



## Dumfries, Virginia (Montclair and Ashland Neighborhoods)

The Wood and Dale Wanderers Volkssport Club  
Welcomes You to  
The Dumfries/Montclair/Ashland Walk  
An AVA Sanctioned Year Round Event



This walk offers a 5 km and a 10 km trail with a 1 km option for a Little Free Library. The 5 km walk visits the Montclair neighborhood, while the 10 km walk also includes the Ashland neighborhood. Both are rated 2A. Carry adequate water. Use good sense during the COVID pandemic: carry hand sanitizer, wear mask in buildings and when distancing cannot be maintained.

### Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

### Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

**Starting Point Location:** Parking lot of Lake Montclair Center. You can use the address for Burger King as reference: 5301 Waterway Dr., Dumfries, VA 22025. GPS LAT: 38 36 32 N, LONG: 77 21 36 W

### Driving Directions:

**From I-95:** Exit 152B to Route 234 (Dumfries Road) toward Manassas, Virginia. Travel north along Route 234 for 3.2 miles. Turn right on Waterway Dr., and the shopping center will be on the right.

**From I-66:** Exit 44 south onto Route 234 for about 19 miles to Waterway Dr. Left on Waterway Dr. Shopping center is on the right.

**Special Programs:** Mayflower 400<sup>th</sup> Anniversary (10K only)

Little Free Libraries (**NOTE: This Little Free Library is on the grounds of an elementary school and is available as a 1K option. If you want to take this option, please plan to do the walk when school is not in session.**)

**Restrooms:** Available at Burger King and possibly at the Food Lion in Lake Montclair Center

**Note:** This event also has a Physical Start Box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

### Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

Section Contents	Pages
Introduction, Walk Registration/Completion, Driving Directions, Special Programs, other walk info, and Table of Contents	1
5/6/10/11K Directions	2-3
Map	4

**10/11K ONLY. 5/6K SKIP TO #11**

1. From the Lake Montclair Center parking lot, walk carefully down the entrance driveway with Burger King on your left to Waterway Dr.
2. **Carefully** cross Waterway Drive in the crosswalk. Continue straight onto Olivia Way.
3. Just after 5154 Olivia Way, turn **→ RIGHT** between the wood fences onto the paved path and follow it until it ends at the outer road of Forest Park High School.
4. When you exit the path, turn **← LEFT** to walk on the left side of the school's outer road.
5. When you reach a crosswalk on your right, turn **→ RIGHT** to cross the road, then turn **← LEFT** on the sidewalk and walk straight toward the athletic field in the distance (1K in the parking lot). Cross parking lot intersections carefully.
6. When you reach sidewalk next to the athletic fields, turn **← LEFT** and follow that sidewalk to Forest Park Drive (no sign).
7. Turn **→ RIGHT** on sidewalk between the trees and the athletic field along Forest Park Drive. When the sidewalk ends at an asphalt path, bear slightly left to continue on the asphalt path along Forest Park Dr. to the light at Spriggs Rd. Cross Spriggs carefully and continue straight onto Fincastle Dr. Continue on Fincastle, passing the Ashland Community Center.
8. Continue on Fincastle (2K just past Weyanoke Way) to Plain Dealing Pl/Federal Hill Pl. Turn **← LEFT** on Federal Hill Pl. for a short block. Cross and turn **← LEFT** on Assateague Pl. (*Mayflower. The Assateague were an Algonquian people speaking the Nanticoke language who historically lived on the Atlantic coast side of the Delmarva Peninsula (known*

*during the colonial period as the Eastern Shores of Maryland and Virginia, and the Lower Counties of Pennsylvania. Assateague means "swiftly moving water." Source: Wikipedia)*

9. Turn **→ RIGHT** on Carrs Brook Way to the light at Route 234/Dumfries Rd (3K). Cross carefully with the light and turn **← LEFT** on the paved multi-use path.
10. Continue on the multi-use path to the light at Waterway Dr. (4K about 2/3 of the way between lights). Turn **← LEFT**, carefully cross Route 234/Dumfries Rd. with the light, and continue on the left side of Waterway Dr. **Continue with instruction #13.**

**5/6K START HERE.**

11. From the Lake Montclair Center parking lot, walk carefully down the entrance driveway with Burger King on your left to Waterway Dr. **Carefully** cross Waterway Drive in the crosswalk.
12. Turn **→ RIGHT** to walk on the left side of Waterway Dr. (6K/1K after Brawner Dr.)
13. Turn **← LEFT** on Ashgrove Dr. for one block, then turn **← LEFT** on Dolphin Dr. Continue on Dolphin Dr. to the Dolphin Beach parking lot (7K/2K). Cross parking lot diagonally to path toward (closed) restrooms to historical marker for Alexander Henderson, father of Archibald Henderson, the longest running commandant of the U.S. Marine Corps. *To the right, there is a short trail (~30m) up to the grave of Alexander and Sarah Henderson, parents of Archibald Henderson.*
14. Retrace your steps across the parking lot to Dolphin Dr. Turn **→ RIGHT** on Ashgrove Dr.
15. At Waterway Dr., use crosswalks to cross Waterway toward Anne Moncure Wall Park

(Portable toilet in parking lot). Turn → **RIGHT** to walk on the left side of Waterway Dr. with Moncure Park on your left to Brawner Dr. and the Pattie School Walkway sign.

**Decision Point.** If you would like the 1K option for the Little Free Library on a non-school day, continue with next instruction. Otherwise, skip to instruction #19.

16. Turn ← **LEFT** on the Pattie School Walkway, following it up the ramp behind the school. Turn ← **LEFT** with the school on your right and then turn → **RIGHT** along the side of the school to the front. Follow the curved walkway toward the school's main entrance (*Little Free Library 73690*)

17. From the school entrance, retrace your steps to the rear of the school and follow the walkway back down the ramp to Waterway Dr.

18. At the street, turn ← **LEFT** to walk on the left side of Waterway Dr.

19. Continue on Waterway Dr. (8K/3K past Brawner Dr.) until you reach the entrance to Montclair Community Library (9K/4K). Turn ← **LEFT** up the sidewalk toward the library. Visit the Barnes House. (*The Barnes house has quite a history, being bought by an African-American who was likely born in the house to his slave mother.*)

20. After visiting the Barnes House, turn toward the shopping center and walk along the drive with the stores on your left and the childcare center on your right until you reach the main parking lot.

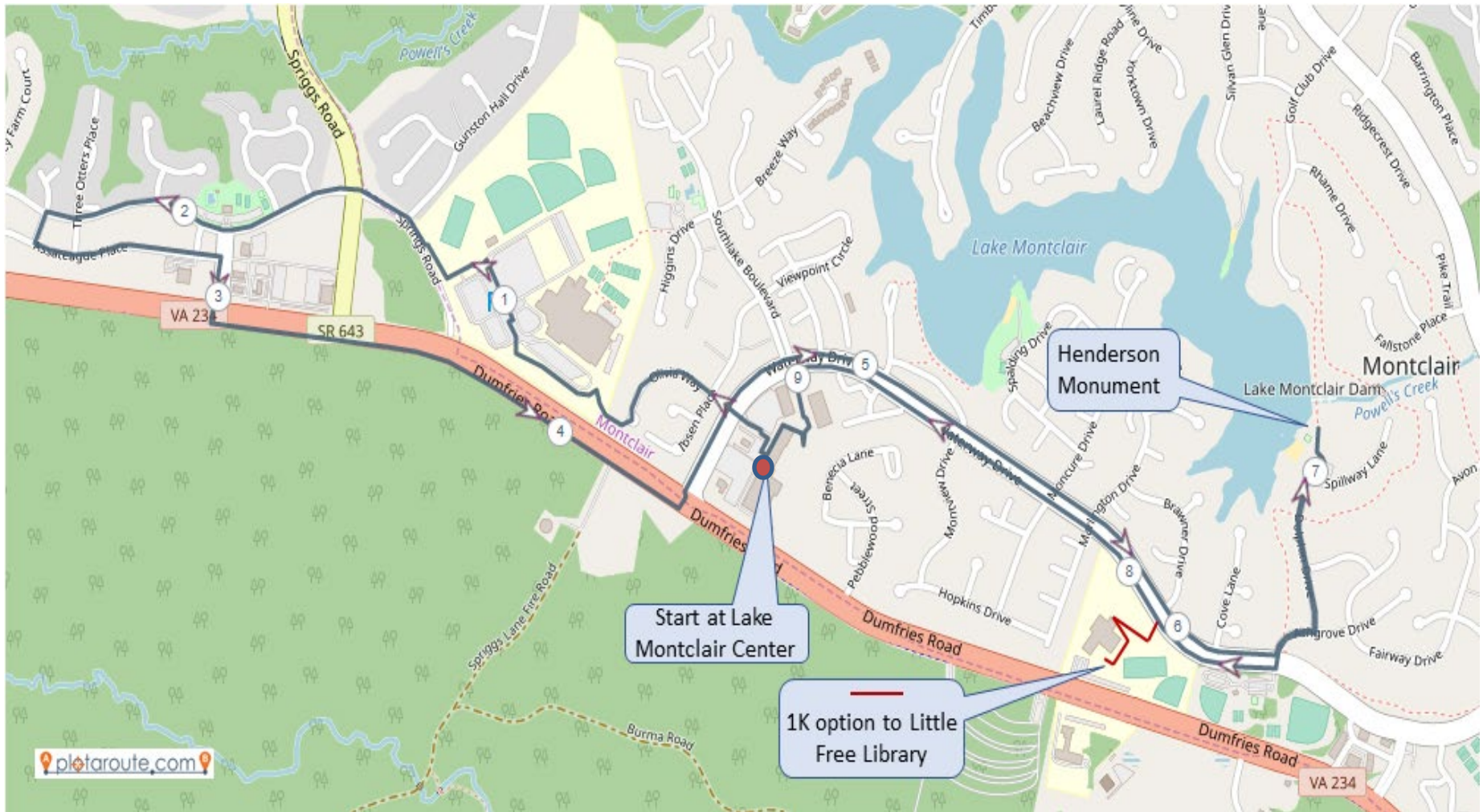
21. Turn ← **LEFT** in front of the stores and then cross carefully to return to the parking lot (10K/5K or 11K/6K with option).

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911  
Event related assistance:  
Celia Miner, 571-212-0329

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IS FOR  
WALKING  
LOVERS™**



*Thank you for walking with us. Please visit our other year-round events in Old Town Manassas, in Dumfries, at Leesylvania State Park, at Quantico Marine Corps Museum, at Manassas Battlefield Park, in Dale City, and at Potomac Mills Mall.*

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