to continue on the asphalt path on the left side of McIntire Rd to the traffic signal at Route 250 Bypass.

33. Cross both sections of Route 250 Bypass, going under the bridge.

34. Turn LEFT on the asphalt path and continue back to the pedestrian bridge you crossed earlier.

35. Cross the bridge and turn RIGHT down the ramp and continue on the sidewalk past the first small parking lot to the second lot.

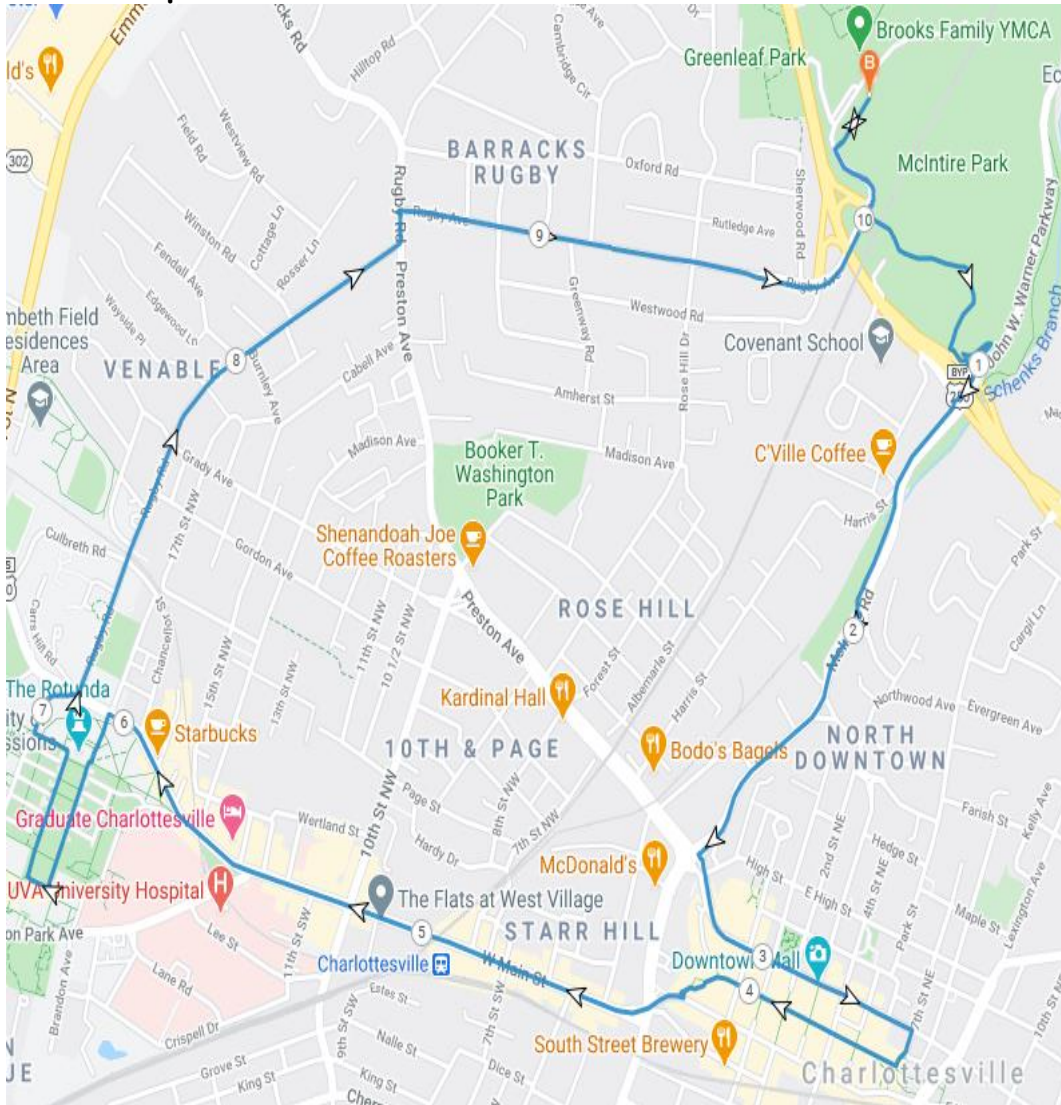
36. Turn RIGHT on the sidewalk and return to your vehicle.

We hope you enjoyed your walk in the town of Charlottesville. There are also year-round walks in nearby Harrisonburg, Lexington, and Staunton to help round out your day.

Don't forget to log into the OSB system to complete your walk and the registration process.

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10 KM Map:



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