

# ST. LOUIS, MO 5K FOREST PARK YRE Y2006 WALK DIRECTIONS (OSB)

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This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited. In case of emergency: Dial 911

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**Driving directions** to start point in Forest Park at the Dennis & Judith Jones Visitor & Education Center, 5595 Grand Drive, St. Louis, MO 63112: From I-64 Exit 36A go North on Kingshighway Blvd. approx. 0.9 mile to Lindell Blvd. LEFT on Lindell approx. 1.1 mile to DeBaliviere Blvd. LEFT on DeBaliviere, passing Missouri History Museum. Bear RIGHT behind the museum, then LEFT on Grand Drive to Visitor Center parking lot on your left (GPS 38.644047,-90.283439). Rest rooms at Visitor Center and on the trail.

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**NOTE:** Please use EITHER the Online Start Box (OSB) OR the Physical Start Box (PSB) to register and complete this event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB and/or signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

**OSB COMPLETION AND CREDIT:** Be sure to log back into the OSB system to "finish/complete" your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

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**Special Programs:** Carousels Across America (St. Louis Zoo); Rockin' Around the Clock (Forest Park Visitor Ctr.); Walk Like an Olympian (St. Louis – 1904 Olympics); Walking the USA A to Z ("S"); Walking Missouri Counties (St. Louis City)

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**Legend:** TR = Turn Right, TL = Turn Left, SA = Straight Ahead, CR = Cross, SP = Special Program Qualifier

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1. Exit the Visitor Center (SP) through the FRONT doors. Take the left sidewalk SA, CR Grand Drive, and go SA to walk along the tree-lined sidewalk. Cross the street (no sign). You face a bandstand in the middle of a small lake. TL, following the curved walk, keeping the bandstand on your right and passing the Muny Opera on your left.
2. Continue around to Government Drive and TL to cross the bridge. SA on Government. You pass the Boat House Restaurant on your right and the lovely World's Fair Pavilion and Kerth Fountain on your left. CR Washington

Drive and go SA to the North Entrance of the Zoo. Look for the flagpole. FREE. Restrooms/food. Enter The Living World. Zoo maps are available.

3. Walk through The Living World, exiting toward the back, TR to take the ramp down to the Zoo path and TL. SA on this path. The Zoo railroad is on your right, Grizzly Hollow on your left, then a lake on your right and Puffin & Penguin Coast and Polar Bear Point on your left. CR the train tracks. The Mary Ann Lee Conservation Carousel (SP) is on your left. At this point, you can stay a while at the Zoo OR continue your walk.

4. To continue your walk, turn around and return through The Living World, back to Government Drive, and **TR** to Fine Arts Drive. **TL** on Fine Arts.
5. Go **SA** up the hill on Fine Arts to the statue of King Louis IX on his horse and the St. Louis Art Museum. FREE. Restrooms/food. Enjoy a visit if you wish. **SA** down the hill to Lagoon Drive and **TR**. Stay on Lagoon as it curves and passes in front of the Emerson Grand Basin with its fountains and a view of Art Hill and the Art Museum. Pass the Dwight Davis Tennis Center on your right, the golf course on your left.
6. As you continue on Lagoon, you will see the Missouri History Museum. FREE. Restrooms/food. Stop in to see it, OR finish this 5K walk by turning right on Grand Drive to return to the Visitors Center.

Please refer any questions or comments on this walk to the walk POCs – DeAnne & Gordon Brown.

(D) [deeebee333@gmail.com](mailto:deeebee333@gmail.com)

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Phone: 314-878-8647 or 314-401-1715

The St. Louis-Stuttgart Volksmarch Club hopes you have enjoyed our Forest Park Volksmarch. Please visit our website <https://www.saintlouiswalkers.com> for information on other walks in the St. Louis Metro area.



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

START/FINISH  
VISITOR CENTER  
5595 GRAND DR.

5K

# ROUTE MAP

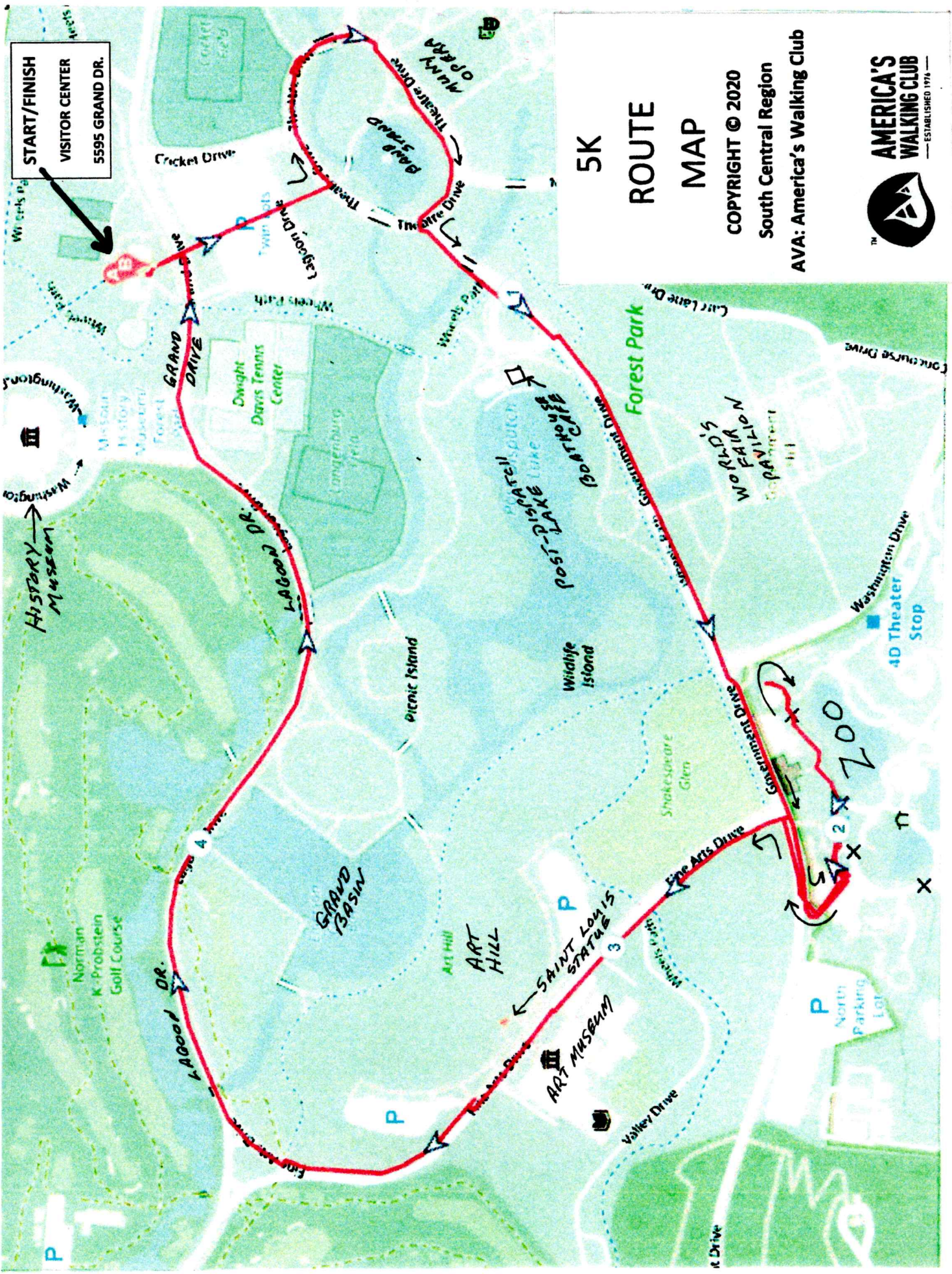
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South Central Region

AVA: America's Walking Club



AMERICA'S  
WALKING CLUB  
ESTABLISHED 1974



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**Legend:** TR = Turn Right, TL = Turn Left, SA = Straight Ahead, CR = Cross, SP = Special Program Qualifier

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1. Exit the Visitor Center (**SP**) through the FRONT doors, using the left sidewalk. **CR** Grand Drive, **TL**. Follow Grand past Cricket Drive and Cricket Field to a gravel path on your right. **TR** and continue **SA**, but keep to the right at the fork. **SA** to the street, but don't cross it. **TL** and **CR** the bridge, **SA** keeping Pagoda Circle (bandstand in the middle of the lake) on your right as you pass in front of and under the portico of the Muny Opera.
2. Continue around to McKinley Drive and **TL**. **CR** the bridge. **SA** on McKinley to the next street (no street sign), cross it, **SA** to the bike path. Follow the bike path just up to another street (no street sign). Cross the street. Immediately **TR** to a path that goes behind the stone entrance gate and goes alongside the Jewel Box. At the T intersection, **TR**, then **TL**, passing the statue of St. Francis. **SA** to Wells Drive. (no street sign) **TR** to the Roundabout. **CR** Wells. Keep the Roundabout on your right, **TR**, continue **SA** to Clayton Avenue, **TL**.
3. **SA** on Clayton, with the golf course on your left and Aviation Fields on your right, to Faulkner Drive. **TR**, **CR** Clayton, **SA** to the James S. McDonnell Planetarium entrance. FREE. Rest- rooms/food. Enter if you wish or continue, making a slight right to walk between the Planetarium and the parking lot, through the parking lot cul-de-sac toward I-64/40. **TR** on the gravel walking path.
4. Continue **SA** passing the Police Horse Barn on your left. **CR** Betty's Way and **SA** across the grass to a gravel path. **TL** and go to where the path connects to a bike path. **TR** and **TR** again. **SA** on this bike path to where Aviation Fields end. **TR** on a path at the Forest Park Greenhouses. This path changes to McKinley.

**SA** to Clayton. **CR** Clayton. **CR** McKinley, **TR** towards the Roundabout. **TL**, **SA** to where the sidewalk ends, then **CR** Wells. **TL**, go **SA**. **CR** Carr Lane Drive. **CR** Hampton Avenue at the crosswalk on your right. **TR** on Hampton/Concourse Drive. **SA** to Washington Drive with the zoo on your left. **TL** on Washington. **SA** past the World's Fair Pavilion on your right and the World's Largest Bird Cage on your left. **TL** on Government Drive. **SA** to the North Entrance of the Zoo. Look for the flagpole. FREE. Restrooms/ food. Enter The Living World. Walk through to the back. Zoo maps are available there.

5. Exit The Living World at the back, **TR** to take the ramp down to the Zoo path and **TL**. **SA** on this path. The Zoo railroad is on your right, Grizzly Hollow on your left, then you'll see a lake on your right and Puffin & Penguin Coast and Polar Bear Point on your left. **CR** the train tracks. The Mary Ann Lee Conservation Carousel (**SP**) is on your left. At this point, you can stay a while at the Zoo OR continue your walk.
6. To continue your walk, turn around and return through The Living World, back to Government Drive and **TR** to Fine Arts Drive. **TL** on Fine Arts.
7. **SA** up the hill on Fine Arts to the statue of King Louis IX on his horse and the St. Louis Art Museum. FREE. Restrooms/food. Enjoy a visit if you wish. **SA** down the hill to Lagoon Drive and **TR**. Stay on Lagoon as it curves and passes in front of the Emerson Grand Basin with its fountains and a view of Art Hill and the Art Museum. Just past the basin, **TR** and walk along the basin. **TL** as the path turns, **SA** to the bridge. **TL** on the path across from the bridge straight in front of you. Walk a short distance, stay to the right. **TR** to cross a bridge to go onto Picnic Island. Walk across Picnic Island, taking either the left (a bit longer) or the right path and then take the other bridge to exit the island. **TL** to return to Lagoon.
8. **TR** onto Lagoon. **CR** the bridge. Pass the Dwight Davis Tennis Center on your right. **TL**

at the fork in the road to get onto DeBaliviere Avenue. You are facing the Missouri History Museum. FREE. Restrooms/food. Stop in to see it if you want to. To continue the walk, follow the path to the left of the Museum and walk around it, keeping the Museum on your right. After you pass in front of it (it faces Lindell), look for the walking path across DeBaliviere. It's close to Lindell. **TR** to walk diagonally back to the Start/Finish at the Visitors Center. Enter through the REAR door. You have finished the 10K!

**Please refer any questions or comments on this walk to the walk POCs – DeAnne & Gordon Brown.**

(D) [deeebee333@gmail.com](mailto:deeebee333@gmail.com)

(G) [brownstl@swbell.net](mailto:brownstl@swbell.net)

**Phone: 314-878-8647 or 314-401-1715**

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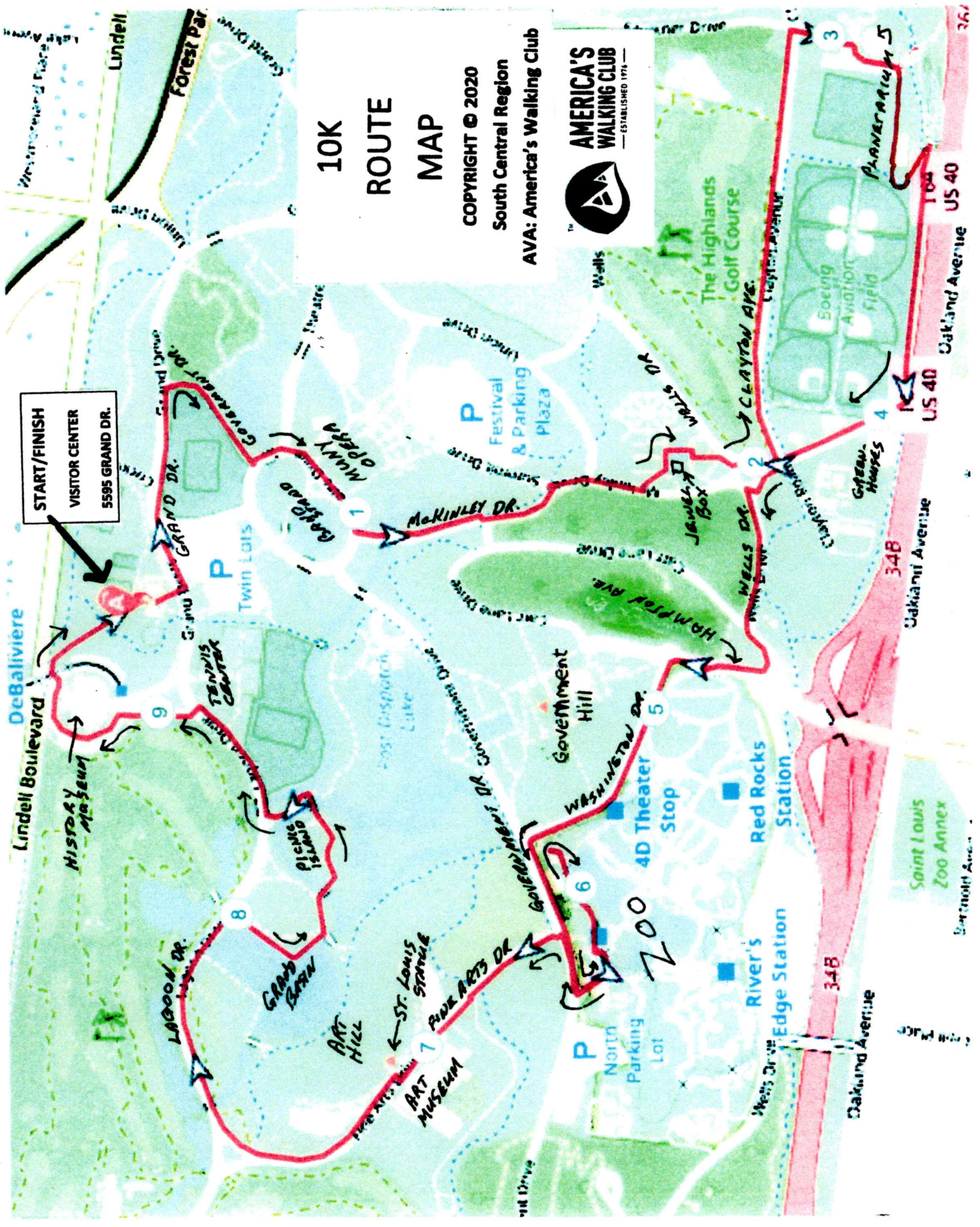
**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

# 10K ROUTE MAP

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South Central Region

AVA: America's Walking Club



START/FINISH  
VISITOR CENTER  
5595 GRAND DR.

Oakliff Avenue  
US 40

Oakliff Avenue  
US 40

Oakliff Avenue  
US 40

Oakliff Avenue  
US 40