

INSTRUCTIONS FOR La Grande 5/10 km walks

Union County

5 KM and 10 KM Rated 1A – Stamp #1330

Walk Start Location: 399 Palmer Ave, La Grande, OR – Gangloff/Pioneer Park (at the restrooms)

GPS Coords: 45.3246, -118.08787

Restrooms available at Start

DRIVING DIRECTIONS: I-84 Eastbound Exit 259 to La Grande US30, 1 mile to the LEFT onto Oak St into Pioneer Park. I-84 Westbound La Grande Exit 261 OR82 LEFT to La Grande City onto Island Ave, RIGHT on Adams US30 to RIGHT on 2d St to RIGHT on Oak into Pioneer/Gangloff Park

PARK: Park in Arthur Park parking lot

Walk completion and Credit: Be sure to log back into the OSB to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a download PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days).

LA GRANDE

Union County – 5 KM – Rated 1A

These walking instructions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. For emergencies: contact 911. Walk owner is Martha Korff and she can be reached at 503-369-9906.

<ol style="list-style-type: none">1. From the parking lot as you face the park restrooms, turn LEFT and exit the park by walking out the driveway and straight ahead onto Oak St to Adams Ave2. LEFT on Adams to Cedar3. RIGHT on Cedar to Main St4. LEFT on Main St to 2d St5. RIGHT on 2d St to Spring Ave (1 km)6. RIGHT on Spring Ave to 1st St7. Left on 1st St to M Ave8. LEFT on M Ave to 4th St9. RIGHT on 4th St to K Ave10. LEFT on K Ave to EOU Campus11. STRAIGHT onto Eastern Oregon University campus (2 km)12. At the end of the street (vehicle turn around) LEFT on 8th St (no sign) a steep downhill to L Ave13. RIGHT on L Ave to 9th St (WPA built the stairs at L Ave and 9th St)14. LEFT on 9th St to N Ave	<ol style="list-style-type: none">15. RIGHT on Ave CROSS Washington. The street name changes to Island Ave and continue on Island Ave to Adams Ave (see map on back – 5 way stop)(3 km)16. CROSS then LEFT on Adams St to Oak St (5 km at the Chevron Station)17. RIGHT on Oak St to Pioneer/Gangloff Park and Finish
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La Grande, Oregon_5K



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LA GRANDE

Union County – 10 KM – Rated 1A

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<ol style="list-style-type: none">1. From the parking lot as you face the Pioneer Park restroom, turn RIGHT to the end of the parking lot2. Walk between the ball fields exiting the Park onto Palmer Ave (no sign)3. LEFT on Palmer Ave and CONTINUE as it curves LEFT to Walnut4. RIGHT on Walnut to Adams5. LEFT on Adams to Cedar6. RIGHT on Cedar to Main St (1 km)7. LEFT on Main St to 2d St8. RIGHT on 2d St to Spring Ave9. RIGHT on Spring Ave to 1st St10. LEFT on 1st St to N Ave11. RIGHT on N Ave to Alder12. LEFT ON Alder to K Ave (restrooms at the hospital up the hill (2 km)13. LEFT on K Ave to 2d St14. LEFT on 2d St to M Ave (3 km)15. RIGHT on M Ave to 4th St16. RIGHT on 4th St to K Ave17. LEFT on K Ave to EOU campus18. STRAIGHT onto the Eastern Oregon University campus	<ol style="list-style-type: none">19. At the end of the street (vehicle turn around (4 km) RIGHT on sidewalk Ackerman Hall on your left20. PASS Ackerman Hall and turn LEFT (Hunt Hall on your left now) down to 12th St21. LEFT on 12th St to J Ave22. LEFT on J Ave to 11th St23. RIGHT on 11th St to L Ave24. LEFT on L Ave to 8th St (WPA built the stairs at L Ave and 9th St (5 km)25. RIGHT on 8th St to N Ave26. RIGHT on N Ave to 10th St27. 5 Way stop CROSS 10th St (no sign) then CROSS Washington Ave, then RIGHT on Washington to Willow St (map on back may be helpful (6 km at Cheny St)28. LEFT on Willows St to Adams Ave29. CROSS Adams St then LEFT on Adams St to Oak (7 km at KFC)30. RIGHT on Oak St (9 km)31. Return to Pioneer Park and Finish
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La Grande 10k

