

Wheaton / Sligo Creek Trail - Y1167

Wheaton, Maryland

11k and 5k Trails

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In Case of Emergency: Dial 911
For Event Assistance: Maribeth Evans 301-787-5410

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Wheaton / Sligo Creek Trail - Y1167

YRE Description

The Sligo Creek Trail is a 10.2 mile hard-surface trail that is one of the oldest trails in Montgomery County. It is the heaviest-used facility in the Sligo Creek Stream Valley Park and provides recreation for persons of all ages and abilities. Several paved, and a few unpaved trails are scattered throughout the park and connect other park facilities, schools, and neighborhoods to the main trail.

From a world-class botanical garden, a nationally renowned music center, and one of the region's largest shopping centers; to specialty shops, award-winning restaurants, and outdoor events, Wheaton boasts activities and attractions that are as eclectic and diverse as its residents.

This event has 2 trails; an 11k and a 5k. Both trails are on hard surfaces, asphalt or concrete sidewalks.

AVA Special Programs

| Trail | Special Program(s) |
|-------------------------------|---------------------------------|
| Wheaton/Sligo Creek Trail 11k | Walking with America's Veterans |

Parallel Registration


The Sugarloafers maintain a physical walk box for this event as well as OSB event registration. AVA permits the use of these parallel registration methods. You may choose to use either the walk box or the OSB but NOT a combination of both.

Registering for the walk on the OSB

The Seneca Valley Sugarloafers Volksmarch Club charges all participants over 12 a \$3 fee. When you register for your walk event, please DO NOT check the "No Credit" checkbox for any participant over 12 years of age. When you register for the walk you can download the PDF file with event information. The PDF includes directions to the walk start and walk instructions. The fee for the download is \$2. You will be credited for this fee if you complete the walk and pay the walk participant fee within 60 days.

After you have completed the walk

Please remember to log back into the OSB's "Finish Table" after completing the walk. Completion information includes the date the event was walked, the distance walked and applicable special programs.

| | |
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Wheaton / Sligo Creek Trail - Y1167

Driving Directions to the 5k trail start

Address: Shalom Kosher Market, 1361 Lamberton Dr, Silver Spring, MD 20902

GPS Coordinates of the Start Point are **39.0408185,-77.034315**

Plus code is **2XR9+84 Silver Spring, 13, MD**

Plus codes are based on latitude and longitude. By using a simpler code system, they are intended to be shorter and easier to use than traditional global coordinates.

Directions from South and East:

Washington Beltway (I-95N/I-495N), Exit 29, MD-183 West (University Blvd) towards Wheaton, 1.8 miles.

RIGHT on Arcola Ave.

LEFT on Lamberton Dr.

Pass the SunTrust Bank.

RIGHT into the Parking Lot. Please be courteous and park away from the store entrance.

Driving Directions to the 11k trail start

Note: the 5k trail start can be used as an alternate start for this trail starting with instruction 12.

Address: Caramelo Bakery, 11301 Georgia Ave, Silver Spring, MD 20902

GPS Coordinates of the Start Point are **39.0402906,-77.0532359**

Plus code is **2WRX+4H Silver Spring, 13, MD**

Plus codes are based on latitude and longitude. By using a simpler code system, they are intended to be shorter and easier to use than traditional global coordinates.

Directions from South:

Washington Beltway (I-495N), Exit 31, MD-97 North (Georgia Ave) towards Wheaton, 1.8 miles.

RIGHT on Price Ave.

Pass the Caramelo Bakery on the left to Public Parking on right.

RIGHT into the Price-Fern Parking Lot (metered parking).



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Walk Instructions

5k (3.1 miles)-AVA rating 1A

There are public restrooms at the Shalom Market.

1. ENTER Sligo Creek Stream Valley Park on access trail at the rear of the parking lot.
2. Turn **LEFT** onto the main path and CONTINUE straight ahead to University Blvd.
3. **CAREFULLY CROSS** University Blvd with the traffic light, and CONTINUE on paved path.
4. **CAREFULLY CROSS** Sligo Creek Parkway at pedestrian crosswalk.
5. Turn **LEFT** to CONTINUE on paved path and bridge across Sligo Creek.
6. Turn **LEFT** after crossing the bridge, and CONTINUE on path, ignoring all turns. You will come to a ball field on the right and a bridge on the left to Sligo Dennis Ave. Park building (no sign). (water and seasonal porta-potties available.) (1.7k)
7. **CAREFULLY CROSS** Dennis Ave at pedestrian crosswalk, and CONTINUE on path to the next bridge. (2.5k)
8. **TURN AROUND** and RETURN on paved path.
9. **CAREFULLY CROSS** Dennis Ave. (no sign).
10. CONTINUE and you will pass a bridge on the right to Sligo Dennis Ave. Park building (no sign) and a ball field on the left. (water and seasonal porta-potties available) (3.3k)
11. **CROSS** a wooden bridge.
12. Turn **RIGHT** to **CROSS** a bridge over Sligo Creek, at the "Sligo Creek Trail" sign on left.
13. Turn **RIGHT** to CROSS Sligo Creek Parkway at pedestrian crosswalk.
14. **CAREFULLY CROSS** University Blvd with the traffic light. (4.5k)
15. Turn **RIGHT** up the slight rise to Kemp Mill Shopping Center parking lot near Shalom Kosher Market, our finish.

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Thank you for walking our Sugarloafer year-round today!

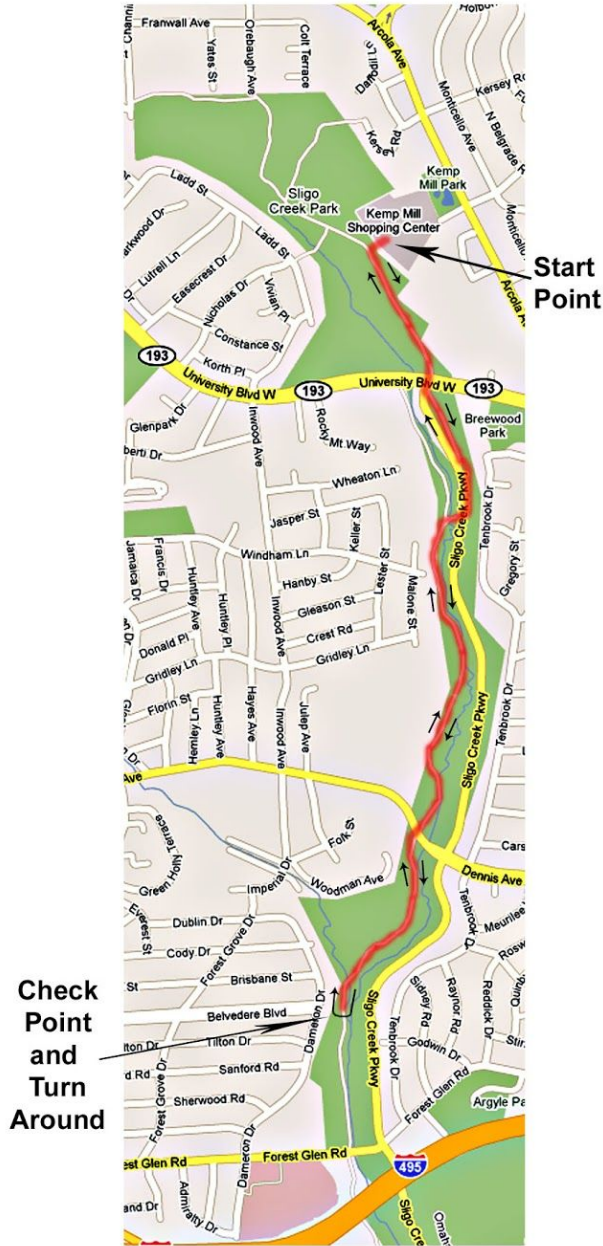
We hope you enjoyed this trail.



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Wheaton Year-Round Event Sligo Creek Park Trail - 5km



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Walk Instructions

11k (6.8 miles)-AVA rating 2A

There are no public restrooms at the start of this trail.

1. With your back to Caramelo Bakery, turn **LEFT** and immediately turn **LEFT** again on Price Ave.
2. **CROSS** Elkin St and CONTINUE to Fern St.
3. Turn **LEFT** on Fern St to University Blvd, passing on left the VFW Post #2562 at 11316 Fern St.
4. Turn **RIGHT** to **CROSS** Fern St and CONTINUE on University Blvd. to the traffic light at Amherst Ave.
5. Turn **LEFT** to **CROSS** University Blvd in crosswalk and CONTINUE on Amherst Ave to Blueridge Ave.
6. Turn **RIGHT** to **CROSS** Amherst Ave at Blueridge Ave and CONTINUE straight to go onto asphalt path between 7-11 and Sierra Landing Apts. (1k)
7. When path ends, go between posts and CONTINUE on Blueridge Ave, through a second vehicle barrier, and continue on Blueridge Ave to end.
8. CONTINUE straight on path, and then **LEFT** as it curves into Channing Dr.
9. CONTINUE a short way on Channing Dr. until you reach the paved path to the right, opposite the junction of Channing Dr. and Ventura Ave.
10. Turn **RIGHT** to follow this paved path. (1.8k)
11. Turn **RIGHT** at the next trail intersection (Orebaugh Ave to the left – no sign), and start on Sligo Creek Trail.
12. CONTINUE straight ahead and ignore side trails. You will pass the Kemp Mill Shopping Center on the left. Shalom Kosher Market (with restrooms) is in this shopping center along with other stores.
13. CONTINUE until you reach University Blvd.
14. **CAREFULLY CROSS** University Blvd with the traffic light, and CONTINUE on paved path straight ahead. (3k)
15. **CAREFULLY CROSS** Sligo Creek Pkwy at pedestrian crosswalk.
16. Turn **LEFT** and CONTINUE on the path and bridge across Sligo Creek.
17. Turn **LEFT** after crossing the bridge, and CONTINUE on path, ignoring all turns. You will come to a ball field on the right and a bridge on the left to Sligo Dennis Ave Park building (no sign). Water and seasonal porta-potties available. (4.2k)
18. CONTINUE on path to Dennis Ave. (no sign).
19. **CAREFULLY CROSS** Dennis Ave at pedestrian crosswalk, and CONTINUE on path, crossing two bridges.
20. Turn **RIGHT** on paved path – to go past playground and on right side of basketball court -- to Dameron Dr. (5.2k)
21. Turn **LEFT** on Dameron Dr. and go to Forest Glen Rd., passing Kensington-Forest Glen Children's Center, Sherwood Rd, and Myrtle Rd.
22. **CROSS** Forest Glen Rd. with the traffic light, and
23. Bear **LEFT** through parking lot to main entrance of Holy Cross Hospital. (5.8k)

RESTROOMS and WATER:

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Wheaton/Sligo Creek - 11k

Enter the lobby - you may be asked to check in at the desk. If visitors are permitted, go to the end of the mosaic on the right and turn right into the hallway; restrooms are on left.

to Caramelo Bakery, our start/finish, at the corner of Price Ave.

Thank you for walking our Sugarloafer year-round today!

24. **EXIT** the hospital and bear **LEFT** across the parking lot to traffic light at Forest Glen Rd.
25. **CROSS** Forest Glen Rd, and **CONTINUE** straight on Dameron Dr, passing Myrtle Rd and Sherwood Rd. (6.2k)
26. Turn **RIGHT** through the basketball court and past playground to Sligo Creek Trail.
27. Turn **LEFT** at Sligo Creek Trail, and follow trail as it crosses 2 bridges and Dennis Ave. You will pass Sligo Dennis Ave. Park building on right and a ball field on left. (7.1k)
28. Turn **LEFT** after crossing next bridge, onto short path segment to Windham Ln. (8.0k)
29. **CONTINUE** on the left side of Windham Ln to end, passing Malone, Lester, Hanby/Keller, Jewett, Inwood, Hayes, and Huntley streets. (8.7k)
30. Turn **LEFT**, at the end of Windham Ln, onto the sidewalk.
31. When the sidewalk ends, **CONTINUE** straight on the next segment of Windham Ln. -- passing Horde and Dayton streets.
32. Turn **RIGHT** on Bucknell Dr. (9.2k)
33. **CONTINUE** straight on sidewalk for several blocks, following Bucknell Dr to end at Reddie Dr.
34. **CROSS** Reddie Dr, and turn **LEFT**. (10.1k)
35. **CONTINUE** straight on Reddie Dr to Georgia Ave, crossing Rose Ln, Amherst Ave, and Fern St.

Mural – *LOOK across Georgia Ave. to bldg. on the left side of Reddie Dr to see “The Spirit of Wheaton” Mural. It shows a home, shop, café, station and farm from the years 1912 – 1950.*

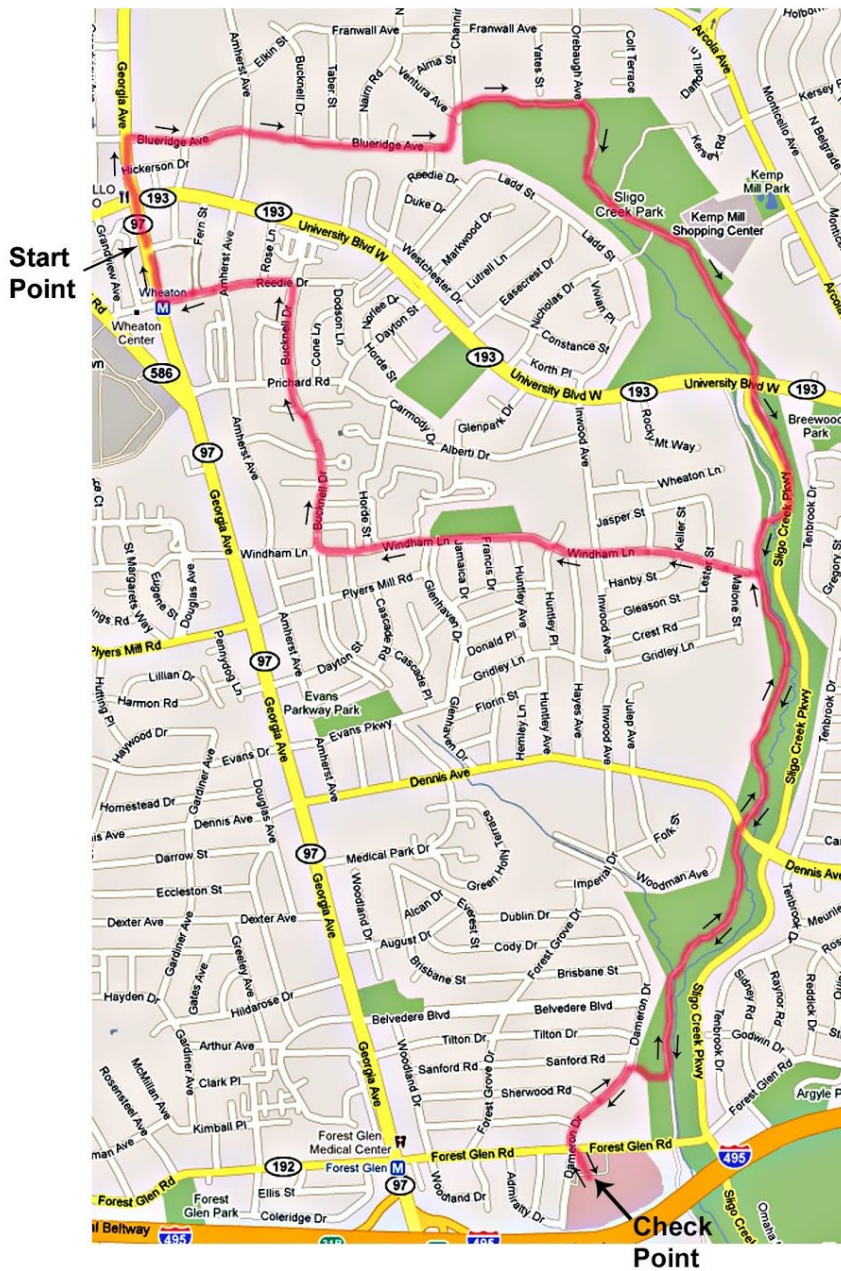
36. Turn **RIGHT** at Georgia Ave., and go one block



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Wheaton Year-Round Event Sligo Creek Park Trail - 11km



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Internet Resources

Wheaton, Maryland: https://en.wikipedia.org/wiki/Wheaton,_Maryland

Park Map: [Sligo Creek Stream Valley Park Trail](#)

Geographic region: [https://en.wikipedia.org/wiki/Piedmont_\(United_States\)](https://en.wikipedia.org/wiki/Piedmont_(United_States))

Club Information: [Seneca Valley Sugarloafers Volksmarch Club](#)



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