

Instructions for  
Cascade Station/Columbia Slough, Y1640  
Portland, OR  
5/10 Km, rated 1A

**Walk Start Location:** 12518 NE Airport Way, Portland, Oregon. GPS Coords: 45.56478, -122.53357.

**Driving Directions:** I-205 Northbound take exit 24B and I-205 Southbound take exit 24. Go East on NE Airport Way to NE 122nd Avenue. Go past NE 122nd Avenue to the first driveway on your right and follow around to the right to the Starbucks Store, parking is very limited.

**Park:** In the lot near the Starbucks coffee shop.

**Physical Start Box:** Normally at Starbuck, but temporarily with walk owner due to COVID restrictions.

**Restrooms:** Available in Starbucks and several local businesses.

**Walk Completion and Credit:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

"Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

**"These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited."**

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**For emergencies contact 911. Walk owner is Ed Hainline at 360-921-1909.**

**Check out our club website at [www.walking4fun.org](http://www.walking4fun.org) .**

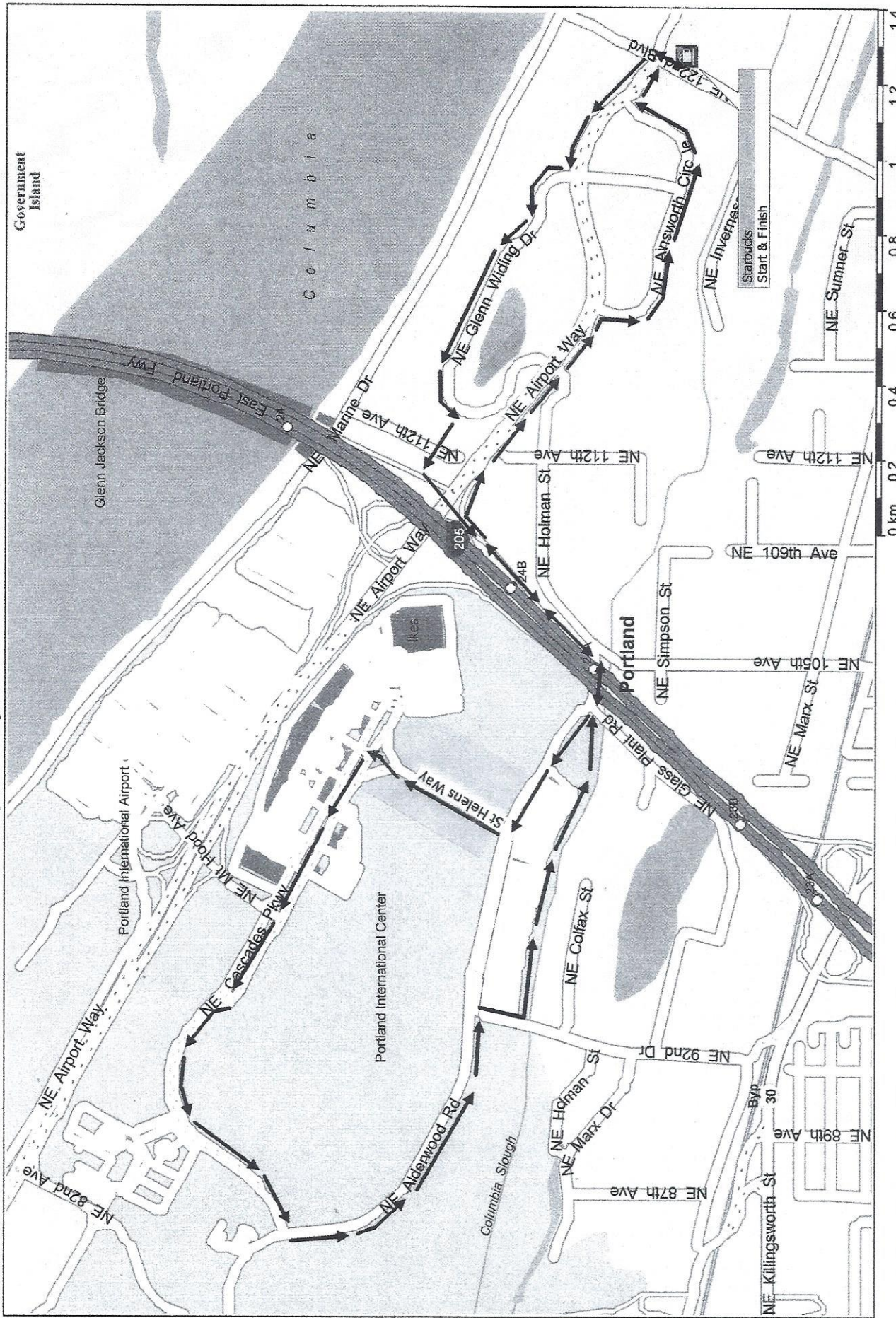
## **Wetlands/Columbia Slough Pathway 10KM – YRE 1640, Rated 1A (2021)**

1. **TURN RIGHT** out of Starbucks. Use the sidewalk beside the drive thru lane to NE 122<sup>nd</sup> Ave
2. **TURN RIGHT** at NE 122<sup>nd</sup> Ave to NE Airport Way crosswalk.
3. **CROSS** NE Airport Way. **LEFT & CROSS** NE 122<sup>nd</sup> Ave to NE Glenn Widing Drive.
4. **RIGHT** on NE Glenn Widing Drive (McDonalds on opposite side of street)
5. **CONTINUE STRAIGHT** to walk past the Home Depot (on right) to street (unmarked) just before the Dutch Bros.
6. **RIGHT** along the street (unmarked) past the Dutch Bros and 7 Eleven on your left towards the stairs.
7. **UP** the stairs and **LEFT** on the Bike Path, continuing to NE105th Ave & NE Alderwood Road.
8. **CROSS** NE Alderwood Rd and **turn RIGHT** to walk under the Freeway & Max Train overpasses.
9. **CROSS** NE Glass Plant Road and continue on NE Alderwood Road to NE Mt St Helens Rd.
10. **RIGHT** on NE Mt St Helens Rd to the Cascades Station IKEA Max stop.
11. **CROSS** in crosswalk to the back of the max station and walk to the street in front of the max station - NE Cascades Parkway.
12. **CROSS** "first" NE Cascades Parkway (walking towards the Starbucks across the street).
13. **PRIOR TO** the "second" NE Cascades Parkway – **TURN LEFT** at the sidewalk.
14. **CONTINUE** on NE Cascades Parkway to the Mt Hood Ave Max Train Station. **USE crosswalk** to cross NE Cascades Parkway towards and through the gate area.
15. **RIGHT & CAREFULLY CROSS** MAX tracks. **CONTINUE** on sidewalk next to NE Cascades Parkway to NE Alderwood Road (signal traffic light).
16. **CROSS & LEFT** on NE Alderwood Rd.
17. **CROSS & RIGHT** at NE 92<sup>nd</sup> Drive.
18. **LEFT** before Brown Metal Bridge and walk on Columbia Slough paved pathway to NE Alderwood Rd.
19. **RIGHT** on NE Alderwood Rd, walk under freeway overpass to NE Holman St.
20. **LEFT** at NE Holman St and continue on bike path straight toward the NE Airport Way overpass. **At first sidewalk on RIGHT**, turn right going downhill and follow sidewalk to the **RIGHT** to walk along NE Airport Way.
21. **CROSS** NE Holman St to NE Ainsworth Circle. **RIGHT** on NE Ainsworth Circle to NE Airport Way.
22. **TURN RIGHT** on NE Airport Way and go to the intersection of NE Airport Way and NE 122<sup>nd</sup> Ave.
23. **CROSS** NE 122<sup>nd</sup> Ave and **TURN RIGHT** to **FINISH at Starbucks**.

Thank You for Walking a Columbia River Volkssport Club Walk. (2021) 10K © CRVC 2017 eh

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# 2021 Airport Way - Cascade Station 10 km



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## Wetlands/Columbia Slough Pathway 5KM – YRE 1640, Rated 1A (2017)

1. **TURN LEFT** out of Starbucks. Walk to the corner of NE 122<sup>nd</sup> Ave and NE Airport Way. **CROSS** 122<sup>nd</sup> and walk alongside NE Airport Way to Win Sivers Dr (unsigned) (McDonalds is on the left).

2. **TURN RIGHT** and **CROSS** NE Airport Way and continue **STRAIGHT** onto Glenn Widing Dr. Walk past Home Depot to the street just before the Dutch Bros. **RIGHT** along the street passing the Dutch Bros and 7-Eleven Store (**1K**) toward the stairs.

3. **UP** the stairs and **LEFT** onto the bike path, continuing to NE 105<sup>th</sup> Ave & NE Alderwood Rd.

4. **CROSS** NE Alderwood Rd and **turn RIGHT** under the freeway to NE Glass Plant Rd.

5. **LEFT** on NE Glass Plant Rd. Immediately past NE Simpson St, **VEER RIGHT** through the grass to a natural path starting between large cement blocks and a brown metal pole.

6. **Stay** on natural path to where it ends at a cul-de-sac (NE Colfax St (unsigned)). **Continue** on NE Colfax St. to NE 92<sup>nd</sup> Dr.

7. **RIGHT** on NE 92<sup>nd</sup> Dr, across brown metal bridge. At end of bridge, turn **RIGHT** to the paved bike path.

8. **RIGHT** when bike path returns to NE Alderwood Rd and **CROSS** NE Glass Plant Rd.

14. **STRAIGHT** on NE Alderwood Rd to NE 105<sup>th</sup> and NE Holman St.

15. **LEFT** on NE Holman St and continue on bike path toward Airport Way overpass.

**At sidewalk on RIGHT**, turn and follow sidewalk to walk along NE Airport Way.

16. **CROSS** NE Holman St to NE Ainsworth Circle. **RIGHT** on Ainsworth Circle going past Leatherman's Building on your Right to 2<sup>nd</sup> driveway on **RIGHT**, just past Green Cable Box.

17. Walk past Large Rocks to NE 122<sup>nd</sup> St. Turn **LEFT** to NE Airport Way.

18. **LEFT** on NE Airport Way and go to the intersection of NE Airport Way and NE 122<sup>nd</sup> Ave. **TURN RIGHT** and **CROSS** NE 122<sup>nd</sup> Ave to **RETURN** to the **FINISH** at the Starbucks.

**EMERGENCY - 911**

**Non-Emergency Help w/directions  
360-921-1909**

