

## **WATERTOWN NY Seasonal Walk 5 KM/10KM**

**EVENT ID:** 2019/Y2076

**WALK Dates:** Monday April 1<sup>st</sup> 2019 through Saturday November 30<sup>th</sup> 2019.

**START POINT:** The Watertown Best Western Inn, 300 Washington Street, Watertown, NY 13601. Phone 315-782-8000. GPS coordinates of the start point 43.971840. -75.911770.

**TRAIL DESCRIPTION:** The 5K course is on sidewalks with 1 set of stairs which maybe by passed. The 10K has one large (400 foot) hill and is on city streets with sidewalks for most of the way. There is one section where you must walk on the street in the park.

**TRAIL RATING:** 3B

**AWARDS AND FEES:** This event is available for on line registration only. ([www.cva4u.org](http://www.cva4u.org)). The on-line system does not allow free walkers. A minimal charge is incurred for the directions. IVV walk credit only.

### **AVA SPECIAL PROGRAMS**

- Points of Reference - The club name is Frontier so that counts. (FRONT)
- Take a walk in a city park (10K only)
- State Street sashay
- Ice Cream parlors
- Walking the USA street by street. (Washington Street on the 5/10K, and Wyoming, Colorado, Michigan, Indiana, Ohio and California on the 10K only)
- Walking the USA, A-Z
- Make a wish-water fountains.

### **DRIVING INSTRUCTIONS:**

From Canada and North or South: Interstate 81 to exit 45 (Arsenal Street NY Route 3 Watertown). From the North left toward town, from the South right toward town. Follow Arsenal Street into the center of Watertown. At the Central Square, Washington Street goes right. Washington Street is also US Route 11. The Best Western is 2 blocks up on the right. Parking is available on behind the hotel off Clinton or Mullen Streets.

**PETS:** Leashed pets are allowed on all walks, and you must clean up after them.

**AMENITIES:** Restrooms and a restaurant are at the start point. The route takes you through the county seat of Jefferson County NY. There are a number of restaurants and other businesses you pass where there are restrooms and food. Note on the 10K there is a long stretch (5K) to the park and back where there are no restrooms or food. The town park has a zoo and was designed by Frederick Law Olmstead. Watertown was a mid 1800's boom town and has a number of historic buildings in the town center. Of particular interest is the 1850's park called center square at the heart of the town. If open, there is the first indoor mall in the US circa 1890's. Also, in the center of town, is the store where Frank W. Woolworth (of the Woolworth chain) got his start in the early 1900's. Currently Watertown is the home of the 10<sup>th</sup> Mountain Division stationed outside town at Fort Drum.

**REMEMBER:** You must log back into OLSB to finish online registration procedures after completing the Event.

**Contacts:**

In case of Emergency Dial 911

POC: Bill Peeck, [wpeeck@rochester.rr.com](mailto:wpeeck@rochester.rr.com), phone 585-227-6025

NFVC website: [www.niagaravolkssportclubs.org](http://www.niagaravolkssportclubs.org)

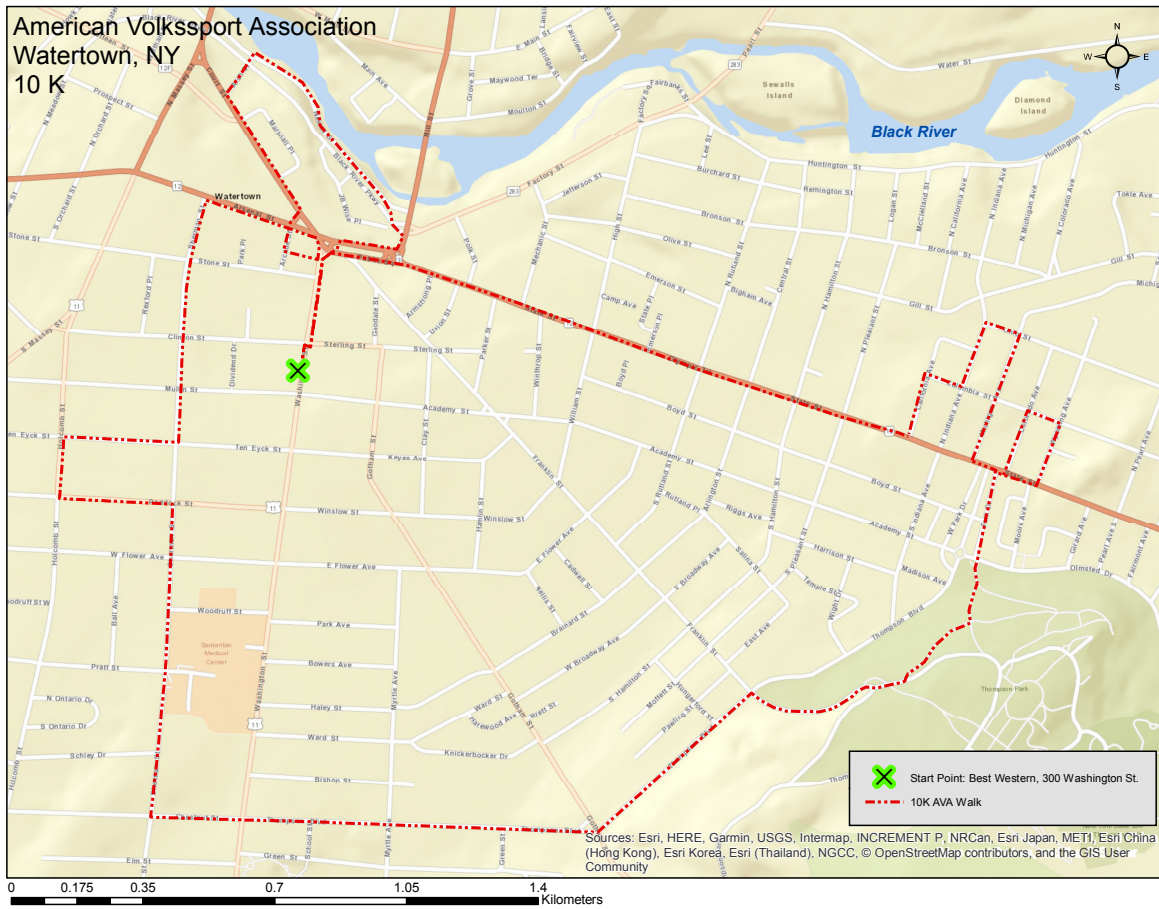
These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

## **WATERTOWN NY 10K WALK INSTRUCTIONS**

- 1.** At the front of the Best Western turn LEFT on Washington Street.
- 2.** CROSS Clinton Street and keep going on the left sidewalk of Washington Street. (On your left notice the Masonic Temple, built in 1914 during Watertown's Industrial age, and the Paddock Mansion which is now the Jefferson County Historical Society.)
- 3.** After the Historical Society keep walking you will approach the Woolworth Building. (on the corner of Washington and Arsenal Street). (This is the site where Frank W. Woolworth started his career. He planned to build a Woolworth Department Store on the site, but he died in 1919 before it was built. The Woolworth Company completed the store in 1921. It has been restored. See the sign over the entrance.)
- 4.** FIND the historic Paddock Arcade on your LEFT. (The Arcade is the oldest continuously run pedestrian mall in the country. It has a 174-foot faulted gallery with 2<sup>nd</sup> floor offices that overlook the 1<sup>st</sup> floor. If open walk through and exit. You will come out on Arsenal Street (to the RIGHT)).
- 5.** If not open STRAIGHT on Washington to Arsenal Street.
- 6.** LEFT on Arsenal Street.
- 7.** At the "T" intersection CROSS the crosswalk to get to Court Street.
- 8.** CROSS Court Street to the sidewalk on the right side of the street.
- 9.** Turn LEFT and follow the sidewalk down Court Street.
- 10.** At Arch Street turn RIGHT and go downhill under the bridge tunnel.
- 11.** Just after the tunnel turn RIGHT into Veteran's Memorial Riverwalk path. You will be walking with the Black River on your left.
- 12.** Continue until you get to the green building (Adirondack River White Water Rafting.)
- 13.** In FRONT of the building, find the stairs. Take the stairs up to Newell Street.
- 14.** CROSS Newell at the crosswalk to get to the JB Wise parking lot. Straight ahead you will see Empasall's Plaza.
- 15.** Once you are in FRONT of Empasall's, go LEFT to enter the sidewalk to take you up to the Public Square.
- 16.** Look back to see the mural on the side of Empasall's building.
- 17.** At the top of the hill, go RIGHT to Court Street, past Cam's NY Pizza.
- 18.** At the crosswalk you took before, cross Court St then use the next crosswalk to cross Arsenal Street.
- 19.** Turn RIGHT and follow the sidewalk along Arsenal St. You will see on your left the Old Post Office, which is now the Jefferson County Court Complex.
- 20.** At Sherman Street you will have passed on your left the original Jefferson County Courthouse.
- 21.** LEFT on Sherman.
- 22.** Follow Sherman on the left sidewalk until you pass Trinity Episcopal Church.
- 23.** Keep going to the corner of Ten Eyck Street
- 24.** Turn RIGHT to follow Ten Eyck St. to Holcomb St.
- 25.** LEFT on Holcomb St to Paddock St.

26. LEFT on Paddock ST to Sherman St.
27. RIGHT on Sherman. Cross Flower, Woodruff, Pratt, and the Sherman School (right).
28. Once you get to the stop sign at Chestnut St, turn LEFT on to Chestnut St.
29. Stay on the left sidewalk on Chestnut. Pass the stone Presbyterian Church on your left.
30. At the street light, four corners STOP. Before you cross if you need a rest or drink, turn right and you will see Dunkin Donuts and Kinney Drug Store on your right. If you use them return to this corner. (NOTE the corner is Washington Street US Route 11).
31. CROSS Washington Street to Thompson Blvd.
32. Stay on the left side walk of Thompson BLVD. Keep going straight. Cross Myrtle Ave, Green St. and continue up hill to the stop sign.
33. Carefully CROSS Gotham street going straight across. Stay on the left side of Thompson Blvd where the sidewalk is.
34. At Franklin St., see the entrance to Thompson park on the right. Turn RIGHT and cross Thompson Blvd to enter the park at Tower Entrance Dr.
35. FOLLOW the walking path on the left side of Tower Entrance Dr. You will go up hill for a bit. Pass West Tower St, stay on the sidewalk for the views.
36. Find the Pinnacle. It will be on your LEFT and you can see over the lookout for views of the eastern side of Watertown and beyond.
37. Continue on Tower Entrance DR until you get to East Tower Dr.
38. LEFT on East Tower Dr. (Right goes to the zoo which is not on the route).
39. CROSS the road to the sidewalk which will be on the right side going down hill
40. At the bottom of the hill STAY RIGHT at the Circle
41. Follow the side walk to Park Drive. Go through the stone gates on Park Drive until you get to the "T" intersection and traffic light on Park Drive and State Street.
42. RIGHT on State to Wyoming. On your left.
43. LEFT Cross State to Wyoming.
44. LEFT at Columbia to Colorado
45. LEFT on Colorado to State
46. RIGHT on State to Michigan
47. RIGHT on Michigan to Ohio (2 blocks)
48. LEFT on Ohio to Indiana
49. LEFT on Indiana to Columbia
50. RIGHT on Columbia to California
51. LEFT at California to State
52. RIGHT on State. Go 8 blocks to Public Square. Stay on the left sidewalk at Public Square
53. FOLLOW the buildings until you reach Washington Street at the YMCA.
54. LEFT on Washington and go 2 blocks until you pass City Hall (on the left) and reach the white Flower library on your left. If it is open go in the right entrance. Inside is a three-story domed rotunda that is not to be missed.
55. Continue on Washington to Stirling. CROSS Washington at Stirling and go left on Washington back to the start point at the Best Western.
56. You have completed the Watertown 10K.

# MAP FOR THE WATER TOWN NY 10K



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## **WATERTOWN NY 5K WALK INSTRUCTIONS**

1. Go LEFT in front of the hotel along the left side of Washington Street
2. At the corner of Clinton St, CROSS Washington. CONTINUE LEFT on Washington (walking on the right side of the street).
3. You will pass on your right, City Hall and then the Flower Library. (if the Flower library is open enter on the right side of the Library building next to City Hall. Once you go in, find the impressive three-story domed rotunda.
4. Once outside again pause to look across Washington Street. (Notice the Masonic Temple, built in 1914 during Watertown's industrial age, and the Paddock Mansion, which is now the Jefferson County Historical Society.
5. CONTINUE on Washington (left) pass the YMCA on the right.
6. When you get to the "T" intersection, go RIGHT. The YMCA still right.
7. When you get to the intersection CROSS LEFT carefully at the cross walk to get to the island. (This area is called the Public Square. The island in the center dates to 1805. There is a cast iron fountain that was built in 1869 when Watertown became a city.
8. FINISH crossing the cross walk to get to the Lincoln building where you see "Avon Shoes"
9. Turn LEFT in front of "Avon Shoes" and follow the sidewalk to the edge of the last building (the Woodruff Professional Building)
10. Turn RIGHT and go down the sidewalk on the hill (entering the JB Wise parking lot)
11. CROSS straight across the crosswalk to stay on the sidewalk toward the mural.
12. In front of the Empsall's building turn RIGHT and cross the parking lot.
13. Stay to the LEFT sidewalk headed toward the Adirondack Rafting green building across the busy road (Newell St).
14. Carefully Cross Newell St., go down the staircase.
15. Go LEFT and walk with the river on your right. This the Veterans' Memorial Riverwalk (Wheelchairs and strollers will need to go RIGHT on Newell to get to the bottom of the Riverwalk.)
16. When the walk ends, turn LEFT at Arch St. and go up the hill under the bridge tunnel. Be careful of traffic (no sidewalk).
17. At the "T" intersection turn LEFT on Court St.
18. Stay on the sidewalk on the left side of the street until you get almost back to Public Square.
19. Go RIGHT on the cross walk in front of the Shopping center and continue on the cross walk to cross Arsenal St.
20. LEFT on Arsenal to the corner at Washington St. RIGHT on Washington.
21. The building on the corner is the Woolworth Building. Frank W. Woolworth began his career at a store on this site before going on to create his successful chain of five and dime department stores. He created plans for the current building although it was constructed after his death in 1919.

- 22.** Find the historic Paddock Arcade on your RIGHT. There is a black marble plaque with the date on it. (The arcade is the oldest continuously run pedestrian mall in the country. It is a 174-foot vaulted gallery with 2<sup>nd</sup> floor offices that overlooks the retail on the 1<sup>st</sup> floor.)
- 23.** CONTINUE through the Arcade to the other side, you will come out on Arsenal St. If the Arcade is closed, retrace your steps to the crosswalk at instruction 19 above.
- 24.** Continue straight on Arsenal St. pass the crosswalk. You will pass on your left the old Post Office, which is now the Jefferson County Court Complex.
- 25.** At Sherman St. you will have passed on your left the original Jefferson County Courthouse.
- 26.** LEFT on Sherman. Follow Sherman on the left sidewalk until you pass Trinity Episcopal Church.
- 27.** KEEP going to the corner of Ten Eyck St
- 28.** RIGHT on Ten Eyck St. to Holcomb St.
- 29.** LEFT on Holcomb. To Paddock St.
- 30.** LEFT on Paddock St. to Sherman St.
- 31.** RIGHT on Sherman to Flower St.
- 32.** LEFT on Flower St to Washington St.
- 33.** LEFT on Washington to Paddock St.
- 34.** LEFT on Paddock to Sherman St.
- 35.** RIGHT on Sherman St to Ten Eyck St.
- 36.** RIGHT on Ten Eyck to Washington.
- 37.** LEFT on Washington back to the start point.
- 38.** You have finished the Watertown NY 5K.

