

MARINA DEL REY

10k Rated: 1B Y1255

Walk the Venice Canals and Venice Beach, including Muscle Beach

Special Programs – Bridges – Pedestrian Footbridge – Eastern Canal Footbridge, Ice Cream Parlor – N’Ice Cream Nielsen’s Homemade Gelato & Sorbet, Walk The USA – Street By Street – Washington, (ALSO Washington, AR, CA, GA, IL, IN, IA, KS, KY, LA, ME, MI, MS, MO, NE, NH, NJ, NC, OK, PA, TX, UT, VT, VA, WV; Venice Blvd. > Venice, CA, FL, IL, LA; Rose Ave. > Rose, NE, NY, OK), Treasure Hunt – Golden State, Water Fountain – At Marina 41 Apartments on Via Marina St., Oregon’s 4H’s – Hotel – The Rose Hotel at Speedway, Oregon’s 4I’s – Image – Abbott Kinney (1850-1920) on wall of brick building at North Venice & Pacific, Ink – House of Ink (tattoos , piercings, etc.), Italian – Ristorante Casa Do Italiano.

Start Point: Pay parking lot on Admiralty Way, Marina Del Rey, CA 90292

Directions to Start Point: Take the 405 Freeway North or South, to the 90 Frwy (Marina Freeway). Go west on the 90 Freeway until it ends, and continue to Mendaneo Street (first stop light). Turn left on Mendaneo Street to Admiralty Way. Turn right on Admiralty Way all the way to the pay parking lot on the left before reaching Via Marina Street. Park your car in the parking lot and pay at the Pay Machine

1. Cross the parking lot and walk to the bike path and beach.
2. Turn right on the bike path and continue to the parking lot at the end of the beach.
3. Turn right and walk up to Via Marina St.
4. Turn left to Panay Way, then right, crossing Via Marina at the light.
5. Turn right on Via Marina and continue to Washington Blvd.
6. Cross Washington Blvd. and turn left to the Venice Canal Walkway which is just past Sandborne Ave. (first walkway).
7. Turn right on the walkway which runs along the Grand Canal.
8. Pass the first footbridge on your left and turn right on Sherman Canal.
9. Continue along the canal past Dell Ave.
10. Turn left on Eastern Canal.
11. At the first footbridge on your left, turn left crossing Eastern Canal.
12. Turn right on the other side and continue to Howland Canal.
13. Turn left on Howland, passing Dell Ave.
14. At the first footbridge on your right, turn right and cross over Howland Canal.
15. Turn left on the other side and continue to the Grand Canal.
16. Turn right at the Grand Canal, then right at Linnie Canal.
17. Continue on Linnie Canal past Dell Ave. to Eastern Canal
18. Turn right on Eastern Canal.
19. At the next footbridge, Turn left and cross over Eastern Canal.
20. Turn left on the other side and continue on Eastern Canal to Carrol Canal.
21. Turn left on Carrol Canal crossing Dell Ave. to the Grand Canal.
22. Turn right and continue up the ramp to South Venice Blvd.
23. Turn left to Pacific Ave.
24. Turn right at Pacific Ave. and continue all the way to Rose Ave.
25. Turn left at Rose Ave. and continue to the Venice Beach Strand.
26. Turn left onto the Venice Beach Strand, walking the strand the length of Venice Beach to the Venice Beach Pier and Washington Blvd.
27. Turn left and walk on the right side of Washington Blvd. to Strongs Dr.
28. Turn right on Strongs Dr. and walk along the canal on the path.
29. Where Strongs Dr. curves right, go straight on the sidewalk along the water in front of

the houses (This walkway is called the Esplanade).

30. At the end of the walkway, turn right on Hurricane St. and left at Canal Ct. Walk to the dirt (gravel) path (Ballona Lagoon Marine Preserve) and follow it to Pacific.
31. Turn left on Pacific Ave.
32. At the footbridge (Lighthouse Street), turn left and cross the canal.
33. On the other side, turn left on the gravel footpath.
34. At the end of the footpath, cross Via Dolce (carefully) and turn left.
35. Turn right on Marquesas to Via Marina,
36. Cross Via Marina and turn left and cross Marquesas.
37. Continue on Via Marina crossing Panay Way.

39. Turn left and return along the bike path to the Start/Finish. **Nc 2016**

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In case of EMERGENCY, call 911
Event related assistance: Neil Cohen
(818) 789-3929 ncohen181@yahoo.com

These walk directions and maps may
only be used in conjunction with a
signed American Volkssport Association
athletic waiver.

38. Turn right into the parking lot and go to the entrance of the bike path and beach.

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