



The Asheville Amblers
 Welcome You to the
Hilton Head, SC Walk
 An AVA Sanctioned Year Round Event



Enjoy the sound of the surf and seabirds as you walk along a pristine beach. Stroll through exquisite neighborhoods, along shaded paths/walkways/bridges sheltered from busy streets. Enjoy a rest at a quaint little park with refreshing water features or on swings overlooking the beach. Fantastic shopping and eating along the way.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB and then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online, by entering your participation date, distances, and any special programs using the OSB.

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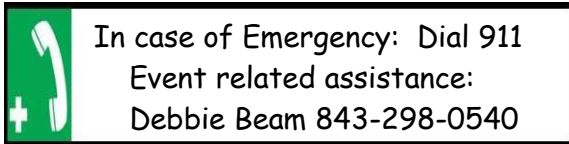
Starting Point Location:

From I95 north or south: Take SC exit 8 (Hwy 278) toward Hilton Head. Drive approximately 21 miles onto William Hilton Parkway. Go 9 miles to roundabout (Sea Pines Circle) and take the third exit onto Pope Ave. Go 1.1 miles to roundabout (Coligny Circle) and take the first exit onto S Forest Beach Dr. Take first right into parking lot. This parking lot is the Start Point.

GPS: latitude is 32.142388 longitude -80.753052

Restrooms:

There are restrooms at the Coligny Beach Park Access.

Emergency Numbers:**Walking Instructions:**

A significant portion of the walk is along the beach in the sand and is very difficult for wheelchairs and strollers.

Walkways and Boardwalks are also bike paths so please keep aware and stay to the right.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

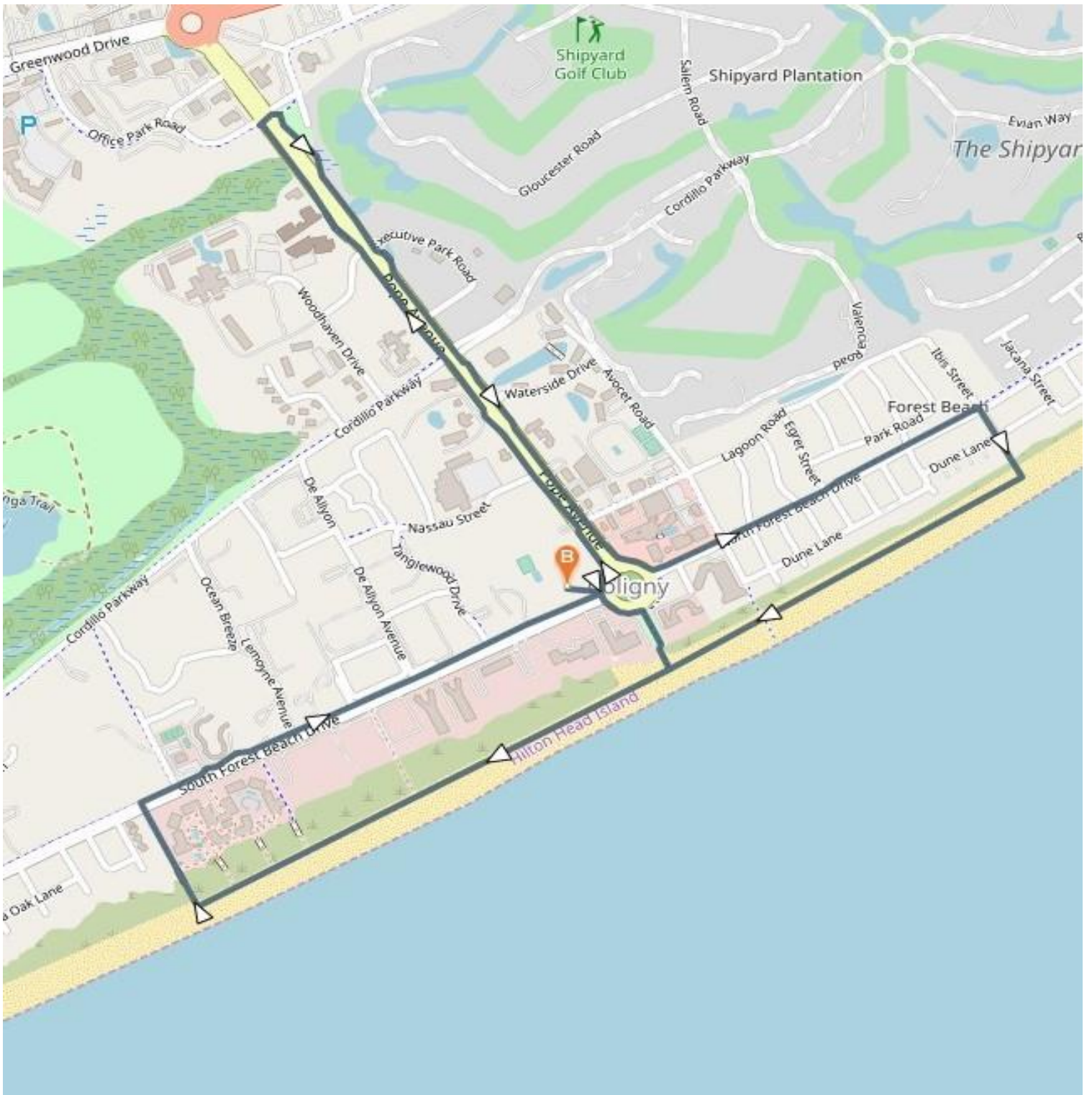
Walk Directions:**Hilton Head, SC 10 KM**

1. Leave start/finish point and proceed to NE corner of parking lot, walking toward the circle and beach.
2. Cross S. Forest beach Dr toward The Beach House, Holiday Inn Resort.
3. **LEFT** around circle to Coligny Beach access (water spouts).
4. Walk to beach (restrooms on left).
5. **RIGHT** on beach to marker 52A.
6. **RIGHT** exiting beach at Marriott Grand Ocean (restrooms on right) to S. Forest Beach.
- 7 Cross SF Beach and then **RIGHT** on walkway to Pope Ave.
8. **LEFT** on Pope to Office Park Road (traffic light

9. **RIGHT** crossing Pope and then **RIGHT** into Compass Rose Park.
10. Explore the park with its water features and check out the history plaques in the three pavilions. Exit to sidewalk/walkway on Pope Ave.
11. **LEFT** on walkway to N. Forest Beach Dr (circle).
12. **LEFT** on N. Forest Beach, passing Java Joe's Café and Coligny Plaza with its shops, restaurants and French Kiss Bakery to Ibis St.
13. **RIGHT** to end at beach (marker 64A).
14. **RIGHT** on beach to marker 59A.
15. **RIGHT** returning to Coligny Beach Access (Inst# 3).
16. **LEFT** around circle crossing S. Forest Beach.
17. Return to start/finish point at parking lot.

We hope you enjoyed your walk. If you have not already done so, please login to the Online Start Box to "complete" your walk.





Starting Point Location:

From I95 north or south: Take SC exit 8 (Hwy 278) toward Hilton Head. Drive approximately 21 miles onto William Hilton Parkway. Go 9 miles to roundabout (Sea Pines Circle) and take the third exit onto Pope Ave. Go 1.1 miles to roundabout (Coligny Circle) and take the first exit onto S Forest Beach Dr. Take first right into parking lot. This parking lot is the Start Point.

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We hope you enjoyed your walk. If you have not already done so, please login to the Online Start Box to "complete" your walk.

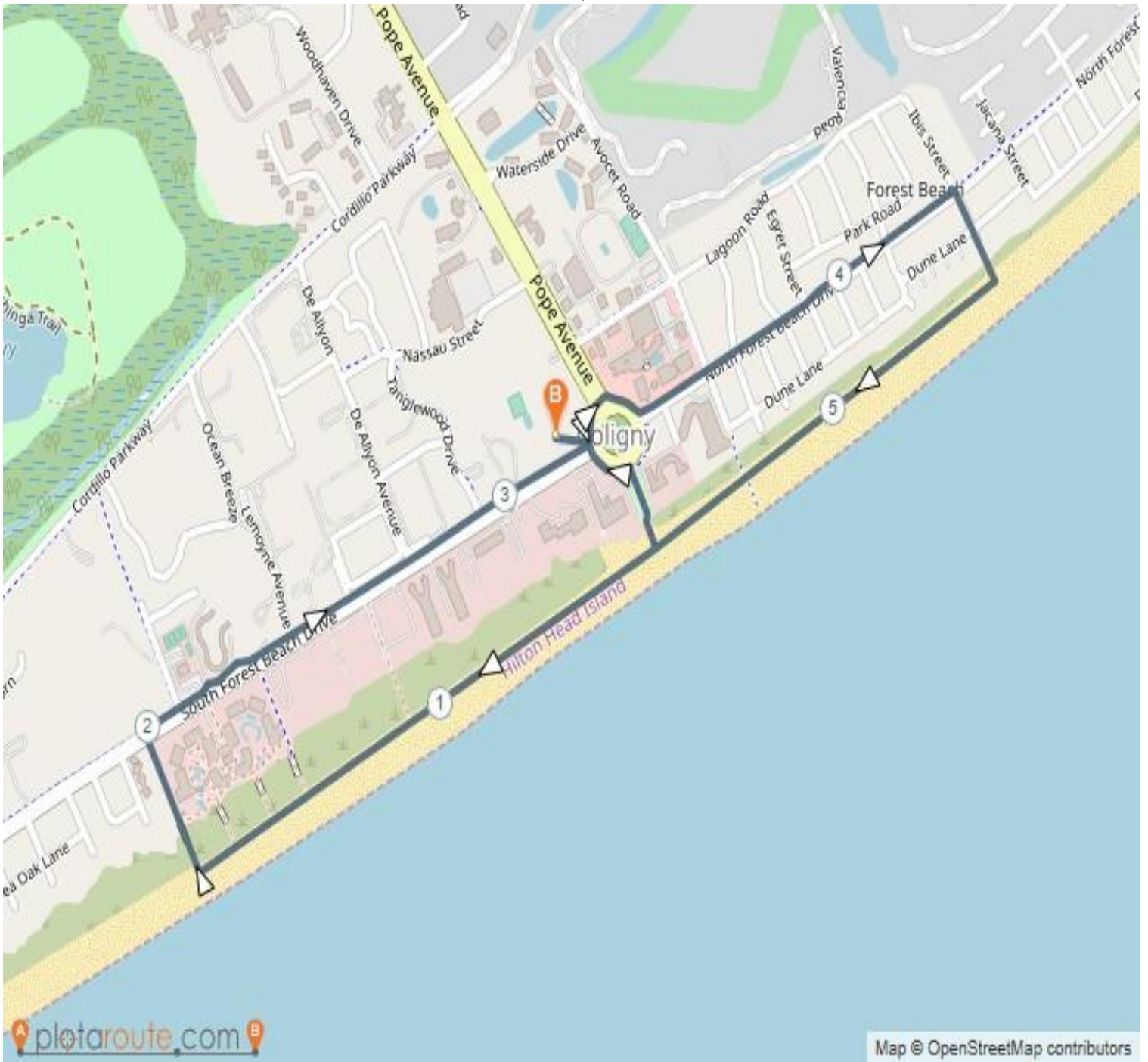
Walking Instructions:

A significant portion of the walk is along the beach in the sand and is very difficult for wheelchairs and strollers.

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**Walk Directions:****Hilton Head, SC 5K**

1. Leave start/finish point and proceed to NE corner of parking lot, walking toward the circle and beach.
2. Cross S. Forest beach Dr toward The Beach House, Holiday Inn Resort.
3. **LEFT** around circle to Coligny Beach access (water spouts).
4. Walk to beach (restrooms on left).
5. **RIGHT** on beach to marker 52A.
6. **RIGHT** exiting beach at Marriott Grand Ocean (restrooms on right) to S. Forest Beach.
7. Cross SF Beach and then **RIGHT** on walkway to Pope Ave.
8. Cross Pope and **RIGHT** around circle to Coligny Village
12. **LEFT** on N. Forest Beach, passing Java Joe's Café and Coligny Plaza with its shops, restaurants and French Kiss Bakery to Ibis St.
13. **RIGHT** to end at beach (marker 64A).
14. **RIGHT** on beach to marker 59A.
15. **RIGHT** returning to Coligny Beach Access (Inst# 3).
16. **LEFT** around circle crossing S. Forest Beach.
17. Return to start/finish point at parking lot.



AVA SPECIAL PROGRAMS					
Program Name	Years	10K	5K	__ K	Information
Airports - Celebrating American Flight	(2020 - 2023)				
Appalachian Trail	(2018 - 2028)				
Border Crossing	(2014 - 2023)				
Carousels	(2019 - 2022)				
Little Free Libraries	(2019 - 2022)				
Mayflower - 400th Anniversary Walk	(2020 - 2023)				
Rockin' Around the Clock	(2020 - 2023)				
Underground Railroad	(2017 - 2020)				
Walk Like an Olympian	(2018 - 2020)				
AVA NATIONAL PROGRAMS					
Program Name	Years	10K	5K	__ K	Information
50 States / 51 Capitals	(no end date)				
Walk the USA (A To Z)	(no end date)				

Ambler Lowcountry Walks

- Beaufort
- Bluffton
- Charleston Historic District
- Charleston Ravenel Bridge
- Hilton Head
- Magnolia Plantation
- Pinckney Island