



**WOODARD BAY WALK**  
 On the Chehalis Western Trail  
**YRE# 1009**

**Distance:** 5K, 10K, 11K, 20K, 22K  
**Difficulty Rating:** 1A

Choose your distance of 5K-22K and walk the paved Chehalis Western Trail anywhere between the Woodard Bay (north end) and Chambers Lake (south) trailheads, passing farmlands, forests, and edges of neighborhoods. There are two additional wildlife protected options, where pets are not permitted, and are unfriendly to strollers and wheelchairs. The 5k Natural Resources Area, with bark trail, steps and boardwalk is open year round. There's a beautiful picnic area on the water at the end of the Natural Resources Area trail. The 2k natural surface Overlook Trail is a blue heron rookery which is closed for nesting April 1 – Aug 15. When it's open, it's fun to look at the trees filled with massive heron nests.

The first page of walk directions starts at the South Bay Market from which you can travel north and south on the Chehalis Western Trail. You can walk to the two additional wildlife protected options from here. If you prefer to park nearer the north end of the trail in order to do the two wildlife protected options, follow the driving directions on the second page of directions entitled *Add-ons to North End of North Route*.

**Walk Registration**

Registration takes place online using the AVA Online Start Box at [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed.

**Walk Completion and Walk Credit**

Once you have physically completed the walk, please login to your Online Start Box account; click on the “My Start Box” tab; then the “Finish Table” tab; then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate a stamped “virtual” insert card that you may print.

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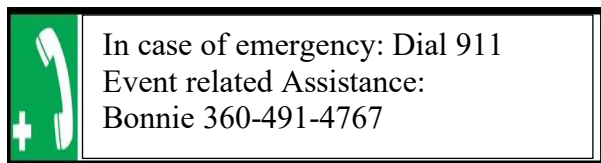
Use the following table to guide what portion of this document you may wish to print.

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## WOODARD BAY WALK YRE# 1009



**Distance:** 5K, 10K, 11K, 20K, 22K

**Difficulty level:** 1A

**ESVA Challenges:** 39 Counties; Rails to Trails

**Start Point:** South Bay Market, 3425 Shincke Road, NE, Olympia, WA. 98506

Lat. 47.080841, Lng. -122.846081

**Driving Directions:** From I-5 Northbound: Take Exit 107. Right on Pacific. Get in left lane and turn left at 2nd light onto Lilly Rd. Drive 2.8 miles. Turn left onto South Bay. South Bay Market is on the right at the corner of South Bay and Shincke. From I-5 Southbound: Take Exit 109. Right on Martin Way for 1.2 miles. Right on Lilly Rd. For 2.5 miles. Turn left onto South Bay. South Bay Market is on right at corner of South Bay and Shincke. Park on either side of the small market. Leave the spaces in front of the market for customers.

**\*Choose your route, and choose your distance\***

- Walk either North or South Route for stand-alone 10K distance.
- Combine North or South Route for longer distance.

- **OR** Walk 5K out and back on North Route and then 5K out and back on South Route for 10K.
- **OR** at North end of North Route walk Overlook Trail (2K) and/or Natural Resources Area (5K) (see details on page entitled *Add-ons to North End of North Route*).

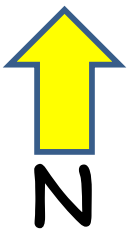
### North Route 5K, 10K Rated 1A

1. With your back to the store entrance, turn **LEFT** along South Bay Road.
2. **LEFT** at crosswalk onto Chehalis Western Trail (CWT) and continue straight ahead.
3. **5K Walkers** go to 1.5 mile marker and skip to direction #5.
4. **10K Walkers** continue up trail to parking lot (pit toilet).
5. **TURN AROUND** and retrace steps along CWT to South Bay Road.
6. **RIGHT** to start point (or cross South Bay Road and continue on South Route for longer distance).

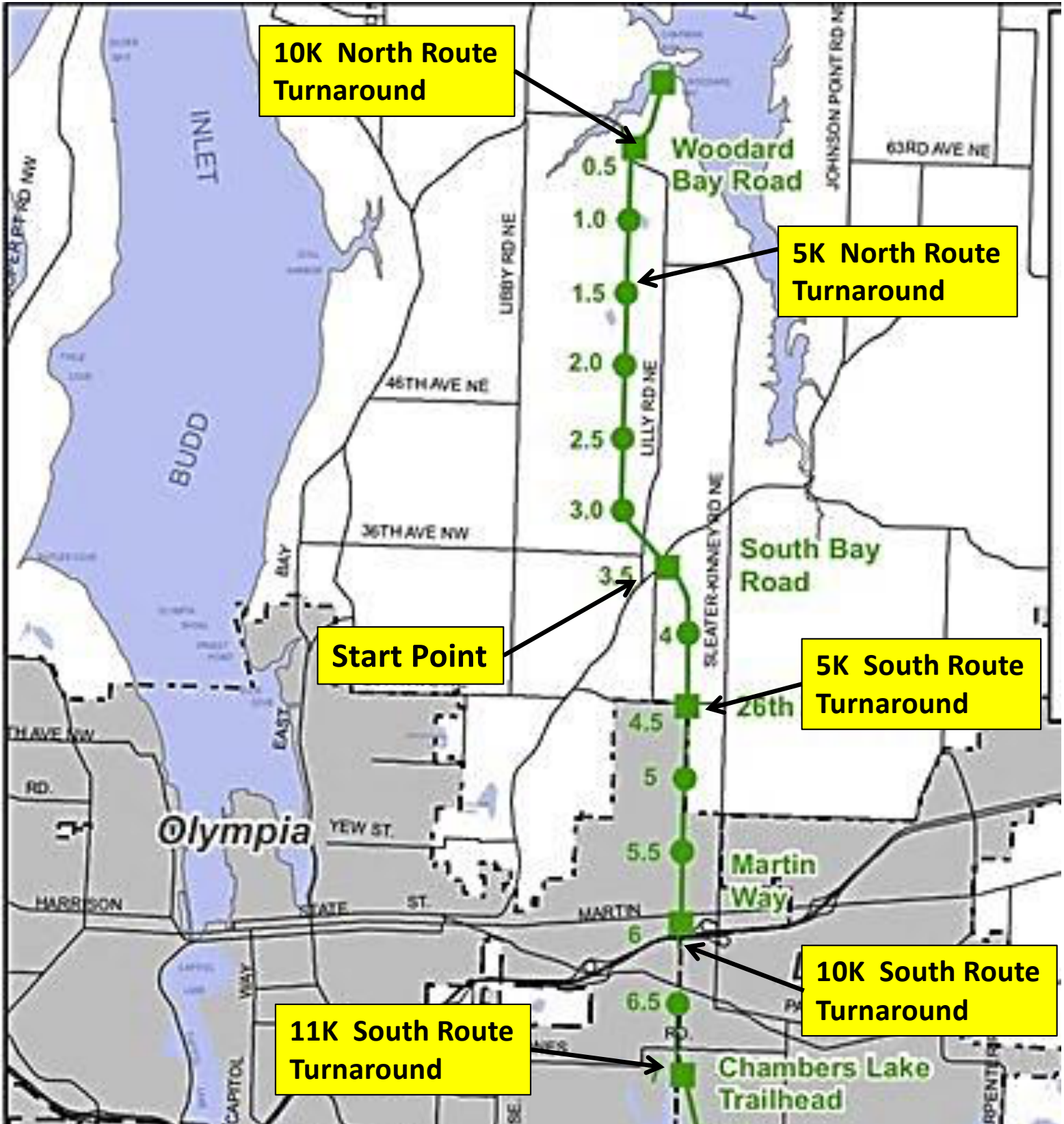
### South Route 5K, 10K, 11K Rated 1A

1. With your back to the store entrance turn **LEFT** along South Bay Road.
2. **RIGHT** at crosswalk onto Chehalis Western Trail (CWT) and continue straight ahead.
3. **5K Walkers** go to 4 ½ mile marker after passing Millpond Community and a fenced emu. Turn around and retrace steps to start point.
4. **Restrooms** located shortly after 4 ½ mile marker at Kaiser Permanente (**RIGHT** at opening in chain link fence and follow paved path.)
5. **10K and 11K Walkers** continue along CWT, crossing three pedestrian bridges over streets/freeway.
6. Just after freeway bridge, note South Sound Center on left (restaurants, **Restrooms**).
7. **10K Walkers** turn around at round about, where CWT intersects with Woodland Trail (6 mile marker at end of pedestrian bridge).
8. **11K Walkers** **CROSS** old RR bridge over 14<sup>th</sup>, then **TURN AROUND** at Chambers Lake (**Restrooms**).
9. Return north on CWT.
10. **CAREFULLY CROSS** South Bay Road and turn **LEFT**, returning to the store.

**Don't forget to log back into the OSB system to "finish/complete" your online registration.**



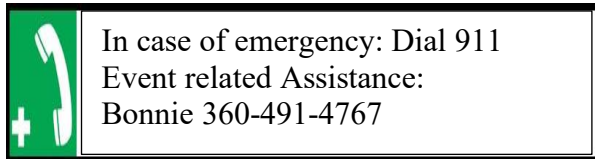
**Woodard Bay Walk  
(North and South Routes)  
YRE #1009  
5k, 10k, 11k, 20k, 22k**





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## WOODARD BAY WALK YRE# 1009



**Distance:** 2K, 5K, 7K

**Difficulty level:** 2B

**ESVA Challenges:** 39 Counties; Rails to Trails

**Start Point:** Chehalis Western Trail at Woodard Bay Parking Lot, 7100 Woodard Bay Road NE, Olympia, WA 98506.

Lat. 47.123592, Lng. -122.852606

**Driving Directions:** From I-5 Northbound: Take Exit 108B onto Sleater Kinney Road. Continue northbound on Sleater Kinney Road NE. Veer left as Sleater Kinney becomes 56<sup>th</sup> Avenue NE. Continue on 56<sup>th</sup> Avenue NE. Turn right onto Shincke Road. Veer left as Shincke becomes Woodard Bay Road NE. Continue on Woodard Bay Road NE until you see the parking lot on your right. From I-5 Southbound: Take Exit 109. Right onto Martin Way East. Right on Sleater Kinney Road NE. Continue on Sleater Kinney and veer left as it becomes 56<sup>th</sup> Avenue NE. Right on Shincke Road and veer left as it becomes Woodard Bay NE. Continue on Woodard Bay NE until you see the parking lot on your right.

### Add-ons to North End of North Route

Pets are not allowed.

#### Overlook Trail 2K, 1B

1. At north end of parking lot walk through the gate to Overlook Trail.
2. Walk to end of trail and look up along the way to see the massive nests of the blue heron rookery. The rookery is closed April 1 – August 15 during heron nesting season.
3. Return to parking lot.

#### Woodard Bay Natural Resources Area 5K, 2B

1. **RIGHT** on Woodard Bay Road at far end of parking lot. Walk **CAREFULLY single file on right side of the road** to Woodard Bay Natural Resources Area.
2. Walk on paved trail (Whitham Road) for a brief distance past bicycle shelter.
3. **LEFT** on Loop Trail through opening in fence set back from road.
4. Follow forest trail to end.
5. **LEFT** on paved trail to Chapman Bay overlook.
6. **TURN AROUND** and follow paved path back to NRA entrance.
7. **LEFT** at Woodard Bay Road.
8. Return **CAREFULLY, single file on LEFT side** of road to Chehalis Western parking lot.

**We hope you enjoyed your walk!**

**Don't forget to log back into the OSB system to "finish/complete" your online registration.**

## Add-ons to North End of North Route

