

## Scotia, NY Walks

There are three available walks. The 5K and 6K walks are rated 1A and the 10K walk is rated 2A.

**Starting Point:** The Glen Sanders Mansion Phone: 518-374-7262  
1 Glen Ave.  
Scotia, NY 12302 Website: [www.glensandersmansion.com](http://www.glensandersmansion.com)

The Glen Sanders Mansion is open daily from 9AM to 6PM. Please use restrooms at Stewart's or Dunkin' Donuts along the route.

**DIRECTIONS TO START:** Scotia is located in eastern New York State, 12 miles northwest of Albany and on the opposite side of the Mohawk River from Schenectady.

**From the East:** Use Exit 25 of the New York Thruway and follow I-890 West to Exit 4C. Follow the ramp down to the traffic light at State St. (Rt. 5) Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

**From the North:** Use I-87 south to Exit 6. Bear right to follow Route 7 west toward Schenectady. Turn onto I-890 west to Exit 4C. Follow the ramp down to the traffic light at State St. (Rte. 5). Left onto State St and pass over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

**OR:** Using Route 50 south from Saratoga Springs/Ballston Spa, continue to the end at Mohawk Ave/Route 5. Left on Mohawk to Glen Ave. (a small street just before the light). Right on Glen Ave and then left into the Glen Sanders parking lot.

**From the West:** Use Exit 26 of the New York State Thruway and follow I-890 East to Exit 4B. Off the ramp, bear to the left and follow the sign to Scotia (Route 5). Left at traffic light at State St, and drive over the Mohawk River on the Western Gateway Bridge. Left at the first traffic light (Glen Ave), and then left into the Glen Sanders parking lot.

**Course Description:** Located just west of Schenectady, crossing over the Mohawk River by way of the Western Gateway Bridge, is the village of Scotia. In the 1650's, Alexander Lindsey bought this land from the Iroquois Indians. He named his estate Scotia, in memory of the Scottish hills of his native country. The walks follow streets and sidewalks along the Mohawk River and paved paths through Collins Park. The Glen Sanders Mansion (starting point) is the oldest building along the Mohawk River. George Washington was a friend of The Glen Family and stayed at the Mansion.

The following map & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

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POC: Vera Weiss, 518-399-1798

E-mail: [scotiawalk@walkescv.org](mailto:scotiawalk@walkescv.org)

## Scotia, NY 5K Walk – 1A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on Ballston Ave. and walk to Riverside Ave.  
*Note the historical marker at Riverside & Ballston Ave. was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.*
3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
5. **RIGHT** on Larkin St. to S. Reynolds St.
6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the *Underground Railroad*. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave to Riverside Pl.
8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St to Elliott St. (At the corner of S. Holmes St. (house #803) and Beacon St. is a *Little Free Library #18844.*)
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Glen Ave.
12. **RIGHT** on Glen Ave. to S. Reynolds St. (At the corner of 501 Glen Ave. and S. Toll St. is another *Little Free Library #6706.*)

13. **LEFT** on S. Reynolds St. to Mohawk Ave.
14. **RIGHT** on Mohawk Ave. Continue to the third traffic light at the corner of S. Ballston Ave. (Looking across Mohawk Ave. right after the fire station and just before the City View Church you'll see the *village clock* in front of the Scotia Village Green and Parking area.)
15. **LEFT** to cross Mohawk Ave. using the crosswalk. (Landmarks at this corner are a lawyer's office and the Scotia Manor apartments which are across the street.)
16. **RIGHT** to cross N. Ballston Ave. (Route 50). Do use the pedestrian button and the crosswalk. *Be very careful of traffic turning from Mohawk Ave.*
17. **CONTINUE** to walk on Mohawk Ave. (Rt. 5) to the Scotia Library, also known as the Abraham Glen Home.
18. **LEFT** on the sidewalk that leads to the library to the path located to the left of the library.
19. **RIGHT** on this path to Rotary Circle.
20. **RIGHT** off Rotary Circle to another paved path. Pass a green building which houses some bathrooms opened in the summer months. Follow this path to Schonowee Ave.  
*Jumpin' Jacks is across the street. This is a great restaurant to have a bite to eat and/or a nice cold ice cream! It is open from the end of March to just before Labor Day.*
21. **RIGHT** on Schonowee Ave. to Mohawk Ave.
22. **CROSS** Mohawk Ave. Follow Glen Ave. back to the Glen Sanders Mansion.

## Scotia, NY 5K Walk – 1A

SPECIAL PROGRAMS		
Underground Railroad	Little Free Libraries	Rockin' Around the Clock
Ice Cream Parlors	Walking the USA A-Z	

**AFTER YOUR WALK, please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk.** The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).



## Scotia, NY 6K Walk – 1A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on Ballston Ave. and walk to Riverside Ave.  
*Note the historical marker at Riverside & Ballston Ave. Was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.*
3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
5. **RIGHT** on Larkin St. to S. Reynolds St.
6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the *Underground Railroad*. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave. to Riverside Pl.

8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St to Elliott St. (At the corner of S. Holmes St. (house #803) and Beacon St. is a *Little Free Library #18844*.)
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Charles St.
12. **LEFT** on Charles St. to Bradberry St.
13. **RIGHT** on Bradberry St. to Sanders Ave.
14. **LEFT** on Sanders Ave. to Cramer Ave.
15. **RIGHT** on Cramer Ave. to Glen Ave.
16. **RIGHT** on Glen Ave. to S. Reynolds St. (At the corner of 501 Glen Ave. and S. Toll St. is another *Little Free Library #6706*.)
17. **LEFT** on S. Reynolds St. to Mohawk Ave.
18. **RIGHT** on Mohawk Ave. to Glen Ave. (Looking across Mohawk Ave. right after the fire station and just before the City View Church you'll see the *village clock* in front of the Scotia Village Green and Parking area.)
19. **RIGHT** on Glen Ave. Return to the start point at the Glen Sanders Mansion parking lot.

<b>SPECIAL PROGRAMS</b>	
Underground Railroad	Little Free Libraries
Rockin' Around the Clock	Walking the USA A-Z

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# Scotia 6k Walk



## Scotia, NY 10K Walk – 2A

Walk to the entrance of the Glen Sanders Mansion parking lot.

1. **LEFT** on Glen Ave. Continue to Ballston Ave., look for an apartment complex across the street.
2. **LEFT** on Ballston Ave. and walk to Riverside Ave.  
*Note the historical marker at Riverside Ave. & Ballston Ave. was the mustering area of the armies from 1755-1812. The island in the river was the site of Glenotia Park from 1907 till about 1930.*
3. **RIGHT** on Riverside Ave. to Wyman St.
4. **LEFT** on Wyman St. to Larkin St.
5. **RIGHT** on Larkin St. to S Reynolds St.
6. **LEFT** on S. Reynolds St. Walk in front of the 1735 Flint House, which was a stop on the *Underground Railroad*. Follow the path to the end of the Flint House Property, which is actually on Elliott St. The first cross street is Pleasantview Ave.
7. **LEFT** on Pleasantview Ave. to Riverside Pl.
8. **RIGHT** on Riverside Pl. to S. Holmes St.
9. **RIGHT** on S. Holmes St. to Elliott St. (At the corner of S. Holmes St. (house #803) and Beacon St. is a *Little Free Library #18844*.)
10. **LEFT** on Elliott St. to S. Toll St.
11. **RIGHT** on S. Toll St. to Charles St.
12. **LEFT** on Charles St. to Bradberry St.
13. **RIGHT** on Bradberry St. to Sanders Ave.
14. **LEFT** on Sanders Ave. to Cramer Ave.
15. **RIGHT** on Cramer Ave. to Glen Ave.
16. **RIGHT** on Glen Ave. to S. Reynolds St. (At the corner of 501 Glen Ave. and S. Toll St. is another *Little Free Library #6706*.)

17. **LEFT** on S. Reynolds St. to Mohawk Ave.
18. **RIGHT** onto Mohawk Ave. Continue to the third traffic light at the corner of S. Ballston Ave. (Looking across Mohawk Ave. right after the fire station and just before the City View Church you'll see the *village clock* in front of the Scotia Village Green and Parking area.)
19. **LEFT** to cross Mohawk Ave. using the crosswalk. (Landmarks at this corner are a lawyer's office and the Scotia Manor apartments which are across the street.)
20. **RIGHT** to cross N. Ballston Ave. (Route 50). Do use the pedestrian button and the crosswalk. *Be very careful of traffic turning from Mohawk Ave.*
21. **LEFT** on N. Ballston Ave., pass the First Reformed Church on the right and continue to Irving Rd.
22. **RIGHT** on Irving Rd. to Van Winkler Ave.
23. **RIGHT** on Van Winkler Ave. (no sign but right after house #32—a pretty blue-colored home) to Washington Rd.
24. **LEFT** on Washington Rd. to Knickerbocker Rd.
25. **RIGHT** on Knickerbocker Rd. to Sunnyside Rd.
26. **LEFT** on Sunnyside Rd. (no sign), to Washington Ave.
27. **RIGHT** on Washington Ave. Walk on the left side facing traffic on this busy road. Walk to Livingston Ave.
28. **RIGHT** on Livingston Ave., which becomes Lee Ave. at the curve, to Schonowee Ave.
29. **RIGHT** on Schonowee Ave. for a short distance. The Mohawk River will be on your left. Look for the Beukendall Temple and then an entrance into Collins Park.
30. **RIGHT** into Collins Park. You will see a green Rules & Regulation sign on your left and a Freedom Park Event Parking sign on the right.

## Scotia, NY 10K Walk – 2A

- 31. CONTINUE** past the first parking area and the Babe Ruth Scotia-Glenville Baseball Bob Moore Stadium, both on the left.
- 32. CONTINUE** through the next parking lot and follow the paved path straight ahead passing the picnic tables on your right. Collins Lake will also be on your right.
- 33. CONTINUE** past the Lions Club Splash Park to the Rotary Circle.
- 34. RIGHT** to walk counter clockwise around the Rotary Circle. (During the summer, the blue building with pictures of children on it has bathrooms open to the public.) Pass the Kiwanis Kiddies Park. Look for the first right on the circle.
- 35. RIGHT** off the circle to another paved path. The tennis courts will be on your left.
- 36. LOOK** for the parking lot of the library, and take the path leading to the right of the library building.
- 37. LEFT** to pass in front of the Scotia Library to Mohawk Ave. The library is housed in the historic Abraham Glen Home.
- 38. LEFT** on Mohawk Ave. to next intersection, across from Glen Ave.
- 39. RIGHT** to cross over Mohawk Ave. at the crosswalk to Glen Ave.
- 40. LEFT** immediately to cross Glen Ave. and return to the start point at the Glen Sanders Mansion parking lot.

<b>SPECIAL PROGRAMS</b>	
Underground Railroad	Little Free Libraries
Rockin' Around the Clock	Walking the USA A-Z

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